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RESEARCH ARTICLE

NURSING STUDENTS ATTITUDE TOWARDS THE PATIENT CARE

**¹Soniya Singh, ¹Shivani Negi, ¹Pooja Dhiman, ¹Anvinder Kaur, ¹Beena Kashyap,
¹Poonam Rayal, ¹Sunita Negi, ¹Yamini Amoli and ^{*,2}Dipti Sorte**

¹Staff Nurses, HIHT Hospital

²Himalayan College of Nursing, Dehradun, India

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ABSTRACT

Nursing is an art and science that develop competency for practicing the profession. Attitude is hypothetical construct that represent the degree of like and dislike for an individual. Attitude plays a principal role in guiding human behavior toward achieving goals, awareness of its consequences and effective processing of complex information about living environment. This study aimed to assess the attitude of nursing students towards patient care. Approach was Both Quantitative & Qualitative research; the sampling was done through simple random sampling which was done lottery method and the data collection done through a modified 2 point likert scale in form of questionnaire. The total subject participants was 60 [N=60]. The data for the study is collected in the Himalayan College of Nursing, SRHU. Results shows that Out of 60 subject participant 85% [51] were given their favorability answer towards agree and 15% [9] were given disagree in the area of personal likings. Out of 60 subject participant 95% [57] were given their favorability answer towards agree and 5% [3] were given disagree in the area of professional activity. Out of 60 subject participant 93% [56] were given their favorability answer towards agree and 7% [4] were given disagree in the area of working environment physical/emotional. Over all out of 60 subject participants 91% [55] were given their favorability answer towards agree and 9% [5] were given their favorability answer towards disagree study concluded that there are three areas that is personal likings, professional activity, and working environment physical/emotional, determines the attitude of the nursing students regarding Patient care, shows that the most of nursing students have positive Attitude and very few students had less positive attitude towards Patient care. It means that our future scenario of patient care is bright and hopeful in care.

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INTRODUCTION

Nurses are the key members and play the major part of service-providing system in almost all countries. Nursing is also the largest group of health system, possessing considerable potential power that could be influential on the quality of health care services system. When we talk about professional attitudes, what do we really mean? Do attitudes differ between, for example, those new to nursing and those with many years of experience? And what kind of impact does the working environment have on how we treat patients in our care? Attitudes are the values nurses hold, their thoughts and feelings, but in reality, the experience is much more complex. This study is based on nursing students attitude towards the patient care. d)

Objectives

To assess the Nursing students attitude towards patient care.

Hypothesis

The Nursing students may good attitude towards nursing profession.

Review of Literature

The Review of literature is carried out under the heading:

- a) Attitude of Nursing students and staff nurses.
- b) Attitude of Medical students and physician.
- c) Attitude of Health care provider.

Limitations

1. All the nursing students were not involved in the study.
2. Small number of sample leads to limitation in generalization of findings.

*Corresponding author: Dipti Sorte,
Himalayan College of Nursing, Dehradun, India.

3. Sample was representative of the study.
4. Study is limited to certain period of time.

Variables

- Dependent Variables: Attitude of nursing students.
- Independent Variables: Patient Care.
- Demographic Variables: Age, Gender, Preliminary education, Programme of course, Previous experience of health related activity, Current clinical posting area, Favorite clinical posting area, Favorite nursing procedure and Favorite academic activity.

MATERIALS AND METHODS

- **Research Approach:** Both Qualitative and Quantitative research. Quantitative research collects primary quantitative data that is information in numeric form. And qualitative data of the nursing student attitude towards patient care through Likerts scale and suggesting improvements in their attitude were collected.
- **Research Design:** Non experimental descriptive survey design was adopted to assess the attitude of student nurses towards patient care.

Sample and Sampling Technique: The 2nd year & 3rd year students of DGNM and 2nd & 3rd year students of B Sc Nursing were the Study participants and simple random sampling technique was adopted. Sample size was 60.

- **Setting:** The setting of the study was selected nursing college at Dehradun
- **Selection criteria:**

Inclusive Criteria

- Students those who are included are 2nd year & 3rd year students of DGNM
- Students those who are included are 2nd & 3rd year students of B Sc Nursing.
- All the students are included are belongs to only one college of nursing.
- Students included from the college of nursing belong to Dehradun district.
- Students who were cleared all the subjects of first year.

Exclusive criteria

- Students those who are excluded are 1st year & Interns of DGNM.
- Students those who are excluded are 1st year & 4th year of B Sc Nursing.
- All the students are excluded are belongs to be more than one college.
- A student excluded from the college of nursing not belongs to Dehradun district.
- Students excluded who were not cleared all the subjects of first year.

Data collection method

Tool Description: The tool which is divided in two parts Part I represents all Demographic variables namely age, Gender,

Preliminary education, programme of course, previous experience of health related activity, current clinical posting area, favorite clinical posting area and favorite nursing procedure and favorite academic activity. Part II represents the attitude scale that is modified and made in two points Likert's scale containing following Items/ statements.

- Personal Likings (7 Items)
- Professional Activities (7 Items)
- Work Environment Physical / Emotional 7 Items

Total 10 Demographic variables and 21 Likert's Scale Item = 31 Overall Item represents to assess the attitude of student's nurses towards patient care.

Data collection procedure: The data collection process has been started by identifying subject participants that is 2nd & 3rd yr B Sc & DGNM nursing students, according to set criteria, then the group of subject participants was made by simple random sampling process. The total 60 study subjects were selected through lottery method, out of that 15 study subjects from each batch i.e. 2nd yr DGNM, 2nd yr B Sc Nsg, 3rd yr DGNM and 3rd yr B Sc Nsg were randomly selected and the code number were given to them accordingly, there after the tool including part I and part II were administer to them with clear-cut explanation of their role in research project, and obtained their consent. The confidentiality is maintained throughout the research project and study participant has given full freedom to select their most favorable answer in the questionnaire, after completion of data collection further proceeded for data Analysis.

Validity and reliability: The tool was made reliable with the help of expert's opinion in the related field. And also made validated by administering the tool to 10% of population in different setting, rather than main setting.

RESULTS

- Out of 60 subject participant 85% [51] were given their favorability answer towards agree and 15%[9] were given disagree in the area of personal likings.
- Out of 60 subject participant 95% [57] were given their favorability answer towards agree and 5%[3] were given disagree in the area of professional activity.
- Out of 60 subject participant 93% [56] were given their favorability answer towards agree and 7%[4] were given disagree in the area of working environment physical/emotional.
- Over all out of 60 subject participants 91%[55] were given their favorability answer towards agree and 9%[5] were given their favorability answer towards disagree. It means the attitude of nursing students towards patient care is highly positive.

Conclusion

It has been concluded that, there are three areas that is personal likings, professional activity, and working environment physical/emotional, determines the attitude of the nursing students regarding Patient care, shows that the most of nursing

students have positive Attitude and very few students had less positive attitude towards Patient care. It means that our future scenario of patient care is bright and hopes it will be remain bright.

Nursing Implications

The implication is based on the field of experience the group has and it is an importance given to the field where it utilizes greatly.

Nursing Practice

This study as great importance given in nursing practices through willingness of nursing students towards patient care. It communicates greater attitude towards patient care which is one of the current requirement of nursing practices and nursing attitude towards patient care, which was found in nursing students with most favorable answer in willingness of patient care which is a good sign for future nursing practices. The positive attitude of nursing students can enhance the quality care provided by nurses in future coming, thus the motto of our institution will be achieved through quality education and quality nursing care.

Nursing Research

The innovation in nursing field brings through various trial and errors as well as nursing projects, experienced ideas and nursing researches. The current project helps the nursing education and administration to improve the attitude of nursing students towards education and services. This study can be implicate for the benefits of nursing students in the improvement of individuals nursing student's attitude towards positive learning.

Nursing Education

Nursing education is the base of nursing profession where the nursing student come from different environment to a particular professional training, in nursing field where she learns with her own interest and improve her knowledge, skills and attitude towards provision of good patient care. Good patient care or quality patient care will be achieved only when the individual attitude is positive and her interest to become a good professional nurse. This current project can inspires nursing students to improve their educational level and making interest in patient care.

Nursing Administration

Nursing administration is tremendous job in nursing services and education. The role of nursing administrator starts from planning, organizing, staffing, coordinating, directing and budgeting recording and reporting, Which is also core component of any organization a good administration helps in making favorable environment for the nursing students and staff in nursing practices.

The current project can communicated and help nursing administrator to improve favorable environment and selecting an interested candidate for the welfare of nursing profession.

Hospital Administration

Hospital administration is an essential part of health organization. Administration help the staff nurses to create favorable environment towards positive thinking and also help the staff nurses to retain in same organization then it is also help the organization for smooth running. The current study can help the students to decide their future planning in continuation of nursing services in same organization.

Recommendations

- Recommendation is based on present study findings that can be suggested for future study.
- An exploratory study can be done to assess the knowledge, attitude, skills towards patient care.
- An experimental study can be done to assess the effectiveness of institutional nursing procedure manual.
- A comparative study can be done to assess the effectiveness of institutional nursing procedure manual between nursing student's performance and patient care.
- A study can be done on staff nurses to assess the attitude towards patient care.
- A study can be done to assess the attitude of health care provider towards patient care.
- A study can be done to assess the attitude of medical students towards patient care.
- A study can be done to assess the attitude of nursing faculty towards student improvement.
- A study can be done to develop ward protocol for student nurses & staff nurses and assess the effectiveness

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