



RESEARCH ARTICLE

AN ANNOTATED HISTORICAL SURVEY OF 84 PUBLICATIONS BY MAHARISHI  
MAHESH YOGI FROM 1957-2015

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ABSTRACT

There is a significant body of extant published literature about Maharishi Mahesh Yogi and the impact his insights into Vedic Science have had on the modern academic disciplines, on applied areas of personal and collective life, and on the future. This literature appears throughout the academic record, and includes publications on topics as diverse as the arts and architecture, the environment, higher education, health and healthcare utilization, management and leadership, and government; even specialist analyses of quantum physics and supersymmetric quantum unified field theories, neuroscience, genetic engineering, mathematics and gerontology by Nobel Laureates, business and government leaders, academics, educators and scientists from virtually every major discipline form part of this anthology. These publications have appeared in the literature of countries as diverse as Australia, Sweden and Senegal, with the bulk of the collection published in Europe, India and the United States. Moreover, leading peer-reviewed journals, including *Scientific American*, *American Journal of Physiology*, *British Journal of Educational Psychology* and *International Journal of Neuroscience*, and some of the world's most notable research institutes, have conducted and published empirical findings and theoretical papers on Maharishi's programs. However, few, if any, scholarly research studies have attempted to document the actual publications by Maharishi himself, despite the fact that he was a prolific writer and teacher over the course of 50 years. For this reason, the present paper presents an annotated historical survey of 84 published documents by Maharishi from 1957 to 2015, all of which form part of the public record. By evaluating this catalogue of published material—including the identification of central themes, key words and phrases, and encapsulating quotes—and by cross-referencing the material with an index of terms and a bibliography of 421 third-party publications which validate the written statements by Maharishi, it is hoped the present study will serve as a platform upon which further reading and analysis of Maharishi Vedic Science can systematically be conducted, thereby preparing the ground for future scholarship and research.

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INTRODUCTION

Since the first empirical studies appeared in the journals *Science* and *Scientific American* more than 45 years ago (i.e., 389, 390), a significant global research program and publishing effort has accompanied the teaching of Maharishi Mahesh Yogi, founder of Maharishi University of Management (MUM) in the U.S., Maharishi Vedic University (MVU) in the Netherlands, and Maharishi Mahesh Yogi Vedic Vishwavidyalaya in India. This research program has consisted of a number of elements, including a corpus of more than 600 experimental, quasi-experimental, time-series analyses, meta-analyses, mixed-methods, social impact assessments, and theoretical studies associated with the application of Maharishi Vedic Science and its technologies (e.g., 76, 77, 78, 97, 293, 393). This record of empirical research combines with experiential, qualitative and case study accounts of Maharishi's teaching and its application to areas of life such as health, education, business, government, and social well-being, all of it documented with evidentiary support (e.g., 9, 29, 217, 182, 189, 226, 344, 355). Specialist investigations into topics such as the unified quantum field theories of physics, neuroscience, genetic engineering and organic agriculture, set theory in mathematics, and gerontology complete the enterprise (e.g., 6, 15, 121, 140, 164, 165, 354). Moreover, the program has attracted the interest of Nobel Laureates Brian Josephson, Melvin Calvin and Ilya Prigogine, among other leading academics, and has been conducted in research facilities—such

as the *Harvard Medical School*, *Princeton University*, and *University of Edinburgh*—in the UK, USA, France, Norway, Australia, Lebanon, Cambodia, Canada, India, and elsewhere. However, little or nothing has been published about Maharishi's own writing, despite him being prolific as a writer and teacher over a 50-year period. Certainly the 421 third-party references cited in the bibliography of this paper evidence and expand Maharishi's teaching, often through the identification of principles, frameworks and testable hypotheses, but few, if any, actually document what each of Maharishi's publications consist of from an archivally useful research perspective. However, his insights into the Ved and Vedic Literature, for example his analysis of the *Bhagavad-Gītā* and identification of the importance of two verses ("Be without the three Guṇas, O Arjuna!" (Nistrai-guṇyo bhava-Arjuna, निस्त्रैगुण्यो भवार्जुनि, *Bhagavad-Gītā*, 2.45) and "Established in the Self, perform action" (Yogasthaḥ kuru karmaṇi, योगस्थः कुरु कर्माणि, *Bhagavad-Gītā*, 2.48)), are central to his teaching, and the discovery of his *Apaurusheya Bhāṣya* or "uncreated" or "self-expressed" commentary of Rik Ved is a landmark in Vedic Science, thereby suggesting an added necessity for an analysis of his published work. For this reason, the present annotated historical survey seeks to identify and evaluate the published literature by Maharishi, and to cross-reference each document with relevant third-party publications, in order to detail and validate the topics introduced by Maharishi and thereby comprehend the scope of his output. The purpose of the Survey is therefore to provide the reader with information and background material on the published works of Maharishi Mahesh Yogi and to provide an appropriate context in which this body of work can systematically be accessed and comprehended for future scholarly benefit.

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## MATERIALS AND METHODS

This annotated historical survey and bibliography is not intended to be exhaustive but comprehensive; there may be many more publications by Maharishi to which this author does not have access. In fact, the total number of publications by Maharishi may number in the thousands, particularly if translated versions of available publications and other original non-English publications are to be catalogued. This observation also extends to the third-party bibliography included with this study; while extensive, it is by no means complete. With at least 600 published research studies and possibly the same number or more independent accounts of Maharishi and his Vedic teaching, particularly in relation to Transcendental Meditation, the total number of possible published works would number in the many thousands, a number well-beyond the scope of this preliminary investigation. In order to select the documents listed in the Survey, five primary screening criteria have been applied: 1) the document is written in English (several works in Hindi, French and other languages were identified, but these did not meet the selection criteria); 2) the document is at least 25 pages in length or otherwise distinguished because of historical content not readily found elsewhere (less than 20% of the documents in the Survey did not meet the minimum page count); 3) the document cites Maharishi specifically as the author or indicates that he was the primary contributor (for example, institutions like Maharishi European Research University (MERU) or Maharishi Vedic University (MVU) have been included but few third-party authors have, unless they are editors); 4) the document has a direct quote by Maharishi on or before the table of contents indicating the document contains all, or substantially all, of Maharishi's own writing, or a significantly large portion of the document can be attributed to Maharishi, often because of a lecture or written declaration; and 5) the document is in printed form and in the public-domain; no internet publications or data were accessed or included in this Survey. As a result of these criteria, 84 publications written by or attributable to Maharishi were identified.

After examining each document, the following data have been included with each entry: 1) a reference number and citation for the publication, including ISBN and/or publication number, where applicable, and a total page count; 2) a narrative of the main themes of the document; 3) the key words or phrases used in the document, presented alphabetically; 4) a quote, usually attributed to Maharishi, which typically appears in the Foreword or early sections of the document, herein used to summarize the main theme(s) of the document; 5) a content code; and 6) themes used in the document cross-referenced alphabetically to related third-party publications listed in the Bibliography. The content codes designate whether the document contains, or is predominated by, categories of information using the following convention: VE = the document contains a significant number of Vedic terms or expressions, in either translation, transliteration, and/or Sanskrit; SR = the document references a significant number of scientific research charts or citations on Maharishi's Transcendental Meditation and/or TM-Sidhi program or on a related research topic; TP = the document contains third-party contributions—such as quotes, lectures or questions—which have been advanced by academics, educators, government agencies, press representatives, or members of the general public; CH = the document contains a significant number of charts, figures, graphs and/or diagrams related to Maharishi Vedic Science; HP = the document contains historic photographs; PR = the document contains press reports and/or third party documents or accounts, including letters, press statements, advertisements and/or proclamations; and BI = the document contains bibliographic citations or material—including lists of books or journals, or indexes—which are related to, or are used to further validate, the main themes of the document.

Key words and phrases used in the Survey are true to the original document (for example, the term “natural law” has been spelled severally as natural law, Natural law and Natural Law, and the term “Rik Ved” has been spelled severally as Rig Veda, Rig Ved, Rik Ved, and Rk Ved), and hence some words may be spelled inconsistently from document to document, and some discrepancies in translation and the use of diacritical marks may also be observed. Moreover, Vedic terms and phrases may or may not use diacritical marks, depending on the publication, but have been cited as they were presented in the original document, with the term or phrase provided in Sanskrit if furnished in the original. In addition to the 84 publications by Maharishi, the Survey accessed bibliographies, reference lists and other primary source documents to compile the 421 citations in the Bibliography. However, only the most basic attempt has been made to define key words or phrases contained in the referenced documents; the reader is therefore encouraged to conduct their own research into the material in order to better understand the meaning and relevance of the concepts, principles, themes and applications of Maharishi's teaching. The Survey is presented in three parts. Part 1 presents the historical survey of 84 publications by Maharishi presented in chronological order from 1957 to 2015; Part 2 presents the index of key terms and phrases which were identified in the 84 publications and have been cross-referenced with each reference in Part 1; Part 3 presents the

bibliography of related published research material which has been cited in Part 1.

### Part 1: Historical survey of maharishi's published literature

**Reference #1:** Maharishi Mahesh Yogi. (1957). *Beacon light of the Himalayas*. Kerala, India: International Meditation Society, 33pp.

**Main themes:** This early work begins with a message from Maharishi to a “peaceless and suffering humanity” (p. 3) and includes a series of three lectures he delivered on the first day of Maha Sammela (in relation to Nava-Ratri, or nine days of Mother Divine, celebrations) in Kerala, India. The central core of Maharishi's first message documented in this Survey is that everyone in the world can benefit from “spiritual knowledge” (adhyatma vidya); such knowledge can relieve the suffering of the world, which he defines as peacelessness, misery, ignorance and aimless wandering. The result of applying this knowledge is what he calls “a perfect system of spiritual development” (adhyatmic vikas), which is the practical knowledge of life and how to live it fully (Maharishi describes this knowledge as “the science of the soul...the best and most useful of all sciences” (p. 14), which is of interest given Maharishi's later expositions of this science in relation to the academic disciplines, predominantly physics, as well as his later emphasis on the “usefulness” of this teaching). Maharishi identifies the source of this knowledge in the Veda, specifically he cites the Upanishads (p. 10). However, Maharishi also emphasizes that if the world is to become great, every man and woman must also become great “spiritually”, meaning individuals must become peaceful, joyful and unfold the “essential nature of his own soul” (p. 8), a topic related to the later exposition on “collective consciousness” in this Survey. Maharishi goes on to explain that “Indian Philosophy” is supported by evidence from modern science, specifically physics; he parallels electrons with agni-tatwa and protons with vayu-tatwa, but goes further by identifying the source of these elementary particles in akash-tatwa, aham-tatwa, and ultimately maha-tatwa, the “Reality of existence” (p. 17). Maharishi also emphasizes the role of the mind in spiritual development, but most importantly emphasizes that his knowledge is “practical. Mere talks of peace and fussing over it have no practical value in any field of life” (p. 9), a point which is re-emphasized and significantly expanded throughout this Survey.

### Key words or phrases

Adhyatma vidya; Adhyatmic vikas; Ānandam; Ānandam Brahmano vijnam; Anoraniam; Ātman; bliss; Brahman is bliss; Brahman; Dukham; eternal laws of nature; eternal Vedas; heavenly bliss; Indian philosophy; misery; peace; renunciation; Rig Veda; Śankara; Sat Chit Ānanda; science of the soul; Shruti; spiritual development; spiritual knowledge; spiritual renaissance; Tyaga; Upanishads; Yajur Veda Parayanam.

### Content Codes: VE.

**Bibliography:** The main themes in this publication have been elaborated in and validated by the following bibliographic citations: Cognitive development 13, 50, 101, 111, 146, 179, 352, 353, 356, 360, 370, 386, 388; Collective consciousness 35, 67, 84, 85, 93, 104, 144, 145, 153, 161, 167, 289, 293, 301, 406; Maharishi Mahesh Yogi 94, 98, 219, 220; Maharishi Vedic Science 69, 74, 107, 155, 163, 216, 321; Mental acuity; Moral development 262, 264; Physics 163, 164, 165; Veda and science 74; Vedic Literature 89, 94, 95, 219, 220, 254, 255, 319, 320, 419; and World peace 3, 68, 145, 153, 165, 252, 258, 279, 288, 290, 293, 400.

**Reference #2:** Maharishi Mahesh Yogi. (October 1959–January 1960). *Torch divine. Volume II, No. 1, pp. 73-97*. Madras, India: Spiritual Regeneration Movement, 98pp.

**Main themes:** This document is cited as a quarterly magazine and begins with a message from Maharishi on the occasion of the 91<sup>st</sup> birthday of his teacher His Divinity Swami Brahmananda Saraswati (i.e., 7 December 1959) outlining his three-year plan (i.e., 1960-1962) for the Spiritual Regeneration Movement (SRM). The book begins with a two-page description of the “philosophy” of Maharishi's organization, including “life is bliss”, “man is born to enjoy”, “man is born of bliss, of consciousness, of wisdom and creativity”, “life has two aspects: inner life is absolute bliss consciousness (and) outer life is relative”, and “the inner sphere of life is the source of the outer”. These core principles are elaborated in later documents in this Survey. Maharishi's three-year plan is introduced by Dr John Smith Hislop of Los Angeles, California. In the first year of the plan (1960), Maharishi expects to establish an “International Academy of Meditation” in Uttarkashi, India, and that the first and second groups of 84 meditation guides will be trained in India; in the second year (1961), the third and fourth groups of 84 meditation guides will be trained, and by the end of the year 336 guides will be working in 84 training centres in different countries throughout the world, with each centre training 50 meditation guides; and in the third year (1962), as a result of a “multiplier

effect”, the meditation guides will have established 17,000 meditation centres around the world. In addition to talks given by Maharishi on “what is meditation”, an opening address to the First Convention of SRM, and other topics, his plan goes on to explain in detail the structure and substance of the training of meditation guides in India and the programs to be carried out by the meditation centres they establish; included are a message to business people in Hong Kong, News & Notes, Our London Letter, and SRM Memorable Events between 1955 and 1959. In this document, Maharishi again places special emphasis on the “practical value” of his teaching (e.g., p. 74).

**Key words or phrases:** Absolute bliss consciousness; higher consciousness; history of SRM; International Academy of Meditation; meditation centres; meditation guides; meditation; philosophy of SRM; Spiritual Regeneration Movement; three-year plan; training.

**Content Codes:** VE; TP; HP; PR.

**Quote:** “The Spiritual Regeneration Movement aims at universal peace and harmony through the development of peace and harmony in the life of the individual. The unique feature of this world-wide movement, which distinguishes it completely from other movements of similar aim, is that it offers something of practical value. It brings the door of the busy worldly man a key to the unfoldment of the higher consciousness—a simple practice of meditation which enables everyone to enjoy peace of mind, inner happiness, increased ability and proper sense of values in all walks of life” (p. 74).

**Bibliography:** The main themes in this publication have been elaborated in and validated by the following bibliographic citations: Business 11, 81, 137, 172, 173, 175, 182, 183, 223, 324, 325, 326, 327, 355, 359; Consciousness 90, 92, 107, 124, 197, 224, 225, 256, 294, 301, 344, 369, 374, 379, 381, 383, 388, 397, 405; Creativity 86, 90, 149, 201, 298, 366; Deep rest 20, 108, 123; Maharishi Mahesh Yogi 94, 98, 219, 220; Moral development 262, 264; Nervous system 285; Productivity 137, 175; and World peace 3, 68, 145, 153, 165, 252, 258, 279, 288, 290, 293, 400.

**Reference #3:** Maharishi Mahesh Yogi. (1960). *Deep meditation*. London, England: Spiritual Regeneration Movement Foundation of Great Britain, 30pp; and

**Reference #4:** Maharishi Mahesh Yogi. (1961). *Deep meditation: A very simple system from the ancient Vedic culture of India ideally suited to the tempo of modern times*. Los Angeles, California: Spiritual Regeneration Movement, 30pp.

**Main themes:** These two mostly identical books document a lecture delivered by Maharishi on 4 November 1960 in Edinburgh, Scotland during his first world tour. After a talk on Maharishi’s experience that people are tense, cruel, suspicious and chaotic in all parts of the world, he introduces the role of “deep meditation” to relieve the suffering of the people. “Deep meditation” for Maharishi is meditation which allows the mind to effortlessly dive within, dive to silent, deeper levels of the mind where the mind is more powerful and where we can activate the deeper levels of consciousness; in his own words: “meditation I define as the method of drawing the attention towards the inner glory of life (what he calls Absolute Bliss).

A method whereby our conscious mind could explore the inner avenues of Being and fathom the depths of real, lasting, great glories of life” (p. 3). As a result, “thought waves” become more powerful and thus the whole of life becomes more powerful. This is the first time in the Survey where Maharishi equates “Being” with “Consciousness” and the “Self”, and with “Wisdom” and “Creativity”, and introduces the concept of “cosmic consciousness”, a topic to which this Survey will return (e.g., Reference #84). What distinguishes these two books from other early publications are the 20 pages of questions from the audience and the answers Maharishi gives on topics including prayer, limits to growth, self-realization, concentration, controlled breathing, Yoga, auto-suggestion, and fate, among other topics.

**Key words or phrases:** Absolute bliss; Being; Bhagavad-Gita; concentration; consciousness; Cosmic Consciousness; Cosmic Mind; creativity; desires; God Realization; higher consciousness; inner Self; meditation; self-realization; Shankaracharya tradition; suffering; Transcendental Being; Vedanta; wisdom; Yoga.

**Content Codes:** VE; TP.

**Quote:** “A very simple system of deep meditation. I define meditation as the method of drawing the attention towards the inner glory, a method whereby our conscious mind can explore the inner avenues of Being and fathom the depths of the real, lasting glories of life. For centuries we have heard that the

Kingdom of Heaven is within us. Having the Kingdom of Heaven within, none of us has any right to suffer in any way in life”—Maharishi (p. 3).

**Bibliography:** The main themes in these publications have been elaborated in and validated by the following bibliographic citations: Bhagavad-Gita 89, 94, 95, 419; Consciousness 90, 92, 107, 124, 197, 224, 225, 256, 294, 301, 344, 369, 374, 379, 381, 383, 388, 397, 405; Creativity 86, 90, 149, 201, 298, 366; Higher states of consciousness 4, 5, 9, 10, 14, 73, 98, 181, 244, 262, 283; Maharishi Mahesh Yogi 94, 98, 219, 220; Mental acuity; Respiratory system 36, 387, 426; and Stress 58, 59, 63, 66, 91, 141, 160, 213, 218, 227, 228, 303, 307, 332, 333, 338, 339, 350, 354, 375, 378, 411, 412, 414, 415.

**Reference #5:** Maharishi Mahesh Yogi. (1964). *An introduction to the meditation of Maharishi Mahesh Yogi*. London, England: Spiritual Regeneration Movement.

**Main themes:** This modest document lays out a clearly argued case for why Maharishi’s system of meditation is different from the practices of concentration, contemplation and other forms of meditation. It shows that his system may be practiced by any person, whether a “naturally contemplative man” (p.2) or a busy person—a “householder”—with commitments and responsibilities. Most importantly, it explains that this system of meditation “leads the small superficial conscious mind straight to that high level within itself which has been called the Kingdom of Heaven” (p. 3).

**Key words or phrases:** Being; concentration; contemplation; meditation; renunciation; Spiritual Regeneration Movement; Swami Brahmananda Saraswati.

**Content Codes:** Plain text only.

**Quote:** For many centuries it has been taught everywhere that to come to the state of Being is a task of the greatest difficulty, involving complete renunciation of the world, asceticism, long disciplines and great trials. If this has been true, it is only because in the passage of time this accurate and delicate method, the very essence of all spiritual practice, has been lost and forgotten. Maharishi teaches that it is by the grace of his master that it has once again been brought to light (p. 2).

**Bibliography:** The main themes in this publication have been elaborated in and validated by the following bibliographic citations: Biochemistry 61, 113, 115, 152, 195, 196, 205, 207, 208, 213, 214, 215, 238, 239, 247, 249, 272, 336, 351, 358, 364, 406, 407, 408, 409, 410, 411, 412, 422; Consciousness 90, 92, 107, 124, 197, 224, 225, 256, 294, 301, 344, 369, 374, 379, 381, 383, 388, 397, 405; Deep rest 20, 108, 123; Maharishi Mahesh Yogi 94, 98, 219, 220; Mental acuity; Nervous system 285; and Respiratory system 36, 387, 426.

**Reference #6:** Maharishi Mahesh Yogi. (1966). *The science of Being and art of living*. Washington, D.C.: Age of Enlightenment Press (publication no. U 1-7247-184, ISBN 0-89186-001-0), 335pp.

**Main themes:** Without question, this book is one of the most important in this Survey, a statement which is true from a number of perspectives. For example, the book is extremely comprehensive on a range of subjects, and its 335 pages make it substantial by any measure. The book is also detailed, providing deep analysis of topics related to ontology, epistemology and the philosophy of how to live a full life, a life lived in enlightenment. As shown by the key words, a range of topics are addressed, including health, education, economics, humanities, political science, sociology, psychology, natural sciences, rehabilitation, religion and philosophy. Maharishi also provides significant detail on the nature of consciousness (or Being) and the way to contact and develop consciousness, including the influence of food and activity on life, and he devotes more than 50 pages to the topic of “god-realisation”, a subject related directly to the growth of higher states of consciousness discussed later in this Survey. The 25-page section on “the art of action” contains never-before published material on proper planning, expenditure of energy, the art of performing useful action, performing action which causes no harm and yields maximum results, self-confidence, generating effective and desirable results though right action, the relationship of right and wrong, and mental energy and the conservation thereof, as well as a detailed analysis of the nervous system, the influence of favourable surroundings and activity on consciousness, among a host of other fundamentally important topics.

**Key words or phrases:** Absolute; art of action; art of living; behaviour; Being; cosmic law; economics; education; eternal life; god-realisation; health; humanities; natural sciences; philosophy; planning; political science; psychology; rehabilitation; relative; religion; right and wrong; science; sociology; speaking; thinking; Transcendental Meditation; transcending; ultimate reality.

**Content Codes:** VE; CH.

**Quote:** “The Science and Being and Art of Living is the summation of the practical wisdom of integrated life advanced by the Vedic Rishis of ancient India, understood in the light of scientific thinking in the present-day western world. It presents a philosophy of life in fulfilment and offers a practice suitable for all men everywhere to glorify all aspects of their day-to-day life. It deals with the fundamentals of all problems of life and suggests one solution to eradicate all suffering. This book presents a practical thesis to satisfy man’s search for truth through science, religion and metaphysical thought. It offers the principle of a practical technique to enable all men to harmonise their inner spiritual content with the glories of the outer material life and to find God within themselves”—Maharishi (p. 19).

**Bibliography:** The main themes in this publication have been elaborated in and validated by the following bibliographic citations: Consciousness 90, 92, 107, 124, 197, 224, 225, 256, 294, 301, 344, 369, 374, 379, 381, 383, 388, 397, 405; Cosmic psyche 92, 149, 277, 278, 304; Creativity 86, 90, 149, 201, 298, 366; Deep rest 20, 108, 123; Drug use 19, 32, 52, 79, 116, 142, 150, 178, 232, 242, 251, 270, 271, 273, 281, 345, 346, 349, 354, 361, 395, 409; Education 33, 40, 49, 70, 71, 100, 128, 129, 130, 143, 159, 216, 253, 259, 260, 261, 263, 322, 327, 378; Maharishi Mahesh Yogi 94, 98, 219, 220; Nervous system 285; Problem solving 88; Psychiatry 65, 316; Psychology 17, 92, 125, 138, 143, 147, 149, 169, 191, 206, 265, 266, 277, 278, 283, 291, 304, 307, 315, 316, 329, 341, 352, 353, 356, 360, 370, 374, 414, 415, 417; Stress 58, 59, 63, 66, 91, 141, 160, 213, 218, 227, 228, 303, 307, 332, 333, 338, 339, 350, 354, 375, 378, 411, 412, 414, 415; Students 111, 378; Transcendental consciousness 8, 90, 92, 104, 107, 159, 367, 369, 383, 385, 386, 387, 388, 405; Transcendental Meditation 7, 157, 158, 225, 245, 291, 306, 340, 347, 357, 363, 372, 398; Vedic Psychology 12, 23, 89, 92, 94, 95, 98, 277, 278, 304, 329; and Vedic Science-based education 133, 217.

**Reference #7:** Maharishi Mahesh Yogi (1967). *Transcendental Meditation with questions and answers*. Rishikesh, India: Spiritual Regeneration Movement Foundation of India (second edition reprinted by Maharishi Foundation International and Maharishi Vedic University, 2011), 168pp.

**Main themes:** This significant early book consists of two parts: the first (pp. 1-46) in which Maharishi speaks about Transcendental Meditation and explains how it is a path to self-realisation and enlightenment; and the second (pp. 47-155) in which he answers questions put to him by audience members at several lectures. The talks and questions and answers were delivered by Maharishi between May 1960 and mid-1961, when he held evening discourses in London, England. The questions and answers have been grouped thematically and presented under topic headings, including how all things have their origin in absolute bliss consciousness, the cure for suffering, the way to realisation through the absolute consciousness bliss, the development of higher consciousness, unfoldment of latent faculties, the ultimate goal of Transcendental Meditation, timeless tradition of Vedic knowledge, on faith, religion and god realisation, and the role of an enlightened teacher.

**Key words or phrases:** Absolute bliss consciousness; achievements; Being; benefits; body; cause and effect; concentration; education; faith; guide; happiness; health; higher consciousness; inner and outer glorification; Karma; latent faculties; life is bliss; Mantra; master; mind; psychoanalysis; realisation; religion; self-hypnosis; suffering; tradition of knowledge; Transcendental Consciousness; Transcendental Meditation; ultimate goal.

**Content Codes:** VE; TP.

**Quote:** “What is needed today is a means of harmonising the qualities of the head with the powers of the heart. When the head alone is heeded and the heart unheeded, man cannot help falling into error. This is what is happening constantly in the world today. Where do all the advances in science and technology and the frantic pursuit of knowledge of all kinds lead man? There is an ever-increasing state of chaos in the world; tension increases daily in the individual, in social life, in national affairs, and international relations. The great and urgent need is for something to re-establish harmony in the individual human being and to give him peace; only from such an inner peace can wisdom and happiness be born. All that we call wisdom today, all knowledge, the whole process of endless fact-gathering must utterly fail to satisfy the real needs of man; for these real needs are called happiness, understanding, and wisdom, and they are not vain and unworldly aspirations but man’s birthright. I came out of the Himalayas with a method designed to raise both the head and the heart of man to the point where knowledge and appreciation of the quality of his higher nature can be attained. I call my method Transcendental Meditation, but it is, in fact, a technique of self-exploration; it enables a man to dive into the innermost reaches of his being, in which dwells the essence of life and the source of all wisdom, all creativity, all peace, and all happiness”—Maharishi (p. 2).

**Bibliography:** The main themes in this publication have been elaborated in and validated by the following bibliographic citations: Biochemistry 61, 113, 115, 152, 195, 196, 205, 207, 208, 213, 214, 215, 238, 239, 247, 249, 272, 336, 351, 358, 364, 406, 407, 408, 409, 410, 411, 412, 422; Consciousness 90, 92, 107, 124, 197, 224, 225, 256, 294, 301, 344, 369, 374, 379, 381, 383, 388, 397, 405; Creativity 86, 90, 149, 201, 298, 366; Deep rest 20, 108, 123; Education 33, 40, 49, 70, 71, 100, 128, 129, 130, 143, 159, 216, 253, 259, 260, 261, 263, 322, 327, 378; Higher states of consciousness 4, 5, 9, 10, 14, 73, 98, 181, 244, 262, 283; Maharishi Vedic University 129, 130; Mental acuity; Metabolism 122, 209, 210, 211, 212, 425; Nervous system 285; Psychology 17, 92, 125, 138, 143, 147, 149, 169, 191, 206, 265, 266, 277, 278, 283, 291, 304, 307, 315, 316, 329, 341, 352, 353, 356, 360, 370, 374, 414, 415, 417; Stress 58, 59, 63, 66, 91, 141, 160, 213, 218, 227, 228, 303, 307, 332, 333, 338, 339, 350, 354, 375, 378, 411, 412, 414, 415; Students 111, 378; Transcendental consciousness 8, 90, 92, 104, 107, 159, 367, 369, 383, 385, 386, 387, 388, 405; Transcendental Meditation 7, 157, 158, 225, 245, 291, 306, 340, 347, 357, 363, 372, 398; Vedic Psychology 12, 23, 89, 92, 94, 95, 98, 277, 278, 304, 329; Vedic Science-based education 133, 217; and World peace 3, 68, 145, 153, 165, 252, 258, 279, 288, 290, 293, 400.

**Reference #8:** Spiritual Regeneration Movement. (1967).

*A world without problems through Transcendental Meditation*. Delhi, India: Author, 144pp.

**Main themes:** This book contains material related to the Eighth World Assembly of the Spiritual Regeneration Movement (SRM), International Meditation Society (IMS), and Students International Meditation Society (SIMS), held from January 15-17, 1967 in Delhi, India. Delegates for the Assembly came from India, Canada, Germany, Italy and Great Britain, and from as far away as West Indies, South Africa, Finland, Peru, Japan, Argentina and Uruguay. The welcome address was given by Barrister-at-Law Brahmachari Devendra, and the inaugural address was delivered by Maharishi. A great many photos are included of this historic account of the event. A range of topics are covered in this 144-page book, including the introduction for the first time of the term “Transcendental Meditation” and how it can solve the problems of society in every area of life, such as health, education, social behaviour, politics, religion and art. Many topics are addressed by world leaders, with Maharishi commenting on the presentations.

**Key words or phrases:** Art; education; health; International Meditation Society; politics; psychology; religion; science; social behaviour; solutions to problems; Spiritual Regeneration Movement; Students International Meditation Society; Transcendental Meditation; world peace.

**Content Codes:** TP; HP; PR.

**Quote:** “In every part of the world man, faced with problems, finds life full of stress, strains and suffering. The demand for peaceful co-existence is acute. Efforts are being made from many quarters, in the field of sciences, economics, politics, religion, psychology and various practical branches of learning to fulfil this demand and each attempt promises some help, but nothing that has been tried so far has succeeded in providing a permanent solution to the all-time problems of man’s suffering—the problem of finding peace and happiness in life. It has been the experience of numberless members of the SRM all over the world that raising man’s level of consciousness through Transcendental Meditation develops in him clear thinking and more energy, and bestows normal health which results in increased efficiency in all field of thought and action”—Maharishi (p. 12).

**Bibliography:** The main themes in this publication have been elaborated in and validated by the following bibliographic citations: Addiction 19, 32, 52, 79, 116, 142, 150, 178, 232, 242, 251, 270, 271, 273, 281, 318, 345, 346, 349, 354, 361, 395, 409; Anxiety 87, 117, 160, 232; Biochemistry 61, 113, 115, 152, 195, 196, 205, 207, 208, 213, 214, 215, 238, 239, 247, 249, 272, 336, 351, 358, 364, 406, 407, 408, 409, 410, 411, 412, 422; Cosmic psyche 92, 149, 277, 278, 304; Deep rest 20, 108, 123; Education 33, 40, 49, 70, 71, 100, 128, 129, 130, 143, 159, 216, 253, 259, 260, 261, 263, 322, 327, 378; Health 42, 83, 112, 113, 131, 140, 156, 186, 187, 188, 189, 190, 202, 204, 222, 227, 229, 234, 235, 240, 250, 276, 286, 199, 309, 323, 330, 339, 342, 421, 424, 426; Learning 99, 109, 174; Problem solving 88; Psychology 17, 92, 125, 138, 143, 147, 149, 169, 191, 206, 265, 266, 277, 278, 283, 291, 304, 307, 315, 316, 329, 341, 352, 353, 356, 360, 370, 374, 414, 415, 417; Quality of life 110, 297, 400; Science 74; Social behaviour 34, 78, 110, 167, 169; Stress 58, 59, 63, 66, 91, 141, 160, 213, 218, 227, 228, 303, 307, 332, 333, 338, 339, 350, 354, 375, 378, 411, 412, 414, 415; Students 111, 378; Transcendental Meditation 7, 157, 158, 225, 245, 291, 306, 340, 347, 357, 363, 372, 398; Vedic Psychology 12, 23, 89, 92, 94, 95, 98, 277, 278, 304, 329; Vedic Science-based education 133, 217; and World peace 3, 68, 145, 153, 165, 252, 258, 279, 288, 290, 293, 400.

**Reference #9:** Maharishi Mahesh Yogi. (1969). *Maharishi Mahesh Yogi on the Bhagavad-Gita: A new translation and commentary, chapters 1-6*. London: Penguin, 371pp.

**Main themes:** Like Reference #6, this book is one of Maharishi's most seminal and oft-quoted work. A brief summary of themes recorded in the Bhagavad-Gita is impossible, as the work covers a wide variety of fundamentally important topics. These include; 1) a question that "demands detailed knowledge of the battlefield of life and the whole range of evolution"; 2) the answer to this question from the perspectives of the six systems of Indian Philosophy, including Yoga; 3) an account of the forces of good and evil (and an analysis of how evil rejoices in challenging good and how good responds to the challenge of evil); 4) analysis of the 16 fundamental problems that form the basis of all conflicts; 5) identification and absorption into the problems of life; 6) how one can be held in suspension not seeing a solution to the problems of life, and how from the view of the Divine level of life problems do not exist; 7) insight into the two aspects of life (i.e., changing and unchanging) and how, without a stable foundation, life remains based solely on the fundamental problems of existence; 8) how equanimity is made permanent by naturally and easily gaining absolute consciousness; 9) the advantages of improved efficiency and greater success in all fields of life, and gain relief from problems and complete liberation from bondage; and 10) a description of life established in "equanimity and of precautions to safeguard that blessed state of freedom in divine consciousness". The text includes the original Sanskrit, transliteration, translation, and Maharishi's commentary on each verse, including "Be without the three Gunas, O Arjuna!" (Nistrai-gunyo bhava-Arjuna, भवःस्त्रैगुण्यो भवःस्त्रैगुण्यो, Bhagavad-Gita, 2.45);

"Established in the Self, perform action" (Yogasthah kuru karmani, योगस्थः करु करन्निष्ठः, Bhagavad-Gita, 2.48); and "Perform natural duty because unfathomable is the course of action" (Sahajam karma kaunteya, सहरु कर्कौन्तेय, Bhagavad-Gita, 18.48). (A useful 87-page compendium to this book is: Donahue, C., and Siebert, D. (comp.) (1997). *Concordance for the Bhagavad-Gita to be used with Maharishi Mahesh Yogi on the Bhagavad Gita: A new translation and commentary, chapters 1-6*. Fairfield, Iowa: Maharishi University of Management Press.)

**Key words or phrases:** Action; Arjuna; authorship; battlefield of life; Bhagavad-Gita; Brahman; consciousness; cosmic consciousness; Dharma; Dharmakshetra; Divine Union; equanimity; evolution; forces of evil; forces of good; fundamental problems; god consciousness; Gunas; Indian philosophy; Karma Yoga; Karma; Kauravas; knowledge; Kurukshetra; Lord Krishna; non-action; Pandavas; Patanjali; renunciation; Self; Shankara; state of suspension; transcendental consciousness; Transcendental Meditation; Truth; Veda Vyasa; Veda; waking state of consciousness; Yoga.

**Content Codes:** VE.

**Quote:** "Veda Vyasa, the sage of enlightened vision and greatest among the historians of antiquity, records the growth of unrighteousness in the families of those who ruled the people about five thousand years ago. It was then that Lord Krishna came to remind man of the true values of life and living. He restored that direct contact with the transcendental Being which alone can give fullness to every aspect of life. He brought to light absolute Being as the basic Reality of life and established It as the foundation of all thinking, which in turn is the basis for all doing. This philosophy of Being, thinking and doing is the true philosophy of the integrated life. It not only helps the doer to gain success in his undertaking but, at the same time, sets him free from the bondage of action, bringing fulfilment at every level. Such is the teaching of eternal Truth, given by Lord Krishna to Arjuna in the Bhagavad-Gita"—Maharishi (pp. 4-5).

**Bibliography:** The main themes in this publication have been elaborated in and validated by the following bibliographic citations: Anxiety 87, 117, 160, 232; Bhagavad-Gita 89, 94, 95, 419; Consciousness 90, 92, 107, 124, 197, 224, 225, 256, 294, 301, 344, 369, 374, 379, 381, 383, 388, 397, 405; Cosmic consciousness 4, 5, 9, 10, 14, 73, 98, 181, 244, 262, 283; Problem solving 88; Transcendental consciousness 8, 90, 92, 104, 107, 159, 367, 369, 383, 385, 386, 387, 388, 405; Transcendental Meditation 7, 157, 158, 225, 245, 291, 306, 340, 347, 357, 363, 372, 398; Veda 254; and Vedic Literature 89, 94, 95, 219, 220, 254, 255, 319, 320, 419.

**Reference #10:** Maharishi Mahesh Yogi. (1973). *Love and god*. Santa Barbara, California: Maharishi International University Press (republished in 2003 by Maharishi University of Management Press, Fairfield, Iowa, publication no. U-1739-1277, ISBN 0-923569-36-7), 54pp.

**Main themes:** A book of poem-like statements on the topics of love and God. Maharishi begins with a dedication, which could serve as an invocation to all the books in this Survey: "Our Guiding Light is the ever-shining,

never-setting Sun of the Divine Grace. Ever the same, constant as the northern star and bright as the midday sun, our Guiding Light is the Divine Grace of Shri Guru Deva, Maha Yogiraj, His Divinity Swami Brahmananda Saraswati Maharaj, the most illustrious in the galaxy of the Jagad-Guru Shankaracharyas of India. He was Maha Yogiraj (greatest of Yoga Teachers) in the family of the Yogis of India and was held by the 'Gnaniyas' (Realized) as personified Brahmanandam (Universal Bliss or Cosmic Consciousness), the living expression of 'Purnam adah, purnam idam'. The divine radiance blooming forth from His shining personality revealed the truth of 'Purnam idam' and His Sahaja-Samadhi (all time natural state of cosmic consciousness) brought home the truth of both 'Purnam adah' and 'Purnam idam'. It was the perfection of this great Spiritual Master which innovated a spiritual renaissance in Northern India and wherever he travelled".

**Key words or phrases:** Cosmic Consciousness; God; love; Purnam adah purnam idam; self-realization; Swami Brahmananda Saraswati; universal bliss.

**Content Codes:** VE.

**Quote:** "Love is the sweet expression of life, it is the supreme content of life. Love is the force of life, powerful and sublime. The flower of life blooms in love and radiates love all around it. Life expresses itself through love. The stream of life is a wave on the ocean of love, and life is expressed in the waves of love, and the ocean of love flows in the waves of life. What a comfort love brings to the heart. The heart tickles with the thought of love. The heart tickles with the thought of love and waves of life begin to roll on the ocean of love"—Maharishi (p. 13).

**Bibliography:** The main themes in this publication have been elaborated in and validated by the following bibliographic citations: Cosmic consciousness 4, 5, 9, 10, 14, 73, 98, 181, 244, 262, 283.

**Reference #11:** Maharishi Mahesh Yogi. (1973). *Alliance for knowledge*. West Germany: Maharishi International University (publication no. G 50), 98pp.

**Main themes:** This book contains the seven objectives of Maharishi's World Plan (presented in 1972), which are: 1) to develop the full potential of the individual; 2) to improve governmental achievements; 3) to realize the highest ideals of education; 4) to eliminate the age-old problem of crime and all behaviour that brings unhappiness to the family of man; 5) to maximize the intelligent use of the environment; 6) to bring fulfilment to the economic aspirations of individuals and society; and 7) to achieve the spiritual goals of mankind in this generation. Maharishi also systematically introduces his Science of Creative Intelligence (SCI) for the first time, explaining that SCI "includes the experience and knowledge of the nature, origin, range, growth and application of creative intelligence" (p. 4). A number of impressive diagrams and charts illustrating the points are included in this book, along with historical photographs. The large fold-out chart showing the relationship between problems associated with the seven goals of the World Plan, the origins of problems, solutions to the problems provided by SCI, and the validation of the solutions, each cross-referenced to a further description and explanation (pp. 7-11), appears to be the most important. Introduction of the concept of "global television" (which would later manifest as KSCI, the Los Angeles television station dedicated to SCI programming and which began airing in 1977, and the present-day "Maharishi Channel") is also of historical interest.

**Key words or phrases:** Age-old problems; creative intelligence; economics; education; environment; full potential; global television; government; knowledge; objectives; problems; Science of Creative Intelligence; scientific research; self-sufficiency; society; solutions; Transcendental Meditation; World Plan Executive Council; World Plan.

**Content Codes:** SR; TP; CH; HP; PR.

**Quote:** "Every individual of this generation is cordially invited to examine this proposed alliance for knowledge and start action to develop the full potential of his own life and inspire members of his family and community to do the same and thereby contribute to a world-wide effort to eliminate the age-old problems of mankind in this generation"—Maharishi (p. 1).

**Bibliography:** The main themes in this publication have been elaborated in and validated by the following bibliographic citations: Academic performance 221, 259, 260, 261, 263, 402; Crime 64, 102, 105, 154, 167, 177, 217, 275, 284; Economy 67, 68, 69, 72, 166; Education 33, 40, 49, 70, 71, 100, 128, 129, 130, 143, 159, 216, 253, 259, 260, 261, 263, 322, 327, 378; Environment 135, 322, 355, 392; Intelligence 82, 133, 201, 203, 362; Knowledge 256; Maharishi International University 143, 216; Problem solving 88; Quality of life 110, 297, 400; Science of Creative Intelligence 74; Scientific research 54, 75, 76, 77, 100, 106, 151, 278, 282, 286, 287, 288,

295, 348, 399; Social behaviour 34, 78, 110, 167, 169; Students 111, 378; Transcendental Meditation 7, 157, 158, 225, 245, 291, 306, 340, 347, 357, 363, 372, 398; and Vedic Science-based education 133, 217.

**Reference #12:** Maharishi Mahesh Yogi. (1974). *A glimpse of the practical philosophy of life that has demonstrated the possibility of eliminating the age-old problems of mankind in this generation*. West Germany: Maharishi International University Press (publication no. G 88).

**Main themes:** This modest document repeats some of the information found in Reference #11, but expands the information to include a detailed discussion of the Science of Creative Intelligence and neurophysiology, with the first computer-generated images of electroencephalographic signals of the human brain during the practice of Transcendental Meditation (p. 5). The first charts explaining brain waves and coherence appear in this book, and the three types of electroencephalic ordering as explained by French neurophysiologist Dr J-P Banquet (at the time, a former member of research faculty at Stanley Cobb Laboratories, Harvard Medical School), are introduced. **Key words or phrases:** Age-old problems; education; electroencephalic ordering; electroencephalography; health; imaginative thinking; improved brain function; orderliness; philosophy; Science of Creative Intelligence; Transcendental Meditation.

**Content Codes:** SR; CH; HP; PR; BI.

**Quote:** “The Science of Creative Intelligence has proved its vitality and practicality in the lives of hundreds of thousands of people. Its beneficial effects have been validated by scientific experiments in the field of physiology, psychology and sociology. The results of scientific research have brought to light certain fundamentals of health and education which have generated the exciting possibility of eliminating problems in the field of education, health, business, industry, communication, administration and governmental responsibility”—Maharishi (p. 2).

**Bibliography:** The main themes in this publication have been elaborated in and validated by the following bibliographic citations: Anxiety 87, 117, 160, 232; Biochemistry 61, 113, 115, 152, 195, 196, 205, 207, 208, 213, 214, 215, 238, 239, 247, 249, 272, 336, 351, 358, 364, 406, 407, 408, 409, 410, 411, 412, 422; Brain functioning 30, 36, 37, 38, 39, 99, 103, 109, 141, 184, 185, 237, 244, 248, 264, 294, 296, 298, 308, 377, 382; Business 11, 81, 137, 172, 173, 175, 182, 183, 223, 324, 325, 326, 327, 355, 359; Deep rest 20, 108, 123; Education 33, 40, 49, 70, 71, 100, 128, 129, 130, 143, 159, 216, 253, 259, 260, 261, 263, 322, 327, 378; Electroencephalography (EEG) 30, 36, 37, 38, 39, 99, 103, 109, 141, 184, 185, 237, 244, 248, 264, 294, 198, 368, 371, 373, 377, 381, 382, 384, 385, 416, 423, 427; Government 225, 350; Health 42, 83, 112, 113, 131, 140, 156, 186, 187, 188, 189, 190, 202, 204, 222, 227, 229, 234, 235, 240, 250, 276, 286, 199, 309, 323, 330, 339, 342, 421, 424, 426; Industry 170, 171; Intelligence 82, 133, 201, 203, 362; Maharishi Mahesh Yogi 94, 98, 219, 220; Mental health 118, 171, 191; Neurophysiology 139, 230, 302, 396, 401, 411; Physiology 254, 255, 274, 374, 380, 390, 391, 393, 394, 401, 402, 404; Problem solving 88; Productivity 137, 175; Psychiatry 65, 316; Psychology 17, 92, 125, 138, 143, 147, 149, 169, 191, 206, 265, 266, 277, 278, 283, 291, 304, 307, 315, 316, 329, 341, 352, 353, 356, 360, 370, 374, 414, 415, 417; Science of Creative Intelligence 74; Stress 58, 59, 63, 66, 91, 141, 160, 213, 218, 227, 228, 303, 307, 332, 333, 338, 339, 350, 354, 375, 378, 411, 412, 414, 415; Students 111, 378; Transcendental Meditation 7, 157, 158, 225, 245, 291, 306, 340, 347, 357, 363, 372, 398; Vedic Psychology 12, 23, 89, 92, 94, 95, 98, 277, 278, 304, 329; Vedic Science-based education 133, 217; and Work 22.

**Reference #13:** Maharishi International University. (1974/1975). *Maharishi International University: Catalogue 1974/75*. Los Angeles, California: Maharishi International University Press, 423pp.

**Main themes:** This book represents one of the earliest and most comprehensive and detailed accounts of Maharishi’s vision of higher education (while attribution of the book goes to Maharishi International University, Maharishi literally wrote or carefully edited every word of this book, as verified elsewhere (for example, see Reference #84, pp. 179-205)). The book aligns the seven goals of Maharishi’s World Plan (introduced in Reference #11) to the goals of Maharishi International University (MIU) (p. xiv); a comprehensive chart not unlike the one cited above in Reference #11 provides a more detailed analysis of the same topics, and the book also discusses both “global television” and “MIU global television” (p. xiii-xiv). Maharishi lays out the basic case for higher education, introducing topics such as the relationship between progress and tradition, and between knowledge and fulfilment, the relevance of higher education, interdisciplinary coherence, inherent focus and dedication, the need for a global perspective, and academic excellence and its relation to professional experience, the role of the Science of Creative Intelligence (SCI) in the curriculum (including the 15 basic principles of SCI (p. 257)). Perhaps most interesting is Maharishi’s introduction for the first time

in the literature of his “new concept of examination—physiological validation of student’s progress” using measures such as brainwave coherence, oxygen consumption during Transcendental Meditation, galvanic skin response (GSR), blood chemistry, etc. (pp. 5-8), a topic returned to in later years in the context of “brain mapping” at Maharishi University of Management. The book provides detailed descriptions of the characteristics of graduates of MIU at each level of study, the different colleges of MIU (e.g., College of Arts and Sciences), curricula and course descriptions of each degree program (including program descriptions by department heads), the different institutes of MIU (e.g., Institute for the Advancement of Education), and for the first time provides a comprehensive summary of the 48 scientific research studies conducted to this date on SCI and Transcendental Meditation (pp. 315-347). The book also contains a number charts and photographs of historical interest, and lists MIU’s faculty in 1974.

**Key words:** Brain function; core courses; creativity; curricula; electroencephalic ordering; faculty; global television; health; higher education; higher states of consciousness; home of all knowledge; knowledge; Maharishi International University (MIU); orderliness; rehabilitation; Science of Creative Intelligence; scientific research; stability; students; Transcendental Meditation.

**Content Codes:** SR; TP; CH; HP; PR.

**Quote:** “The Science of Creative Intelligence, by opening one’s awareness to the infinite, unbounded value of intelligence, broadens the awareness and makes it permanently unbounded, so that no area of life remains foreign. This is the ground of all knowledge—complete knowledge—and therefore is the basis of complete fulfilment. The success of Maharishi International University will be measured by its direct and indirect effect on the quality of life everywhere. We will count ourselves successful only when the problems of today’s world are substantially reduced and eventually eliminated and the educational institutions of every country are capable of producing fully developed citizens”—Maharishi (p. xiii).

**Bibliography:** The main themes in this publication have been elaborated in and validated by the following bibliographic citations: Academic performance 221, 259, 260, 261, 263, 402; Biochemistry 61, 113, 115, 152, 195, 196, 205, 207, 208, 213, 214, 215, 238, 239, 247, 272, 336, 351, 358, 364, 406, 407, 408, 409, 410, 411, 412, 422; Brain functioning 30, 36, 37, 38, 39, 99, 103, 109, 141, 184, 185, 237, 244, 248, 264, 294, 296, 298, 308, 377, 382; Computer science 162, 231; Curriculum 33, 130, 143, 216; Electroencephalography (EEG) 30, 36, 37, 38, 39, 99, 103, 109, 141, 184, 185, 237, 244, 248, 264, 294, 198, 368, 371, 373, 377, 381, 382, 384, 385, 416, 423, 427; Health 42, 83, 112, 113, 131, 140, 156, 186, 187, 188, 189, 190, 202, 204, 222, 227, 229, 234, 235, 240, 250, 276, 286, 199, 309, 323, 330, 339, 342, 421, 424, 426; Higher education 130, 131, 132, 143, 216, 327; Higher states of consciousness 4, 5, 9, 10, 14, 73, 98, 181, 244, 262, 283; Intelligence 82, 133, 201, 203, 362; Maharishi International University 143, 216; Mental health 118, 171, 191; Problem solving 88; Psychiatry 65, 316; Rehabilitation 1, 2, 15, 16, 24, 25, 27, 53, 97, 154, 178, 179, 180, 275, 300, 313, 361; Science of Creative Intelligence 74; Scientific research 54, 75, 76, 77, 100, 106, 151, 278, 282, 286, 287, 288, 295, 348, 399; Students 111, 378; and Vedic Science-based education 133, 217.

**Reference #14:** Maharishi Mahesh Yogi. (1975). *Science of Creative Intelligence for secondary education: First-year course*. West Germany: Maharishi International University Press (publication no. G1-184-875), 296pp.

**Main themes:** This book presents the theory, curriculum and syllabi for a 32-lesson, first-year secondary education course on Maharishi’s Science of Creative Intelligence (SCI). The course is designed to “unfold the fullness of life to (the student’s) awareness”, and includes lesson details on principles of SCI as they are observed and apply in meditation, in life, in nature, and in the lives of great men and women. Each lesson is accompanied by charts, diagrams and photographs, exercises and activities.

**Key words or phrases:** Coursebook; curriculum; existence; fullness of life; journal; lessons; main points; progress; qualities of creative intelligence; Science of Creative Intelligence; secondary education; students; syllabus; Transcendental Meditation; workbook.

**Content Codes:** SR; TP; CH; HP; PR.

**Quote:** “Unlimited is the potential of human life. The Science of Creative Intelligence unfolds this unbounded potential. This course in the Science of Creative Intelligence is designed to culture every student’s vision to appreciate the full potential of life. To perceive the fullness of life everywhere is to enliven wholeness in one’s own life. The fulfilment of this first-year course is in developing the ability of every student to spontaneously

use the qualities of creative intelligence in thought and action. In this way, everyone in the coming generation will rise to highest aspirations and greatest achievements and will prove to be an enlightened citizen of his great nation. The first year of secondary education is the 'year of the great plan' for every student"—Maharishi (p. 10).

**Bibliography:** The main themes in this publication have been elaborated in and validated by the following bibliographic citations: Academic performance 221, 259, 260, 261, 263, 402; Curriculum 33, 130, 143, 216; Education 33, 40, 49, 70, 71, 100, 128, 129, 130, 143, 159, 216, 253, 259, 260, 261, 263, 322, 327, 378; Intelligence 82, 133, 201, 203, 362; Maharishi International University 143, 216; Primary and secondary education 148, 259, 260, 261, 263; Science of Creative Intelligence 74; Students 111, 378; Transcendental Meditation 7, 157, 158, 225, 245, 291, 306, 340, 347, 357, 363, 372, 398; and Vedic Science-based education 133, 217.

**Reference #15:** Maharishi Mahesh Yogi. (1976). *Enlightenment for ideal rehabilitation: Expansion of consciousness as the basis of the restoration of creative intelligence*. West Germany: Maharishi International University Press (publication no. G 839), 30pp.

**Main themes:** This book posits that the basis of ideal rehabilitation is the expansion of consciousness, and that incoherent, disorderly or discordant behaviour derives from an individual not using their full potential as a result of not unfolding the full value of their consciousness. Maharishi points out that through the practice of Transcendental Meditation not only does order in the brain increase as consciousness develops, but that orderliness in the brain purifies impurities (i.e., dissolves stress in the physiology), as occurs in other physical systems when temperature is reduced (in this case "mental temperature", p. 1). In addition to citing individual data, Maharishi here also advances the results of recent research which found that when one percent of the population practices Transcendental Meditation, there is a decrease in negative tendencies, including criminality, in that society (referred hereinafter as the "Maharishi Effect", p. 5). Moreover, Maharishi's philosophy of rehabilitation focuses on the prevention of crime and drug and alcohol abuse. A 22-reference bibliography is included (p. 29).

**Key words or phrases:** Alcoholism; autonomic stability; correctional education; correctional institutions; crime; criminality; delinquency; drug and alcohol abuse; enlightenment; health; Maharishi Effect; medicine; personality; physiology; prevention; psychiatry; psychology; rehabilitation; Science of Creative Intelligence; Transcendental Meditation; youth offenders.

**Content Codes:** SR; TP; PR; BI.

**Quote:** "The Science of Creative Intelligence (SCI) derives the philosophy of rehabilitation from the third law of thermodynamics. In simple terms this law states that when the temperature—or activity—of a physical system is reduced, the system becomes more orderly. This has its parallel on the mental level in that reduction of mental activity generates orderliness of thinking. The Transcendental Meditation technique, the practical aspect of the Science of Creative Intelligence, is a procedure that reduces mental activity, 'mental temperature', in the most natural way and thus trains the nervous system to maintain calmness and collectedness of the mind during activity by making every phase of thinking most orderly. The inadequate behaviour underlying the need for rehabilitation derives from incoherent, disorderly, and discordant thinking and action, which have as their ultimate cause the instability of the individual to use his full potential"—Maharishi (p. 1).

**Bibliography:** The main themes in this publication have been elaborated in and validated by the following bibliographic citations: Anxiety 87, 117, 160, 232; Drug use 19, 32, 52, 79, 116, 142, 150, 178, 232, 242, 251, 270, 271, 273, 281, 345, 346, 349, 354, 361, 395, 409; Crime 64, 102, 105, 154, 167, 177, 217, 275, 284; Drug use 19, 32, 52, 79, 116, 142, 150, 178, 232, 242, 251, 270, 271, 273, 281, 345, 346, 349, 354, 361, 395, 409; Electroencephalography (EEG) 30, 36, 37, 38, 39, 99, 103, 109, 141, 184, 185, 237, 244, 248, 264, 294, 198, 368, 371, 373, 377, 381, 382, 384, 385, 416, 423, 427; Intelligence 82, 133, 201, 203, 362; Law 223, 224, 258, 319, 320; Maharishi Effect 67, 68, 69, 70, 71, 72, 84, 85, 93, 144, 145, 167, 177, 280, 284, 289, 290, 293, 301, 400; Maharishi Vedic Medicine 134, 339; Mental acuity; Mental health 118, 171, 191; Neurophysiology 139, 230, 302, 396, 401, 411; Personality 51, 132, 138, 291, 311, 389; Physiology 254, 255, 274, 374, 380, 390, 391, 393, 394, 401, 402, 404; Prevention 180, 186, 187, 188, 189, 190, 269, 285, 303, 337, 400; Psychiatry 65, 316; Psychology 17, 92, 125, 138, 143, 147, 149, 169, 191, 206, 265, 266, 277, 278, 283, 291, 304, 307, 315, 316, 329, 341, 352, 353, 356, 360, 370, 374, 414, 415, 417; Quality of life 110, 297, 400; Rehabilitation 1, 2, 15, 16, 24, 25, 27, 53, 97, 154, 178, 179, 180, 275, 300, 313, 361; Science of Creative Intelligence 74; Self-repair mechanism 239, 409, 412; Social behaviour 34, 78, 110, 167, 169; Stress 58, 59, 63, 66, 91, 141, 160, 213, 218, 227, 228, 303, 307, 332, 333, 338, 339, 350, 354, 375, 378, 411, 412, 414, 415; Transcendental

Meditation 7, 157, 158, 225, 245, 291, 306, 340, 347, 357, 363, 372, 398; and Vedic Psychology 12, 23, 89, 92, 94, 95, 98, 277, 278, 304, 329.

**Reference #16:** Maharishi Mahesh Yogi. (1977). *Creating an ideal society: A global undertaking*. West Germany: Maharishi European Research University Press (publication no. G 1112), 168pp.

**Main themes:** This large-format book introduces, and discusses in great detail, the Maharishi Effect; the book presents 32 published research studies which measure the impact of Transcendental Meditation on variables such as crime, quality of life, accidents and mortality rates conducted throughout the world. The book also features an inaugural address by Maharishi on the occasion of the "Dawn of the Age of Enlightenment" celebration (i.e., 12 January 1975), and provides summaries of talks given at the time by faculty of Maharishi European Research University (MERU), including Dr Keith Wallace, Dr Brian Josephson, Dr David Orme-Johnson, Dr Lawrence Domash, and others. One-page statements on the relation of the individual, society, health, education, progress, culture government, world peace and the Age of Enlightenment follow. The book contains a great many colour photographs and charts, such as a "Formula for Fulfilment in the Family of Nations" (pp. 70-71), and perhaps for the first time, ten pages of personal experiences of higher states of consciousness are included, along with Maharishi speaking on science (pp. 89-93) and on Veda and science (pp. 94-95). This book also contains a full account of the inauguration of the World Government of the Age of Enlightenment (pp. 102-163), including an introduction to it by Maharishi, along with descriptions of ministries, philosophy, structure, declarations, and constitution.

**Key words or phrases:** Accidents; Age of Enlightenment; crime; Governor Training Course; ideal society; Maharishi Effect; Maharishi European Research University; mortality; quality of life; Science of Creative Intelligence; scientific research; society; Transcendental Meditation; world consciousness; World Government of the Age of Enlightenment.

**Content Codes:** SR; TP; CH; HP; PR; BI

**Quote:** "Man has always sought perfection—perfection in his own life and for his family, society, and his country...the Science of Creative Intelligence and the practice of the Transcendental Meditation technique have emerged in this generation to fulfil man's long-sought goal. The creation of an ideal society is now not only possible, it is inevitable. Our programme to create an ideal society is based on creating an ideal man—a man who will not make mistakes, who will act in accordance with the laws of nature and will not create the ground for suffering"—Maharishi (p. 4).

**Bibliography:** The main themes in this publication have been elaborated in and validated by the following bibliographic citations: Collective consciousness 35, 67, 84, 85, 93, 104, 144, 145, 153, 161, 167, 289, 293, 301, 406; Crime 64, 102, 105, 154, 167, 177, 217, 275, 284; Ideal society 93, 419; Intelligence 82, 133, 201, 203, 362; Maharishi Effect 67, 68, 69, 70, 71, 72, 84, 85, 93, 144, 145, 167, 177, 280, 284, 289, 290, 293, 301, 400; Mental health 118, 171, 191; Morbidity/mortality 18, 332, 335, 413; Psychiatry 65, 316; Quality of life 110, 297, 400; Scientific research 54, 75, 76, 77, 100, 106, 151, 278, 282, 286, 287, 288, 295, 348, 399; Students 111, 378; Transcendental Meditation 7, 157, 158, 225, 245, 291, 306, 340, 347, 357, 363, 372, 398; and World peace 3, 68, 145, 153, 165, 252, 258, 279, 288, 290, 293, 400.

**Reference #17:** Maharishi International College for the Age of Enlightenment. (1977). *The fulfilment of law, justice and rehabilitation through the development of consciousness*. West Germany: Maharishi European Research University Press (publication no. G 1403).

**Main themes:** Although this modest booklet is attributed to Maharishi International College in Tonbridge, Kent, United Kingdom, it bears the hallmarks of Maharishi's writing and has therefore been included in the Survey. This is the first book in the Survey to explicitly refer to the TM-Sidhi programme (although it was alluded to in Reference #16 in reference to the Governor Training Course) and to Natural Law, doing so in the context of the philosophy of the Institute of Natural Law and Order. The booklet contains a double-page spread on optimizing brain functioning through the Transcendental Meditation and TM-Sidhi programme, showing the "first stage of flying" with maximum brain wave coherence and heart rate data (pp. 4-5), and presents data on findings related to Transcendental Meditation and law, justice and rehabilitation outcomes, and the Maharishi Effect.

**Key words or phrases:** Consciousness; Institute of Natural Law and Order; Law; justice; laws of nature; Maharishi Effect; Maharishi's Absolute Theory of Order; Natural Law; rehabilitation; TM-Sidhi; Transcendental Meditation.

**Content Codes:** SR; CH; HP.

**Quote:** “We are in a position to invite the great minds of our generation from the field of law to come and examine our findings—that every man can spontaneously act according to the laws of nature and therefore live in an evolutionary direction through the Transcendental Meditation and TM-Sidhi programmes”—Maharishi (Preface).

**Bibliography:** The main themes in this publication have been elaborated in and validated by the following bibliographic citations: Addiction 19, 32, 52, 79, 116, 142, 150, 178, 232, 242, 251, 270, 271, 273, 281, 318, 345, 346, 349, 354, 361, 395, 409; Brain functioning 30, 36, 37, 38, 39, 99, 103, 109, 141, 184, 185, 237, 244, 248, 264, 294, 296, 298, 308, 377, 382; Consciousness 90, 92, 107, 124, 197, 224, 225, 256, 294, 301, 344, 369, 374, 379, 381, 383, 388, 397, 405; Crime 64, 102, 105, 154, 167, 177, 217, 275, 284; Deep rest 20, 108, 123; Drug use 19, 32, 52, 79, 116, 142, 150, 178, 232, 242, 251, 270, 271, 273, 281, 345, 346, 349, 354, 361, 395, 409; Law 223, 224, 258, 319, 320; Justice 28; Maharishi Effect 67, 68, 69, 70, 71, 72, 84, 85, 93, 144, 145, 167, 177, 280, 284, 289, 290, 293, 301, 400; Maharishi International University 143, 216; Metabolism 122, 209, 210, 211, 212, 425; Moral development 262, 264; Natural law 72, 223, 224, 319, 320, 355; Rehabilitation 1, 2, 15, 16, 24, 25, 27, 53, 97, 154, 178, 179, 180, 275, 300, 313, 361; TM-Sidhi 71, 298, 398; Transcendental Meditation 7, 157, 158, 225, 245, 291, 306, 340, 347, 357, 363, 372, 398; and Yogic flying 296, 317, 382.

**Reference #18:** Maharishi Mahesh Yogi. (1977). *Enlightenment in world psychiatry: The Transcendental Meditation technique new light on consciousness*. West Germany: Maharishi European Research University Press (publication no. G 1353), 49pp.

**Main themes:** This document explores the relationship between higher states of consciousness and the practice of psychiatry. It introduces for the first time in this Survey the concept of the so-called “vacuum state” as described by quantum field theory of modern physics, and shows how this state parallels the state of pure consciousness described in the Vedic literature; the book presents physiological, psychological and sociological correlates for this state of consciousness (pp. 4-5). Another two-page spread, similar to the one described in Reference #17, presents the TM-Sidhi programme (pp. 10-11), and 61 references to third party research, mostly research related to outcomes associated with the practice of Transcendental Meditation, are included (pp. 46-47).

**Key words or phrases:** Brain wave coherence; business; collective consciousness; consciousness; cultural integrity; education; EEG coherence; enlightenment; government; health; industry; physiology; psychiatry; psychophysiology; rehabilitation; scientific research; sociology; TM-Sidhi; Transcendental Meditation; vacuum state; world peace.

**Content Codes:** SR; TP; CH; HP; BI.

**Quote:** It is now time for World Psychiatry to become responsible for the psychiatry of the world. This means raising the level of world consciousness and measuring the parameters of the growth of world consciousness at a physiological, psychological, and sociological level. The study of the evolution of the world as a whole, and of the rise of the collective consciousness of mankind, is a unique field. In this field there is no basis for comparison. Man now controls the trends of time, and holds the future of the world in his hands. He cannot look to any outer course of control for the direction of his destiny—he must look within himself, to the field of his own consciousness from which he creates his own path of evolution (p. 18).

**Bibliography:** The main themes in this publication have been elaborated in and validated by the following bibliographic citations: Addiction 19, 32, 52, 79, 116, 142, 150, 178, 232, 242, 251, 270, 271, 273, 281, 318, 345, 346, 349, 354, 361, 395, 409; Business 11, 81, 137, 172, 173, 175, 182, 183, 223, 324, 325, 326, 327, 355, 359; Collective consciousness 35, 67, 84, 85, 93, 104, 144, 145, 153, 161, 167, 289, 293, 301, 406; Deep rest 20, 108, 123; Education 33, 40, 49, 70, 71, 100, 128, 129, 130, 143, 159, 216, 253, 259, 260, 261, 263, 322, 327, 378; Electroencephalography (EEG) 30, 36, 37, 38, 39, 99, 103, 109, 141, 184, 185, 237, 244, 248, 264, 294, 198, 368, 371, 373, 377, 381, 382, 384, 385, 416, 423, 427; Mental health 118, 171, 191; Neurophysiology 139, 230, 302, 396, 401, 411; Physics 163, 164, 165; Physiology 254, 255, 274, 374, 380, 390, 391, 393, 394, 401, 402, 404; Productivity 137, 175; Psychiatry 65, 316; Psychology 17, 92, 125, 138, 143, 147, 149, 169, 191, 206, 265, 266, 277, 278, 283, 291, 304, 307, 315, 316, 329, 341, 352, 353, 356, 360, 370, 374, 414, 415, 417; Rehabilitation 1, 2, 15, 16, 24, 25, 27, 53, 97, 154, 178, 179, 180, 275, 300, 313, 361; Students 111, 378; TM-Sidhi 71, 298, 398; Transcendental Meditation 7, 157, 158, 225, 245, 291, 306, 340, 347, 357, 363, 372, 398; Vedic Psychology 12, 23, 89, 92, 94, 95, 98, 277, 278, 304, 329; Work 22; World peace 3, 68, 145, 153, 165, 252, 258, 279, 288, 290, 293, 400; and Yogic flying 296, 317, 382.

**Reference #19:** Maharishi Mahesh Yogi. (1977). *Achievements: First quarter 1977*. West Germany: Maharishi European Research University Press (publication no. G 1180), 65pp.

**Main themes:** This book summarises the achievements of the World Government of the Age of Enlightenment in the first quarter of 1977. Maharishi begins by explaining the details of the philosophy and structure of the World Government of the Age of Enlightenment, and along with many historical photographs, officially inaugurates 1977 as the “Third Year of the Age of Enlightenment”. A double-page spread on the “global undertaking” to teach 1% of every population on earth features (pp. 28-29), followed by six pages of personal experiences of higher states of consciousness. National achievement reports are then submitted in person from 31 countries and in writing by 74 countries (pp. 36-51). A report by Dr David Orme-Johnson about a MERU faculty tour of India, including research outcomes, along with global indications of the Age of Enlightenment, complete the book.

**Key words or phrases:** Age of Enlightenment; higher states of consciousness; ideal society; philosophy of government; pure knowledge; research on consciousness; Self; TM-Sidhi; Transcendental Meditation; World Government of the Age of Enlightenment.

**Content Codes:** SR; TP; CH; HP; PR.

**Quote:** “In response to the call of time, a global organization has been established, the non-political, non-religious World Government of the Age of Enlightenment, which has the knowledge and expertise to create an ideal society. The sovereignty of the World Government of the Age of Enlightenment is the domain of consciousness, and its activities to raise and maintain higher levels of consciousness are being carried out from the 1,500 Capitals of the Age of Enlightenment throughout the world”—Maharishi (p. 1).

**Bibliography:** The main themes in this publication have been elaborated in and validated by the following bibliographic citations: Government 225, 350; Higher states of consciousness 4, 5, 9, 10, 14, 73, 98, 181, 244, 262, 283; Ideal society 93, 419; Quality of life 110, 297, 400; TM-Sidhi 71, 298, 398; Transcendental Meditation 7, 157, 158, 225, 245, 291, 306, 340, 347, 357, 363, 372, 398; and Yogic flying 296, 317, 382.

**Reference #20:** Maharishi Mahesh Yogi. (1977). *The scientific age rising to be the Age of Enlightenment*. West Germany: Maharishi European Research University Press (publication no. G 1231), 22pp.

**Main themes:** Although short, this is one of the first documents to link Maharishi’s teaching to not only the Vedic tradition, but explicitly to the entire Vedic Literature. It achieves this feat using an 18-page foldout chart, which horizontally shows how eight sample qualities of the “vacuum state” (i.e., the “least excited state of consciousness”, Transcendental Consciousness or pure consciousness), such as perfect orderliness, unmanifest nature, unboundedness, and non-change, as described by quantum physics in Reference #18 and as pure consciousness throughout Maharishi’s teaching; these qualities are then verified by personal experience and by scientific research on the Transcendental Meditation technique, and are finally also verified by the Vedic Literature, specifically in the following: Rg Veda, Brāhmanas, Āraṇyakas, Upaniṣads, Smṛtis, Purāṇas, and the Bhagavad-Gītā. In each aspect of Vedic Literature, Maharishi cites a specific verse which speaks to the quality of pure, Transcendental Consciousness being analysed.

**Key words or phrases:** Ancient insights; Āraṇyakas; Bhagavad-Gītā; Brāhmanas; consciousness; personal experience; Purāṇas; quantum physics; Rg Veda; scientific research; Smṛtis; Transcendental Consciousness; Upaniṣads; Veda; Vedic literature.

**Content Codes:** VE; SR; CH.

**Quote:** “The source of all ancient insights into life and its evolutionary processes is the *Veda*. All insights into the source, course and goal of all life come to us from the Veda. The Veda reveals that the individual is a miniature universe. All the forces of nature responsible for all that there is in the universe are present in the individual, some active and some latent. The insight into life brought to us by the Veda explains that it is possible to unfold the full potential of individual life and enliven all the forces of nature in the individual’s consciousness and thereby make the individual free from all limitations—enable him to command all the forces of nature, gain the support of all the laws of nature and live life in freedom and fulfilment”—Maharishi (pp. 1-2).

**Bibliography:** The main themes in this publication have been elaborated in and validated by the following bibliographic citations: Maharishi Vedic Science 69, 74, 107, 155, 163, 216, 321; Physics 163, 164, 165; Scientific research 54, 75, 76, 77, 100, 106, 151, 278, 282, 286, 287, 288, 295, 348, 399; Veda and



science 74; Veda and science 74; and Vedic Literature 89, 94, 95, 219, 220, 254, 255, 319, 320, 419.

**Reference #21:** World Government of the Age of Enlightenment. (1977). *Inauguration of a global initiative for invincibility to every nation*. West Germany: Maharishi European Research University Press (publication on. G 1429).

**Main themes:** The short document introduces the concept of “invincibility” and how it can be achieved by preventing the birth of an enemy. The theory, principles and qualities of invincibility are explained, along with their relationship to both the Maharishi Effect and the Meissner Effect of superconductivity.

**Key words or phrases:** Coherence; collective consciousness; health; invincibility; living systems; Maharishi Effect; Meissner Effect; natural armour; non-equilibrium thermodynamics; physics; Rashtri Kavach; superconductivity; Transcendental Meditation; World Government of the Age of Enlightenment.

**Content Codes:** VE; SR; TP; CH; HP.

**Quote:** “Let the Family of Nations face the truth in the presence of the multitude of nuclear weapons today that no nation is competent to defend itself. The only way for any country to get out of this perilous state is to create a situation where conflicts do not arise; the only successful means to avoid conflict and feel secure is to disallow the birth of any enemy. Any country which does not possess the art of disallowing the birth of any enemy will always be insecure and can anticipate disaster at any time”—Maharishi (p.2).

**Bibliography:** The main themes in this publication have been elaborated in and validated by the following bibliographic citations: Collective consciousness 35, 67, 84, 85, 93, 104, 144, 145, 153, 161, 167, 289, 293, 301, 406; Health 42, 83, 112, 113, 131, 140, 156, 186, 187, 188, 189, 190, 202, 204, 222, 227, 229, 234, 235, 240, 250, 276, 286, 199, 309, 323, 330, 339, 342, 421, 424, 426; Invincibility 375; Maharishi Effect 67, 68, 69, 70, 71, 72, 84, 85, 93, 144, 145, 167, 177, 280, 284, 289, 290, 293, 301, 400; Mental health 118, 171, 191; Physics 163, 164, 165; Prevention 180, 186, 187, 188, 189, 190, 269, 285, 303, 337, 400; Psychiatry 65, 316; Self-repair mechanism 239, 409, 412; and Transcendental Meditation 7, 157, 158, 225, 245, 291, 306, 340, 347, 357, 363, 372, 398.

**Reference #22:** Maharishi Mahesh Yogi. (1977). *First world assembly on law, justice and rehabilitation*. West Germany: World Government of the Age of Enlightenment, 180pp.

**Main themes:** This book features Justice V.R.K. Iyer, Supreme Court Justice of India, who spoke to the first world assembly on 24 and 25 June 1977 (pp. 12-18), followed by Maharishi’s response. Other speakers include: Dr E.C.G. Sudarshan, Director of Centre for Particle Physics, University of Texas at Austin; Edward Grace, Solicitor General, London Transport; Judge A. Davies, Sierra Leone; Dr Dorothee Osterhagen, Judge, Landesgericht Court, Cologne, Germany; and Arthur Anderson Jr, Director, Criminal Justice Division, Office of the Attorney General, State of Arkansas, among others; Maharishi responds to each speaker. Each speaker’s presentation integrates Maharishi’s theory of law, and each presents research supporting their contention that the Transcendental Meditation technique is a valuable tool in developing “order within”, and each speaker reiterates Maharishi’s contention that stress is the cause of criminal behaviour. Maharishi delivered a concluding address on 26 June 1977; a 39-article bibliography ends the book.

**Key words or phrases:** Age of Enlightenment; ideal society; V.R.K. Iyer; justice; knowledge; law; laws of nature; Maharishi Effect; natural law; pure consciousness; pure intelligence; rehabilitation; Richo akshare parame vyoman Yasmin deva adhi vishve nishheduh; right action; Self; E.C.G. Sudarshan; TM-Sidhi; Transcendental Meditation; Veda.

**Content Codes:** VE; SR; TP; CH; HP; PR; BI.

**Quote:** “The purpose of law is served when every individual man maintains his own individual identity and, at the same time, in the same stroke of operation, is able to fulfil the aspirations of the whole society. This will only be the case when he is always acting in accordance with all the laws of nature. Nature is functioning from that level which is the common level of all the diversity of creation. So man has to learn just how to operate from that common basis of all life. Then he will never injure the interests of any other life when he is serving his own interest, and the purpose of law will be served”—Maharishi (p. 26).

**Bibliography:** The main themes in this publication have been elaborated in and validated by the following bibliographic citations: Addiction 19, 32, 52, 79, 116, 142, 150, 178, 232, 242, 251, 270, 271, 273, 281, 318, 345, 346, 349, 354, 361, 395, 409; Consciousness 90, 92, 107, 124, 197, 224, 225, 256, 294, 301,

344, 369, 374, 379, 381, 383, 388, 397, 405; Drug use 19, 32, 52, 79, 116, 142, 150, 178, 232, 242, 251, 270, 271, 273, 281, 345, 346, 349, 354, 361, 395, 409; Ideal society 93, 419; Law 223, 224, 258, 319, 320; Maharishi Effect 67, 68, 69, 70, 71, 72, 84, 85, 93, 144, 145, 167, 177, 280, 284, 289, 290, 293, 301, 400; Natural law 72, 223, 224, 319, 320, 355; Physics 163, 164, 165; Quality of life 110, 297, 400; Rehabilitation 1, 2, 15, 16, 24, 25, 27, 53, 97, 154, 178, 179, 180, 275, 300, 313, 361; Scientific research 54, 75, 76, 77, 100, 106, 151, 278, 282, 286, 287, 288, 295, 348, 399; Social behaviour 34, 78, 110, 167, 169; Stress 58, 59, 63, 66, 91, 141, 160, 213, 218, 227, 228, 303, 307, 332, 333, 338, 339, 350, 354, 375, 378, 411, 412, 414, 415; TM-Sidhi 71, 298, 398; Transcendental Meditation 7, 157, 158, 225, 245, 291, 306, 340, 347, 357, 363, 372, 398; and Yogic flying 296, 317, 382.

**Reference #23:** World Government of the Age of Enlightenment. (1977). *Celebrating invincibility to every nation*. West Germany: Maharishi European Research University Press (publication no. G 1422).

**Main themes:** This short document is almost entirely dedicated to an address delivered by Maharishi on 21 October 1977 in Seelisberg, Switzerland, including three pages of questions from the world press and answers by Maharishi. The Fundamentals of Invincibility are listed (p. 12), and the programme for the week of global celebrations is also tabled (p. 13).

**Key words or phrases:** Age of Enlightenment; Fundamentals of Invincibility; government; harmony; ideal society; invincibility; V.R.K. Iyer; justice; knowledge; law; laws of nature; Maharishi Effect; natural law; parental role; pure consciousness; pure intelligence; rehabilitation; Richo akshare parame vyoman Yasmin deva adhi vishve nishheduh; right action; Self; E.C.G. Sudarshan; TM-Sidhi; Transcendental Meditation; Veda; Vedanta; world consciousness; World Government of the Age of Enlightenment.

**Content Codes:** SR; TP; HP; PR.

**Quote:** “It is a very great delight of ours to declare invincibility to all nations. We know that invincibility is still being structured and we know that invincibility may not yet be confidently felt by all the nations in the world today, but the moment the contract is signed with the builder he puts up the sign board, indicating that this is the project. From the time he lays the foundation he puts up the sign board showing what kind of building is going to come out of his activity. So when the World Government took upon itself the parental role in the family of nations, that was the time the World Government put up this sign of freedom for all nation”—Maharishi (p. 5).

**Bibliography:** The main themes in this publication have been elaborated in and validated by the following bibliographic citations: Collective consciousness 35, 67, 84, 85, 93, 104, 144, 145, 153, 161, 167, 289, 293, 301, 406; Government 225, 350; Invincibility 375; TM-Sidhi 71, 298, 398; and Yogic flying 296, 317, 382.

**Reference #24:** Maharishi European Research University. (1977). *The Science of Creative Intelligence offers fulfilment in education: Self-realization found in the simplest form of awareness—the field of all possibilities*. Rheinweiler, West Germany: Maharishi European Research University (publication no. G1339), 48pp.

**Main themes:** The book focuses on how complete knowledge and fulfilment can be developed through self-realisation, through direct experience of the unbounded nature of one’s own pure consciousness, one’s own Self. The book contains the same double-page spread on optimizing brain functioning through the Transcendental Meditation and TM-Sidhi programme as presented in Reference #17, showing the “first stage of flying” with maximum brain wave coherence and heart rate data (pp. 6-7), and 28 pages of scientific research on the Transcendental Meditation and TM-Sidhi programme; an introduction by two educators begins the book.

**Key words or phrases:** Behaviour; consciousness; education; field of all possibilities; fulfilment; generational gap; knowledge is structured in consciousness; knowledge; least excited state of consciousness; Maharishi European Research University; Maharishi International University; qualities of consciousness; research in consciousness; Science of Creative Intelligence; self-realization; simplest form of awareness; student drop-out; TM-Sidhi; Transcendental Meditation.

**Content Codes:** SR; TP; CH; HP.

**Quote:** “Knowledge is for action, action for achievement, achievement for fulfilment. Thus, knowledge is directly concerned with fulfilment. For complete fulfilment, complete knowledge is necessary. Complete knowledge should mean total knowledge of the object of inquiry and total knowledge of the subject; total knowledge of both the known and the knower. When the knower

does not know himself, then the basis of knowledge is missing. The Science of Creative Intelligence, by opening one's awareness to the infinite, unbounded value of intelligence, broadens the awareness and makes it permanently unbounded, so that no area of life remains foreign. This is the ground of all knowledge—complete knowledge—and therefore is the basis of complete fulfilment”—Maharishi (Preface).

**Bibliography:** The main themes in this publication have been elaborated in and validated by the following bibliographic citations: Academic performance 221, 259, 260, 261, 263, 402; Brain functioning 30, 36, 37, 38, 39, 99, 103, 109, 141, 184, 185, 237, 244, 248, 264, 294, 296, 298, 308, 377, 382; Consciousness 90, 92, 107, 124, 197, 224, 225, 256, 294, 301, 344, 369, 374, 379, 381, 383, 388, 397, 405; Electroencephalography (EEG) 30, 36, 37, 38, 39, 99, 103, 109, 141, 184, 185, 237, 244, 248, 264, 294, 198, 368, 371, 373, 377, 381, 382, 384, 385, 416, 423, 427; Maharishi International University 143, 216; Metabolism 122, 209, 210, 211, 212, 425; Science of Creative Intelligence 74; Scientific research 54, 75, 76, 77, 100, 106, 151, 278, 282, 286, 287, 288, 295, 348, 399; Social behaviour 34, 78, 110, 167, 169; Students 111, 378; TM-Sidhi 71, 298, 398; Transcendental Meditation 7, 157, 158, 225, 245, 291, 306, 340, 347, 357, 363, 372, 398; Vedic Science-based education 133, 217; and Yogic flying 296, 317, 382.

**Reference #25:** World Government of the Age of Enlightenment. (1977). *Second world assembly on law, justice and rehabilitation*. West Germany: Maharishi European Research University Press (publication no. G 1420).

**Main themes:** Again, a short document which presents the mission of the Ministry of Natural Law and Order of the World Government of the Age of Enlightenment and its role in providing worldwide programs related to law, justice and rehabilitation. The booklet contains the same double-page spread on optimizing brain functioning through the Transcendental Meditation and TM-Sidhi programme as presented in Reference #17, showing the “first stage of flying” with maximum brain wave coherence and heart rate data (pp. 4-5) and presents data on findings related to Transcendental Meditation and law, justice and rehabilitation outcomes, and the Maharishi Effect.

**Key words or phrases:** Consciousness; jurisprudence; law and order; Maharishi Effect; natural law; rehabilitation; scientific research; TM-Sidhi; Transcendental Meditation.

**Content Codes:** SR; TP; CH; HP.

**Quote:** “Now that the knowledge and procedures are available to develop spontaneous action in accord with all the laws of nature, it is timely that jurisprudence expands its province and takes the tools of the Transcendental Meditation programme to prevent the violation of natural law. The Transcendental Meditation programme offers the technology for the full development of the individual and society, and its adoption by the legal systems in all communities will enrich jurisprudence and thereby enable law to play its role in creating an ideal society”—Maharishi (p. 12).

**Bibliography:** The main themes in this publication have been elaborated in and validated by the following bibliographic citations: Addiction 19, 32, 52, 79, 116, 142, 150, 178, 232, 242, 251, 270, 271, 273, 281, 318, 345, 346, 349, 354, 361, 395, 409; Brain functioning 30, 36, 37, 38, 39, 99, 103, 109, 141, 184, 185, 237, 244, 248, 264, 294, 296, 298, 308, 377, 382; Consciousness 90, 92, 107, 124, 197, 224, 225, 256, 294, 301, 344, 369, 374, 379, 381, 383, 388, 397, 405; Drug use 19, 32, 52, 79, 116, 142, 150, 178, 232, 242, 251, 270, 271, 273, 281, 345, 346, 349, 354, 361, 395, 409; Enlightenment 261; Ideal society 93, 419; Law 223, 224, 258, 319, 320; Maharishi Effect 67, 68, 69, 70, 71, 72, 84, 85, 93, 144, 145, 167, 177, 280, 284, 289, 290, 293, 301, 400; Metabolism 122, 209, 210, 211, 212, 425; Moral development 262, 264; Natural law 72, 223, 224, 319, 320, 355; Prevention 180, 186, 187, 188, 189, 190, 269, 285, 303, 337, 400; Quality of life 110, 297, 400; Rehabilitation 1, 2, 15, 16, 24, 25, 27, 53, 97, 154, 178, 179, 180, 275, 300, 313, 361; Scientific research 54, 75, 76, 77, 100, 106, 151, 278, 282, 286, 287, 288, 295, 348, 399; Self-repair mechanism 239, 409, 412; TM-Sidhi 71, 298, 398; and Transcendental Meditation 7, 157, 158, 225, 245, 291, 306, 340, 347, 357, 363, 372, 398.

**Reference #26:** Maharishi Mahesh Yogi. (1978). *Enlightenment to every individual, invincibility to every nation*. West Germany: Maharishi European Research University Press, (publication no. G 1530), 678pp.

**Main themes:** One of the longest and most comprehensive documents in the Survey, this book examines the role of the Transcendental Meditation and TM-Sidhi programme in bringing about enlightenment on the level of individual life and invincibility on the level of collective or social life. The theory, principles, research and applications of this knowledge are extensively explored, and a range of applied areas are discussed in great detail, including,

invincibility in education, health, government, military, and business. The book also introduces for the first time Maharishi's old and new principles of life (pp. 567-603) as they apply to every academic discipline and area of life. For example, Maharishi explains that during a time when ignorance dominates society (i.e., the present era), educators believe that “higher education is only for the minority”, whereas in the dawning Age of Enlightenment when consciousness is awake and rising, higher education is “for everyone, because everyone should have the right to fulfil his natural ability to rise to the highest level of achievement” (pp. 576-573). Similarly, in an age of ignorance, “the building of more hospitals was the measure of progress in the field of health”, but from Maharishi's perspective, as consciousness grows in society, the “evacuation of hospitals by educating the people to act in accord with natural law is the measure of progress in the field of health” (pp. 574-575).

**Key words or phrases:** Agriculture; business; constitution; culture; enlightenment; fundamentals of invincibility; government; Governors of the Age of Enlightenment; health; higher states of consciousness; industry; invincibility; Maharishi Effect; management; military; old and new principles of life; philosophy of invincibility; physics of invincibility; retired persons; Science of Creative Intelligence; scientific validation; self-realization; students; TM-Sidhi; Transcendental Meditation; World Government of the Age of Enlightenment.

**Content Codes:** SR; TP; CH; HP; PR; BI.

**Quote:** “In offering invincibility to Every Nation, we are offering the world a chance to rise to that brilliant majesty and dignity of life which is the birthright of every individual and of every nation. In the Transcendental Meditation and TM-Sidhi programme we have the practical knowledge needed to ring the Bell of Invincibility and forever free mankind from bondage. The nature of life is unbounded and invincible bliss consciousness. There is no need for any individual to suffer or for any nation to face problems”—Maharishi (p. 1).

**Bibliography:** The main themes in this publication have been elaborated in and validated by the following bibliographic citations: Agriculture 199, 392; Business 11, 81, 137, 172, 173, 175, 182, 183, 223, 324, 325, 326, 327, 355, 359; Collective consciousness 35, 67, 84, 85, 93, 104, 144, 145, 153, 161, 167, 289, 293, 301, 406; Consciousness 90, 92, 107, 124, 197, 224, 225, 256, 294, 301, 344, 369, 374, 379, 381, 383, 388, 397, 405; Enlightenment 261; Government 225, 350; Health 42, 83, 112, 113, 131, 140, 156, 186, 187, 188, 189, 190, 202, 204, 222, 227, 229, 234, 235, 240, 250, 276, 286, 199, 309, 323, 330, 339, 342, 421, 424, 426; Higher states of consciousness 4, 5, 9, 10, 14, 73, 98, 181, 244, 262, 283; Hypertension 21, 31, 41, 43, 44, 45, 46, 47, 48, 66, 80, 81, 134, 190, 198, 226, 228, 236, 292, 309, 314, 331, 333, 334, 335, 338, 339, 403, 412, 413, 414, 415, 420, 428; Industry 170, 171; Invincibility 375; Mental health 118, 171, 191; Morbidity/mortality 18, 332, 335, 413; Personality 51, 132, 138, 291, 311, 389; Physics 163, 164, 165; Problem solving 88; Productivity 137, 175; Psychiatry 65, 316; Quality of life 110, 297, 400; Science of Creative Intelligence 74; Scientific research 54, 75, 76, 77, 100, 106, 151, 278, 282, 286, 287, 288, 295, 348, 399; and Work 22.

**Reference #27:** Maharishi Mahesh Yogi. (1978). *The Science of Creative Intelligence offers ideal education to create an ideal society: A presentation on primary and secondary education*. West Germany: Maharishi European Research University Press (publication no. G 1647).

**Main themes:** This booklet addresses problems in education as identified by the government of Quebec, Canada, in its Green Paper; the problems identified are seven in number: 1) lack of student motivation; 2) problems of student behaviour; 3) dehumanization of school milieu; 4) instability among students; 5) disillusionment and lack of interest among teachers; 6) unsatisfactory evaluation of students' assimilation of knowledge; and 7) inadequate preparation of students for higher education and adult life (pp. 2-3). The booklet goes on to explain how each of these problems can be addressed by Maharishi's Science of Creative Intelligence (SCI), and illustrates how solving each of these problems leads to broader social benefits. Each of the seven problems are addressed by: (A) describing the problem and its cause(s); and (B) the solution offered by SCI, supported by evidence from scientific research. For example, problem 1) is broken down into cause (A) inability to absorb new knowledge; coupled with solution (A) from SCI: expand the container of knowledge, the conscious mind, and thus improve the ability to learn. This is then supplemented with research showing that students who practice Transcendental Meditation increase in learning ability. The booklet also includes a synopsis of the three-year SCI curriculum for primary education (ages 6-9), the three-year SCI curriculum for primary education (ages 9-12), the three-year SCI curriculum for secondary education (ages 12-15), and the three-year SCI curriculum for secondary education (ages 15-18), with each curriculum containing yearly themes, subject of study, qualities and principles of creative intelligence by year, along with guidelines for implementation.

**Key words or phrases:** Consciousness; curriculum; primary education; problems; Quebec; Science of Creative Intelligence; secondary education; solutions; TM-Sidhi; Transcendental Meditation.

**Content Codes:** SR; CH; HP.

**Quote:** “The success of primary and secondary education is to be gauged by the quality of life found in higher education, business, industry, government, and in society as a whole. If problems still exist in every society, the school system must be held largely responsible. However, we believe that these problems arise not from what the schools teach but from what they do not teach. What has been missing so far from education is the knowledge of the full development of consciousness. No system of education can be complete which does not prepare the teacher to teach and the student to learn. The aim of our presentation is to remedy this deficiency by offering an approach based on the fundamental principle: Knowledge is structured in consciousness”—Maharishi (p. 1).

**Bibliography:** The main themes in this publication have been elaborated in and validated by the following bibliographic citations: Academic performance 221, 259, 260, 261, 263, 402; Business 11, 81, 137, 172, 173, 175, 182, 183, 223, 324, 325, 326, 327, 355, 359; Consciousness 90, 92, 107, 124, 197, 224, 225, 256, 294, 301, 344, 369, 374, 379, 381, 383, 388, 397, 405; Curriculum 33, 130, 143, 216; Education 33, 40, 49, 70, 71, 100, 128, 129, 130, 143, 159, 216, 253, 259, 260, 261, 263, 322, 327, 378; Ideal society 93, 419; Learning 99, 109, 174; Mental acuity; Moral development 262, 264; Personality 51, 132, 138, 291, 311, 389; Primary and secondary education 148, 259, 260, 261, 263; Problem solving 88; Productivity 137, 175; Quality of life 110, 297, 400; Science of Creative Intelligence 74; Social behaviour 34, 78, 110, 167, 169; Students 111, 378; TM-Sidhi 71, 298, 398; Transcendental Meditation 7, 157, 158, 225, 245, 291, 306, 340, 347, 357, 363, 372, 398; Vedic Science-based education 133, 217; and Work 22.

**Reference #28:** German Medical Association for the Promotion of Perfect Health through the Transcendental Meditation Programme. (1978). *Memorandum on perfect health: To create an ideal society through the Transcendental Meditation and TM-Sidhi programme*. Rheinweiler, West Germany: Maharishi European Research University Press (publication no. G 1697), 33pp.

**Main themes:** This booklet is not strictly by Maharishi, but its contents are consistent with those produced by and for Maharishi European Research University each of which has been scrutinized by Maharishi. Moreover, a major statement on health and immortality by Maharishi is presented (pp. 13-14), making it relevant to this Survey. The booklet is a Memorandum addressed to The Hon. Mrs Antje Huber MdB, Federal Minister for Youth, Family, and Health of the Government of the Federal Government of Germany. The Memorandum addresses 11 themes related to health (e.g., in spite of the advances gained by the pioneers of medicine, almost all the serious illnesses of the past have simply been replaced by a “new range of illnesses” for which outdated technological and pharmaceutical medicine have proved “absolutely useless” (p. 3)), and makes 12 recommendations to address them. Fourteen pages of scientific research ends with an extensive bibliography (pp. 30-32).

**Key words or phrases:** Consciousness; Germany; health; ideal health; immortality; Maharishi Effect; medical science; natural law; prevention; scientific research; TM-Sidhi; Transcendental Meditation; World Government of the Age of Enlightenment.

**Content Codes:** SR; TP; CH; HP; PR; BI.

**Quote:** “The crisis in health is evident. While mankind can be proud of advances in medical sciences which have gone a long way towards eliminating many health hazards, it now finds that new and terrible diseases are coming to light against which man has no defences. The past age of ignorance was plagued by fundamental misunderstandings about the meaning of health. Limitations were routinely accepted as a part of human life, and sickness and death were taken to be inevitable facts of existence... This is the time of fulfilment in medical sciences. In the Transcendental Meditation and TM-Sidhi programme, we have the formula for perfect measures of prevention giving a direction of immortality to health”—Maharishi (p. 13).

**Bibliography:** The main themes in this publication have been elaborated in and validated by the following bibliographic citations: Addiction 19, 32, 52, 79, 116, 142, 150, 178, 232, 242, 251, 270, 271, 273, 281, 318, 345, 346, 349, 354, 361, 395, 409; Consciousness 90, 92, 107, 124, 197, 224, 225, 256, 294, 301, 344, 369, 374, 379, 381, 383, 388, 397, 405; Health 42, 83, 112, 113, 131, 140, 156, 186, 187, 188, 189, 190, 202, 204, 222, 227, 229, 234, 235, 240, 250, 276, 286, 199, 309, 323, 330, 339, 342, 421, 424, 426; Invincibility 375; Maharishi Effect 67, 68, 69, 70, 71, 72, 84, 85, 93, 144, 145, 167, 177, 280, 284, 289, 290, 293, 301, 400; Quality of life 110, 297, 400; TM-Sidhi 71, 298, 398; Transcendental Meditation 7, 157, 158, 225, 245, 291, 306, 340, 347, 357, 363, 372, 398; Veda and science 74; World peace 3, 68, 145, 153, 165, 252, 258, 279, 288, 290, 293, 400; and Yogic flying 296, 317, 382.

145, 167, 177, 280, 284, 289, 290, 293, 301, 400; Maharishi Vedic Medicine 134, 339; Medical science 75, 76, 77, 257, 357; Mental health 118, 171, 191; Natural law 72, 223, 224, 319, 320, 355; Prevention 180, 186, 187, 188, 189, 190, 269, 285, 303, 337, 400; Psychiatry 65, 316; Quality of life 110, 297, 400; Scientific research 54, 75, 76, 77, 100, 106, 151, 278, 282, 286, 287, 288, 295, 348, 399; Self-repair mechanism 239, 409, 412; TM-Sidhi 71, 298, 398; Transcendental Meditation 7, 157, 158, 225, 245, 291, 306, 340, 347, 357, 363, 372, 398; and Yogic flying 296, 317, 382.

**Note:** Typically, a journal, such as the one cited in the following eight entries, might either not appear in a Survey of this type or multiple issues would be aggregated to form one main entry. However, *World Government News* is different in that each issue contains a significant amount of important data from Maharishi, some of it free-standing and unavailable elsewhere, and Maharishi was also directly involved in its production as an important vehicle to disseminate his teaching in 1978-1979. For these reasons, available issues of *World Government News* are itemized below:

**Reference #29:** World Government of the Age of Enlightenment. (February, 1978). *World Government News, Issue no. 1*. Rheinweiler, West Germany: Maharishi European Research University (publication no. G 1480).

**Main themes:** The first Issue of *World Government News* introduces the World Government of the Age of Enlightenment and the ten Ministries of the World Government, which include the Ministry for the Development of Consciousness, the Ministry of Natural Law and Order, and the Ministry of Cultural Integrity, Invincibility and World Harmony, and investigates the topic of national sovereignty and how nations can become more secure in the nuclear age under the title “Invincibility to every nation: Maharishi’s supreme offer to mankind”. After an analysis of world events, the Issue discusses the Maharishi Effect (i.e., the effect of orderliness and peace created when enough individuals in society are generating coherence through the practice of Transcendental Meditation), the Extended Maharishi Effect (introduced for the first time in the Survey, this Extended Maharishi Effect relates to producing the same type of effect of coherence, orderliness and harmony in society as the Maharishi Effect but at a distance, i.e., the “spreading” of orderliness from one place to another, a case study example of which is supplied in this Issue for China (p. 4)), and these are explained using graphic examples provided by the third law of thermodynamics, the Meissner Effect, and the Josephson Effect. Of interest also is Maharishi’s introduction of the concept of Veda and science, which finds a “meeting point” in the field of all possibilities, the field of pure consciousness (pp. 6-7).

**Key words or phrases:** Collective consciousness; cultural integrity; Extended Maharishi Effect; health; invincibility; Josephson Effect; Maharishi Effect; Meissner Effect; philosophy of government; sovereignty; third law of thermodynamics; TM-Sidhi; Transcendental Meditation; Veda and science; World Government of the Age of Enlightenment.

**Content Codes:** SR; TP; CH; HP; PR.

**Quote:** “Invincibility for all nations is being developed by the World Government of the Age of Enlightenment to fulfil the need of this current period of time in human evolution. The time is such that due to the existence of nuclear weapons in the world it is no longer possible for any nations to defend itself if it has already created even a single enemy”—Maharishi (p. 2).

**Bibliography:** The main themes in this publication have been elaborated in and validated by the following bibliographic citations: Collective consciousness 35, 67, 84, 85, 93, 104, 144, 145, 153, 161, 167, 289, 293, 301, 406; Extended Maharishi Effect 400; Health 42, 83, 112, 113, 131, 140, 156, 186, 187, 188, 189, 190, 202, 204, 222, 227, 229, 234, 235, 240, 250, 276, 286, 199, 309, 323, 330, 339, 342, 421, 424, 426; Invincibility 375; Maharishi Effect 67, 68, 69, 70, 71, 72, 84, 85, 93, 144, 145, 167, 177, 280, 284, 289, 290, 293, 301, 400; Quality of life 110, 297, 400; TM-Sidhi 71, 298, 398; Transcendental Meditation 7, 157, 158, 225, 245, 291, 306, 340, 347, 357, 363, 372, 398; Veda and science 74; World peace 3, 68, 145, 153, 165, 252, 258, 279, 288, 290, 293, 400; and Yogic flying 296, 317, 382.

**Reference #30:** World Government of the Age of Enlightenment. (1978). *World Government News, Issue no. 2*. Rheinweiler, West Germany: Maharishi European Research University (publication no. G 1517). **Main themes:** The second Issue of *World Government News* announces the programme for seven “World Assemblies on Invincibility” which were being held at the International Capital of the Age of Enlightenment, Seelisberg, Switzerland between 25 February and 17 March, 1978; the World Government of the Age of Enlightenment offers these programmes to the governments of the world.

**Key words or phrases:** Agriculture; assemblies; business and industry; defence; government; health; ideal education; invincibility; justice; law; rehabilitation; World Government of the Age of Enlightenment.

**Content Codes:** HP.

**Quote:** “With world consciousness rising it is high time for world leaders to take responsibility at a governmental level for making their nation invincible. The knowledge for invincibility is already available. Governments and leaders of society from every nation have now been invited to participate in these World Assemblies and learn how they can use it to take the reins of time into their own hands”—Maharishi (p. 1).

**Bibliography:** The main themes in this publication have been elaborated in and validated by the following bibliographic citations: Agriculture 199, 392; Business 11, 81, 137, 172, 173, 175, 182, 183, 223, 324, 325, 326, 327, 355, 359; Education 33, 40, 49, 70, 71, 100, 128, 129, 130, 143, 159, 216, 253, 259, 260, 261, 263, 322, 327, 378; Government 225, 350; Health 42, 83, 112, 113, 131, 140, 156, 186, 187, 188, 189, 190, 202, 204, 222, 227, 229, 234, 235, 240, 250, 276, 286, 199, 309, 323, 330, 339, 342, 421, 424, 426; Industry 170, 171; Law 223, 224, 258, 319, 320; Mental health 118, 171, 191; Productivity 137, 175; Psychiatry 65, 316; Quality of life 110, 297, 400; Rehabilitation 1, 2, 15, 16, 24, 25, 27, 53, 97, 154, 178, 179, 180, 275, 300, 313, 361; Students 111, 378; and Work 22.

**Reference #31:** World Government of the Age of Enlightenment. (1978). *World Government News, Issue no. 3*. Rheinweiler, West Germany: Maharishi European Research University (publication no. G 1512). **Main themes:** The third Issue is “specially dedicated to explaining the ‘Physics of invincibility’” and includes a report on this subject by Dr Lawrence Domash, then Chancellor of Maharishi European Research University (MERU) (pp. 2-6). The Issue also includes a list of 993 countries “enjoying the Maharishi Effect” (pp. 8-9), an explanation of the MERU Invincibility Index (p. 10), achievements from around the world in the first month of 1977 (p. 11), and a review of world events (p. 12).

**Key words or phrases:** Cultural integrity; form; Invincibility Index; invincibility; Maharishi European Research University; Meissner Effect; order; physics; purity; quantum coherence; quantum field vacuum; quarks; symmetry; third law of thermodynamics; world consciousness; World Government of the Age of Enlightenment.

**Content Codes:** TP; CH; HP; PR.

**Bibliography:** The main themes in this publication have been elaborated in and validated by the following bibliographic citations: Collective consciousness 35, 67, 84, 85, 93, 104, 144, 145, 153, 161, 167, 289, 293, 301, 406; Invincibility 375; Physics 163, 164, 165; and Unified field 104, 162, 163, 166, 381.

**Reference #32:** World Government of the Age of Enlightenment. (1978). *World Government News, Issue no. 4*. Rheinweiler, West Germany: Maharishi European Research University (publication no. G 1532).

**Main themes:** This Issue is dedicated to a report on a series of World Assemblies and courses associated with the knowledge of invincibility for every area of society, and includes references to lectures by Nobel Laureate Dr Brian Josephson, Dr E.C.G. Sudarshan, Director of Centre for Particle Physics, University of Texas at Austin, Dr Lawrence Domash, then Chancellor of Maharishi European Research University (MERU), Dr Geoffrey Clements, Vice-Chancellor and Professor of Physics of MERU, and others. The Issue also describes the 13 themes of a “core course on invincibility”, including themes of global perspectives on invincibility, scientific principles of invincibility, fundamentals of invincibility, Vedic principles of invincibility, and then the Issue details the contents of each course. At the end of the Issue, an update on projects for invincibility in Sierra Leone is presented, as well as a review of world events and a MERU progress report.

**Key words or phrases:** Agriculture; business and industry; City Parliaments; cultural integrity; education; government; health; invincibility; justice; law; Maharishi European Research University; military science; rehabilitation; retired people; students; TM-Sidhi; Transcendental Meditation; World Assemblies; World Government of the Age of Enlightenment.

**Content Codes:** TP; CH; HP; PR.

**Bibliography:** The main themes in this publication have been elaborated in and validated by the following bibliographic citations: Agriculture 199, 392; Business 11, 81, 137, 172, 173, 175, 182, 183, 223, 324, 325, 326, 327, 355, 359; Education 33, 40, 49, 70, 71, 100, 128, 129, 130, 143, 159, 216, 253, 259, 260, 261, 263, 322, 327, 378; Government 225, 350; Health 42, 83, 112, 113, 131, 140, 156, 186, 187, 188, 189, 190, 202, 204, 222, 227, 229, 234, 235, 240, 250, 276, 286, 199, 309, 323, 330, 339, 342, 421, 424, 426; Industry 170, 171; Invincibility 375; Law 223, 224, 258, 319, 320; Productivity 137, 175; Quality of life 110, 297, 400; Rehabilitation 1, 2, 15, 16, 24, 25, 27, 53, 97, 154, 178, 179, 180, 275, 300, 313, 361; Students 111,

378; TM-Sidhi 71, 298, 398; Transcendental Meditation 7, 157, 158, 225, 245, 291, 306, 340, 347, 357, 363, 372, 398; and Yogic flying 296, 317, 382.

**Reference #33:** International Association for the Advancement of the Science of Creative Intelligence. (1978). *World Government News, Issue no. 6*. Rheinweiler, West Germany: Maharishi European Research University (publication no. G 1589).

**Main themes:** This Issue reports on efforts to establish enlightened “City Parliaments” and to create “an ideal province in every nation” (p. 3), and documents an international conference on the “physics of invincibility” attended by Dr E.C.G. Sudarshan, Director of Centre for Particle Physics, University of Texas at Austin, Dr K.P. Sinha, Professor of Physics at Indian Institute of Science, Bangalore, Dr. O. Costa de Beauregard, Directeur de Recherche, Centre National de la Recherche Scientifique, Paris, Dr J. Nilsson, Professor, Institute of Theoretical Physics, University of Gothenberg, and Dr L.S. O’Raifeartaigh, Senior Professor, Dublin Institute for Advanced Studies, Ireland, among many others. As noted above for Reference #26, this Issue also introduces Maharishi’s old and new principles of life (pp. 6-16) as they apply to every discipline and area. For example, Maharishi explains that during a time when ignorance dominates society, business people believe that “activity in business and industry (is) motivated by profit”, whereas in the dawning Age of Enlightenment when consciousness is awake and rising, the focus of business is on “activity in business and industry motivated by the force of evolution from the level of fulfilment” (p. 8). Similarly, in an age of ignorance, modern medicine places “emphasis on diagnosis and treatment”, but from Maharishi’s perspective, as consciousness grows in society, enlightened medicine places “emphasis on prevention and promotion” (p. 6). The Issue also contains a feature on “a new strategy of defence” (pp. 17-19), and a review of world events (pp. 20-21).

**Key words or phrases:** Age of Enlightenment; City Parliaments; defence; Global Maharishi Effect; international conference; invincibility; old and new principles; physics of invincibility; TM-Sidhi; Transcendental Meditation.

**Content Codes:** TP; CH; HP; PR.

**Quote:** “We in this generation are living in the midst of a fundamental transformation in the trend of time. We are on the threshold of a new age in which enlightenment—pure consciousness or the simplest form of awareness—is increasingly guiding the destiny of human life, thought, action, and behaviour. The age of ignorance is receding, and the sunshine of the Age of Enlightenment is on its way to bring fulfilment to the noblest aspirations of mankind”—Maharishi (p. 4).

**Bibliography:** The main themes in this publication have been elaborated in and validated by the following bibliographic citations: Business 11, 81, 137, 172, 173, 175, 182, 183, 223, 324, 325, 326, 327, 355, 359; Collective consciousness 35, 67, 84, 85, 93, 104, 144, 145, 153, 161, 167, 289, 293, 301, 406; Invincibility 375; Maharishi Vedic Medicine 134, 339; Physics 163, 164, 165; Prevention 180, 186, 187, 188, 189, 190, 269, 285, 303, 337, 400; Productivity 137, 175; Quality of life 110, 297, 400; Self-repair mechanism 239, 409, 412; Social behaviour 34, 78, 110, 167, 169; TM-Sidhi 71, 298, 398; Transcendental Meditation 7, 157, 158, 225, 245, 291, 306, 340, 347, 357, 363, 372, 398; Unified field 104, 162, 163, 166, 381; Work 22; and Yogic flying 296, 317, 382.

**Reference #34:** World Government of the Age of Enlightenment, (1978). *World Government News, Issue no. 9*. Rheinweiler, West Germany: Maharishi European Research University (publication no. G 1661). **Main themes:** In this Issue, Maharishi analyses the perilousness of the times—the so-called “time of crisis”—including the threat of nuclear destruction. He makes a “supreme offer” to local, provincial and national governments to implement his program to create “an ideal society”, an invincible society based on the knowledge and experience of Natural Law. The program is described as a pilot project (p. 3), and includes the introduction of his Transcendental Meditation and TM-Sidhi program and other courses and programs offered by the ten ministries of the World Government of the Age of Enlightenment. Maharishi explains the crisis in each of several areas of life—defence, politics, economics, environment, law and order, and health (pp. 6-13). The pilot project, to be implemented in 108 countries, is described in detail (pp. 13-21.)

**Key words or phrases:** Celebrations; defence; economics; education; enlightenment; environment; evolution; Global Research Programme; government; health; ideal society; invincibility; law and order; natural law; pilot project; politics; provinces; society; survival; turmoil; United Nations Disarmament Conference; World Government of the Age of Enlightenment.

**Content Codes:** HP.

**Quote:** “The human race is living through a critical period in its history and evolution. Even a cursory glance at the various areas of human activity—such as government, defence, economics, and ecology—is enough to clearly demonstrate that mankind is experiencing a crisis for survival. Governments are frequently paralysed by protests, terrorism, crime, and disorderly behaviour; generals have sleepless nights because they know that they defend their nations against guided missiles and nuclear attack; economists and business men are wringing their hands because they are so far from fulfilling the basic material needs of humanity; and ecologists look on helplessly as the earth’s natural resources, including energy, and flora and fauna are devastated through irresponsible decisions....At such a period of intense turmoil in human life, His Holiness Maharishi Mahesh Yogi has come forward to fulfil the need of the time through the programmes of the World Government of the Age of Enlightenment” (p. 2).

**Bibliography:** The main themes in this publication have been elaborated in and validated by the following bibliographic citations: Crime 64, 102, 105, 154, 167, 177, 217, 275, 284; Economy 67, 68, 69, 72, 166; Environment 135, 322, 355, 392; Government 225, 350; Health 42, 83, 112, 113, 131, 140, 156, 186, 187, 188, 189, 190, 202, 204, 222, 227, 229, 234, 235, 240, 250, 276, 286, 199, 309, 323, 330, 339, 342, 421, 424, 426; Ideal society 93, 419; Invincibility 375; Law 223, 224, 258, 319, 320; Natural law 72, 223, 224, 319, 320, 355; Productivity 137, 175; Quality of life 110, 297, 400; Scientific research 54, 75, 76, 77, 100, 106, 151, 278, 282, 286, 287, 288, 295, 348, 399; Social behaviour 34, 78, 110, 167, 169; and Students 111, 378.

**Reference #35:** World Government of the Age of Enlightenment. (1978). *World Government News, Issue no. 10*. Rheinweiler, West Germany: Maharishi European Research University (publication no. G 1703).

**Main themes:** This Issue begins with “Maharishi’s timely advice to Heads of State and to the members of their governments”, and covers such themes as the missing fundamental of government, national consciousness—a State responsibility, competing systems of government, and the nature of consciousness (pp. 2-4). The World Government of the Age of Enlightenment then introduces its formula to “resolve crises and violence in any country”, and lists Mayors who have invited the World Government to their cities to create invincibility. A feature of this Issue are the declarations by doctors who call on their government leaders to take action (pp. 7-8), a lecture on the “physics of unity” by Dr Lawrence Domash, then Chancellor Maharishi European Research University (pp. 9-21), the practical application of the physics of unity (pp. 20-21), and a report on achievements on the first three months of the pilot project documented in Reference #34 (pp. 22-25). The Issue ends with a description of the “MERU Ideal Society Index” and how it measures social parameters (p. 26), an overview of the World Government’s plan to ensure self-sufficiency, cultural integrity and invincibility (pp. 27-29), and an organizational structure to maintain the Age of Enlightenment for every one million population of the world (p. 29).

**Key words or phrases:** Consciousness; crises; government; heads of state; health; ideal society; invincibility; Maharishi European Research University; MERU Ideal Society Index; national consciousness; physics; pure knowledge; TM-Sidhi; Transcendental Meditation; unity; violence; World Government of the Age of Enlightenment.

**Content Codes:** TP; CH; HP; PR.

**Quote:** Even a casual look at today’s world is enough to convince us that the knowledge which has guided the undertakings of Heads of State and their governments in the past has not been able to prevent cultural integrity within nations from being torn apart and life in the family of nations from being characterized by conflicts. Heads of State and their governments face innumerable problems. Every Head of State has experienced the intense frustration of having to watch helplessly as the disorderly behaviour of his people blocks his noblest endeavours. It is only natural that at such a time the World Government of the Age of Enlightenment, founded by His Holiness Maharishi Mahesh Yogi, should step forward to free every Head of State from the bondage of his frustration (p. 2).

**Bibliography:** The main themes in this publication have been elaborated in and validated by the following bibliographic citations: Collective consciousness 35, 67, 84, 85, 93, 104, 144, 145, 153, 161, 167, 289, 293, 301, 406; Consciousness 90, 92, 107, 124, 197, 224, 225, 256, 294, 301, 344, 369, 374, 379, 381, 383, 388, 397, 405; Ideal society 93, 419; Invincibility 375; Physics 163, 164, 165; Prevention 180, 186, 187, 188, 189, 190, 269, 285, 303, 337, 400; Problem solving 88; Quality of life 110, 297, 400; Self-repair mechanism 239, 409, 412; Social behaviour 34, 78, 110, 167, 169; TM-Sidhi 71, 298, 398; and Transcendental Meditation 7, 157, 158, 225, 245, 291, 306, 340, 347, 357, 363, 372, 398.

**Reference #36:** Maharishi European Research University. (1978). *Higher states of consciousness through the Transcendental Meditation programme: A*

*literature review*. Rheinweiler, West Germany: Maharishi European Research University (publication no. G 1521).

**Main themes:** This booklet is the first analytical literature review of the scientific research on Transcendental Meditation and TM-Sidhi program conducted by scholars at Maharishi European Research University and presented in the Survey, and contains reference to, and a bibliography of, 68 published scientific research studies conducted throughout the world, covering topics such as metabolic changes, electroencephalographic (EEG) changes during Transcendental Meditation, stress release, structural purification, self-repair processes, experimental research, blood flow changes, biochemical and hormonal changes, health, sociological effects, and ageing.

**Key words or phrases:** Ageing; biochemical and hormonal changes; blood flow changes; Cosmic Consciousness; EEG; experimental research; health; higher states of consciousness; inner silence; Maharishi European Research University; metabolic changes; pure consciousness; self-repair processes; sociological effects; stress release; structural purification; TM-Sidhi; Transcendental Consciousness; Transcendental Meditation; Vedic science.

**Content Codes:** SR; TP; CH; BI.

**Quote:** “The rediscovery of the state of least excitation of consciousness, transcendental consciousness, is the result of Maharishi’s lifelong work of teaching the Transcendental Meditation technique and structuring its background science, the Science of Creative Intelligence. Through his research into the ancient Vedic science of his own tradition, Maharishi has formulated a modern science of consciousness which has successfully united all branches of knowledge by making available the direct experience of the true nature of the relationship between the observer and the object of observation”—Maharishi (Preface).

**Bibliography:** The main themes in this publication have been elaborated in and validated by the following bibliographic citations: Biochemistry 61, 113, 115, 152, 195, 196, 205, 207, 208, 213, 214, 215, 238, 239, 247, 249, 272, 336, 351, 358, 364, 406, 407, 408, 409, 410, 411, 412, 422; Consciousness 90, 92, 107, 124, 197, 224, 225, 256, 294, 301, 344, 369, 374, 379, 381, 383, 388, 397, 405; Cosmic consciousness 4, 5, 9, 10, 14, 73, 98, 181, 244, 262, 283; Enlightenment 261; Higher states of consciousness 4, 5, 9, 10, 14, 73, 98, 181, 244, 262, 283; Maharishi Vedic Science 69, 74, 107, 155, 163, 216, 321; Stress 58, 59, 63, 66, 91, 141, 160, 213, 218, 227, 228, 303, 307, 332, 333, 338, 339, 350, 354, 375, 378, 411, 412, 414, 415; TM-Sidhi 71, 298, 398; Transcendental consciousness 8, 90, 92, 104, 107, 159, 367, 369, 383, 385, 386, 387, 388, 405; Transcendental Meditation 7, 157, 158, 225, 245, 291, 306, 340, 347, 357, 363, 372, 398; Reversal of ageing 6, 398; and Veda and science 74.

**Reference #37:** World Government of the Age of Enlightenment. (1979). *World Government News, Issue no. 11*. Rheinweiler, West Germany: Maharishi European Research University (publication no. G 1778).

**Main themes:** This is the most comprehensive of all the Issues of World Government News. It begins by declaring that world peace was restored in the five most troubled areas of the world: Central America; Southern Africa; Iran; Middle East; and South-east Asia, in what Maharishi describes as a “historically unprecedented global initiative”. A double-page chart explains the locations and background of the initiative, including how in the first three months the World Government of the Age of Enlightenment had implemented its pilot project to create an ideal society (introduced in Reference #34) and the World Government of the Age of Enlightenment had reviewed its achievements (in Reference #35), and that now this “supreme accomplishment” of world peace meant the World Government had achieved its goal in the second quarter of the campaign, thus fulfilling its declaration that 1978 would be “The Year of Invincibility for Every Nation”. Maharishi documents the steps leading up to this achievement, beginning with his inauguration of his worldwide movement in 1959 (pp. 2-3), and even isolates the event that triggered the global initiative: a call from the people of Esteli in Nicaragua (published in *United Press International* at the end of September 1977) who appealed to “national and international agencies and anyone who could help to do everything humanly possible to stop the civil war which was causing untold misery in their country with the plea: “anyone who can help, please help” (p. 4); apparently it was this cry for help which touched Maharishi’s heart and deeply moved the whole family of the World Government to act. Maharishi explained how the World Government of the Age of Enlightenment implemented its program in three phases in each location: Phase 1) calming down the violence through the quiet presence of the Governors of the Age of Enlightenment (i.e., through their practice of Transcendental Meditation); Phase 2) knowledge of the mechanics of world peace provided by the scientists of Maharishi European Research University meeting with local scientists and leaders of society; and Phase 3) local participation to perpetuate peace (pp. 6-7). This Issue then provides 14 pages of

achievements as a result of applying the Maharishi Effect in countries such as China, India, USSR, USA, Japan, etc. and lists many of the people involved in Phase I of the project (pp. 8-21). A double-page chart lists the qualities of consciousness as verified by personal experience and scientific research (pp. 22-23), followed by ten pages from the disciplines of world peace, biology, mathematics, sociology, physiology, philosophy, chemistry, biochemistry, and medicine explaining the principles of transformation of a turbulent society to a society of calmness and peace from their own perspectives (pp. 23-33); an important double-page chart showing the “natural law and evolutionary perspective of political change” and the “great leap” of change through application of the Transcendental Meditation and TM-Sidhi programme (pp. 34-35), the decline and rise of natural law and its relation to religion (accompanied by a chart, p. 36), a description of the relation of natural law, pure knowledge, the Veda and world peace (p. 37), and a series of statements on law, justice and ideal society, health and for the first time a discussion of the principle of “super radiance” and its relation to the Vedic term “Samithi samani” or coherence in collective consciousness from Rig Veda (p. 41), conclude the Issue.

**Key words or phrases:** Achievements; all possibilities; biochemistry; biology; Central America; chemistry; crises; Governors of the Age of Enlightenment; Iran; Maharishi Effect; mathematics; medicine; Middle East; philosophy of help; physics of world peace; physiology; sociology; South-east Asia; Southern Africa; super radiance; TM-Sidhi; Transcendental Meditation; troubled areas; Veda; violence; World Government of the Age of Enlightenment; world peace.

**Content Codes:** VE; SR; TP; CH; HP; PR.

**Quote:** “Natural law enlivened by the presence of the Governors of the Age of Enlightenment in every parliament will enrich the decision-making process in the interest of the whole nation. In their presence, natural law will blossom in the fabric of national law through parliamentary decisions. Every aspect of the government processes will be faultless and evolutionary. The government will always be most successful because it will always be in accord with the natural law of the land. The administration of society will be worthy of the Age of Enlightenment. I would like to see every government rise to the level of the World Government. Every government could be established on the level of all possibilities. 1979 could be the year of achievement for every government”—Maharishi (p. 42).

**Bibliography:** The main themes in this publication have been elaborated in and validated by the following bibliographic citations: Collective consciousness 35, 67, 84, 85, 93, 104, 144, 145, 153, 161, 167, 289, 293, 301, 406; Ideal society 93, 419; Invincibility 375; Maharishi Effect 67, 68, 69, 70, 71, 72, 84, 85, 93, 144, 145, 167, 177, 280, 284, 289, 290, 293, 301, 400; Maharishi Vedic Medicine 134, 339; Mathematics 155, 253, 312, 418; Medical science 75, 76, 77, 257, 357; Middle East 60, 84, 85, 290; Neurophysiology 139, 230, 302, 396, 401, 411; Physics 163, 164, 165; Physiology 254, 255, 274, 374, 380, 390, 391, 393, 394, 401, 402, 404; Psychology 17, 92, 125, 138, 143, 147, 149, 169, 191, 206, 265, 266, 277, 278, 283, 291, 304, 307, 315, 316, 329, 341, 352, 353, 356, 360, 370, 374, 414, 415, 417; Quality of life 110, 297, 400; TM-Sidhi 71, 298, 398; Transcendental Meditation 7, 157, 158, 225, 245, 291, 306, 340, 347, 357, 363, 372, 398; Veda 254; Vedic Psychology 12, 23, 89, 92, 94, 95, 98, 277, 278, 304, 329; and World peace 3, 68, 145, 153, 165, 252, 258, 279, 288, 290, 293, 400

**Reference #38:** Maharishi European Research University. (1979). *Global research program*. Rheinweiler, West Germany: Maharishi European Research University (publication no. G 1554), 64pp.

**Main themes:** The Maharishi European Research University “Global Research Programme” is documented in a two-page chart (pp. 2-3). The Programme is presented in six parts: 1) introduction; 2) physiology; 3) electroencephalography (EEG); 4) biochemistry; 5) psychology; and 6) sociology, and each of these six parts of the Programme is cross-referenced to specific pages in the document which present a range of definitions, explanations, charts and research findings (pp. 4-54). For example, the discipline of physiology identifies five areas of potential impact, each of which is worth researching (namely, physiology of higher states of consciousness, fourth state of consciousness, physiology of enlightenment, health and immortality, and “future research”, such as the physiological basis of invincibility in collective consciousness). The Programme outlines nine research areas which will advance the program into “research into consciousness” (pp. 55-64), including a global effort to research higher states of consciousness, changing the trends of time, new principles to guide life in the Age of Enlightenment, interdisciplinary research, enlightened scholars, conferences, and seven areas of applied research on higher states of consciousness in defence, education, health, business and industry, agriculture, government, and law, justice and rehabilitation.

**Key words or phrases:** Age of Enlightenment; agriculture; biochemistry; business; defence; education; electroencephalography; EEG; Global Research Programme; government; health; higher states of consciousness; industry; justice; law; Maharishi Effect; Meissner Effect; old and new principles; physiology; psychology; rehabilitation; scientific research; sociology.

**Content Codes:** SR; TP; CH; HP; BI.

**Quote:** “The scientific research conducted during the last decade in all parts of the world has shown so many different aspects improving as a result of the Transcendental Meditation technique. The focus of MERU is to examine the growth of life as a whole, including physiology, psychology, and sociology. We are examining consciousness as a field of all possibilities, the source of holistic inner development. We are verifying ancient Vedic procedures for culturing life and unfolding its full potential on all levels of individual consciousness, national consciousness, and world consciousness. The scientific age is rising to be the Age of Enlightenment. It will be a joy for the scientists of this generation to lay a foundation for the best quality of life and uncover those principles which will bring Invincibility to Every Nation”—Maharishi (Preface).

**Bibliography:** The main themes in this publication have been elaborated in and validated by the following bibliographic citations: Agriculture 199, 392; Cosmic psyche 92, 149, 277, 278, 304; Drug use 19, 32, 52, 79, 116, 142, 150, 178, 232, 242, 251, 270, 271, 273, 281, 345, 346, 349, 354, 361, 395, 409; Education 33, 40, 49, 70, 71, 100, 128, 129, 130, 143, 159, 216, 253, 259, 260, 261, 263, 322, 327, 378; Enlightenment 261; Government 225, 350; Health 42, 83, 112, 113, 131, 140, 156, 186, 187, 188, 189, 190, 202, 204, 222, 227, 229, 234, 235, 240, 250, 276, 286, 199, 309, 323, 330, 339, 342, 421, 424, 426; Immortality 121; Industry 170, 171; Justice 28; Law 223, 224, 258, 319, 320; Maharishi Effect 67, 68, 69, 70, 71, 72, 84, 85, 93, 144, 145, 167, 177, 280, 284, 289, 290, 293, 301, 400; Middle East 60, 84, 85, 290; Moral development 262, 264; Neurophysiology 139, 230, 302, 396, 401, 411; Physiology 254, 255, 274, 374, 380, 390, 391, 393, 394, 401, 402, 404; Productivity 137, 175; Psychology 17, 92, 125, 138, 143, 147, 149, 169, 191, 206, 265, 266, 277, 278, 283, 291, 304, 307, 315, 316, 329, 341, 352, 353, 356, 360, 370, 374, 414, 415, 417; Rehabilitation 1, 2, 15, 16, 24, 25, 27, 53, 97, 154, 178, 179, 180, 275, 300, 313, 361; Students 111, 378; Vedic Psychology 12, 23, 89, 92, 94, 95, 98, 277, 278, 304, 329; and Work 22.

**Reference #39:** Maharishi Mahesh Yogi. (1979). *World Medical Council for the Age of Enlightenment: Perfect health*. West Germany: Maharishi European Research University Press (publication no. G 1736), 89pp.

**Main themes:** This small-format book predicts many such similar books in the 1990s by Maharishi, and in this case is focused on the topic of perfect health. The book begins with a double-page spread on perfect health and its role in creating invincibility in individual and collective life under ten content areas which are the basic curricula of courses in perfect health: 1) introduction to a new concept of health; 2) the role of perfect health in making the nation invincible; 3) scientific research verifying that the Transcendental Meditation and TM-Sidhi programme develop perfect health; 4) prevention, promotion and cure; 5) perfect health as the basis of coherence in collective consciousness; 6) wholeness of life resulting from the complete integration of body and mind; 7) eliminating man’s violation of the laws of nature through the Transcendental Meditation and TM-Sidhi programme; 8) perfect health as the basis of an ideal society; 9) the Maharishi Effect; and 10) action to implement the Transcendental Meditation and TM-Sidhi programme to eliminate problems in the field of health. The book also has an extensive list of old and new principles for health, as first introduced in Reference #33 (pp. 72-81).

**Key words or phrases:** Higher consciousness; ideal society; invincibility; medical associations; old and new principles; perfect health; TM-Sidhi; Transcendental Meditation; world peace.

**Content Codes:** SR; TP; CH; HP.

**Quote:** “Health means wholeness. The total potential of health lies in the field of pure awareness which offer infinite creativity and all possibilities. A faint, faint impulse of that simplest form of awareness precisely produces the desired effect. This is health”—Maharishi (p. 2).

**Bibliography:** The main themes in this publication have been elaborated in and validated by the following bibliographic citations: Addiction 19, 32, 52, 79, 116, 142, 150, 178, 232, 242, 251, 270, 271, 273, 281, 318, 345, 346, 349, 354, 361, 395, 409; Collective consciousness 35, 67, 84, 85, 93, 104, 144, 145, 153, 161, 167, 289, 293, 301, 406; Creativity 86, 90, 149, 201, 298, 366; Health 42, 83, 112, 113, 131, 140, 156, 186, 187, 188, 189, 190, 202, 204, 222, 227, 229, 234, 235, 240, 250, 276, 286, 199, 309, 323, 330, 339, 342, 421, 424, 426; Higher states of consciousness 4, 5, 9, 10, 14, 73, 98, 181, 244, 262, 283; Ideal society 93, 419; Middle East 60, 84, 85, 290; Prevention

180, 186, 187, 188, 189, 190, 269, 285, 303, 337, 400; Problem solving 88; Quality of life 110, 297, 400; Self-repair mechanism 239, 409, 412; TM-Sidhi 71, 298, 398; Transcendental consciousness 8, 90, 92, 104, 107, 159, 367, 369, 383, 385, 386, 387, 388, 405; Transcendental Meditation 7, 157, 158, 225, 245, 291, 306, 340, 347, 357, 363, 372, 398; World peace 3, 68, 145, 153, 165, 252, 258, 279, 288, 290, 293, 400; and Yogic flying 296, 317, 382.

**Reference #40:** Maharishi European Research University. (1979). *Making education ideal through the Transcendental Meditation programme and the Science of Creative Intelligence*. Rheinweiler, West Germany: Maharishi European Research University (publication on. G 1811), 29pp.

**Main themes:** This booklet contains one of the most definitive overviews of Maharishi's approach to "proper education" through the Science of Creative Intelligence (SCI), by examining eight problems of contemporary education and presenting the solution to each through recommendations related to SCI-based education. The eight areas of investigation are: 1) developing the full potential of students; 2) the basis of knowledge; 3) holistic education; 4) fundamentals of education; 5) neurophysiology of ideal education; 6) spectrum of educational programs; 7) social importance of education based on the growth of consciousness; and 8) education for world peace. Maharishi's inaugural address to a conference on "Education for Higher States of Consciousness" held 22-24 September 1978 (pp. 18-19), and four appendices on educational course offered by Maharishi European Research University and Maharishi International University, a summary of scientific research on the Transcendental Meditation and TM-Sidhi program, and a list of publications and references relevant to education conclude the document.

**Key words or phrases:** Consciousness; education; fundamentals of education; government; health; higher consciousness for complete education; higher states of consciousness; ideal education; ideal society; industry; knowledge; Maharishi European Research University; Maharishi International University; pure knowledge; SCI-based education; Science of Creative Intelligence; TM-Sidhi; Transcendental Meditation.

**Content Codes:** SR; CH; HP; BI.

**Quote:** "All weaknesses or problems in society have their basis in a lack of culture of the human mind, and this in turn is the result of incomplete education. Education is incomplete when it fails to develop the full creativity of the individual and fails to nurture his ability to act in accordance with the laws of nature"—Maharishi (p. 1).

**Bibliography:** The main themes in this publication have been elaborated in and validated by the following bibliographic citations: Academic performance 221, 259, 260, 261, 263, 402; Education 33, 40, 49, 70, 71, 100, 128, 129, 130, 143, 159, 216, 253, 259, 260, 261, 263, 322, 327, 378; Health 42, 83, 112, 113, 131, 140, 156, 186, 187, 188, 189, 190, 202, 204, 222, 227, 229, 234, 235, 240, 250, 276, 286, 199, 309, 323, 330, 339, 342, 421, 424, 426; Higher education 130, 131, 132, 143, 216, 327; Higher states of consciousness 4, 5, 9, 10, 14, 73, 98, 181, 244, 262, 283; Ideal society 93, 419; Industry 170, 171; Knowledge 256; Maharishi International University 143, 216; Neurophysiology 139, 230, 302, 396, 401, 411; Personality 51, 132, 138, 291, 311, 389; Physiology 254, 255, 274, 374, 380, 390, 391, 393, 394, 401, 402, 404; Problem solving 88; Quality of life 110, 297, 400; Science of Creative Intelligence 74; Students 111, 378; TM-Sidhi 71, 298, 398; Transcendental consciousness 8, 90, 92, 104, 107, 159, 367, 369, 383, 385, 386, 387, 388, 405; Transcendental Meditation 7, 157, 158, 225, 245, 291, 306, 340, 347, 357, 363, 372, 398; Vedic Science-based education 133, 217; World peace 3, 68, 145, 153, 165, 252, 258, 279, 288, 290, 293, 400; and Yogic flying 296, 317, 382.

**Reference #41:** Maharishi Mahesh Yogi. (1980). *Science, consciousness and ageing: Proceedings of the international conference*. Rheinweiler, West Germany: Maharishi European Research University Press (publication no. G 2107), 80pp.

**Main themes:** This comprehensive and densely conceived book is important for several reasons, not the least of which it is one of the first to lay out Maharishi's definition and vision for his Vedic Science, and it documents the findings of an international conference on science, consciousness and ageing, featuring talks by faculty of Maharishi European Research University as well as by Professor Miguel Guirán, President of the Spanish Royal Academy of Medicine, Herbert Pietschmann, Professor of Theoretical Physics, University of Vienna, Dr V.M. Divedi, former Director of Ayur Veda in Gujarat and Vice-Chairman of the Ayurvedic Pharmacopoeia Committee, Government of India, and others. Most relevant are the keynote addresses given by Maharishi covering topics such as the eight basic rules of nature described in the Veda, the mechanics of expression of the laws of nature in Vedic Science and in physics, the structure of Veda in consciousness, and overviews of Vedic Science from the perspectives of health, natural law, pure knowledge, and

Ayur Veda; the book includes an interactive dialogue between Maharishi and conference participants. The book also includes charts and descriptions on the relationship of pure consciousness to the Upangas and Vedangas of the Vedic Literature, ageing in the light of thermodynamics, a formula for and the fundamentals of immortality, patterns of ageing, scientific research findings on the relation of the Transcendental Meditation and TM-Sidhi program to the reversal of ageing, eight longevity factors, proposed research in physiology and psychology on ageing, and an extensive bibliography of 115 published studies on these topics. This book also most importantly contains one of Maharishi's key published statements on the nature, structure, function and value of "pure knowledge" (pp. 73-80), and lays out Maharishi's Absolute Theory of Immortality (p. 81).

**Key words or phrases:** Ageing; Ayur Veda; consciousness; immortality; laws of nature; Maharishi's Absolute Theory of Immortality; natural law; neurophysiology; organizing power; physics; physiology; Prakriti; psychology; pure knowledge; Purusha; research; reversal of ageing; Richo Akshare; Rig Veda; Upangas; Veda; Vedangas; Vedic Science.

**Content Codes:** SR; TP; CH; HP; BI.

**Quote:** "These are the days of the discovery of a huge field of knowledge that will transform the human race. In Vedic Science the totality of knowledge is so beautifully recorded. Not only do the laws of nature come to be known, but, through the Transcendental Meditation programme, the totality of natural law could become a living reality for every single individual born on earth. Ageing comes about when the individual does not know how to breathe life in the totality of natural law. Vedic Science demands that we open our awareness to the home of all the laws of nature"—Maharishi (p. 2).

**Bibliography:** The main themes in this publication have been elaborated in and validated by the following bibliographic citations: Consciousness 90, 92, 107, 124, 197, 224, 225, 256, 294, 301, 344, 369, 374, 379, 381, 383, 388, 397, 405; Immortality 121; Knowledge 256; Maharishi Vedic Medicine 134, 339; Maharishi Vedic Science 69, 74, 107, 155, 163, 216, 254, 321; Natural law 72, 223, 224, 319, 320, 355; Neurophysiology 139, 230, 302, 396, 401, 411; Physics 163, 164, 165; Physiology 254, 255, 274, 374, 380, 390, 391, 393, 394, 401, 402, 404; Psychology 17, 92, 125, 138, 143, 147, 149, 169, 191, 206, 265, 266, 277, 278, 283, 291, 304, 307, 315, 316, 329, 341, 352, 353, 356, 360, 370, 374, 414, 415, 417; Reversal of ageing 6, 398; Science 74; Scientific research 54, 75, 76, 77, 100, 106, 151, 278, 282, 286, 287, 288, 295, 348, 399; Veda and science 74; and Vedic Psychology 12, 23, 89, 92, 94, 95, 98, 277, 278, 304, 329.

**Reference #42:** Maharishi International University. (1980). *Perfect health and immortality: Reversing the aging process through the Transcendental Meditation and TM-Sidhi program*. Fairfield, Iowa: Maharishi International University Press, 37pp.

**Main themes:** This book presents the theory and research of perfect health and immortality according to eight main themes: 1) reversing the ageing process; 2) perfect health and immortality; 3) Veda; 4) Vedic Science and immortality; 5) the physics of immortality; 6) the physiology of perfect health; 7) the biological possibility of immortality; and 8) the physiology of immortality. Analysis of these topics is accompanied by references to published research findings.

**Key words or phrases:** Consciousness; health; immortality; physics; physiology; research; reversal of ageing; Veda; Vedic Science.

**Content Codes:** VE; SR; TP; CH; HP.

**Quote:** The ancient science of consciousness transformed by Maharishi into a modern experiential science is known as the Veda. That aspect of Vedic science dealing with health and immortality is known as Ayur Veda. A modern understanding of the complex and profound knowledge of these ancient disciplines shows them to deal with the same realities that concern modern physics—the structure of the field that underlie and generate all of nature and are responsible for the orderly expression of the laws of nature in the universe. Vedic science, however, contains one great insight that is only now dawning in other branches of science—namely, that the universal field is of the nature of consciousness (Preface).

**Bibliography:** The main themes in this publication have been elaborated in and validated by the following bibliographic citations: Addiction 19, 32, 52, 79, 116, 142, 150, 178, 232, 242, 251, 270, 271, 273, 281, 318, 345, 346, 349, 354, 361, 395, 409; Health 42, 83, 112, 113, 131, 140, 156, 186, 187, 188, 189, 190, 202, 204, 222, 227, 229, 234, 235, 240, 250, 276, 286, 199, 309, 323, 330, 339, 342, 421, 424, 426; Higher states of consciousness 4, 5, 9, 10, 14, 73, 98, 181, 244, 262, 283; Immortality 121; Knowledge 256; Maharishi Vedic Science 69, 74, 107, 155, 163, 216, 254, 321; Neurophysiology 139, 230, 302, 396, 401, 411; Physics 163, 164, 165; Physiology 254, 255, 274,

374, 380, 390, 391, 393, 394, 401, 402, 404; Reversal of ageing 6, 398; TM-Sidhi 71, 298, 398; Transcendental consciousness 8, 90, 92, 104, 107, 159, 367, 369, 383, 385, 386, 387, 388, 405; Transcendental Meditation 7, 157, 158, 225, 245, 291, 306, 340, 347, 357, 363, 372, 398; Veda and science 74; and World peace 3, 68, 145, 153, 165, 252, 258, 279, 288, 290, 293, 400.

**Reference #43:** World Government of the Age of Enlightenment. (1980). *Higher states of consciousness: An effective strategy of social defence*. West Germany: Maharishi European Research University Press (publication no. G 2085), 33pp.

**Main themes:** This book documents a number of presentations given to Maharishi European Research University (MERU) by Maharishi, Justice V.R. Krishna Iyer, Supreme Court of India, Arthur John Anderson Jr., former Director, Criminal Justice Division, Office of the Attorney General, Arkansas, and Frank J. Billingsley, inmate of Folsom Prison, California, as well as a series of conferences on the topic of social defence held in Paris (27-28 May, 1980), United Kingdom (31 May-1 June, 1980), Bonn (4-5 June, 1980), and The Hague (8 June, 1980). The book also introduces the MERU Rehabilitation Index (p. 5), which uses measures such as field independence, rule infractions, habituation of skin resistance, cortisol levels, and galvanic skin resistance to measure rehabilitation. The book ends with a summary of old and new principles of law, justice and rehabilitation, including “old principles that kept life shrouded in ignorance for ages in the past”, such as “to err is human”, and new principles arising to guide life in the Age of Enlightenment, such as “perfection is the birthright of (every) man” (p. 32).

**Key words or phrases:** Crime; higher state of consciousness; justice; law; laws of nature; Maharishi Effect; Maharishi European Research University; MERU Rehabilitation Index; natural law; old and new principles; offenders; rehabilitation; research; science; social defence; society.

**Content Codes:** SR; TP; CH; HP.

**Quote:** “Action according to natural law, the ability to act according to natural law, is the answer to crime, negativity, wrong tendencies, turbulence, and chaos in society. And action according to natural law is very profoundly available for everyone through the Transcendental Meditation and TM-Sidhi programme. This is because transcendental consciousness, pure consciousness, is the ground state of natural law. It is the home of all the laws of nature. When the individual takes his awareness through the practice of the Transcendental Meditation technique to what we call the home of all the laws of nature, he not only becomes capable of performing action according to natural law, but in the same process he radiates an influence of harmony and enlivenment of natural law in the whole environment”— Maharishi (Preface).

**Bibliography:** The main themes in this publication have been elaborated in and validated by the following bibliographic citations: Crime 64, 102, 105, 154, 167, 177, 217, 275, 284; Drug use 19, 32, 52, 79, 116, 142, 150, 178, 232, 242, 251, 270, 271, 273, 281, 345, 346, 349, 354, 361, 395, 409; Environment 135, 322, 355, 392; Field independence 126, 127, 148, 200; Higher states of consciousness 4, 5, 9, 10, 14, 73, 98, 181, 244, 262, 283; Justice 28; Law 223, 224, 258, 319, 320; Maharishi Effect 67, 68, 69, 70, 71, 72, 84, 85, 93, 144, 145, 167, 177, 280, 284, 289, 290, 293, 301, 400; Middle East 60, 84, 85, 290; Natural law 72, 223, 224, 319, 320, 355; Personality 51, 132, 138, 291, 311, 389; Quality of life 110, 297, 400; Rehabilitation 1, 2, 15, 16, 24, 25, 27, 53, 97, 154, 178, 179, 180, 275, 300, 313, 361; Socialbehaviour 34, 78, 110, 167, 169; and Stress 58, 59, 63, 66, 91, 141, 160, 213, 218, 227, 228, 303, 307, 332, 333, 338, 339, 350, 354, 375, 378, 411, 412, 414, 415.

**Reference #44:** Maharishi International University. (1981). *Education for enlightenment: An introduction to Maharishi International University*. Fairfield, Iowa. Maharishi International University Press, 125pp.

**Main themes:** This book is not strictly by Maharishi, but it does contain a significant amount of information about his university in the USA—Maharishi International University (MIU) and its foundational theories and principles of teaching and curriculum, which have been developed and applied by Maharishi (MIU was renamed Maharishi University of Management (MUM) in 1996). For that reason, the book makes an important contribution to the archives of published literature on Maharishi’s teaching, specifically as it relates to higher education and to the Science of Creative Intelligence (SCI) and Vedic Science. The book is distinguished by the inclusion of quotes by Maharishi, MIU students and faculty, along with eminent thinkers—such as Emerson, St. Augustine, Shakespeare, Abraham Maslow, and many others—as they relate to the ideal of education. A detailed chart relating the qualities of the “vacuum state of quantum physics” to experiences of pure consciousness as verified by scientific research is presented (pp. 30-31), and an analysis of SCI as “the first science” is unique (pp. 34-37). Details of programs of study in the light of SCI available at MIU include physics, psychology, physiology, biology, business, literature, western philosophy, Vedic Studies, art and music. Similar to one cited in Reference #13, MIU also

introduces what it calls a “new concept in examination” of students using physiological and psychological measurements of higher states of consciousness (pp. 58-59).

**Key words or phrases:** Academic disciplines; core courses; curriculum; education; enlightenment; examination; higher states of consciousness; interdisciplinary study; Maharishi International University; physics; pure consciousness; Science of Creative Intelligence; scientific research; TM-Sidhi; Transcendental Meditation; vacuum state.

**Content Codes:** SR; TP; CH; HP.

**Quote:** “At MIU all traditional disciplines are studied in the light of SCI. This holistic science gives students the knowledge that all the impulses of natural law are structured in the unified unmanifest, non-changing field of consciousness, and gives students the direct experience of this unified field as the simplest, least excited state of their own awareness. With the addition of this knowledge to the traditional curriculum, our students have achieved not only outstanding academic success but have grown in the qualities of enlightenment—greater happiness, integrity, creativity, inner freedom, and more ideal social behaviour. They have fulfilled the ideal of education in the experience of complete knowledge of the knower—pure consciousness—the Self”—Maharishi (p. 5).

**Bibliography:** The main themes in this publication have been elaborated in and validated by the following bibliographic citations: Academic performance 221, 259, 260, 261, 263, 402; Business 11, 81, 137, 172, 173, 175, 182, 183, 223, 324, 325, 326, 327, 355, 359; Computer science 162, 231; Cosmic psyche 92, 149, 277, 278, 304; Creativity 86, 90, 149, 201, 298, 366; Curriculum 33, 130, 143, 216; Education 33, 40, 49, 70, 71, 100, 128, 129, 130, 143, 159, 216, 253, 259, 260, 261, 263, 322, 327, 378; Health 42, 83, 112, 113, 131, 140, 156, 186, 187, 188, 189, 190, 202, 204, 222, 227, 229, 234, 235, 240, 250, 276, 286, 199, 309, 323, 330, 339, 342, 421, 424, 426; Higher education 130, 131, 132, 143, 216, 327; Higher states of consciousness 4, 5, 9, 10, 14, 73, 98, 181, 244, 262, 283; Ideal society 93, 419; Industry 170, 171; Interdisciplinary study 57; Knowledge 256; Maharishi International University 143, 216; Neurophysiology 139, 230, 302, 396, 401, 411; Personality 51, 132, 138, 291, 311, 389; Physics 163, 164, 165; Physiology 254, 255, 274, 374, 380, 390, 391, 393, 394, 401, 402, 404; Productivity 137, 175; Psychology 17, 92, 125, 138, 143, 147, 149, 169, 191, 206, 265, 266, 277, 278, 283, 291, 304, 307, 315, 316, 329, 341, 352, 353, 356, 360, 370, 374, 414, 415, 417; Quality of life 110, 297, 400; Science of Creative Intelligence 74; Scientific research 54, 75, 76, 77, 100, 106, 151, 278, 282, 286, 287, 288, 295, 348, 399; Social behaviour 34, 78, 110, 167, 169; Students 111, 378; TM-Sidhi 71, 298, 398; Transcendental consciousness 8, 90, 92, 104, 107, 159, 367, 369, 383, 385, 386, 387, 388, 405; Transcendental Meditation 7, 157, 158, 225, 245, 291, 306, 340, 347, 357, 363, 372, 398; Veda and science 74; Vedic Psychology 12, 23, 89, 92, 94, 95, 98, 277, 278, 304, 329; and Vedic Science-based education 133, 217.

**Reference #45:** Maharishi Mahesh Yogi. (1982). *Maharishi’s technology of consciousness: Transcendental Meditation offering fulfilment to the United Nations’ World Assembly on Ageing*. Rheinweiler, West Germany: Maharishi European Research University Press (publication on. B 20), 33pp.

**Main themes:** This short document outlines Maharishi’s offer to fulfil the goals of the “United Nations’ World Assembly on Ageing”. After outlining the offer, the document presents a double-page chart on longevity and its relation to the Transcendental Meditation and TM-Sidhi program, outlining eight areas of longevity impacted by the program: 1) cardiovascular health; 2) work satisfaction; 3) positive health habits; 4) efficient physical function; 5) happiness rating; 6) self-health rating; 7) intelligence; and 8) mental health, and cross-references each of these factors to scientific research findings (pp. 10-11); a reversal of ageing chart, which also cross-references to research findings, is presented (p. 16). A bibliography of 128 references is included (pp. 30-31), and the first volume of Collected Papers on the Transcendental Meditation program is introduced (p. 33; see bibliography 293 for reference).

**Key words or phrases:** Ageing; coherence; collective consciousness; consciousness; elders; group dynamics; Maharishi Effect; physics; research findings; research; reversal of ageing; stress; super radiance; technology of consciousness; third law of thermodynamics; TM-Sidhi; Transcendental Meditation; unification of natural law; unified field of natural law.

**Content Codes:** SR; CH; HP; BI.

**Quote:** “Reversal of ageing is the direct result of alliance with natural law. Maharishi’s technology of consciousness, the Transcendental Meditation and TM-Sidhi programme, develops a state of awareness in which the individual thinks and acts spontaneously in accordance with natural law. Since natural law is that holistic principle which guides every aspect of life, the Transcendental



Meditation and TM-Sidhi programme removes the deleterious effects of ageing and prevents and reverses the ageing process from the most fundamental level, affecting every sphere of life”—Maharishi (p. 2).

**Bibliography:** The main themes in this publication have been elaborated in and validated by the following bibliographic citations: Collective consciousness 35, 67, 84, 85, 93, 104, 144, 145, 153, 161, 167, 289, 293, 301, 406; Consciousness 90, 92, 107, 124, 197, 224, 225, 256, 294, 301, 344, 369, 374, 379, 381, 383, 388, 397, 405; Maharishi Effect 67, 68, 69, 70, 71, 72, 84, 85, 93, 144, 145, 167, 177, 280, 284, 289, 290, 293, 301, 400; Middle East 60, 84, 85, 290; Physics 163, 164, 165; Prevention 180, 186, 187, 188, 189, 190, 269, 285, 303, 337, 400; Reversal of ageing 6, 398; Scientific research 54, 75, 76, 77, 100, 106, 151, 278, 282, 286, 287, 288, 295, 348, 399; Self-repair mechanism 239, 409, 412; Stress 58, 59, 63, 66, 91, 141, 160, 213, 218, 227, 228, 303, 307, 332, 333, 338, 339, 350, 354, 375, 378, 411, 412, 414, 415; TM-Sidhi 71, 298, 398; Transcendental consciousness 8, 90, 92, 104, 107, 159, 367, 369, 383, 385, 386, 387, 388, 405; and Transcendental Meditation 7, 157, 158, 225, 245, 291, 306, 340, 347, 357, 363, 372, 398.

**Reference #46:** Maharishi University of Natural Law. (1982). *Inauguration of Maharishi University of Natural Law: Mentmore Towers, Buckinghamshire, England*. England: Maharishi University of Natural Law Press.

**Main themes:** This modest booklet documents the inauguration of Maharishi University of Natural Law (MUNL) in England. It is distinguished by the presence of a five-page address by Maharishi on the mission, curricula and goals of MUNL (pp. 1-5), followed by an overview of how the knowledge of natural law brings fulfilment to education, health, law and order, industry, culture, government and defence.

**Key words or phrases:** Age of Enlightenment; culture; defence; education; government; health; industry; law and order; Maharishi University of Natural Law; natural law; TM-Sidhi; Transcendental Meditation; Vedic Science.

**Content Codes:** SR; CH; HP.

**Quote:** “Maharishi University of Natural Law is being established to introduce a new level of fulfilment in education, to train the whole population of the world to be in perfect alliance with natural law. With the support of the infinite organising power of natural law, life everywhere will be free from suffering, society everywhere will rise above problems, and all nations will enjoy, cultural integrity, self-sufficiency, and invincibility in this scientific age which is rising to be the Age of Enlightenment”—Maharishi (p. 1).

**Bibliography:** The main themes in this publication have been elaborated in and validated by the following bibliographic citations: Government 225, 350; Industry 170, 171; Knowledge 256; Law 223, 224, 258, 319, 320; Maharishi Vedic Science 69, 74, 107, 155, 163, 216, 254, 321; Maharishi Vedic University 129, 130; Natural law 72, 223, 224, 319, 320, 355; Problem solving 88; Quality of life 110, 297, 400; Students 111, 378; TM-Sidhi 71, 298, 398; Transcendental Meditation 7, 157, 158, 225, 245, 291, 306, 340, 347, 357, 363, 372, 398; Veda and science 74; and Vedic Science-based education 133, 217.

**Reference #47:** Maharishi Mahesh Yogi. (1984). *Maharishi's technology of the unified field: Integration of modern science and ancient Vedic science creating unified field based perfect civilization for all mankind in this scientific age*. Rheinweiler, West Germany: Maharishi European Research University Press, 34pp.

**Main themes:** This broadsheet-style document is one of the definitive statements by Maharishi International University (MIU) on what Maharishi calls the “Maharishi Technology of the Unified Field” (one of the first times Maharishi uses the phrase to describe his Transcendental Meditation and TM-Sidhi program in this Survey). The main sections of this document, which run to several pages of detailed, technical descriptions of knowledge and its applications are: 1) the Maharishi Technology of the Unified Field; 2) the unified field of all the laws of nature; 3) the qualities of the unified field; 4) consciousness—the unified field of natural law; 5) the “Taste of Utopia Assembly” held at MIU in the winter of 1983-1984; 6) experimental verification of the unified field; 7) the future of scientific research; 8) educational applications of the knowledge of the unified field; 9) the Institute of World Leadership; and 10) the formula to create unified field-based civilization. A key feature of the document is the large, double-page spreads introducing for the first time Unified Field Charts for physiology, chemistry, computer science, mathematics and physics (pp. 2-11); a double-page chart of the qualities of the unified field and the Lagrangian of the unified field (pp. 12-14) and Richo Akshare Charts for physiology, mathematics, physics, chemistry and physiology are also presented (pp. 15-23). The four available volumes of Collected Papers on the Transcendental Meditation and

TM-Sidhi programme are introduced (pp. 24-25), and scientific research documenting the “reality of the global taste of utopia”, with supporting information, follows (pp. 28-33). The document ends with the formula for creating “utopia” and its application to education, health, government, economics, defence, rehabilitation and agriculture (p. 34).

**Key words or phrases:** Agriculture; coherence; defence; economic recovery; economics; education; freedom; government; health; Institute of World Leadership; international relations; Lagrangian; Maharishi International University; Maharishi Technology of the Unified Field; modern science; national strength; natural resources; negative trends; physics; rehabilitation; Richo Akshare Chart; Richo Akshare verse; Rig Veda; Taste of Utopia; tolerance; Unified Field Chart; unified field; unity; Vedic science; world consciousness.

**Content Codes:** VE; SR; CH; HP; PR.

**Quote:** “Life everywhere will be ideal. No one will make mistakes, no one will violate the laws of nature, and no one will suffer or fall sick. Life will be long and happy, and the individual and society will rise to immortality. Fear and punishment in the administration of society will be forgotten; in gentleness and love, the life of mankind will be restored to wholeness. Spontaneously living in alliance with the invincible power of natural law, every nation will enjoy victory before war. Each step of progress of the individual and the nation will be guided by the unseen hand of nature's perfect intelligence and infinite organizing power. Abundance and affluence will belong to all. In the unified field based civilization, mankind will enjoy heaven on earth”—Maharishi (p. 1).

**Bibliography:** The main themes in this publication have been elaborated in and validated by the following bibliographic citations: Collective consciousness 35, 67, 84, 85, 93, 104, 144, 145, 153, 161, 167, 289, 293, 301, 406; Economy 67, 68, 69, 72, 166; Education 33, 40, 49, 70, 71, 100, 128, 129, 130, 143, 159, 216, 253, 259, 260, 261, 263, 322, 327, 378; Government 225, 350; Health 42, 83, 112, 113, 131, 140, 156, 186, 187, 188, 189, 190, 202, 204, 222, 227, 229, 234, 235, 240, 250, 276, 286, 199, 309, 323, 330, 339, 342, 421, 424, 426; Immortality 121; Knowledge 256; Maharishi International University 143, 216; Maharishi Technology of the Unified Field 105, 252, 289, 290, 297; Maharishi Vedic Science 69, 74, 107, 155, 163, 216, 254, 321; Mathematics 155, 253, 312, 418; Physics 163, 164, 165; Quality of life 110, 297, 400; Rehabilitation 1, 2, 15, 16, 24, 25, 27, 53, 97, 154, 178, 179, 180, 275, 300, 313, 361; Science 74; Students 111, 378; Unified field 104, 162, 163, 166, 381; Unified Field Chart 62; and Veda and science 74.

**Reference #48:** Maharishi International University. (1984). *A global taste of utopia: Success of the assembly of 7000 experts in the Maharishi Technology of the Unified Field*. Fairfield, Iowa: Maharishi International University Press.

**Main themes:** While only four pages in length, this newspaper broadsheet may appear less significant because half of its cover is taken up with a large photo of 7,000 practitioners of the Maharishi Technology of the Unified Field at the “Taste of Utopia” assembly at Maharishi International University in 1983-1984 and a summary of world achievements which have come about because of their practice. However, this document contains a significantly large amount of relevant information (some of it duplicative of Reference #47). For example, the document presents world press reports on increased harmony in international relations, greater strength and unity in national affairs, increased freedom and tolerance in the world, indications of economic recovery, among other topics, and presents these findings graphically along with a large chart explaining the theoretical basis for this phenomena from the perspectives of modern science and Vedic Science. A description of the “formula to create utopia on every continent and in every country” is followed by detailed descriptions of the application of the Maharishi Technology of the Unified Field to education, health, government, economics, defence, rehabilitation and agriculture.

**Key words or phrases:** Agriculture; coherence; defence; economic recovery; economics; education; freedom; government; health; international relations; Lagrangian; Maharishi International University (MIU); Maharishi Technology of the Unified Field; modern science; national strength; natural resources; negative trends; rehabilitation; Taste of Utopia; tolerance; unified field; unity; Vedic science; world consciousness.

**Content Codes:** SR; CH; HP; PR.

**Quote:** “The reality of the global taste of utopia has been verified by both world press reports and scientific research and has been understood on the basis of total knowledge of nature's functioning from both the objective approach of modern science and the subjective approach of Vedic science”—Maharishi (p.3).

**Bibliography:** The main themes in this publication have been elaborated in and validated by the following bibliographic citations: Agriculture 199, 392; Collective consciousness 35, 67, 84, 85, 93, 104, 144, 145, 153, 161, 167, 289, 293, 301, 406; Economy 67, 68, 69, 72, 166; Education 33, 40, 49, 70, 71, 100, 128, 129, 130, 143, 159, 216, 253, 259, 260, 261, 263, 322, 327, 378; Government 225, 350; Health 42, 83, 112, 113, 131, 140, 156, 186, 187, 188, 189, 190, 202, 204, 222, 227, 229, 234, 235, 240, 250, 276, 286, 199, 309, 323, 330, 339, 342, 421, 424, 426; Knowledge 256; Maharishi International University 143, 216; Maharishi Technology of the Unified Field 105, 252, 289, 290, 297; Maharishi Vedic Science 69, 74, 107, 155, 163, 216, 254, 321; Rehabilitation 1, 2, 15, 16, 24, 25, 27, 53, 97, 154, 178, 179, 180, 275, 300, 313, 361; Science 74; Students 111, 378; Unified field 104, 162, 163, 166, 381; and Veda and science 74.

**Reference #49:** Maharishi Mahesh Yogi. (1984). *Philippines: Celebrating the rising sunshine of the Age of Enlightenment—press reports, Maharishi Technology of the Unified Field*. Unknown location: World Government of the Age of Enlightenment, 432pp.

**Main themes:** This large book documents Maharishi's program to bring the Age of Enlightenment to the Philippines in 1984. The introduction explains its contents in this way: "This book presents the historical record of the founding days of the Age of Enlightenment in the Philippines. The beginning pages narrate the first 25 years of the worldwide movement of His Holiness Mahesh Yogi (pp. iv-xxiii), depicting the rise of world consciousness that brought the celebration of the Rising Sunshine of the Age of Enlightenment in the Philippines" (p. i). The main text goes on to chronicle, in hundreds of newspaper and magazine reports, the initiative of the World Government of the Age of Enlightenment to establish a group of 7,000 practitioners of the Maharishi Technology of the Unified Field in the Philippines; a number of historic photos are included.

**Key words or phrases:** Advertisements; Age of Enlightenment; magazines; Maharishi Technology of the Unified Field; media; newspapers; Philippines; press reports; unified field; World Government of the Age of Enlightenment.

**Content Codes:** HP; PR.

**Quote:** "Now with the discovery of the unified field and the availability of the fully developed Technology of the Unified Field there is nothing that cannot be accomplished. The knowledge of the laws of nature in our possession today is sufficient to eliminate problems and suffering and raise human life to its full dignity"—Maharishi (p. ii).

**Bibliography:** The main themes in this publication have been elaborated in and validated by the following bibliographic citations: Maharishi Technology of the Unified Field 105, 252, 289, 290, 297; Problem solving 88; and Unified field 104, 162, 163, 166, 381.

**Reference #50:** Maharishi European Research University. (1984). *Maharishi technology of the unified field: Results of scientific research on the Transcendental Meditation and TM-Sidhi programme*. Fairfield, Iowa: Maharishi International University Press, 308pp.

**Main themes:** This book contains "the results of 3,000 pages of scientific research and documents the historic development of higher states of consciousness in the individual, enabling him to spontaneously live more and more in accord with natural law and purify world consciousness". The 3,000 pages of research this book is referring to are the published research papers on Maharishi's Transcendental Meditation and TM-Sidhi program as presented in the first four volumes of "Collected Papers" (see bibliography 293, 76, 77, 78). After a comprehensive introduction which discusses Transcendental Meditation, research in consciousness, reviewing the totality of scientific research, the Maharishi Effect, old and new principles rising to guide life in the Age of Enlightenment, the Maharishi Technology of the Unified Field, consciousness, verification and validation, and unified field based civilization, the book is divided into four sections, with an extensive reference section concluding the book. Of the four sections, the bulk of the research is contained in the first section "Analysis of scientific research findings: benefits for every area of society", which presents research findings according to the following categories: education; health; government; business and industry; defence; rehabilitation; agriculture; Maharishi Effect; and Global Maharishi Effect.

**Key words or phrases:** Age of Enlightenment; agriculture; business and industry; defence; education; Global Maharishi Effect; government; health; Lagrangian; Maharishi Effect; Maharishi Technology of the Unified Field; old and new principles; rehabilitation; scientific research; unified field; World Government of the Age of Enlightenment. **Content**

**Codes:** VE; SR; CH; BI.

**Quote:** "The holistic vision of all the scientific research records the historic transformation of time from the scientific age to the Age of Enlightenment brought about by Maharishi's teachings, which started with Transcendental Meditation and developed into the TM-Sidhi programme and finally the Maharishi Technology of the Unified Field, progressively giving rise to the dawn of the Age of Enlightenment, and culminating in the establishment of unified based perfect civilization on earth" (Preface).

**Bibliography:** The main themes in this publication have been elaborated in and validated by the following bibliographic citations: Agriculture 199, 392; Anxiety 87, 117, 160, 232; Biochemistry 61, 113, 115, 152, 195, 196, 205, 207, 208, 213, 214, 215, 238, 239, 247, 249, 272, 336, 351, 358, 364, 406, 407, 408, 409, 410, 411, 412, 422; Business 11, 81, 137, 172, 173, 175, 182, 183, 223, 324, 325, 326, 327, 355, 359; Cognitive development 13, 50, 101, 111, 146, 179, 352, 353, 356, 360, 370, 386, 388; Deep rest 20, 108, 123; Education 33, 40, 49, 70, 71, 100, 128, 129, 130, 143, 159, 216, 253, 259, 260, 261, 263, 322, 327, 378; Field independence 126, 127, 148, 200; Global Maharishi Effect 400; Government 225, 350; Health 42, 83, 112, 113, 131, 140, 156, 186, 187, 188, 189, 190, 202, 204, 222, 227, 229, 234, 235, 240, 250, 276, 286, 199, 309, 323, 330, 339, 342, 421, 424, 426; Hypertension 21, 31, 41, 43, 44, 45, 46, 47, 48, 66, 80, 81, 134, 190, 198, 226, 228, 236, 292, 309, 314, 331, 333, 334, 335, 338, 339, 403, 412, 413, 414, 415, 420, 428; Industry 170, 171; Maharishi Effect 67, 68, 69, 70, 71, 72, 84, 85, 93, 144, 145, 167, 177, 280, 284, 289, 290, 293, 301, 400; Maharishi International University 143, 216; Maharishi Technology of the Unified Field 105, 252, 289, 290, 297; Maharishi Vedic Science 69, 74, 107, 155, 163, 216, 254, 321; Middle East 60, 84, 85, 290; Moral development 262, 264; Morbidity/mortality 18, 332, 335, 413; Organizational ability 161, 174, 176, 183, 326; Perception 88, 192, 243, 310; Productivity 137, 175; Quality of life 110, 297, 400; Rehabilitation 1, 2, 15, 16, 24, 25, 27, 53, 97, 154, 178, 179, 180, 275, 300, 313, 361; Respiratory system 36, 387, 426; and Scientific research 54, 75, 76, 77, 78, 100, 106, 151, 278, 282, 286, 287, 288, 293, 295, 348, 399; Veda and science 74; an Yogic flying 296, 317, 382.

**Reference #51:** Maharishi Mahesh Yogi. (1985). *The Maharishi unified field based integrated system of education: Unfolding the creative genius of every student and teacher*. Washington, D.C.: Age of Enlightenment Press, 40pp.

**Main themes:** This small, but densely packed, document introduces Maharishi's Unified Field Based Integrated System of Education, using the example of Maharishi International University (MIU) as the example. The booklet presents the topic from the perspectives of the discovery of the unified field by modern science, its application to education, the use of the Unified Field Chart for instructional enrichment, effects of the group practice of the Maharishi Technology of the Unified Field, commendations of educators and evaluators, available resources, questions and answers, problems and solutions, and a selected bibliography and list of courses. The document also contains a Unified Field Chart for physics, and scientific and institutional research results.

**Key words or phrases:** Creative genius; education; effects of group practice; instructional enrichment; Maharishi Effect; Maharishi International University; Maharishi Technology of the Unified Field; organizing power; physics; problems; pure knowledge; scientific research; solutions; students; teachers; TM-Sidhi; Transcendental Meditation; Unified Field Based Integrated System of Education; Unified Field Chart; unified field.

**Content Codes:** SR; TP; CH; HP; BI.

**Quote:** "Knowledge has organizing power. Pure knowledge, the knowledge of the unified field of natural law, has infinite organizing power. When human awareness is trained to harness this infinite organizing power through the technology of the unified field, there is nothing that cannot be accomplished by an individual or a nation"—Maharishi (Preface).

**Bibliography:** The main themes in this publication have been elaborated in and validated by the following bibliographic citations: Academic performance 221, 259, 260, 261, 263, 402; Cognitive development 13, 50, 101, 111, 146, 179, 352, 353, 356, 360, 370, 386, 388; Collective consciousness 35, 67, 84, 85, 93, 104, 144, 145, 153, 161, 167, 289, 293, 301, 406; Education 33, 40, 49, 70, 71, 100, 128, 129, 130, 143, 159, 216, 253, 259, 260, 261, 263, 322, 327, 378; Field independence 126, 127, 148, 200; Maharishi Effect 67, 68, 69, 70, 71, 72, 84, 85, 93, 144, 145, 167, 177, 280, 284, 289, 290, 293, 301, 400; Maharishi International University 143, 216; Maharishi Technology of the Unified Field 105, 252, 289, 290, 297; Middle East 60, 84, 85, 290; Moral development 262, 264; Physics 163, 164, 165; Problem solving 88; Scientific research 54, 75, 76, 77, 100, 106, 151, 278, 282, 286, 287, 288, 295, 348, 399; Students 111, 378; TM-Sidhi 71, 298, 398; Transcendental Meditation 7, 157, 158, 225, 245, 291, 306, 340, 347, 357, 363, 372, 398; Unified field 104, 162, 163, 166, 381; Unified Field Chart 62; and Vedic Science-based education 133, 217.

**Reference #52:** Maharishi Mahesh Yogi. (1985). *Maharishi's world plan for perfect health*. Washington, D.C.: Age of Enlightenment Press, 53pp.

**Main themes:** This small book lists the Planning Council of the Ministry of Health and Immortality of the World Government of the Age of Enlightenment, including Dr V.M. Dwivedi, Dr B.D. Triguna, and Dr R.K. Wallace, and explains the main theories of Maharishi's World Plan for Perfect Health (a Plan which fulfils the goals of the World Plan formulated in 1972, see Reference #11), the role of Ayurveda in a perfect system of health care, the Plan itself in two phases, the evaluation of the Plan using the MERU Ideal Society Index (see Reference #35), and implementation of the Plan in India.

**Key words or phrases:** Authenticity; Ayurveda clinics and hospitals; Ayurveda health education programs; Ayurveda herbal gardens; Ayurveda pharmacies; Ayurveda; behaviour; body; collective health; cost-effective; environment; harmful side-effects; holistic; hypertension; Maharishi Ayurveda universities and colleges; Maharishi Technology of the Unified Field; Maharishi World Plan for Perfect Health; MERU Ideal Society Index; mind; Ministry of Health and Immortality; prevention; self-sufficiency; World Government of the Age of Enlightenment; World Plan.

**Content Codes:** HP.

**Quote:** "It needed a scientific age for the world to appreciate the full dignity of Ayurveda as the holistic system of perfect health. The foremost theories of modern physics have glimpsed the unified field of all the laws of nature. The essential characteristics of the unified field, brought to light by supersymmetric unifies quantum field theories, establish the unified field as the self-referral, self-interacting field of consciousness. Now it has become clear to the world of science that everything in the universe has its basis in the unified field of all the laws of nature and everything can be successfully handles from this one area which is so very intimate to everyone that it is everyone's own Self. Through the technology of the unified field we can handle a nation as a whole and an individual as whole"—Maharishi (p. 1).

**Bibliography:** The main themes in this publication have been elaborated in and validated by the following bibliographic citations: Addiction 19, 32, 52, 79, 116, 142, 150, 178, 232, 242, 251, 270, 271, 273, 281, 318, 345, 346, 349, 354, 361, 395, 409; Health 42, 83, 112, 113, 131, 140, 156, 186, 187, 188, 189, 190, 202, 204, 222, 227, 229, 234, 235, 240, 250, 276, 286, 199, 309, 323, 330, 339, 342, 421, 424, 426; Hypertension 21, 31, 41, 43, 44, 45, 46, 47, 48, 66, 80, 81, 134, 190, 198, 226, 228, 236, 292, 309, 314, 331, 333, 334, 335, 338, 339, 403, 412, 413, 414, 415, 420, 428; Ideal society 93, 419; Immortality 121; Maharishi Ayur Veda 113, 151, 233, 270, 337, 347, 348, 349; Maharishi Technology of the Unified Field 105, 252, 289, 290, 297; Mental acuity; Morbidity/mortality 18, 332, 335, 413; Physics 163, 164, 165; Prevention 180, 186, 187, 188, 189, 190, 269, 285, 303, 337, 400; Quality of life 110, 297, 400; Self-repair mechanism 239, 409, 412; Social behaviour 34, 78, 110, 167, 169; and Students 111, 378.

**Reference #53:** Maharishi Vedic University. (1985). *Maharishi Vedic University: Inauguration*. Washington D.C.: Maharishi Vedic University Press, 225pp.

**Main themes:** On the occasion of inaugurating Maharishi Vedic University (MVU) in Washington, D.C., this is one of the most important and indispensable books written by Maharishi on his Vedic Science. It contains a great many significant lectures on Vedic Science, and introduces and expands on many themes which appear throughout the literature of Maharishi's teaching, including the Veda and Vedic Literature, Maharishi's Apaurusheya Bhāṣya, knower, process of knowing and known, Ayurveda, and many themes related to the curriculum of MVU. The book includes questions to Maharishi from the world press, and also contains many historic photographs.

**Key words or phrases:** Ananda eva khalu imani jayante; Ananda; Apaurusheya Bhasya; Aranyakas; Atharva Veda; Ayurveda; Bhagavad-Gita; Brahmanas; Chhandas; consciousness; Devata; Dr V.M. Dwivedi; Dr B.D. Triguna; education; fulfilment; Governors of the Age of Enlightenment; higher states of consciousness; infinite dynamism; Itihasa; Jyotish; knower; known; Maharishi Vedic University; Mantra; organizing power; perfect health; prevention centers; process of knowing; Puranas; pure knowledge; research in consciousness; Rig Veda; Rishi; Sama Veda; script of nature; Self; self-interacting dynamics; self-referral; sequential progression; side effects; Smritis; TM-Sidhi; total knowledge; Transcendental Meditation; unified field based administration; unified field based communism; unified field based democracy; unified field based education; unified field; Upangas; Upanishads; Upavedas; Veda; Vedangas; Vedic Literature; Vedic scholars; Vedic science; Vedic study; Vedic wisdom; Yajur Veda.

**Content Codes:** VE; TP; HP; PR.

**Quote:** "The establishment of this Vedic University is basically to bring out that structure of pure knowledge which has within it the organizing power of nature. Because the knowledge is so very profound, the student of this knowledge enlivens within himself the total potential of organizing power. Harnessing the total potential of organizing power is on the basis of the intimate relationship of consciousness and matter, which the practical aspect of Vedic Science provides"—Maharishi (p. 20).

**Bibliography:** The main themes in this publication have been elaborated in and validated by the following bibliographic citations: Academic performance 221, 259, 260, 261, 263, 402; Cognitive development 13, 50, 101, 111, 146, 179, 352, 353, 356, 360, 370, 386, 388; Education 33, 40, 49, 70, 71, 100, 128, 129, 130, 143, 159, 216, 253, 259, 260, 261, 263, 322, 327, 378; Health 42, 83, 112, 113, 131, 140, 156, 186, 187, 188, 189, 190, 202, 204, 222, 227, 229, 234, 235, 240, 250, 276, 286, 199, 309, 323, 330, 339, 342, 421, 424, 426; Higher education 130, 131, 132, 143, 216, 327; Higher states of consciousness 4, 5, 9, 10, 14, 73, 98, 181, 244, 262, 283; Knowledge 256; Maharishi International University 143, 216; Maharishi Vedic Science 69, 74, 107, 155, 163, 216, 254, 321; Maharishi Vedic University 129, 130; Moral development 262, 264; TM-Sidhi 71, 298, 398; Prevention 180, 186, 187, 188, 189, 190, 269, 285, 303, 337, 400; Self-repair mechanism 239, 409, 412; Students 111, 378; Transcendental Meditation 7, 157, 158, 225, 245, 291, 306, 340, 347, 357, 363, 372, 398; Veda and science 74; and Vedic Literature 89, 94, 95, 219, 220, 254, 255, 319, 320, 419.

**Reference #54:** Maharishi Mahesh Yogi. (1986). *Life supported by natural law: Lectures by His Holiness Maharishi Mahesh Yogi to the World Assembly on Vedic Science July 9-17, 1985*. Washington, D.C.: Age of Enlightenment Press (ISBN 0-89186-051-7), 210pp.

**Main themes:** As was the case with Reference #53, this is one of the most important and similarly indispensable books on Maharishi Vedic Science because it contains seven key lectures delivered by Maharishi on Vedic Science and natural law at the World Assembly on Vedic Science in Washington, D.C. In summary, Maharishi inaugurates the World Assembly on Vedic Science, and speaks about the World Government of the Age of Enlightenment, Maharishi Unified Field Based Integrated System of Education, Maharishi Unified Field Based Integrated System of Health, Maharishi Unified Field Based Integrated System of Economics, Maharishi Unified Field Based Integrated System of Defence, all in the context of Vedic Science, the Veda and Vedic Literature, and other fundamental topics. The book includes questions to Maharishi from the world press, and presents new knowledge on Vedic Science (such as Veda—the Script of Nature, pp. 40-41); many historic photographs and press reports are included.

**Key words or phrases:** Anyonyabhava; Atharva Veda Samhita; Bhagavad Gita; brain physiology; Chhandas; collective consciousness; consciousness; Devata; knower; known; Maharishi's Absolute Theory of Government; Mayadhyakshena prakratih suyate scharacharam; mind-body coordination; modern science; Natural law; process of knowing; pure knowledge; Rig Veda Samhita; Rishi; Sama Veda Samhita; Samhita; script of nature; self-referral; Sutra; three-in-one structure; TM-Sidhi; Transcendental Consciousness; Transcendental Meditation; unified field; Veda; Vedic Literature; Vedic Science; World Assembly on Vedic Science; World Government of the Age of Enlightenment; Yajur

**Content Codes:** VE; SR; TP; CH; HP; PR.

**Quote:** "It is very fortunate for the whole world's population that this large assembly of enlightened people is going to demonstrate something precious and very much needed today—the effectiveness of the knowledge of natural law and the implications of performance according to natural law for the daily life of everyone in the world. What awaits the world from Vedic Science is a profound civilization where all aspects of life will be ideally lived. Governments will be ideal, industry will be ideal, the economy will be ideal, and the behaviour of the people will be ideal. By ideal we mean good for the individual, good for the environment, good for his country, and good for his world"—Maharishi (pp. 24-25).

**Bibliography:** The main themes in this publication have been elaborated in and validated by the following bibliographic citations: Cognitive development 13, 50, 101, 111, 146, 179, 352, 353, 356, 360, 370, 386, 388; Collective consciousness 35, 67, 84, 85, 93, 104, 144, 145, 153, 161, 167, 289, 293, 301, 406; Environment 135, 322, 355, 392; Government 225, 350; Maharishi International University 143, 216; Maharishi Vedic Science 69, 74, 107, 155, 163, 216, 254, 321; Maharishi Vedic University 129, 130; Moral development 262, 264; Natural law 72, 223, 224, 319, 320, 355; Social behaviour 34, 78, 110, 167, 169; Students 111, 378; TM-Sidhi 71, 298, 398; Transcendental consciousness 8, 90, 92, 104, 107, 159, 367, 369, 383, 385, 386, 387, 388, 405; Transcendental Meditation 7, 157, 158, 225, 245, 291, 306, 340, 347, 357, 363, 372, 398; Unified field 104, 162, 163, 166, 381;

Veda and science 74; Vedic Literature 89, 94, 95, 219, 220, 254, 255, 319, 320, 419; and Yogic flying 296, 317, 382.

**Reference #55:** Maharishi Mahesh Yogi. (1986). *Introduction to Ayurveda*. Washington, D.C.: Age of Enlightenment Press.

**Main themes:** This short document comprehensively summarizes the Ayurvedic approach to health—the Vedic approach to health—by focusing on development of consciousness, prevention, diet, daily and seasonal routines, and collective health. The document ends with a 172-study bibliography of scientific research on Ayurveda.

**Key words or phrases:** Ayurveda; collective health; consciousness; daily and seasonal routines; development of consciousness; diet; Dravyaguna; hypertension; longevity; Maharishi Ayurveda Medical Centers; Maharishi World Center for Perfect Health; Maharishi's World Plan for Perfect Health; modern medicine; Nadi Vigyan; new paradigm; patient evaluation; pharmacopeia; prevention; pulse diagnosis; Rasashastra; restoration; reversal of ageing; scientific research; side effects; therapeutic approach; treatment; unified field; Vedic tradition; World Health Organization.

**Content Codes:** VE; SR; CH; BI.

**Quote:** “It needed a scientific age for the world to appreciate the full dignity of Ayurveda. The foremost theories of modern physics have glimpsed the unified field of all the laws of nature. The essential characteristics of the unified field, brought to light by supersymmetric unified quantum field theories, establish the unified field as the self-referral, self-interacting field of consciousness. Now it has become clear to the world of science that everything in the universe has its basis in the unified field of all the laws of nature and everything can be successfully handled from this one area which is so very intimate to everyone that it is everyone's own Self. Through the technology of the unified field, we can handle a nation as a whole and an individual as whole”—Maharishi (p. 1).

**Bibliography:** The main themes in this publication have been elaborated in and validated by the following bibliographic citations: Addiction 19, 32, 52, 79, 116, 142, 150, 178, 232, 242, 251, 270, 271, 273, 281, 318, 345, 346, 349, 354, 361, 395, 409; Disease 257, 323; Health 42, 83, 112, 113, 131, 140, 156, 186, 187, 188, 189, 190, 202, 204, 222, 227, 229, 234, 235, 240, 250, 276, 286, 199, 309, 323, 330, 339, 342, 421, 424, 426; Higher states of consciousness 4, 5, 9, 10, 14, 73, 98, 181, 244, 262, 283; Hypertension 21, 31, 41, 43, 44, 45, 46, 47, 48, 66, 80, 81, 134, 190, 198, 226, 228, 236, 292, 309, 314, 331, 333, 334, 335, 338, 339, 403, 412, 413, 414, 415, 420, 428; Maharishi Ayur Veda 113, 151, 233, 270, 337, 347, 348, 349; Medical science 75, 76, 77, 257, 357; Mental health 118, 171, 191; Moral development 262, 264; Morbidity/mortality 18, 332, 335, 413; Physics 163, 164, 165; Prevention 180, 186, 187, 188, 189, 190, 269, 285, 303, 337, 400; Psychiatry 65, 316; Reversal of ageing 6, 398; Self-repair mechanism 239, 409, 412; and Unified field 104, 162, 163, 166, 381.

**Reference #56:** World Plan Executive Council—United States. (1986). *Maharishi's program to create world peace: Removing the basis of terrorism and war*. Washington, D.C.: Age of Enlightenment Press, 49pp.

**Main themes:** This document contains Maharishi's Philosophy of World Peace (which begins with the words: “Invincibility is the key to world peace”), and includes discussion of topics such as three steps to permanent world peace (i.e., creating coherence in world consciousness, in national consciousness, and in city consciousness), Maharishi's criteria of world peace, mechanics of creating world peace, the historical background of Maharishi's Program to Create World Peace, the first experiment of Maharishi's Program to Create World Peace, efforts of 3,000 years to achieve world peace, inauguration of Maharishi's Program to Create World Peace, Maharishi World Peace Fund, Maharishi's call for the leaders and the wealthy, and an appreciation of efforts for world peace.

**Key words or phrases:** Collective consciousness; higher states of consciousness; invincibility; life in accordance with natural law; Maharishi Technology of the Unified Field; Maharishi World Peace Fund; Maharishi's Philosophy of World Peace; Maharishi's Program to Create World Peace; natural law; perfect health; Vedic Science; world peace.

**Content Codes:** SR; CH; HP.

**Quote:** “There are hundreds of organizations for peace all over the world. People are trying to create world peace from various different levels of approach. Our appreciation goes for every effort that is being made for world peace from any angle. Our approach to world peace is holistic and most basic. It is our pride that we own the knowledge of the first principle of nature's

functioning, and we are going to use it to create lasting peace in our world family”—Maharishi (p. 49).

**Bibliography:** The main themes in this publication have been elaborated in and validated by the following bibliographic citations: Coherence 84, 85, 93, 145, 289, 293; Disease 257, 323; Health 42, 83, 112, 113, 131, 140, 156, 186, 187, 188, 189, 190, 202, 204, 222, 227, 229, 234, 235, 240, 250, 276, 286, 199, 309, 323, 330, 339, 342, 421, 424, 426; Higher states of consciousness 4, 5, 9, 10, 14, 73, 98, 181, 244, 262, 283; Maharishi Technology of the Unified Field 105, 252, 289, 290, 297; Mental health 118, 171, 191; Natural law 72, 223, 224, 319, 320, 355; Psychiatry 65, 316; and World peace 3, 68, 145, 153, 165, 252, 258, 279, 288, 290, 293, 400.

**Reference #57:** Maharishi Mahesh Yogi. (1987). *Maharishi's programme to create world peace—Global inauguration: Demonstrating the mechanics to create coherence in world consciousness, the basis of world peace*. The Netherlands: Maharishi Vedic University Press (publication no. N 1213), 573pp.

**Main themes:** This substantial and important book begins with a lecture by Maharishi when he inaugurated the World Assembly on Perfect Health in Washington, D.C. on 8 July 1986 (pp. 4-10), during which he spoke about the discovery of the unified field, creating lasting world peace, terrorism, superpowers, natural law, and creating an evolutionary influence in world consciousness by enlivening the unified field of natural law. In his address, Maharishi also spoke about Rig Veda Samhita, the Samhita of Rishi, Devata and Chhandas and their three-in-one structure; this was followed by presentations by leading world scientists, including Dr John Hagelin, Dr Keith Wallace, and Dr David Orme-Johnson. The book includes many historic photographs, press conferences on Maharishi Ayurveda (pp. 46-54), defence (pp. 54-57) and administration (pp. 57-61), and narratives and press reports from Asia (pp. 63-184), Australia and the Pacific (pp. 185-192), Africa and the Middle East (pp. 193-246), Europe (pp. 247-380), Latin America and the Caribbean (pp. 381-434), and North America (pp. 435-558). Detailed appendices include Maharishi's Philosophy of World Peace (pp. 560-568) and three steps to permanent world peace (pp. 568-569), ending with experiences and accounts of Yogic Flying (pp. 570-573).

**Key words or phrases:** Chhandas; coherence; Devata; disease-free society; Extended Maharishi Effect; Global Maharishi Effect; heaven on earth; ideal society campaign; Maharishi Ayurveda; Maharishi Effect; Maharishi Unified Field Based Integrated System of Health; Maharishi's Philosophy of World Peace; Maharishi's Programme to Create World Peace; Maharishi's World Plan for Perfect Health; natural law; prevention; Rasyanas; Rig Veda Samhita; Rishi; Samhita; scientific research findings; Taste of Utopia Assembly; TM-Sidhi; Transcendental Meditation; violence; world consciousness; world health; world peace; Yoga; Yogic flying.

**Content Codes:** VE; TP; HP; PR.

**Quote:** “It needed a scientific age for the world to appreciate the significance of the philosophy of Yoga and its practical application in creating integrated individuals, integrated nations, and an integrated world. Yoga mean union, the union of the individual awareness with the unified field of all the laws of nature in the state of transcendental consciousness. ‘Yogic flying’ demonstrates the ability of the individual to act from the unified field and enliven the total potential of natural law in all its expressions— mind, body, behaviour, and environment. ‘Yogic flying’ presents in miniature the flight of galaxies in space, all unified in perfect order by natural law”—Maharishi (p. vii).

**Bibliography:** The main themes in this publication have been elaborated in and validated by the following bibliographic citations: Coherence 84, 85, 93, 145, 289, 293; Extended Maharishi Effect 400; Global Maharishi Effect 400; Health 42, 83, 112, 113, 131, 140, 156, 186, 187, 188, 189, 190, 202, 204, 222, 227, 229, 234, 235, 240, 250, 276, 286, 199, 309, 323, 330, 339, 342, 421, 424, 426; Ideal society 93, 419; Maharishi Effect 67, 68, 69, 70, 71, 72, 84, 85, 93, 144, 145, 167, 177, 280, 284, 289, 290, 293, 301, 400; Maharishi Ayur Veda 113, 151, 233, 270, 337, 347, 348, 349; Maharishi Vedic Science 69, 74, 107, 155, 163, 216, 254, 321; Mental acuity; Mental health 118, 171, 191; Middle East 60, 84, 85, 290; Natural law 72, 223, 224, 319, 320, 355; Prevention 180, 186, 187, 188, 189, 190, 269, 285, 303, 337, 400; Psychiatry 65, 316; Quality of life 110, 297, 400; Self-repair mechanism 239, 409, 412; Social behaviour 34, 78, 110, 167, 169; TM-Sidhi 71, 298, 398; Transcendental consciousness 8, 90, 92, 104, 107, 159, 367, 369, 383, 385, 386, 387, 388, 405; Transcendental Meditation 7, 157, 158, 225, 245, 291, 306, 340, 347, 357, 363, 372, 398; World peace 3, 68, 145, 153, 165, 252, 258, 279, 288, 290, 293, 400; Yogic flying 296, 317, 382.

**Reference #58:** Maharishi Mahesh Yogi. (1986). *Thirty years around the world: Dawn of the Age of Enlightenment, volume one, 1957-1964*. Vlodrop,

the Netherlands: Maharishi Vedic University Press (ISBN 90-71750-02-7), 600pp.

**Main themes:** This book is an historic account of Maharishi's first tours of the world, and covers the period beginning with the first book in this Survey (1957, Reference #1) through to the time he presented the central principles of his Spiritual Regeneration Movement in London seven years later (1964, Reference #5). Of note is Maharishi's dedication to the vision of his teacher Guru Dev, Swami Brahmananda Saraswati Maharaj, to whom he credits his entire effort and teaching. Maharishi explains his teaching this way: "Spiritual development is the birthright of everyone, for it is the unfoldment of the essential nature of the soul, or inner consciousness...Soul is the individual property of everybody. It is the natural and inseparable possession, nay, the very existence, of every man. Everybody has the right to enjoy his own possession. Everybody has the right to enjoy the sat (truth) chit (Being) ānanda (bliss) nature of his own soul. In the most natural manner, everybody has every right to enjoy permanent peace, bliss eternal, which is the nature of his own soul" (p. 195). On this last point, Maharishi separates himself from other teachers by saying "I differ entirely from the age-old common concept of spirituality, which pleads for detachment as an essential prerequisite for spiritual development" (p. 205).

**Key words or phrases:** Allahabad; Badarikashram; Brahmāna Brahmanandam; Cosmic Consciousness; Darshan; Dharma; Himalayas; India; Indian philosophy; Jagadguru Shankarāchāryas of India; Kumbha Mela; Mishra Brāhmaṇas; Nīrvāṇa; President Dr Rajendra Prasad; Pūrṇam adah; Pūrṇam idam; Dr S. Radhakrishnan; Rajarām; Sahaja sāmādhi; Sanātana Dharma; Sat-chid-ānanda; Shankarāchārya of Jyotir Math; Shri Guru Deva; spiritual regeneration; Swami Brahmananda Saraswati Maharaj; SwamiKrishnanand Saraswati; Unity Consciousness; Upanishads; Uttar-Kashi; Vedānt incarnate; Vedic principles; Yoga.

**Content Codes:** VE; HP.

**Quote:** "His entire personality exhaled always the serene perfume of spirituality. His face radiated that rare light which comprises love, authority, serenity, and self-assuredness—the state that comes only by righteous living and divine realization. His Darshan made the people feel as if some ancient Maharishi of Upanishadic fame had assumed human form again, and that it is worthwhile leading a good life and to strive for realization of the Divine. His spiritual teachings are simple and clear and go straight home to the heart. He strictly adhered to the Vedic Principles of inner development laid down by the systems of Indian philosophy and ethics, and he raised his voice never in opposition to but always in firm support of the truths and principles contained in the concept of Dharma. He gave to the people the spirit of religion and made them happy in every walk of life"—Maharishi (Foreword).

**Bibliography:** The main themes in this publication have been elaborated in and validated by the following bibliographic citations: Bhagavad-Gita 89, 94, 95, 419; Maharishi Vedic Science 69, 74, 107, 155, 163, 216, 254, 321; Veda 254; Veda and science 74; Veda in human physiology 254, 255; Vedic Literature 89, 94, 95, 219, 220, 254, 255, 319, 320, 419; Vedic Management 182; Vedic Psychology 12, 23, 89, 92, 94, 95, 98, 277, 278, 304, 329; Vedic Science-based education 133, 217; World peace 3, 68, 145, 153, 165, 252, 258, 279, 288, 290, 293, 400.

**Reference #59:** Maharishi Mahesh Yogi. (1988). *New horizons in criminology and penitentiary science: The Maharishi Unified Field Based Integrated System of Rehabilitation in Senegalese prisons, Dakar 12-13 February 1988*. Faroukh Anklesaria (trans.), Vlodrop, The Netherlands: Maharishi Vedic University Press (first printed in French by National Press of Senegal, Rufisque, 1988) (ISBN 90-71750-06-X, publication no. N 3188), 198pp.

**Main themes:** This significant book documents the details of the Maharishi Unified Field Based Integrated System of Rehabilitation which was implemented, in conjunction with personnel from Maharishi European Research University (MERU), into the prison system of Senegal in 1987, and involved 11,000 inmates (including women inmates) and 900 prison officers who participated in the program. In all, the program was implemented in 31 prisons in ten regions of the country. The book documents the proceedings of a three-day conference held to report on the project in 1988, and includes presentations by Colonel Mamadou Diop, Director of the Penitentiary Administration, Republic of Senegal, Faroukh Anklesaria, International Director of the Maharishi Unified Field Based Integrated System of Rehabilitation at MERU, and Idrissa Wone, President of the Senegalese Association for Transcendental Meditation. Fatou Binetou N'Diongue, director of Rufisque Prison for Women Inmates, reports on the results of the program, which included "a complete change within the prison environment" and inmates who sleep better, are in better physical condition, and more readily engage in "constructive activities", thereby enabling them to "overcome the

lethargy of the prison atmosphere". After two years, results of the Maharishi Unified Field Based Integrated System of Rehabilitation, which included Transcendental Meditation, were summarized by prison officials for inmates as: 1) disappearance of insomnia, which was widespread; 2) sharp reduction in irritability and aggressiveness; 3) improved relation between inmates, including more openness, better communications, reduction in the number thefts and aggressive behaviour, and for prison officer as: 1) more self-confidence; 2) more self-control; 3) greater conscientiousness; 4) better health; and 5) less absenteeism; and for the prisons as a whole: 1) almost complete cessation of fights between inmates; 2) marked decrease in rule infractions; 3) sharp decrease in number of escapes; and 4) 70-80% decrease in number of medical consultations. The book includes a substantial number of photographs from the project, and a bibliography is included at the end of the book (pp. 194-198).

**Key words or phrases:** Criminality; Dakar; law; justice; Maharishi Effect; Maharishi European Research University; Maharishi Unified Field Based Integrated System of Rehabilitation; penitentiary; rehabilitation; Senegal.

**Content Codes:** SR; TP; CH; HP; PR; BI.

**Quote:** "World peace is the first step towards Heaven on Earth, and now that this first step is being achieved we are undertaking to accomplish a new target, the highest goal of mankind—to create Heaven on Earth. With reference to rehabilitation, Heaven on Earth will be characterized by the absence of the need to rehabilitate, because everyone set on the path of evolution will not create problems either for himself or his surroundings; everyone will enjoy perfect freedom in a crime-free society"—Maharishi (Preface).

**Bibliography:** The main themes in this publication have been elaborated in and validated by the following bibliographic citations: Addiction 19, 32, 52, 79, 116, 142, 150, 178, 232, 242, 251, 270, 271, 273, 281, 318, 345, 346, 349, 354, 361, 395, 409; Crime 64, 102, 105, 154, 167, 177, 217, 275, 284; Environment 135, 322, 355, 392; Justice 28; Law 223, 224, 258, 319, 320; Maharishi Effect 67, 68, 69, 70, 71, 72, 84, 85, 93, 144, 145, 167, 177, 280, 284, 289, 290, 293, 301, 400; Mental health 118, 171, 191; Middle East 60, 84, 85, 290; Problem solving 88; Psychiatry 65, 316; Quality of life 110, 297, 400; Rehabilitation 1, 2, 15, 16, 24, 25, 27, 53, 97, 154, 178, 179, 180, 275, 300, 313, 361; Senegal 27; and Social behaviour 34, 78, 110, 167, 169.

**Reference #60:** Maharishi Mahesh Yogi. (1990). *Maharishi Mahesh Yogi and his movement: A special supplement to the India Times*. Washington, D.C.: The India Times, 23 November, 1990, pp. 8-32.

**Main themes:** While certainly not a scholarly document by Maharishi *per se*, this newspaper supplement contains a series of written statements, including one called "towards an error-free man" and another on Maharishi's "solution to (the) Gulf crisis". Other topics covered in articles include Maharishi Ayurveda, the Corporate Development Program, Maharishi Sthapatya-Ved, Unified Field Based Education, the Maharishi School of the Age of Enlightenment in Fairfield, Iowa, Gandharva-Ved music, and Maharishi Jyotish. A number of historic photographs are also included.

**Key words or phrases:** Corporate Development Program; Gandharva-Ved Music; government; Gulf crisis; Japan; Maharishi Ayurveda; Maharishi Effect; Maharishi International University; Maharishi Jyotish; Maharishi School of the Age of Enlightenment; Maharishi Sthapatya-Ved; natural law; peace; Unified Field Based Education; Unified Field Chart for Government; Vedic woman.

**Content Codes:** VE; SR; TP; HP; PR.

**Bibliography:** The main themes in this publication have been elaborated in and validated by the following bibliographic citations: Age of Enlightenment 267, 268; Government 225, 350; Maharishi Ayur Veda 113, 151, 233, 270, 337, 347, 348, 349; Maharishi International University 143, 216; Maharishi School of the Age of Enlightenment 148, 259, 260, 261, 263; Maharishi Sthapatya Veda 241; Management 11, 172, 173, 175, 176, 182, 223, 246, 324, 325, 327, 359; Middle East 60, 84, 85, 290; Natural law 72, 223, 224, 319, 320, 355; Students 111, 378; Unified Field Chart 62; and World peace 3, 68, 145, 153, 165, 252, 258, 279, 288, 290, 293, 400.

**Reference #61:** Maharishi Mahesh Yogi. (1991). *Maharishi's master plan to create heaven on earth*. Holland: Maharishi Vedic University Press (ISBN 90-71750-11-6, publication no. N 3215), 362pp.

**Main themes:** This significant book lays out in great detail "Maharishi's Master Plan to Create Heaven on Earth". The book, which is said to be part of a larger 1,500-page book, documents Maharishi's plan to reconstruct the entire world in order to "glorify" both inner and outer life. Glorification of inner life

includes the development of higher states of consciousness and the blossoming of noble qualities and bliss, gaining the support of Natural Law through Maharishi's Transcendental Meditation and TM-Sidhi program and its practical aspect Maharishi's Vedic Science. Glorification of outer life includes building ideal villages, towns and cities using Maharishi Sthapatya Ved, developing agriculture, horticulture and forestry, creating a global green revolution to achieve food self-sufficiency, realising global rural and urban development, eradication of poverty and economic balance through ideal education and the creation of perfect health, harmony and balance in nature. This book explains in detail Maharishi's Plan and how it will be implemented, and provides a detailed case study of how the plan will apply to Cambodia, then the poorest country in the world (bibliographic reference 130 provides a more detailed account of the results of implementing Maharishi's Master Plan to Create Heaven on Earth in Cambodia, specifically as it relates to higher education). Extensive bibliographic lists of research findings cross-reference each area of Maharishi's Plan to Create Heaven on Earth—health, education, government, business, defence, etc.—are included (pp. 135-195), and Maharishi's World Plan for Perfect Health is explained and cross-referenced with research findings (pp. 196-219). The "Plan at a glance" is provided on pages 220-236), Maharishi Vedic Science, including Richo Akshare Charts for physics, mathematics, physiology and chemistry, is explained (pp. 242-250), and the relationship of Heaven on Earth to world religions is outlined (pp. 251-258).

**Key words or phrases:** Age of Enlightenment; agriculture; art; balance in nature; bliss; Cambodia; Cosmic Consciousness; culture; economic balance; enlightenment; Extended Maharishi Effect; forestry; fruit of all knowledge; Global Eradication of Poverty; global green revolution; Global Rural Redevelopment; glorification; God Consciousness; higher states of consciousness; ideal cities; ideal education; Ideal Society Campaign; ideal towns; ideal villages; inner glorification; invincible defence; law; Maharishi Ayur-Ved; Maharishi Cities of Immortals; Maharishi Effect; Maharishi Gandharva Ved; Maharishi Global Trading; Maharishi Sthapatya Ved; Maharishi Veda Lands; Maharishi Vedic Farming; Maharishi Vedic Organic Agriculture; Maharishi's Absolute theories; Maharishi's Master Plan to Create Heaven on Earth; Maharishi's Vedic Science; Maharishi's World Plan for Perfect Health; modern science; Natural Law; noble qualities; outer glorification; perfect government; perfect health; perfection; reconstruction; rehabilitation; religion; scientific research; support of nature; TM-Sidhi; Transcendental Consciousness; Transcendental Meditation; Unity Consciousness; World Peace Project; World Plan.

**Content Codes:** VE; SR; CH; HP; PR; BI.

**Quote:** "Everything is possible for any government today or tomorrow, through my programmes to create Heaven on Earth. Heaven on Earth has been the laudable aspiration of the wise throughout the ages. Creation of Heaven on Earth is the most desirable project in the entire history of the human race. Everyone can now enjoy Heaven on Earth through perfect alliance with Natural Law through enlivenment of the total potential of Natural Law in one's own consciousness. Perfect alliance with Natural Law is now available to every individual and every nation through my Vedic Science and Technology—the perfect science and technology of life, which offer to enrich and raise to perfection all field of daily life and create Heaven on Earth"—Maharishi (Preface).

**Bibliography:** The main themes in this publication have been elaborated in and validated by the following bibliographic citations: Agriculture 199, 392; Cambodia 129, 130, 132, 133; Economy 67, 68, 69, 72, 166; Education 33, 40, 49, 70, 71, 100, 128, 129, 130, 143, 159, 216, 253, 259, 260, 261, 263, 322, 327, 378; Environment 135, 322, 322, 327, 378; Extended Maharishi Effect 400; Genetic engineering 119, 120; Health 42, 83, 112, 113, 131, 140, 156, 186, 187, 188, 189, 190, 202, 204, 222, 227, 229, 234, 235, 240, 250, 276, 286, 199, 309, 323, 330, 339, 342, 421, 424, 426; Heaven on earth 267, 268; Ideal society 93, 419; Scientific research 54, 75, 76, 77, 100, 106, 151, 278, 282, 286, 287, 288, 295, 348, 399; Maharishi Ayur Veda 113, 151, 233, 270, 337, 347, 348, 349; Maharishi Effect 67, 68, 69, 70, 71, 72, 84, 85, 93, 144, 145, 167, 177, 280, 284, 289, 290, 293, 301, 400; Mathematics 155, 253, 312, 418; Mental health 118, 171, 191; Middle East 60, 84, 85, 290; Organizational ability 161, 174, 176, 183, 326; Physics 163, 164, 165; Productivity 137, 175; Psychiatry 65, 316; Quality of life 110, 297, 400; Rehabilitation 1, 2, 15, 16, 24, 25, 27, 53, 97, 154, 178, 179, 180, 275, 300, 313, 361; Science 74; Scientific research 54, 75, 76, 77, 100, 106, 151, 278, 282, 286, 287, 288, 295, 348, 399; Transcendental consciousness 8, 90, 92, 104, 107, 159, 367, 369, 383, 385, 386, 387, 388, 405; TM-Sidhi 71, 298, 398; Transcendental Meditation 7, 157, 158, 225, 245, 291, 306, 340, 347, 357, 363, 372, 398; World peace 3, 68, 145, 153, 165, 252, 258, 279, 288, 290, 293, 400; and Yogic flying 296, 317, 382.

**Reference #62:** Maharishi Mahesh Yogi. (1991). *Maharishi's programs to create heaven on earth: Glorification of inner and outer life, knowledge to*

*bring fulfilment to every area of life.* Holland: Maharishi International University Press, 132pp.

**Main themes:** This book is a shorter version of Reference #61 (and, like that book, is said to be part of the larger 1,500-page book on the same topic (pp. 2-3)), and covers many of the same themes. The main focus of the book is on Maharishi's programs to create world peace rather than the specifics of the Master Plan to Create World Peace as presented in Reference #61, with the main areas being Maharishi Ayur-Ved, Maharishi Jyotish, Maharishi Yagya, Maharishi Yog, Maharishi Gandharva-Ved, education, business, industry, agriculture, environment, defence, and government.

**Key words or phrases:** Agriculture; business; defence; education; environment; government; industry; Maharishi Ayur-Ved; Maharishi Center for Perfect Health and World Peace; Maharishi Effect; Maharishi Gandharva-Ved; Maharishi Jyotish; Maharishi Yagya; Maharishi Yog; Master Plan to Create Heaven on Earth; TM-Sidhi; Transcendental Meditation.

**Content Codes:** SR; TP; CH; HP; PR; BI.

**Quote:** "The inspiration to create Heaven on Earth comes from the great achievements of my Movement around the world during the last thirty years and above all from the discovery of the Ved, the infinite creative intelligence of natural law, in the self-referral consciousness, transcendental consciousness of everyone"—Maharishi (p. 5).

**Bibliography:** The main themes in this publication have been elaborated in and validated by the following bibliographic citations: Agriculture 199, 392; Economy 67, 68, 69, 72, 166; Education 33, 40, 49, 70, 71, 100, 128, 129, 130, 143, 159, 216, 253, 259, 260, 261, 263, 322, 327, 378; Environment 135, 322, 355, 392; Extended Maharishi Effect 400; Health 42, 83, 112, 113, 131, 140, 156, 186, 187, 188, 189, 190, 202, 204, 222, 227, 229, 234, 235, 240, 250, 276, 286, 199, 309, 323, 330, 339, 342, 421, 424, 426; Heaven on earth 267, 268; Ideal society 93, 419; Maharishi Ayur Veda 113, 151, 233, 270, 337, 347, 348, 349; Maharishi Effect 67, 68, 69, 70, 71, 72, 84, 85, 93, 144, 145, 167, 177, 280, 284, 289, 290, 293, 301, 400; Management 11, 172, 173, 175, 176, 182, 223, 246, 324, 325, 327, 359; Mental health 118, 171, 191; Middle East 60, 84, 85, 290; Organizational ability 161, 174, 176, 183, 326; Productivity 137, 175; Psychiatry 65, 316; Quality of life 110, 297, 400; Scientific research 54, 75, 76, 77, 100, 106, 151, 278, 282, 286, 287, 288, 295, 348, 399; Students 111, 378; TM-Sidhi 71, 298, 398; Transcendental Meditation 7, 157, 158, 225, 245, 291, 306, 340, 347, 357, 363, 372, 398; Veda 254; and World peace 3, 68, 145, 153, 165, 252, 258, 279, 288, 290, 293, 400.

**Reference #63:** Maharishi Mahesh Yogi (1992). *Rām Rāmāyan rām leelā rām rāj.* Holland: Maharishi Vedic University Press (publication no. N 3293), 346pp.

**Main themes:** This comprehensive book outlines the theoretical basis for Maharishi Vedic University (MVU) in India, and identifies the inspirational source and foundation of MVU in the Constitution of the Universe and in the Vedic Literature, specifically the Rāmāyan. Topics related to the Constitution of the Universe include analysis of Maharishi's Apaurusheya Bhāsyā and the relation of the Rāmāyan to world religions, each shown in relation to Maharishi's Vedic Science, Transcendental Meditation and TM-Sidhi program, and coherence in world consciousness. The book includes an extremely detailed fold-out chart on the Constitution of the Universe, with the obverse of the chart paralleling the Constitution from the perspective of Vedic Science (including Maharishi's Apaurusheya Bhāsyā of Rik Ved) and modern science (including the Lagrangian of the unified field) and the reverse documenting the "historical development of unified field theories".

**Key words or phrases:** Apaurusheya Bhāsyā; Constitution of the Universe; Dharm; Maharishi Effect; Maharishi Vedic University; modern science; Natural Law; Purush; Rām Leelā; Rām; Rām Rāj; Rāmāyan; religious codes; Rik Ved; supreme political science; TM-Sidhi; Transcendental Meditation; unified field theories; Ved; Vedant; Vedic Literature; Vedic Science.

**Content Codes:** VE; CH.

**Quote:** "We are now in possession of that supreme knowledge of Natural Law—the scientific knowledge of the source of nature's perfect order, and have access to it—that can bestow perfection on any individual and on any government, and can raise life everywhere to the level of Heaven on Earth. We are establishing a Capital of Heaven on Earth, from where the Constitution of the Universe—Natural Law—will be enlivened in world consciousness"—Maharishi (Accompanying chart).

**Bibliography:** The main themes in this publication have been elaborated in and validated by the following bibliographic citations: Coherence 84, 85, 93, 145,

289, 293; Maharishi Effect 67, 68, 69, 70, 71, 72, 84, 85, 93, 144, 145, 167, 177, 280, 284, 289, 290, 293, 301, 400; Maharishi Vedic Science 69, 74, 107, 155, 163, 216, 254, 321; Maharishi Vedic University 129, 130; Middle East 60, 84, 85, 290; Natural law 72, 223, 224, 319, 320, 355; Rāmāyan 255, 320; Science 74; TM-Sidhi 71, 298, 398; Transcendental Meditation 7, 157, 158, 225, 245, 291, 306, 340, 347, 357, 363, 372, 398; Unified field 104, 162, 163, 166, 381; Veda 254; Veda in human physiology 254, 255; and Vedic Literature 89, 94, 95, 219, 220, 254, 255, 319, 320, 419.

**Reference #64:** Maharishi Mahesh Yogi (1992). *Maharishi's absolute theory of government: Automation in administration*. Holland: Maharishi Vedic University Press (publication no. N 3354), 73pp.

**Main themes:** This is the first, and smallest, of three books bearing the same name (see References #65 and #66). The entire book is dedicated to explaining Maharishi's Absolute Theory of Government, beginning with a statement from Maharishi about his Philosophy of Government, and includes detailed discussions on topics such as automation in administration, the ideal of administration, the ideal of democracy, the quality of perfect government, integrating opposite values, continuity in the midst of change, and the Constitution of the Universe. The book includes extensive referencing to citations in the Vedic Literature, contains a number of colour graphics, a brief account of the principle of least action in physics (pp. 66-67), and, as with Reference #61, contains two large fold-out charts on the Constitution of the Universe, with the obverse of the first chart paralleling the Constitution of the Universe from the perspectives of Vedic Science (including the Maharishi's Apaurusheya Bhāṣya of Rik Ved) and modern science (including the Lagrangian of the unified field) and the reverse documenting the "historical development of unified field theories", and the second chart on Administration through Natural Law, with the obverse presenting different ministries of government (e.g., agriculture, defence, education) in relation to the qualities of the unified field, the derivation of the qualities, their relation to the Lagrangian of the unified field, and their identification in the Vedic Literature, including their derivations, and the reverse a "vision of Rām Rāj throughout the world", listing all the place names in different countries around the world which are the "expression of the name Rām".

**Key words or phrases:** Administration; automation in administration; Brahm; government of nature; government; laws of nature; Maharishi Effect; Maharishi's Absolute Theory of Government; Natural Law; Philosophy of Government; physics; Principle of Least Action; Rām; Rik Ved; unified field.

**Content Codes:** VE; CH.

**Quote:** "My Philosophy of Government locates the absolute Government, supreme Government, at the unmanifest basis of creation, where the unbounded field of pure intelligence, the Absolute—Brahm, Ram—fully awake in the its pure singularity, remaining self-referral, administers itself through it infinite organizing power established in the Principle of Least Action and thereby administers all its expressions—the infinite dynamism of the universe—with perfect orderliness"—Maharishi (pp. 12-13).

**Bibliography:** The main themes in this publication have been elaborated in and validated by the following bibliographic citations: Government 225, 350; Maharishi Effect 67, 68, 69, 70, 71, 72, 84, 85, 93, 144, 145, 167, 177, 280, 284, 289, 290, 293, 301, 400; Maharishi Vedic Management 223, 327; Maharishi Vedic Science 69, 74, 107, 155, 163, 216, 254, 321; Middle East 60, 84, 85, 290; Natural law 72, 223, 224, 319, 320, 355; Physics 163, 164, 165; Quantum unified field theories 162, 163; Rāmāyan 255, 320; Unified field 104, 162, 163, 166, 381; and Vedic Literature 89, 94, 95, 219, 220, 254, 255, 319, 320, 419.

**Reference #65:** Maharishi Mahesh Yogi. (1993). *Maharishi's absolute theory of government: Automation in administration*. Holland: Maharishi Vedic University Press (publication no. N 3447), 352 pp.

**Main themes:** This book is an expanded version of Reference #64, and therefore contains some of the same information. The book outlines Maharishi's Absolute Theory of Government according to several main topics, including: government—a phenomenon of knowledge; co-existence of unity and diversity, self-referral—the perfect quality of government; absolute administration; Rk Ved: the Constitution of the Universe; spontaneity in administration; absolute government; total perspective of rulership; a vision of supreme rulership; administration—a spiritual practice, a pious profession; government—an innocent mirror of the nation; alliance of national law with natural law; political etiquette; Maharishi Effect; and every government to hold the balance of power in the world. As 212 pages of the total 352 pages are Appendices, it is worthwhile listing their contents: Appendix I—Maharishi Vedic Science; Appendix II—Maharishi's commentary of Rk Ved—Apaurusheya Bhāṣya; Appendix III—All knowledge of modern science in one verse of Rk Ved; Appendix IV—Twenty-seven chapters of the

constitution of the Universe; Appendix V—Maharishi Effect, and Maharishi's Transcendental Meditation and TM-Sidhi programme leading to Yogic Flying; and Appendix VI—Verification of Maharishi's Absolute Theory of Government on both levels—political and scientific. Of interest also are Appendix VII (pp. 332-333), which predicts the ground-breaking research program of Dr Tony Nader (bibliography references 253 and 254), a program which correlates "150 years of research" with research findings of the past 36 years in the fields of consciousness and the Vedic Literature, and Appendix VIII (pp. 334-350), which locates Maharishi's achievements "in the world today".

**Key words or phrases:** Absolute government; administration; Apaurusheya Bhāṣya; automation in administration; Brahm; coherence in collective consciousness; government of nature; government; Group for a Government; hierarchy of administration; ideal of administration; innocent mirror of the nation; interdisciplinary study; law and order; laws of nature; Maharishi Effect; Maharishi's Absolute Theory of Government; Maharishi's Vedic Science; Natural Law; organizing power of Natural Law; Philosophy of Government; physics; pious profession; Principle of Least Action; qualities of consciousness; Rām; Rk Ved; rulership; scientific foundation; TM-Sidhi; Transcendental Meditation; unified field; Yogic Flying.

**Content Codes:** VE; CH.

**Quote:** "Government is worthy of the name only if it has the ability to prevent problems. This new definition of government, provided by my Absolute theory of Government, can be actualized by any government through the programmes that have substantiated the theory. Any government that does not have the ability to prevent problems is itself a problem for the nation and a football of situations and circumstances. Now the centuries-old struggling history of governments is destined to have a new sunshine of problem-free administration. Every government in the world will enjoy the supreme status of a truly sovereign government"—Maharishi (Preface).

**Bibliography:** The main themes in this publication have been elaborated in and validated by the following bibliographic citations: Coherence 84, 85, 93, 145, 289, 293; Collective consciousness 35, 67, 84, 85, 93, 104, 144, 145, 153, 161, 167, 289, 293, 301, 406; Government 225, 350; Interdisciplinary study 57; Law 223, 224, 258, 319, 320; Maharishi Effect 67, 68, 69, 70, 71, 72, 84, 85, 93, 144, 145, 167, 177, 280, 284, 289, 290, 293, 301, 400; Maharishi Vedic Management 223, 327; Maharishi Vedic Science 69, 74, 107, 155, 163, 216, 254, 321; Middle East 60, 84, 85, 290; Natural law 72, 223, 224, 319, 320, 355; Physics 163, 164, 165; Prevention 180, 186, 187, 188, 189, 190, 269, 285, 303, 337, 400; Problem solving 88; Quantum unified field theories 162, 163; Self-repair mechanism 239, 409, 412; TM-Sidhi 71, 298, 398; Transcendental Meditation 7, 157, 158, 225, 245, 291, 306, 340, 347, 357, 363, 372, 398; Unified field 104, 162, 163, 166, 381; Vedic Literature 89, 94, 95, 219, 220, 254, 255, 319, 320, 419; and Yogic flying 296, 317, 382.

**Reference #66:** Maharishi Mahesh Yogi. (1993). *Maharishi Vedic University: Exhibition*. The Netherlands, Maharishi Vedic University Press (publication no. N 3397), 214pp.

**Main themes:** This book is comprised of a series of "exhibition display panels"; in effect, each of the first 95 pages represents one exhibition panel in miniature on each page for a total of 95 panels; the topics are: Maharishi Vedic University—Definition (16 panels); Maharishi Vedic University—Offers (15 panels); and Maharishi Vedic Management (64 panels). The book then presents two main sections: Maharishi Vedic Science—definition and scope (pp. 107-139); and Maharishi's Transcendental Meditation Movement—yearly achievements in 36 years (pp. 141-214). Vedic phrases, such as "The peaceful, the blissful, the undivided is thought to be the fourth; that is the Self, That is to be known" (Shivam shantam advaitam chaturtham manyante sa Ātma sa vigyeyah, न वि िान्तरद्द्वत चतथ र्न्यन्त स आत्मा स नवजयः, Nrisimhotaratapaniya Upanishad, 1), "Once achieved, it is never lost" (Esha Brahmi sthith Partha nainam prapya vimuhyati, एषा ब्राह्मी सस्थिनतः पथ ििा प्राप्य नवरह्यनत, Bhagavad-Gita, 2.72), and "Behold the richness of My Yoga—Samhita value, My holistic Nature" (Pashya me yogam aishvaram, पश्य र्े योगर्श्वरर्, Bhagavad-Gita 9.5), are introduced and discussed.

**Reference #67:** Maharishi Mahesh Yogi. (1994). *Maharishi Vedic University: Introduction*. Holland: Maharishi Vedic University Press (publication no. N 3454), 362pp.

**Main themes:** This book contains a wealth of material pertaining to education in general and Maharishi Vedic University (MVU) in particular, and addresses many aspects of Vedic Science and Vedic Literature. The main topics include: 1) a definition of MVU and why its educational approach is

meaningful; 2) curriculum of MVU; 3) theme of unfoldment of complete knowledge through analysis and synthesis; 4) the fruit of all knowledge; 5) what is consciousness, knowledge is structured in consciousness, and Veda is structured in consciousness; 6) old concept of a university; 7) Maharishi's Absolute Theory of Education (to which a significantly large section of the book is dedicated, pp. 108- 153); 8) a definition of Maharishi's Vedic Science and comparison with modern science; 9) Constitution of the Universe, including source and perspective of religious codes, and the eternal cycle of Natural Law; 10) research in consciousness, and the Transcendental Meditation and TM-Sidhi programme; 11) the Maharishi Effect; 12) scientific research; 13) course descriptions; 14) pollution-free environment; and 15) discovery of Rk Veda and the entire Vedic Literature in human physiology. Vedic phrases, such as "Mantras are the structures of pure knowledge, the sounds of the Veda; Brahmanas are the internal dynamics of the structure of pure knowledge, the organizing power of the Mantras, the intelligence that structures the Mantras—the structuring dynamics of the Mantras" (Mantra-Brahmanayor-Veda namadheyam, र्न्त्रब्रह्मयिवदिरार्थयर्, Āpastamba Shrauta Sūtram, 24.1.31), "For those established in self-referral Unity Consciousness, or Brahman Consciousness, the infinite organizing power of the Creator, Brahma, becomes the charioteer of their intentions, activity" (Brahma bhavati sarathiḥ (ब्रह्मा भवन्त सरानथः, Rik Veda, 1.158.6), "Because I am unbounded, my Maya is also unbounded" (Daivi hy esha gunamayi mama maya duratyaya mameva ye prapadyante mayametam taranti te, दैवी ह्येषा गिर्ययी र् र्ाया दरत्यया र्ारव ये प्रपद्यन्त र्ाया र्ता तरसन्त ते, Bhagavad-Gita, 7.14), "Once achieved, it is never lost—life in enlightenment—life of the individual a lively field of all possibilities—achievement of anything through mere desiring" (Esha Brahmī sthithi Partha nainam prapya vimuhyati, एषा ब्रह्मी स्स्थनतः पाय ििप्राय नवरह्यन्त, Bhagavad-Gita, 2.72), and "the reality of the Self is Brahm" (Ayam Ātma Brahma, अयर्ात्माब्रह्म, Mandukya Upanishad, 2), are introduced and discussed, along with a number of unique diagrams of Vedic Literature.

**Key words or phrases:** Alertness; Anyonyabhava; Atyantabhava; Chhandas; consciousness; Constitution of the Universe; cosmic creativity; creative genius; creative intelligence; Devatā; education; enlightenment; fruit of all knowledge; Gyān Shakti; higher states of consciousness; knowledge is structured in consciousness; Kriya Shakti; laws of nature; life according to natural law; Maharishi Vedic University; Maharishi's Absolute Theory of Education; organizing power; perfect management; pollution-free environment; Pradhwaṅsabhava; Pragabhava; pure knowledge; research in consciousness; Rishi; Samhitā; self-referral; support of nature; Shruti; TM-Sidhi; Transcendental Meditation; unified field; Ved; Vedic Literature; Vedic management.

**Content Codes:** VE; CH.

**Quote:** "My introduction to Vedic University is the beacon light of Vedic Civilization, celebrating perfection in enlightenment and fulfilment—full blossoming of Natural Law in the daily life of every individual and every nation"—Maharishi (Preface).

**Bibliography:** The main themes in this publication have been elaborated in and validated by the following bibliographic citations: Academic performance 221, 259, 260, 261, 263, 402; Consciousness 90, 92, 107, 124, 197, 224, 225, 256, 294, 301, 344, 369, 374, 379, 381, 383, 388, 397, 405; Creativity 86, 90, 149, 201, 298, 366; Curriculum 33, 130, 143, 216; Education 33, 40, 49, 70, 71, 100, 128, 129, 130, 143, 159, 216, 253, 259, 260, 261, 263, 322, 327, 378; Higher states of consciousness 4, 5, 9, 10, 14, 73, 98, 181, 244, 262, 283; Maharishi Vedic Management 223, 327; Maharishi Vedic Science 69, 74, 107, 155, 163, 216, 254, 321; Maharishi Vedic University 129, 130; Management 11, 172, 173, 175, 176, 182, 223, 246, 324, 325, 327, 359; Middle East 60, 84, 85, 290; Natural law 72, 223, 224, 319, 320, 355; Students 111, 378; Transcendental Meditation 7, 157, 158, 225, 245, 291, 306, 340, 347, 357, 363, 372, 398; Unified field 104, 162, 163, 166, 381; Veda 254; Vedic Literature 89, 94, 95, 219, 220, 254, 255, 319, 320, 419; Vedic Science-based education 133, 217; and Yogic flying 296, 317, 382.

**Reference #68:** Maharishi Mahesh Yogi. (1995). *Maharishi's absolute theory of government: Automation in administration*. India: Maharishi Ved Vigyan Vishwa Vidya Peetham, 567 pp.

**Main themes:** This book is an expanded version of References #64 and #65, and therefore contains some of the same information. However, as Maharishi notes at the beginning of the book, "As the theme of my Absolute Theory of Government is Vedic, efforts have been made to put it in a language that can be understood by all and at the same time explain the fine fabrics of knowledge and maintain some Vedic Terms, especially for the Vedic Scholars

who are familiar with the procedure of digging deep into the fine fabrics of knowledge" (p. 1). Maharishi goes on to describe another key feature of this book as differentiated from the two earlier works of the same name when he says: "The footnotes (in this book) explain the deepest principles of administration, the deepest values of the knowledge of administration, which can be completely expressed only in the Language of Nature—the Vedic Language" (p. 1). It is these two elements of the present work which distinguish it from the earlier books, and the length of the document and the fact that it was published by Maharishi Ved Vigyan Vishwa Vidya Peetham in India further testify to this conclusion. The book outlines Maharishi's Absolute Theory of Government according to several main topics, and incorporates the appendices from Reference #65, including: government—phenomenon of knowledge; co-existence of unity and diversity; self-referral—the perfect quality of government; absolute administration; Rk Veda, spontaneity in administration; absolute government; total perspective of rulership; a vision of supreme rulership; formula for every government; administration—a parental role; government—an innocent mirror of the nation; cosmic constitution of the universe; political etiquette; Maharishi Effect (including the Extended Maharishi Effect and the Global Maharishi Effect); every government to hold the balance of power in the world; Constitution of the Universe; programme to actualize the Constitution of the Universe; scientific research on the Transcendental Meditation and TM-Sidhi programme; principle of health; verification of Maharishi's Absolute Theory of Government; Maharishi in the world today; Maharishi's achievements and Maharishi's Absolute Theory of Government.

**Key words or phrases:** Absolute government; administration; Apaurusheya Bhāsyā; automation in administration; Brahm; coherence in collective consciousness; government of nature; government; Group for a Government; hierarchy of administration; ideal of administration; innocent mirror of the nation; interdisciplinary study; law and order; laws of nature; Maharishi Effect; Maharishi's Absolute Theory of Government; Maharishi's Vedic Science; Natural Law; organizing power of Natural Law; Philosophy of Government; physics; pious profession; Principle of Least Action; Rām; Rk Ved; rulership; scientific foundation; TM-Sidhi; Transcendental Meditation; unified field; Yogic Flying.

**Content Codes:** VE; CH.

**Quote:** "Perfect administration is the phenomenon of knowledge; it is the phenomenon of knowing; it is the phenomenon of knowingness; it is the phenomenon of least action, which is the phenomenon of the self-interacting dynamics of the self-referral state of consciousness. Absolute administration, perfect administration, is the phenomenon of the self-interacting dynamics of consciousness; it is the phenomenon of the self-interacting dynamics of intelligence, which is the structure of pure knowledge and its infinite organizing the power, where the Self administers itself"—Maharishi (pp. 3-4).

**Bibliography:** The main themes in this publication have been elaborated in and validated by the following bibliographic citations: Coherence 84, 85, 93, 145, 289, 293; Collective consciousness 35, 67, 84, 85, 93, 104, 144, 145, 153, 161, 167, 289, 293, 301, 406; Government 225, 350; Interdisciplinary study 57; Law 223, 224, 258, 319, 320; Maharishi Effect 67, 68, 69, 70, 71, 72, 84, 85, 93, 144, 145, 167, 177, 280, 284, 289, 290, 293, 301, 400; Maharishi Vedic Management 223, 327; Maharishi Vedic Science 69, 74, 107, 155, 163, 216, 254, 321; Mental health 118, 171, 191; Middle East 60, 84, 85, 290; Natural law 72, 223, 224, 319, 320, 355; Physics 163, 164, 165; Psychiatry 65, 316; Quantum unified field theories 162, 163; Reaction time 193; TM-Sidhi 71, 298, 398; Transcendental Meditation 7, 157, 158, 225, 245, 291, 306, 340, 347, 357, 363, 372, 398; Unified field 104, 162, 163, 166, 381; Vedic Literature 89, 94, 95, 219, 220, 254, 255, 319, 320, 419; and Yogic flying 296, 317, 382.

**Reference #69:** Maharishi Mahesh Yogi. (1995). *Maharishi University of Management: Wholeness on the move*. Holland: Maharishi Vedic University Press (publication no. N 3530), 248 pp.

**Main themes:** This important book is organized according to the following topics: Maharishi's Master Management; managing the intelligence of nature; timely management, specifically in relation to Transcendental Meditation; the fundamentals of management; supreme management; the need for broad comprehension and the ability to focus in management; the science and art of management; the goal of Maharishi University of Management; the importance of culture; the parental role of management; the cosmic manager—Natural Law; the supreme quality of management; the Transcendental Meditation and TM-Sidhi programme, including Yogic Flying, in relation to management; the Maharishi Effect, the Extended Maharishi Effect and the Global Maharishi Effect; scientific research in the field of management; the neurophysiology of creativity and management; and Maharishi's Vedic Management. The book also includes a number of highly original diagrams, and an extensive reference to Vedic Science, including analysis of Vedic expressions such as: "Be without the three



Gunas, O Arjuna!” (Nistrai-gunyo bhava-Arjuna, निस्त्रैगुण्यो भवार्जुनि, Bhagavad-Gita, 2.45); “Established in the Self, perform action” (Yogasthah kuru karmani, योगस्थः करु कर्त्नानि, Bhagavad-Gita, 2.48); and “Perform natural duty because unfathomable is the course of action” (Sahajam karma kaunteya, सहर् कर्कान्तय, Bhagavad-Gita, 18.48).

**Key words or phrases:** Cosmic management; creativity; Extended Maharishi Effect; Global Maharishi Effect; Maharishi Effect; Maharishi University of Management; Maharishi’s Master Management; Maharishi’s Vedic Management; management; Natural Law; scientific research; TM-Sidhi; Transcendental Meditation; Vedic Science; Yogic Flying.

**Content Codes:** VE; SR; CH.

**Quote:** “My University of Management will create managers who will float in happiness, success, and fulfillment. They will command authority in the field of progress and dictate their terms to the environment. They will be the guiding light of the post-industrial era, and functioning through Nature’s Principle of Least Action, initiating dynamism in silence, they will introduce automation in administration to create a stable, balanced economy”—Maharishi (Preface).

**Bibliography:** The main themes in this publication have been elaborated in and validated by the following bibliographic citations: Academic performance 221, 259, 260, 261, 263, 402; Creativity 86, 90, 149, 201, 298, 366; Environment 135, 322, 355, 392; Extended Maharishi Effect 400; Global Maharishi Effect 400; Maharishi Effect 67, 68, 69, 70, 71, 72, 84, 85, 93, 144, 145, 167, 177, 280, 284, 289, 290, 293, 301, 400; Maharishi Vedic Management 223, 327; Maharishi Vedic Science 69, 74, 107, 155, 163, 216, 254, 321; Maharishi Vedic University 129, 130; Management 11, 172, 173, 175, 176, 182, 223, 246, 324, 325, 327, 359; Middle East 60, 84, 85, 290; Natural law 72, 223, 224, 319, 320, 355; Scientific research 54, 75, 76, 77, 100, 106, 151, 278, 282, 286, 287, 288, 295, 348, 399; Students 111, 378; TM-Sidhi 71, 298, 398; Transcendental Meditation 7, 157, 158, 225, 245, 291, 306, 340, 347, 357, 363, 372, 398; Vedic Literature 89, 94, 95, 219, 220, 254, 255, 319, 320, 419; and Yogic flying 296, 317, 382.

**Reference #70:** Maharishi Mahesh Yogi. (1995). *Maharishi University of Management: Wholeness on the move*. India: Maharishi Ved Vigyan Vishwa Vidyā Peetham, 352 pp.

**Main themes:** This longer book, published by a different publisher in India, replicates in more detail the topics presented in Reference #69, including: Maharishi’s Master Management; the managing intelligence of nature (including figures which parallel areas of management such as financial accounting and marketing to their correspondence in the Vedic Literature and modern physiology (pp.22-30)); timely management, specifically in relation to Transcendental Meditation; the fundamentals of management; supreme management; the need for broad comprehension and the ability to focus in management; the science and art of management; the goal of Maharishi University of Management; the importance of culture; the parental role of management; the cosmic manager—Natural Law; the supreme quality of management; the Transcendental Meditation and TM-Sidhi programme, including Yogic Flying, in relation to management; the Maharishi Effect, the Extended Maharishi Effect and the Global Maharishi Effect; scientific research in the field of management; the neurophysiology of creativity and management; and Maharishi’s Vedic Management. However, this book goes further and presents a visual display of Maharishi’s Master Management (pp. 340-352) and an extensive analysis of the Veda and Vedic Literature in the human physiology (pp. 130-168), with diagrams and extensive footnotes. The book also includes a number of highly original diagrams and charts which do not appear anywhere else in the literature (such as “a vision of the evolution of natural law in three steps”, (p. 62), “a vision of the all-directional, all-dimensional wakefulness” (p. 70), and “a vision of the total potential of natural law at the junction point between any two expressions” (pp. 72-73)), and an extensive reference to Vedic Science, including analysis of Vedic expressions such as: “Having created the creation, the Creator—

Cosmic Creative Intelligence—entered into it” (Tat srishtva tad evanupravishat, तत्सृष्ट्वा तदवाप्तिरानवित, Taaittiriya Upanishad, 2.6.1); “Unfathomable is the course of action” (Gahana karmana gatih, गहानि कर्त्ति गनतः, Bhagavad-Gita, 4.17); and “That is full; this is full. From fullness, fullness comes out. Taking fullness from fullness, what remains is fullness” (Purnam adah purnam idam purnam purnam udachyate purnasya purnam adaya purnam evavashishyate, परिदः पिनर्द पित्पिर्दच्यत पिस्य परिदाय परिवावनिष्यत, Shantipatha, Isha Upanishad).

**Key words or phrases:** Constitution of the Universe; cosmic management; creativity; Extended Maharishi Effect; Global Maharishi Effect; human physiology; Maharishi Effect; Maharishi University of Management; Maharishi’s Master Management; Maharishi’s Vedic Management; management; Natural Law; scientific research; TM-Sidhi; Transcendental Meditation; Veda; Vedic Literature; Vedic Science; Yogic Flying.

**Content Codes:** VE; SR; CH.

**Quote:** (Managers who float in happiness, success and fulfilment) “will be the embodiment of positivity and harmony, in whose presence nothing can go wrong, and will raise management to a new, enlightened level of performance, which will nourish everyone and everything. They will bring the dawn of new fortune to any field they choose to lead and will usher in a prosperous, blissful time of progress, peace and fulfilment in all field of business management and public administration”—Maharishi (Preface).

**Bibliography:** The main themes in this publication have been elaborated in and validated by the following bibliographic citations: Academic performance 221, 259, 260, 261, 263, 402; Business 11, 81, 137, 172, 173, 175, 182, 183, 223, 324, 325, 326, 327, 355, 359; Creativity 86, 90, 149, 201, 298, 366; Extended Maharishi Effect 400; Global Maharishi Effect 400; Maharishi Effect 67, 68, 69, 70, 71, 72, 84, 85, 93, 144, 145, 167, 177, 280, 284, 289, 290, 293, 301, 400; Maharishi Vedic Management 223, 327; Maharishi Vedic Science 69, 74, 107, 155, 163, 216, 254, 321; Maharishi Vedic University 129, 130; Management 11, 172, 173, 175, 176, 182, 223, 246, 324, 325, 327, 359; Middle East 60, 84, 85, 290; Natural law 72, 223, 224, 319, 320, 355; Organizational ability 161, 174, 176, 183, 326; Scientific research 54, 75, 76, 77, 100, 106, 151, 278, 282, 286, 287, 288, 295, 348, 399; Students 111, 378; TM-Sidhi 71, 298, 398; Transcendental Meditation 7, 157, 158, 225, 245, 291, 306, 340, 347, 357, 363, 372, 398; Vedic Literature 89, 94, 95, 219, 220, 254, 255, 319, 320, 419; World peace 3, 68, 145, 153, 165, 252, 258, 279, 288, 290, 293, 400; and Yogic flying 296, 317, 382.

**Reference #71:** Maharishi University of Management. (1995). *Corporate revitalization programme: To improve health, creativity, and good fortune of every company*. Holland: Maharishi University of Management Press, 37pp.

**Main themes:** This small book presents the mission statement of the Corporate Revitalization Programme, a programme designed by Maharishi to “eliminate and prevent problems in all fields of management and public administration, and to secure steady, fulfilling progress in any company”. The goals of the programme are expanded to include among other things: improve the good fortune of the organization— its health, vitality, and integration; improve the health, vitality creativity, and mind-body coordination of employees; eliminate stress and strain at all levels of the organization; and improve the organization’s competitive advantage. Those who will benefit from the programme are cited specifically as: troubled companies that would like to restore their vitality and become profitable; successful companies that would like to improve their creativity and maintain continued success; and new organizations that would like to prevent problems. The book includes photographs of 60 Maharishi Universities of Management in the U.S. (pp. 29-37) and a chart on the “influence of the universe on the human brain” (p. 28).

**Key words or phrases:** Case studies; Corporate Revitalization Programme; cosmic intelligence; creativity; good fortune; Maharishi University of Management; Natural Law; productivity; scientific validation; Transcendental Meditation.

**Content Codes:** VE; CH; HP.

**Quote:** “Everything is possible through the scientific approach of Natural Law, which manages the infinite diversity of creation with never-failing, perfect order”—Maharishi (p. 2).

**Bibliography:** The main themes in this publication have been elaborated in and validated by the following bibliographic citations: Creativity 86, 90, 149, 201, 298, 366; Maharishi Vedic Management 223, 327; Maharishi Vedic Science 69, 74, 107, 155, 163, 216, 254, 321; Maharishi Vedic University 129, 130; Management 11, 172, 173, 175, 176, 182, 223, 246, 324, 325, 327, 359; Mental health 118, 171, 191; Natural law 72, 223, 224, 319, 320, 355; Prevention 180, 186, 187, 188, 189, 190, 269, 285, 303, 337, 400; Problem solving 88; Productivity 137, 175; Psychiatry 65, 316; Reaction time 193; Scientific research 54, 75, 76, 77, 100, 106, 151, 278, 282, 286, 287, 288, 295, 348, 399; Self-repair mechanism 239, 409, 412; Stress 58, 59, 63, 66, 91, 141, 160, 213, 218, 227, 228, 303, 307, 332, 333, 338, 339, 350, 354, 375, 378, 411, 412, 414, 415; and Transcendental Meditation 7, 157, 158, 225, 245, 291, 306, 340, 347, 357, 363, 372, 398.

**Reference #72:** Maharishi Mahesh Yogi. (1995). *Vedic knowledge for everyone: An introduction*. Holland: Maharishi Vedic University Press (ISBN 90-71750-17-5), 362pp.

**Main themes:** This book contains a wealth of material pertaining to education in general and Maharishi Vedic University (MVU) in particular, but is essentially the same as to Reference #67. In this introduction to MVU, Maharishi reveals the completeness and scientific character of Vedic education, and shows how any educational system and any community can unfold the total potential of every individual and every society by implementing Vedic Education.

**Key words or phrases:** Alertness; Chhandas; consciousness; Constitution of the Universe; cosmic creativity; creative genius; creative intelligence; Devatā; education; enlightenment; fruit of all knowledge; higher states of consciousness; knowledge is structured in consciousness; laws of nature; life according to natural law; Maharishi Vedic University; Maharishi's Absolute Theory of Education; organizing power; perfect management; pollution-free environment; pure knowledge; research in consciousness; Rishi; Samhitā; self-referral; support of nature; TM-Sidhi; Transcendental Meditation; unified field; Ved; Vedic Literature; Vedic management.

**Content Codes:** VE; CH.

**Quote:** "Veda is the structure and function of pure knowledge. It encompasses the whole range of science and technology; it is theory and practice at the same time; it is the structure of total knowledge—Samhitā of Rishi, Devatā, Chhandas—the togetherness of the observer, process of observation, and object of observation. Therefore, 'Vedic' includes the whole path of knowledge from the knower to the known—the whole field of subjectivity, objectivity, and their relationship; the whole field of life, unmanifest and manifest; the whole field of 'Being' and 'Becoming'; the whole range of knowledge from its source to its goal—the eternal source, course, and goal of all knowledge"—Maharishi (p. 5).

**Bibliography:** The main themes in this publication have been elaborated in and validated by the following bibliographic citations: Academic performance 221, 259, 260, 261, 263, 402; Consciousness 90, 92, 107, 124, 197, 224, 225, 256, 294, 301, 344, 369, 374, 379, 381, 383, 388, 397, 405; Creativity 86, 90, 149, 201, 298, 366; Curriculum 33, 130, 143, 216; Education 33, 40, 49, 70, 71, 100, 128, 129, 130, 143, 159, 216, 253, 259, 260, 261, 263, 322, 327, 378; Higher states of consciousness 4, 5, 9, 10, 14, 73, 98, 181, 244, 262, 283; Maharishi Vedic Management 223, 327; Maharishi Vedic Science 69, 74, 107, 155, 163, 216, 254, 321; Maharishi Vedic University 129, 130; Management 11, 172, 173, 175, 176, 182, 223, 246, 324, 325, 327, 359; Middle East 60, 84, 85, 290; Natural law 72, 223, 224, 319, 320, 355; Students 111, 378; Transcendental Meditation 7, 157, 158, 225, 245, 291, 306, 340, 347, 357, 363, 372, 398; Unified field 104, 162, 163, 166, 381; Veda 254; Vedic Literature 89, 94, 95, 219, 220, 254, 255, 319, 320, 419; Vedic Science-based education 133, 217; and Yogic flying 296, 317, 382.

**Reference #73:** Maharishi Mahesh Yogi. (1996). *Inaugurating Maharishi Vedic University*. India: Maharishi Vedic Vishwavidyalaya Press (ISBN 81-7523-006-1, publication no. I-2357), 258pp.

**Main themes:** A portion of this book on higher education and the role of Maharishi Vedic University in bringing fulfilment to it is presented in Hindi and is directed to the Chief Minister and Minister of Higher Education of the State of Madhya Pradesh in India. The book begins with a series of declarations by Maharishi, government ministers, Dr Bevan Morris, international president of Maharishi Vedic Universities and Maharishi Universities of Management, and Dr Tony Nader, International President of Maharishi Ayur-Veda Universities. The book then goes on to define and detail Maharishi Vedic Science, including the seven states of consciousness, four stages of the gap, Veda in the human physiology (pp. 58-109), and Maharishi's Vedic Approach to Health, and includes detailed footnotes and references to the Vedic Literature, including explaining many Vedic expressions, such as "Brahman is the charioteer" (Brahma bhavati sarathih , ब्रह्मा भवन्त सारन्थः, Rik Veda, 1.158.6), "I am Totality" (Aham Brahmasmi, अहं ब्रह्मास्मि, Brihadaranyaka Upanishad, 1.4.10), "Mantra and Brahmana together constitute Veda" (Mantra-Brahmanayor-Veda namadheyam, मन्त्रब्रह्मयोरवेदिविधिर्, Āpastamba Shrauta Sūtram, 24.1.31), and "No branches, no leaves in the absence of the root" (Chinne mule naiva shakha na patram, निन्नरुलेखिपत्रम्). A detailed analysis of Maharishi's Apaurusheya Bhāśya (or Rk Veda Samhitā) is presented, including an important chart (pp. 50-51), along with detailed analyses of modern science

in the light of Vedic Science, using Unified Field Charts and Richo Akshare Charts; the book contains many highly original diagrams and charts.

**Key words or phrases:** Apaurusheya Bhāśya; Ātma; chemistry; collective health; consciousness; creative intelligence; health; intelligence of nature; laws of nature; Maharishi Jyotish; Maharishi Medical Colleges; Maharishi Sthāpatya Veda; Maharishi Technology of the Unified Field; Maharishi Vedic Science; Maharishi Vedic University (MVU); Maharishi Yagya; Maharishi's Vedic Approach to Health; mathematics; modern medicine; natural law; physics; physiology; Richo Akshare; Rk Veda Samhitā; Rk Veda; seven states of consciousness; TM-Sidhi; total knowledge; Transcendental Meditation; Unified Field Chart; unified field; Veda; Vedic Literature; Yogic Flying.

**Content Codes:** VE; TP; CH; HP; BI.

**Quote:** "Maharishi Vedic University will unfold the unlimited treasures of total knowledge, pure knowledge, latent within the Self of everyone —आत्म— which is the fountainhead of all knowledge, bliss, and power—the infinite organization power of Natural Law. Maharishi Vedic University will deliver the fruit of all knowledge to everyone—the fulfilment of university education—mistake-free progressive life in enlightenment—the natural and spontaneous ability to move in the right direction and achieve the laudable goals of life—daily life according to Natural Law, Kānune Kudrat, Guru Wani"—Maharishi (pp.67).

**Bibliography:** The main themes in this publication have been elaborated in and validated by the following bibliographic citations: Academic performance 221, 259, 260, 261, 263, 402; Consciousness 90, 92, 107, 124, 197, 224, 225, 256, 294, 301, 344, 369, 374, 379, 381, 383, 388, 397, 405; Health 42, 83, 112, 113, 131, 140, 156, 186, 187, 188, 189, 190, 202, 204, 222, 227, 229, 234, 235, 240, 250, 276, 286, 199, 309, 323, 330, 339, 342, 421, 424, 426; Higher states of consciousness 4, 5, 9, 10, 14, 73, 98, 181, 244, 262, 283; Maharishi Technology of the Unified Field 105, 252, 289, 290, 297; Maharishi Vedic Medicine 134, 339; Maharishi Vedic Science 69, 74, 107, 155, 163, 216, 254, 321; Maharishi Vedic University 129, 130; Mathematics 155, 253, 312, 418; Medical science 75, 76, 77, 257, 357; Mental health 118, 171, 191; Natural law 72, 223, 224, 319, 320, 355; Physics 163, 164, 165; Psychiatry 65, 316; Quantum unified field theories 162, 163; Reaction time 193; Students 111, 378; Transcendental Meditation 7, 157, 158, 225, 245, 291, 306, 340, 347, 357, 363, 372, 398; Unified field 104, 162, 163, 166, 381; Veda 254; Vedic Literature 89, 94, 95, 219, 220, 254, 255, 319, 320, 419; Vedic Science-based education 133, 217; and Yogic flying 296, 317, 382.

**Reference #74:** Maharishi Mahesh Yogi (1996). *Maharishi's absolute theory of defence: Sovereignty in invincibility*. India: Maharishi Vedic University Press (ISBN 81-7523-000-2), 668pp.

**Main themes:** At 668 pages, this book perhaps represents the most detailed and comprehensive of any document written by Maharishi. Although there are approximately 90 separate topics included in this book and thus too many to list, the main topics include: 1) invincible defence and the principle of "power in purity"; 2) the Vedic technology of defence; 3) the basis and constituents of invincible defence (including holistic, flowing wakefulness and reverberating wholeness, each of which is paralleled with an aspect of the Vedic Literature); 4) the 27 areas of Vedic knowledge; 5) a new world order of peace; 6) invincible defence in nature; 7) compliments to military science; 8) Constitution of the Universe; 9) enlightenment; 10) physics of invincibility; 11) chemistry of invincibility; 12) mathematics of invincibility; 13) physiology of invincibility; 14) contribution of science to invincibility; 15) Transcendental Meditation and TM-Sidhi programme; 16) Maharishi Effect; 17) scientific research on the Transcendental Meditation and TM-Sidhi programme; 18) courses on Supreme Military Science; 19) discovery of the absolute number; 20) a vision of invincible order; 21) securing invincibility for the government; and 22) Maharishi's achievements over 37 years. While it is not possible to detail every element of knowledge in this book, a summary of those topics within, for example, 10) physics of invincibility will give the reader a sense of the profound dimensions to this book, which include: a) a level of physics which is non-physical; b) the unification of the fundamental force and matter fields of nature in the unified field of natural law; c) principles of avoiding focal points of stress (i.e., imperfections); d) principle of smoothness, expansion of boundaries; e) principle of maintenance of perfect symmetry; f) principle of low entropy (e.g., regularity, purity, homogeneity); g) universal principles of purification—third law of thermodynamics; h) principle of strong local bonds; i) principle of macroscopic wave coherence; j) principle of the Meissner Effect; k) principle of invincibility through creativity; l) principle of unmanifest self-interacting dynamics of the vacuum state; m) principle of invincibility in the self-referral nature of the unified field of natural law; and n) principles of invincibility in physics at a glance. One of the fundamental principles of defence, according to Maharishi, is the Vedic expression: "Avert the danger

which has not yet come” (Heyam dukkham anagatam, ह्यदःखरिःगतर, Yoga Sutra, 2.16); this, and other, Vedic expressions and knowledge are detailed extensively throughout the book

**Key words or phrases:** Automation in administration; chemistry; coherence; collective consciousness; Constitution of the Universe; Extended Maharishi Effect; Global Maharishi Effect; invincible defence; Maharishi Effect; Maharishi’s Absolute Theory of Defence; mathematics; military science; Natural Law; peace; physics; physiology; Supreme Military Science; TM-Sidhi; Transcendental Meditation; Veda; Vedic Literature; Vedic technology of defence.

**Content Codes:** VE; SR; CH.

**Quote:** “Military is purposeful only if it has the indomitable power of invincibility, with the natural ability to prevent the birth of an enemy. My Absolute Theory of Defence offers this indomitable strength of invincibility to the military of every nation. The formula is to bring military power in alliance with the invincible power of Natural Law, that organizing power of Nature which spontaneously provides safety and security to the Government of the Universe and eternally defends the sovereign domain of every galaxy and solar system in the ever-expanding universe”—Maharishi (Preface).

**Bibliography:** The main themes in this publication have been elaborated in and validated by the following bibliographic citations: Coherence 84, 85, 93, 145, 289, 293; Collective consciousness 35, 67, 84, 85, 93, 104, 144, 145, 153, 161, 167, 289, 293, 301, 406; Mathematics 155, 253, 312, 418; Middle East 60, 84, 85, 290; Natural law 72, 223, 224, 319, 320, 355; Physics 163, 164, 165; Physiology 254, 255, 274, 374, 380, 390, 391, 393, 394, 401, 402, 404; Prevention 180, 186, 187, 188, 189, 190, 269, 285, 303, 337, 400; Quantum unified field theories 162, 163; Self-repair mechanism 239, 409, 412; Stress 58, 59, 63, 66, 91, 141, 160, 213, 218, 227, 228, 303, 307, 332, 333, 338, 339, 350, 354, 375, 378, 411, 412, 414, 415; Students 111, 378; TM-Sidhi 71, 298, 398; Transcendental Meditation 7, 157, 158, 225, 245, 291, 306, 340, 347, 357, 363, 372, 398; Unified field 104, 162, 163, 166, 381; Veda 254; Vedic Literature 89, 94, 95, 219, 220, 254, 255, 319, 320, 419; World peace 3, 68, 145, 153, 165, 252, 258, 279, 288, 290, 293, 400; and Yogic flying 296, 317, 382.

**Reference #75:** Maharishi Mahesh Yogi (1996). *Constitution of India fulfilled through Maharishi’s Transcendental Meditation*. India: Maharishi Mahesh Yogi Vedic Vishwavidyalaya (ISBN 81-7523-004-5), 344pp.

**Main themes:** While this book only has two large sections—“Cosmic Constitution and the Constitution of India” (which is an introduction by Maharishi (pp. 1-93B) and “Constitution of India Fulfilled through Maharishi’s Transcendental Meditation Documented by Science Research” (pp. 94-210)—and three large appendices—I: Constitution of the Universe fulfilled through Maharishi’s Transcendental Meditation verified by scientific research (pp. 211-222); II: References to scientific research (pp. 223- 257); and III: Specialities of Maharishi Mahesh Yogi Vedic Vishwavidyalaya (pp. 258-309), which is in Hindi—it does contain a wealth of knowledge on a variety of topics related to Vedic Science, modern science, and India. The comprehensive and highly detailed introduction by Maharishi is of particular importance, as it presents Maharishi’s teaching (with extensive footnotes) on topics including analyses of: Constitution of India; Vedic Literature, including Vedic expressions, different aspects of the literature, including Nyaya, Bhāva-Prākash Samhitā, Mādhav Nidan Samhitā, Atharva Veda Prātishākya; Shukl-Yajur-Veda Prātishākya; and Shārngadhara Samhitā; Transcendental Meditation; modern science; unified field theories of quantum physics; Constitution of the Universe from the perspective of Maharishi’s Vedic Science (some of it detailed in charts and detailed analysis, including from the Vedic Literature); qualities of the Constitution of the Universe (in both transliterated Sanskrit and in English); discovery of the Constitution of the Universe in human physiology, with detailed colour charts; enlivening the Constitution of the Universe through Transcendental Meditation and the TM-Sidhi programme, including Yogic Flying; Maharishi’s Apaurusheya Bhāsyā from the perspectives of physics, quantum cosmology, cosmology, mathematics, chemistry, etc., including analysis of the “gap” (Sandhi) or junction point, and its relation to Vedic expressions such as “smaller than the smallest is bigger than the biggest” (Anoraniyan Mahato-mahiyān, अोरिीयःि र्हतो र्हीयःि, Katha Upanishad, 1.2.20), among hundreds of other topics, which Maharishi discusses in tremendous detail. The book includes many unique diagrams associated with the Vedic Literature, many unpublished elsewhere, double-page colour diagrams, and historical photographs.

**Key words or phrases:** Age of Enlightenment; Ātmā; automation in administration; complete knowledge; Constitution of the Universe; cosmic intelligence; gap; Government of India; Group for a Government; Heaven on Earth; Indian Constitution; Lagrangian; Maharishi’s Absolute Theory of

Government; Maharishi’s Apaurusheya Bhāsyā; modern science; Natural Law; perfect order; qualities of Natural Law; Rashtriya Kavach; Richo Akshare; Rk Veda; Sandhi; scientific research; TM-Sidhi; Transcendental Meditation; unified field; Veda; Vedic Literature; Vedic Technology; wholeness; Yogic Flying.

**Content Codes:** VE; SR; CH; HP; BI.

**Quote:** “The peace, happiness, health, and progress of any nation depends upon orderly administration. Therefore it is vital for national law to have the influence of the infinite organizing power of Natural Law that governs the universe with perfect order; it is vital for the healthy administration of any government to have the direct influence of the Constitution of the Universe on the national constitution. My Absolute Theory of Government is the guiding light of perfection for every government; it offers automation in administration, which is an all-time requirement for any government”—Maharishi (p. v).

**Bibliography:** The main themes in this publication have been elaborated in and validated by the following bibliographic citations: Age of Enlightenment 267, 268; Collective consciousness 35, 67, 84, 85, 93, 104, 144, 145, 153, 161, 167, 289, 293, 301, 406; Government 225, 350; Heaven on earth 267, 268; Mathematics 155, 253, 312, 418; Mental health 118, 171, 191; Natural law 72, 223, 224, 319, 320, 355; Physics 163, 164, 165; Psychiatry 65, 316; Quantum unified field theories 162, 163; Reaction time 193; Science 74; Scientific research 54, 75, 76, 77, 100, 106, 151, 278, 282, 286, 287, 288, 295, 348, 399; TM-Sidhi 71, 298, 398; Transcendental Meditation 7, 157, 158, 225, 245, 291, 306, 340, 347, 357, 363, 372, 398; Unified field 104, 162, 163, 166, 381; Veda 254; Veda and science 74; Vedic Literature 89, 94, 95, 219, 220, 254, 255, 319, 320, 419; World peace 3, 68, 145, 153, 165, 252, 258, 279, 288, 290, 293, 400; and Yogic flying 296, 317, 382.

**Reference #76:** Maharishi Mahesh Yogi (1996). *Maharishi’s programme to make India the supreme power in the world*. India: Age of Enlightenment Publications (publication no. I-2426; ISBN 81-7523-005-3), 72pp.

**Main themes:** This short book contains a wealth of information and is based on a talk delivered by Maharishi to “political leaders of Madhya Pradesh India” in 1986. Maharishi’s address covers the following topics: knowledge is supreme power; knowledge of natural law; defining supreme power; one world family; using invincible power; a short cut; technology of consciousness; nourishing power; Yogic Flying; dawn of the Age of Enlightenment; new concept of power; government; new principles to govern life; commanding authority of natural law; India’s role as the custodian of Vedic wisdom; one programme to bring fulfilment to all government; supreme philosophy is supremely practical; skill of administration; only a new seed with yield a new crop; sublime heritage of India; well-being of mankind hinges on the wisdom of India; global administration through Natural Law; a vision of the cosmic constitution. The book includes Vedic expressions, such as “the world is my family” (Vasudhaiva kutumbakam, वसधव कटम्बकर्, Maha Upanishad, 6.71) and “In the vicinity of coherence (Yoga), hostile tendencies are eliminated” (Tat sannidhau vairatyagah, तत्सन्नन्धौवर्त्यःगः, Yoga Sutra, 2.35).

**Key words or phrases:** Administration; Age of Enlightenment; collective consciousness; government; India; invincibility; Natural Law; old and new principles; supreme power; TM-Sidhi; Transcendental Meditation; Vedic wisdom; Yogic Flying.

**Content Codes:** VE; CH; BI.

**Quote:** “I have great joy to express my very strong desire to make India the supreme power in the world; and this desire has at its basis our ability to do so”—Maharishi (Preface).

**Bibliography:** The main themes in this publication have been elaborated in and validated by the following bibliographic citations: Age of Enlightenment 267, 268; Coherence 84, 85, 93, 145, 289, 293; Consciousness 90, 92, 107, 124, 197, 224, 225, 256, 294, 301, 344, 369, 374, 379, 381, 383, 388, 397, 405; Government 225, 350; Heaven on earth 267, 268; Invincibility 375; Natural law 72, 223, 224, 319, 320, 355; TM-Sidhi 71, 298, 398; Transcendental Meditation 7, 157, 158, 225, 245, 291, 306, 340, 347, 357, 363, 372, 398; Unified field 104, 162, 163, 166, 381; Veda 254; Veda and science 74; Vedic Literature 89, 94, 95, 219, 220, 254, 255, 319, 320, 419; and Yogic flying 296, 317, 382.

**Reference #77:** Maharishi Mahesh Yogi (1996). *Maharishi forum of natural law and national law for doctors*. India: Maharishi Vedic University Press (ISBN 81-7523-003-7), 480pp.

**Main themes:** This book is perhaps the most detailed, comprehensive and advanced of all Maharishi's books on health, prevention, modern medicine and Vedic Science. Topics covered in this small-format but extensively researched book include: a definition of perfect health; discovery of nature's supreme intelligence; Maharishi's Vedic Approach to Health; knowledge and programmes of Maharishi's Vedic Approach to Health; healthy government; healthy defence; healthy industry; healthy economy; healthy education; healthy environment; scientific research studies; Constitution of the Universe; 37 areas of Natural Law that constitute the Veda and Vedic Literature; Maharishi Āyur-Veda, programmes to actualize the Constitution of the Universe; Maharishi Effect; new light of old wisdom; Maharishi Ved Vigyān Bhavan; Maharishi in the world today; Maharishi speaks on the Vedic Approach to Perfect Health—Maharishi Āyur-Veda; short courses; and fulfilment of the doctors' forum. The book also contains many footnotes which references charts and Vedic knowledge, including qualities of the unified field (i.e., of the Constitution of the Universe, cross-referenced to the main sections of the Vedic Literature (pp. 408-413), and a number of fundamentally important Vedic expressions, including: "I am

Totality" (Aham Brahmasmi, अहं ब्रह्मास्मि, Brihadaranyaka Upanishad, 1.4.10); "This Self is Brahman" (Āyām Ātma Brahma, अयम् आत्मा ब्रह्म, Mandukya Upanishad, 2); "Far, far away the indweller of the house, the Self, is seen reverberating" (Dure drisham grihapatim atharyum, दूरदर्शिनं गृहपतन्तरथ्यम्, Rik Veda 7.1.1); and "Curving back upon My own Nature, I create again and again—creation and administration of creation, both are a natural phenomenon on the basis of My self-referral consciousness" (Prakritimsvam avashtabhya visrijami punah punah bhuta-gramam imam kritnam avasham prakriter vashat, प्रकनत स्वार्वष्टभ्यह नवसरान् नवसरान् पः पः भतग्वारन् र् कत्स्नरवि प्रकतवित, Bhagavad-Gita, 9.8).

**Key words or phrases:** Body; Constitution of the Universe; Maharishi Āyur-Veda; Maharishi Effect; Maharishi Ved Vigyān Bhavan; Maharishi's Vedic Approach to Health; medicine; mind; national law; Natural Law; perfect health; prevention; scientific research; Veda; Vedic Literature.

**Content Codes:** VE; SR; CH.

**Quote:** "Maharishi Forum of Natural Law and National Law for Doctors introduces a prevention-oriented, comprehensive Natural Law-based, all-enriching system of perfect health. The centuries-old, medicine- predominant approach to health has failed to eliminate sickness and suffering; this is because medicine alone is too superficial to influence all the innumerable values that constitute the structure of life and its evolution. Only a HOLISTIC approach that takes into consideration all aspects of mind and body together can be successful in handling health"—Maharishi (Preface).

**Bibliography:** The main themes in this publication have been elaborated in and validated by the following bibliographic citations: Health 42, 83, 112, 113, 131, 140, 156, 186, 187, 188, 189, 190, 202, 204, 222, 227, 229, 234, 235, 240, 250, 276, 286, 199, 309, 323, 330, 339, 342, 421, 424, 426; Maharishi Ayur Veda 113, 151, 233, 270, 337, 347, 348, 349; Maharishi Effect 67, 68, 69, 70, 71, 72, 84, 85, 93, 144, 145, 167, 177, 280, 284, 289, 290, 293, 301, 400; Maharishi Vedic Medicine 134, 339; Mental acuity; Mental health 118, 171, 191; Middle East 60, 84, 85, 290; Natural law 72, 223, 224, 319, 320, 355; Prevention 180, 186, 187, 188, 189, 190, 269, 285, 303, 337, 400; Psychiatry 65, 316; Reaction time 193; Scientific research 54, 75, 76, 77, 100, 106, 151, 278, 282, 286, 287, 288, 295, 348, 399; Self-repair mechanism 239, 409, 412; Veda 254; Veda and science 74; Vedic Literature 89, 94, 95, 219, 220, 254, 255, 319, 320, 419; and Yogic flying 296, 317, 382.

**Reference #78:** Maharishi Mahesh Yogi. (1997). *Celebrating perfection in education: Dawn of total knowledge*. India: Maharishi Vedic University Press (ISBN 81-7523-013-4), 196pp.

**Main themes:** This book begins with a graphic analysis of a "vision of total knowledge" by presenting physics, chemistry, mathematics and physiology as having their source in the unified field of all the laws of nature, and shows the specific laws of nature according to the latest discoveries at their foundations in the unified field and in the Vedic Literature. The book then goes on to explain the "display of the world of Natural Law at the unmanifest basis of the manifest world", including detailed analysis of the fourfold nature of the gap, and analysis of *Maṇḍals* and *Richas* in Maharishi's Apaurusheya Bhāṣya. Charts presenting a vision of the "total knowledge" of physics (for example, the discovery of the 40 qualities of the Lagrangian of the unified field), chemistry, mathematics and physiology in the light of 40 aspects of the Vedic Literature, and the discovery of the 40 qualities of intelligence in the unified field are included along with Richo Akshare Charts for each of these four disciplines. A key part of the document explains why "everything is Vedic", including detailed descriptions and charts for Vedic education (pp. 81-82), Vedic health

care (pp. 83-85), Vedic administration (pp. 86-87), Vedic industry (pp. 88-90), Vedic economy (pp. 91-92), Vedic management (pp. 93-96), Vedic defence (pp. 97-100), Vedic law, justice, and rehabilitation (pp. 101-102), Vedic architecture (pp. 103-106), and Vedic agriculture (pp. 107-110). The different branches of Vedic Literature feature significantly, including Atharva Veda Prātishākhya, Krishn-Yajur-Veda Prātishākhya, and Sāma Veda Prātishākhya, and Vedic expression such as "My self-referral consciousness" (Prakritim svam avashtabhya visrijami punah punah bhuta-gramam imam kritnam avasham prakriter vashat, प्रकनत स्वार्वष्टभ्यह नवसरान् नवसरान् पः पः भतग्वारन् र् कत्स्नरवि प्रकतवित, Bhagavad-Gita, 9.8), "For those established in self-referral consciousness, the infinite organizing power of the Creator becomes the charioteer of all action" (Brahma bhavati sarathih, ब्रह्मा भवन्त सारन्थः, Rik Veda, 1.158.6), "By virtue of analysis and synthesis, the indivisible Unity is realized in the world of diversity" (Anvaya vyati rekābhyām nishprapancham prapanchyate, अन्वयव्यतिरेकाभ्यानिष्प्रपञ्चप्रच्यते), "Having created the creation, the Creator—Cosmic Creative Intelligence—entered into it" (Tat śrishtvā tad evānuprāvishat, अन्वयव्यतिरेकाभ्यानिष्प्रपञ्चप्रच्य, तत्सृष्ट्वा तदेवानुप्राविशत, Taittirīya Upanishad 2.6.1), and "Established in the Self, perform action" (Yogasthaḥ kuru karmāni, योगस्थः कुरु कर्माणि, Bhagavad-Gītā, 2.48) feature throughout the book. Footnotes throughout the text also connect the main text to more advanced concepts and readings, and a number of unique diagrams further explains the key terms and concepts from Vedic Science.

**Key words or phrases:** Atharva Veda; Ātmā; chemistry; Chhandas; Devatā; education; fruit of all knowledge; Maharishi's Apaurusheya Bhāṣya; Maharishi's Vedic Science; mathematics; Natural Law; physics; physiology; Richo Akshare Charts; Rishi; Rik Veda; Sāma Veda; Saṁhitā; seven states of consciousness; unified field; Veda; Vedic administration; Vedic agriculture; Vedic architecture; Vedic defence; Vedic economy; Vedic education; Vedic health care; Vedic industry; Vedic law, justice, and rehabilitation; Vedic Literature; Vedic management; vision of total knowledge; Yajur-Veda.

**Content Codes:** VE; SR; CH; BI.

**Quote:** "Every professor knows the whole field of knowledge through his own discipline. This is true because the latest discoveries in the field of Science, Arts, and Commerce have located the source of each discipline—Physics, Chemistry, Mathematics, etc.—on the common ground of Total Knowledge, the knowledge of the UNIFIED FIELD of all the laws of nature. This field of Total Knowledge, at the basis of all disciplines, is the foundation for celebrating the availability of Total Knowledge, and the 'fruit of all knowledge' for every student"—Maharishi (p. 2).

**Bibliography:** The main themes in this publication have been elaborated in and validated by the following bibliographic citations: Academic performance 221, 257, 260, 395; Agriculture 120, 199, 386; Architecture 194, 239, 376; Consciousness-based education 135, 217; Economy 67, 68, 69, 71, 72, 166; Education 13, 34, 40, 48, 103, 111, 130, 132, 143, 159, 216, 221, 256, 257, 258, 260, 328, 378; Health 18, 22, 112, 113, 118, 131, 134, 140, 141, 142, 156, 157, 186, 187, 188, 189, 191, 198, 202, 222, 227, 229, 232, 234, 248, 273, 283, 288, 302, 303, 317, 323, 328, 329, 332, 333, 334, 336, 357, 404, 405, 406, 408, 415, 419; Higher states of consciousness 5, 6, 9, 11, 12, 13, 98, 99, 259, 280, 321; Law 7, 27, 97; Learning 99, 108, 159, 161, 174; Maharishi Ayur Veda 113, 151, 254, 267, 268, 328, 331, 341, 342; Maharishi Vedic Science 26, 49, 56, 68, 69, 75, 110, 128, 136, 164, 168, 216, 250, 315; Management 13, 161, 172, 173, 175, 176, 223, 244, 318, 319, 320, 353; Mathematics 155, 251, 308, 409; Natural law 224, 349; Physics 163, 164; Physiology 101, 206, 215, 242, 252, 253, 370, 374, 380, 384, 385, 387, 388, 390, 391, 392, 394, 395, 396; Psychiatry 65, 266; Psychology 5, 9, 11, 14, 18, 23, 51, 94, 95, 98, 125, 143, 147, 169, 191, 262, 263, 274, 275, 280, 294, 300, 303, 311, 322, 335, 350, 374, 383; Quantum unified field theories 163, 164; Rehabilitation 1, 2, 7, 17, 24, 25, 27, 28, 53, 97, 154, 178, 179, 180, 238, 272, 289, 309; Town planning 194; Unified field 62, 163, 164, 166, 275; Vāstu 194, 239, 376; Vedic literature 252, 314; Vedic Management 182, 223; and Vedic Science-based education 130, 131, 132, 133.

**Reference #79:** Maharishi Mahesh Yogi. (1998). *Celebrating perfection in administration: Creating invincible India*. India: Maharishi Vedic University Press (ISBN 81-7523-015-0), 418pp.

**Main themes:** This book is organised into four main sections: I—Invincible India; II—Vision of reality declares "everything is Vedic"; III—Ajeya Bharat Party's formula for perfect government; and IV—Vision of total knowledge; V—Ajeya Bharat Party offers homage; and VI—Structure of the Veda. Part I contains the following sections: 1) 50-point programme of the Ajeya Bharat Party; 2) administration policy of the Ajeya Bharat Party; and 3) education, health and defence policies of the Ajeya Bharat Party. Part II contains the following sections: A) because everything is Vedic; B) "everything should be what it is"; and C) specifically detailing Vedic education, health,

administration, industry, economy, management, defence, law, justice and rehabilitation, architecture, and agriculture. Part II contains the following sections: A) a group for a government and Yogic Flying, formula for creating a national budget to create national integrity and invincibility; B) programme to develop the Adhyātmik, Adhidaivik and Adhibhūtik qualities in national consciousness, including the Transcendental Meditation and TM-Sidhi programme and the Maharishi Effect; and C) the Constitution of India. Part IV contains the following sections: A) application of total Vedic knowledge for the total development of India; B) application of total knowledge to health; C) discovery of the Veda and Vedic Literature at the basis of human physiology; D) cosmic counterparts of intelligence and physiology; E) new laws to bring the nourishing influence of Natural Law to national law; and F) hazards of modern medicine. Part V contains the following sections: A) Ajeya Bharat Party offers homage, and taking recourse to higher intelligence; B) the light of higher intelligence radiating from our Ajeya Bharat Party; and C) a new world order of peace, along with a caution and "revival". Part VI contains the following sections: A) the structure of the Veda; and B) revival of timeless Vedic wisdom and its application to perfection in life. The book contains charts, diagrams and extensive footnotes, including Richo Akshare Charts, charts related to Veda in human physiology, and Vedic expressions, such as "Brahman is the charioteer" (Brahmā bhavati sārathih, ब्रह्मभवतिसारथिः, RikVeda, 1.158.6), "Avert the danger which has not yet come" (Heyam dūkhān anāgatam, हेयं दुःखमनागतम्, Yoga Sūtra, 2.16), and "Totality is reborn again and again" (Navo-Navo bhavati jāyamānah, नवोनवोभवतिजयमानः, Rik Veda, 10.85.19). Of historical value is Maharishi's discussion of pure knowledge (Gyān Shakti) and its relation to infinite organizing power (Kriyā Shakti) (p. 100), a theme he repeatedly addresses during this period.

**Key words or phrases:** Ajeya Bharat Party; Constitution of India; defence policy; education policy; everything is Vedic; Extended Maharishi Effect; Global Maharishi Effect; health policy; higher intelligence; human physiology; ideal India; invincible India; Maharishi Effect; national integrity; Natural Law; perfect government; Perfection in administration; Richo Akshare Charts; TM-Sidhi; Transcendental Meditation; Veda in human physiology; Veda; Vedic administration; Vedic agriculture; Vedic architecture; Vedic defence; Vedic economy; Vedic education; Vedic health care; Vedic law, justice and rehabilitation; Vedic Literature; Vedic management; Vedic wisdom; vision of total knowledge; world peace; Yogic Flying.

**Content Codes:** VE; SR; CH; HP; BI.

**Quote:** "I am waiting for the day when my world will have the light of Vedic Administration from India"—Maharishi (p. 418).

**Bibliography:** The main themes in this publication have been elaborated in and validated by the following bibliographic citations: Agriculture 120, 199, 386; Architecture 194, 239, 376; Economy 67, 68, 69, 71, 72, 166; Education 13, 34, 40, 48, 103, 111, 130, 132, 143, 159, 216, 221, 256, 257, 258, 260, 328, 378; Extended Maharishi Effect 193; Government 72, 188, 189, 225, 337, 344; Health 18, 22, 112, 113, 118, 131, 134, 140, 141, 142, 156, 157, 186, 187, 188, 189, 191, 198, 202, 222, 227, 229, 232, 234, 248, 273, 283, 288, 302, 303, 317, 323, 328, 329, 332, 333, 334, 336, 357, 404, 405, 406, 408, 415, 419; Higher states of consciousness 5, 6, 9, 11, 12, 13, 98, 99, 259, 280, 321; Justice 7, 24, 25, 27, 28, 97; Law 7, 27, 97; Learning 99, 108, 159, 161, 174; Maharishi Effect 60, 67, 70, 84, 85, 102, 107, 144, 145, 153, 177, 276, 277, 281, 284, 290, 293; Maharishi Vedic Science 26, 49, 56, 68, 69, 75, 110, 128, 136, 164, 168, 216, 250, 315; Management 13, 161, 172, 173, 175, 176, 223, 244, 318, 319, 320, 353; Mathematics 155, 251, 308, 409; Natural law 224, 349; Physics 163, 164; Physiology 101, 206, 215, 242, 252, 253, 370, 374, 380, 384, 385, 387, 388, 390, 391, 392, 394, 395, 396; Psychiatry 65, 266; Psychology 5, 9, 11, 14, 18, 23, 51, 94, 95, 98, 125, 143, 147, 169, 191, 262, 263, 274, 275, 280, 294, 300, 303, 311, 322, 335, 350, 374, 383; Quantum unified field theories 163, 164; Rehabilitation 1, 2, 7, 17, 24, 25, 27, 28, 53, 97, 154, 178, 179, 180, 238, 272, 289, 309; TM-Sidhi 71, 72, 93, 102, 104, 105, 106, 108, 146, 147, 149, 152, 180, 200, 201, 203, 286, 287, 296, 369, 391, 394, 396, 413; Town planning 194; Transcendental Meditation 4, 8, 15, 16, 18, 19, 22, 27, 31, 32, 43, 46, 48, 50, 52, 53, 54, 58, 61, 65, 71, 72, 73, 82, 86, 87, 91, 101, 105, 106, 107, 125, 132, 147, 150, 152, 154, 158, 169, 180, 200, 202, 268, 296, 334, 357, 366, 387, 388, 391, 397, 413; Vāstu 194, 239, 376; Veda in human physiology 252, 253; Vedic literature 252, 314; Vedic Management 182, 223; Vedic Science-based education 130, 131, 132, 133; and World peace 3, 68, 145, 165, 250, 255, 276, 277, 284.

**Reference #80:** Maharishi Vedic University. (1998). *Building for the health and happiness of everyone: Creating ideal housing in harmony with natural law*. The Netherlands: Maharishi Vedic University Press, 60pp.

**Main themes:** This is the last small-format book in the Survey, and is of a different layout to most of the other books in that it is more like Reference #67 presented as a series of exhibition display charts, each one a free-standing

element of knowledge but together telling the story of building and construction according to Natural Law. The book outlines all the main principles of Vedic architecture (also called Maharishi Vāstu and Vāstu Vidya in this book), the source of which is found in that aspect of Vedic Literature called Maharishi Sthāpatya Veda. Topics covered include orientation of buildings to the sun (i.e., to the east), the importance of proper placement of rooms, and proper proportions of the house and rooms. The book also introduces, perhaps for the first time in this Survey, the concept of "cosmic counterparts", pointing out that "the sun, moon, and all the planets have a one-to-one relationship to the different parts of the brain—basal ganglia, thalamus and hypothalamus" (p. 26). For this reason, the book identifies the Vedic principle underpinning this discipline: "As is the atom, so is the universe; as is the body, so is the cosmic body" (Yathā piṇde tathā Brahmānde, यथा पिण्डे तथा ब्रह्माण्डे) to be centrally important. The book concludes by proposing that the whole world is in need of "reconstruction" according to the principles outlined in this document.

**Key words or phrases:** Brain physiology; building; collective consciousness; construction; cosmic counterparts; cosmic intelligence; direction; east; entrance; happiness; hazards; health; ideal housing; inauspicious influence; Maharishi Effect; Maharishi Global Development Fund; Maharishi Vāstu Effect; Maharishi Vedic Approach to Health; Meissner Effect; misfortunes; Natural Law; placement; planning; proper orientation; proportions; Sthāpan; Sthāpatya Veda; sun; Vāstu Vidya; Vāstu; Veda; Vedic Science.

**Content Codes:** VE; CH.

**Quote:** "His Holiness Maharishi Mahesh Yogi, who introduced Transcendental Meditation to the world 40 years ago and opened the gates of enlightenment to millions of people, is now offering complete knowledge of Natural Law for design and construction of buildings that support the health and happiness of everyone—creating ideal housing in harmony with Natural Law" (Preface).

**Bibliography:** The main themes in this publication have been elaborated in and validated by the following bibliographic citations: Architecture 194, 239, 376; Brain functioning 30, 204, 246, 299, 304, 363, 371, 373, 377, 378, 382, 407, 418; Collective consciousness 35, 60, 84, 85, 93, 102, 106, 144, 145, 153, 161, 177, 243, 255, 284, 290; Construction 194, 239; Disease 233, 234, 282, 317, 323, 333, 336, 399; Health 18, 22, 112, 113, 118, 131, 134, 140, 141, 142, 156, 157, 186, 187, 188, 189, 191, 198, 202, 222, 227, 229, 232, 234, 248, 273, 283, 288, 302, 303, 317, 323, 328, 329, 332, 333, 334, 336, 357, 404, 405, 406, 408, 415, 419; Maharishi Effect 60, 67, 70, 84, 85, 102, 107, 144, 145, 153, 177, 276, 277, 281, 284, 290, 293; Maharishi Sthāpatya Veda 239, 376; Maharishi Vedic Science 26, 49, 56, 68, 69, 75, 110, 128, 136, 164, 168, 216, 250, 315; Mental health 118, 141, 170, 171; Natural law 224, 349; Psychiatry 65, 266; Town planning 194; and Vāstu 194, 239, 376.

**Reference #81:** Maharishi Mahesh Yogi (1999). *Maharishi Vedic vibration technology: Instant relief program for chronic disorders*. Fairfield, Iowa: Maharishi Ayurveda Foundation, 24pp.

**Main themes:** This booklet introduces Maharishi Vedic Vibration Technology (as aspect of the Maharishi Vedic Approach to Health), a technology which "uses the ancient knowledge and technology of Vedic sound to improve the life of individuals suffering from chronic disorders". The main theme of the booklet is the need for enlivening the body's own inner intelligence, enliven the level of Natural Law, the inner intelligence of nature which maintains and evolves human life and the life of the universe, through Vedic sounds (the "fundamental vibrations which structure the material universe, including the human body), in order to restore balance in the balance. The booklet includes case studies (pp. 8-15) and reports (pp. 16-19) on a variety of ailments including back problems and sciatica, neck pain, arthritis, headaches, anxiety and depression, digestive and respiratory disorders, and skin problems, and provides a comprehensive list of about 240 diseases which can be effectively treated by Maharishi Vedic Vibration Technology are included (pp. 22-23).

**Key words or phrases:** Anxiety; arthritis; back problems; balance; Campaign to Create a Disease-Free Society; chronic disorders; depression; digestive problems; headaches; inner intelligence; Maharishi Ayurveda Foundation; Maharishi Vedic Approach to Health; Maharishi Vedic Vibration Technology; neck pain; non-medical; respiratory disorders; sciatica; skin problems.

**Content Codes:** VE; SR; TP; CH; PR.

**Quote:** "My Vedic Approach is the approach of Natural Law, which is inscribed in every grain of the human physiology and is easily accessible to anyone within the intelligence of his own body. This has provided a direct path for prevention, restoration, and maintenance of balance in the natural relationship between intelligence and the physiology—between the body and its own inner intelligence. With this, the possibility has arisen for the

individual to really enjoy balanced, health life in happiness—the goal of an affluent society”—Maharishi (p. 2).

**Bibliography:** The main themes in this publication have been elaborated in and validated by the following bibliographic citations: Anxiety 87, 117, 160; Disease 233, 234, 282, 317, 323, 333, 336, 399; Health 18, 22, 112, 113, 118, 131, 134, 140, 141, 142, 156, 157, 186, 187, 188, 189, 191, 198, 202, 222, 227, 229, 232, 234, 248, 273, 283, 288, 302, 303, 317, 323, 328, 329, 332, 333, 334, 336, 357, 404, 405, 406, 408, 415, 419; Hypertension 21, 31, 41, 42, 43, 44, 46, 47, 48, 63, 66, 80, 83, 134, 190, 226, 228, 296, 310, 324, 325, 326, 327, 329, 332, 403, 404, 405, 406, 411, 419; Maharishi Ayur Veda 113, 151, 254, 267, 268, 328, 331, 341, 342; Mental health 118, 141, 170, 171; Neuroticism 232, 356; Prevention 41, 140, 167, 186, 188, 189, 217, 266, 272, 282, 291, 295, 232, 333, 355, 399, 405; Psychiatry 65, 266; Psychology 5, 9, 11, 14, 18, 23, 51, 94, 95, 98, 125, 143, 147, 169, 191, 262, 263, 274, 275, 280, 294, 300, 303, 311, 322, 335, 350, 374, 383; Quality of life 35, 69, 93, 105, 177, 198, 198, 329; Smoking 313; and Stress 21, 22, 40, 42, 44, 45, 46, 47, 59, 63, 66, 91, 141, 160, 213, 218, 227, 228, 236, 237, 291, 310, 324, 325, 332, 344, 348, 378, 400, 403, 405, 406;

**Reference #82:** Orme-Johnson, R.F., and Andersen, S.K.(eds.) (2010). *The flow of consciousness: Maharishi Mahesh Yogi on literature and language, 1971-1976*. Fairfield, Iowa: Maharishi University of Management Press (ISBN 978-0-923469-33-4), 320pp.

**Main themes:** The only book of its type to comprehensively document Maharishi's thoughts about literature, speech and language (published posthumously), this 320-page book contains 14 lectures by Maharishi on these topics covering the period 1971 to 1976. According to the Introduction of the book, the lectures arose in the context of Maharishi's world tours and are the product of him speaking directly with leading scientists and academicians. The book addresses the following topics, among others: name and form; Vedic grammar; the root Bhū; communication, cognition; the creative process; Ritam-bhara pragyā, the non-variable level of consciousness; the four levels of the mind (e.g., Parā, Pashyantī, Madhyamā, and Baikharī); and the purpose of language.

**Key words or phrases:** Baikharī; Bhū; climate; communication; consciousness; creativity; grammar; happiness; higher states of consciousness; language of nature; language; learning; literary expression; literature; Madhyamā; Nāmarūpa; objective reality; Parā; Pashyantī; phonology; poetry; progress of knowledge; quantum theory; Richo akshare; Ritam-bhara pragyā; speech; suffering; TM-Sidhi; Transcendental Meditation; Veda; Vedic grammar; wisdom.

**Content Codes:** VE; TP; BI.

**Quote:**“When we know literature to be the flow of consciousness, the flow of life, the flow of nature, the flow of infinity, totality, then we have to study it on the ground of that infinite, unbounded, total value of consciousness”—Maharishi (p. v).

**Bibliography:** The main themes in this publication have been elaborated in and validated by the following bibliographic citations: Being 26; Consciousness 5, 10, 11, 12, 26, 30, 38, 56, 57, 71, 90, 92, 93, 105, 106, 110, 124, 128, 159, 163, 164, 197, 206, 219, 220, 224, 225, 287, 297, 320, 362, 364, 368, 370, 374, 379; Creativity 49, 55, 86, 90, 149, 201, 287, 360; Higher states of consciousness 5, 6, 9, 11, 12, 13, 98, 99, 259, 280, 321; Humanities 26, 86, 121, 136, 168, 301, 312, 337, 338, 359; Learning 99, 108, 159, 161, 174; Maharishi Mahesh Yogi 94, 98, 219, 220; Neurophysiology 139; TM-Sidhi 71, 72, 93, 102, 104, 105, 106, 108, 146, 147, 149, 152, 180, 200, 201, 203, 286, 287, 296, 369, 391, 394, 396, 413; Transcendental Meditation 4, 8, 15, 16, 18, 19, 22, 27, 31, 32, 43, 46, 48, 50, 52, 53, 54, 58, 61, 65, 71, 72, 73, 82, 86, 87, 91, 101, 105, 106, 107, 125, 132, 147, 150, 152, 154, 158, 169, 180, 200, 202, 268, 296, 334, 357, 366, 387, 388, 391, 397, 413; and Veda 55, 92, 219, 220, 252, 253.

**Reference #83:** Maharishi University of Management. (2013). *Vastu city planning: Sustainable cities in harmony with natural law*. Fairfield, Iowa: Maharishi University of Management Press (Fourth edition, ISBN 10-1480096393), 157pp.

**Main themes:** This book, as is the case with others in this Survey, is strictly written by Maharishi but because it introduces core architectural and city planning themes on what is now called Maharishi Vastu or Maharishi Vedic Architecture and because contains information unavailable elsewhere in the public record it has been included. The book first establishes the need for sustainable cities and how Vedic architecture can achieve this goal, and includes discussion of the following topics: 1) the elements of Vedic city planning; 2)transforming existing cities into Ideal Vedic Garden Cities; 3)principles of sustainability; 4) aspects of design to support health; 5)

promoting harmony; 6) traces of Vastu in ancient city planning; 7)scientific research on Vastu; 8)living in Vastu (i.e., reports on living and working in Vastu; 9)the Vastu Shield Effect; 10)the Meissner Effect; 11)a photo gallery of Vastu projects around the world; 12)the Garden Village Development in England; 13) Maharishi Vedic City, Iowa; 14) Abundance Eco Village, USA; 15) the sources of Maharishi Vastu Architecture; and 16)the ancient Vedic solutions to the contemporary crisis of global urban resilience.

**Key words or phrases:**Abundance Eco Village; Architecture; brainwave functioning; built environment; city planning; coherence; construction; environment; Garden Village Development; health; Ideal Vedic Garden Cities; Maharishi Vedic City; Meissner Effect; mental health; solutions; sustainability; town planning; urban; urban resilience; Vastu; Vastu Shield Effect.

**Content Codes:** VE; CH; SR; HP.

**Quote:**“This book contains the most important information that exists in the field of city planning. It shows us how to build sustainable cities that create a coherent and harmonious influence on their citizens, resulting in reduced crime and greater success, health, wealth, and happiness. It introduces Vastu planning, the world's most ancient and powerful system of city planning, which is based in Natural Law, and has been revived in this generation by the world-renowned sage Maharishi Mahesh Yogi”.

**Bibliography:** The main themes in this publication have been elaborated in and validated by the following bibliographic citations:Agriculture 120, 199, 386; Architecture 194, 239, 376; Art 48, 49, 55, 56, 62, 126, 127, 128; Brain functioning 30, 204, 246, 299, 304, 363, 371, 373, 377, 378, 382, 407, 418; Construction 194, 239; Crime 1, 2, 7, 17, 24, 25, 53, 64, 107, 154, 167, 217, 272, 281, 398; Environment 349, 386; Health 18, 22, 112, 113, 118, 131, 134, 140, 141, 142, 156, 157, 186, 187, 188, 189, 191, 198, 202, 222, 227, 229, 232, 234, 248, 273, 283, 288, 302, 303, 317, 323, 328, 329, 332, 333, 334, 336, 357, 404, 405, 406, 408, 415, 419; Maharishi Mahesh Yogi 94, 98, 219, 220; Maharishi University of Management (MUM) 321; Mental health 118, 141, 170, 171; Natural law 224, 349; Town planning 194; Vastu 194, 239, 376; and Violence 85, 93, 167, 398.

**Reference #84:** Fergusson, L., and Bonshek, A. (eds.) (2015). *The unmanifest canvas: Maharishi Mahesh Yogi on the arts, creativity and perception*. Fairfield, Iowa: Maharishi University of Management Press (ISBN 978-0-923569-47-1), 432pp.

**Main themes:** The only book of its type to comprehensively document Maharishi's perspective on the arts, art education, creativity, science, and perception (published posthumously), this 432-page book contains 22 lectures by Maharishi on these and other topics covering the period 1970 to 2006, and includes a detailed description of Maharishi Vedic Science and its relation to the arts (pp. 327-370), a list of published research studies (pp. 373-411), and a comprehensive index of terms. Maharishi addresses issues such as the nature of genius, the role of suffering in art, the mechanics of creation, the ideal of art, art education and training, the nature and scope of creative intelligence, cosmic creativity, the relationship of art and science, and the role of Cosmic Consciousness in art, among many other topics; the focus of the lectures is how art is a practical application of creative intelligence, which can be enhanced through the practice of the Transcendental Meditation and TM-Sidhi program. Chapter 22 (pp. 309-325) is particularly relevant because it investigates the relationship between art and music to Veda and Vedic Science.

**Key words or phrases:** Age of Enlightenment; art education; art; Being; bliss; Buckminster Fuller; Cosmic Consciousness; creative intelligence; creativity; education; evolution; genius; harmony; infinite correlation; knowledge; laws of nature; mechanics of perception; nature; pure consciousness; pure intelligence; Science of Creative Intelligence; science; suffering; TM-Sidhi; Transcendental Meditation; Veda; Vedic Science; World Parliament of Peace; world problems.

**Content Codes:** VE; SR; TP; BI.

**Quote:**“If the artist is really living Being, Infinity, his piece of art will speak of the maximum value of life. Most enlivened will be that piece of art, and as such, it will last longer in time. So the artist, just as he promotes life into the lifeless, promotes eternity into time. And this is possible on the basis of living fullness of life. How much the Self, eternal infinite Being speaks in the strokes of the artist, how much the artist vibrates in the value of infinity, how much the artist vibrates Being in that value of Being—that much will the stroke vibrate into the value of life. So the initial and most vital need of an artist, which alone can make him vibrate in the fullness of life and the fullness of eternity, is living Being—maximum Being, fullness of Being. If fullness of Being could be a living reality in the life of an artist, every piece of his art would breathe life and eternity”—Maharishi (p. 31).

**Bibliography:** The main themes in this publication have been elaborated in and validated by the following bibliographic citations: Age of Enlightenment 264; Architecture 194, 239, 376; Art 48, 49, 55, 56, 62, 126, 127, 128; Being 26; Consciousness 5, 10, 11, 12, 26, 30, 38, 56, 57, 71, 90, 92, 93, 105, 106, 110, 124, 128, 159, 163, 164, 197, 206, 219, 220, 224, 225, 287, 297, 320, 362, 364, 368, 370, 374, 379; Cosmic consciousness 5, 11; Creativity 49, 55, 86, 90, 149, 201, 287, 360; Curriculum 34, 48, 103, 128, 130, 256; Education 13, 34, 40, 48, 103, 111, 130, 132, 143, 159, 216, 221, 256, 257, 258, 260, 328, 378; Field independence 126, 127, 148, 200, 347; Higher states of consciousness 5, 6, 9, 11, 12, 13, 98, 99, 259, 280, 321; Humanities 26, 86, 121, 136, 168, 301, 312, 337, 338, 359; Intelligence 82, 133, 201, 203, 356; Maharishi Mahesh Yogi 94, 98, 219, 220; Maharishi International University (MIU) 143, 216; Maharishi Vedic Science 26, 49, 56, 68, 69, 75, 110, 128, 136, 164, 168, 216, 250, 315; Perception 138, 192, 193, 203, 241, 306; Problem solving 88; TM-Sidhi 71, 72, 93, 102, 104, 105, 106, 108, 146, 147, 149, 152, 180, 200, 201, 203, 286, 287, 296, 369, 391, 394, 396, 413; Town planning 194; Transcendental consciousness 10, 218, 362, 364, 370, 379, 381, 382, 390; Transcendental Meditation 4, 8, 15, 16, 18, 19, 22, 27, 31, 32, 43, 46, 48, 50, 52, 53, 54, 58, 61, 65, 71, 72, 73, 82, 86, 87, 91, 101, 105, 106, 107, 125, 132, 147, 150, 152, 154, 158, 169, 180, 200, 202, 268, 296, 334, 357, 366, 387, 388, 391, 397, 413; and Veda 55, 92, 219, 220, 252, 253.

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## Conclusion

One of the most striking realisations to emerge from a reading of the 84 documents recorded in this Survey is the way Maharishi sequentially unfolds and elaborates his teaching while remaining true to his core message. For example, he systematically builds on the foundations of Vedic knowledge revealed in 1957 (e.g., the existence of the unmanifest field of consciousness in Reference #1) to the most advanced knowledge of the Veda and Vedic Literature in his later work (e.g., the four levels of speech—Parā, Pashyantī, Madhyamā, Baikharī—and their relation to each other and to higher states of consciousness in Reference #82) while his main message remains the same: experience and knowledge of pure consciousness or pure creative intelligence (i.e., Adhyātma vidya) has the power to remove human suffering and create an ideal society. What is also impressive is the way in which Maharishi not only builds a case for the existence and development of pure consciousness (Adhyātma), and calls for its application to individual and collective life for the betterment of humanity, he simultaneously reframes and refreshes his core teaching with ever “newer” expressions of Vedic knowledge. This approach allows Maharishi the opportunity to reinforce his core thesis that pure consciousness, and the pure knowledge it embodies (i.e., Veda), is the fountainhead of all diverse expressions in nature while also expanding the ontological, epistemological and axiomatic frameworks from within which his thesis is presented.

In this sense, *Beacon Light of the Himalayas* (Reference #1, 1957) may be a shorter and “simpler” version of, say, *Celebrating Perfection in Administration: Creating Invincible India* (Reference #79, 1998) 40 years later, but the central teaching of each is entirely consistent with each other and the

remaining documents in this Survey (for example when referring to Maharishi Vedic University, Maharishi repeats the earlier 1957 phrase by calling it the “beacon light of Vedic Civilization” in Reference #67). However, the reader will also note that while both References #1 and #79, for example, speak of the Self (Ātmā) (i.e., Adhyātma vidya in Reference #1 and the Adhyātmik level of life in Reference #79) and its relation to manifest creation, the detail of Vedic knowledge and the expanded content in later documents (with an average of 48 pages in the first four References but an average of more than 400 pages in References by the 1990s) are of further significance and in keeping with the observation that the literature represents a sequential unfolding of content while simultaneously remaining consistent with, and true to, Maharishi’s core concepts.

While this unfoldment of content is obviously not the same as Maharishi’s own cognition of his Apaurusheya Bhāsyā of the Rik Ved (explained in Reference #53 with the statement “Vedic expressions are a sequential unfoldment of natural law [and] subsequent expressions are commentaries on or expansions of the previous expressions”), and clearly does not display the same mathematical precision of sequence in syllables, words and verses highlighted by Maharishi about Rik Ved, it does perhaps represent a similar phenomenon of sequentially unfolding the dynamics of Natural Law while simultaneously connecting each subsequent expression with its source in pure consciousness.

Of interest also his how, throughout the 84 documents, Maharishi consistently attributes the greatness of his knowledge to Swami Brahmananda Saraswati, his teacher Guru Dev, and to the tradition of masters who maintain the integrity of this teaching throughout time and have the responsibility of passing it down in its precise and original form to the present generation. Such acknowledgment is another way Maharishi maintains the precision and self-referral nature of his Vedic teaching.

An analysis of the 84 publications also shows several themes emerging and reappearing in Maharishi’s writing over the 58-year period covered by this Survey. The most important and fundamental theme to emerge is Maharishi’s off-repeated description of the existence of an unbounded, immortal, eternal field of “pure consciousness” or “pure creative intelligence”, which he says is fundamental to everything in creation. Maharishi’s view is a Vedic one because it identifies consciousness—described severally throughout the Survey as Being, the Self, the Absolute, pure intelligence, Transcendental Consciousness (i.e., the fourth state of consciousness, as described in the Vedic Literature when it says: “the peaceful, the blissful, the undivided is thought to be the fourth; That is the Self; That is to be known, Shivaṃ śhāntam advaitam chaturtham manyante sa Ātmā sa vityeyah, शिवशान्तमद्वैतचतुर्थमन्यन्तेसाआत्मासविज्ञेयः, from Nṛisimhottaratāpanīya Upanishad, 1) after waking, dreaming and sleeping, e.g., 218, 374, 381), the home of all the laws of nature, the vacuum state, and the unified field—as the unmanifest source and prime mover of all the laws of nature and their expression as the manifest and ever-expanding universe.

In Reference #1, Maharishi begins his entire thesis by defining this level of nature’s functioning as Adhyātma (literally meaning “pertaining to the Self and nothing else”) and maintains that knowledge and experience of this level of life (i.e., through Adhyātma vidya) can relieve the suffering of the world, suffering which he describes as peacelessness, misery, ignorance and aimless wandering. This process, he declares, is a “perfect system of spiritual development” (or Adhyātmic vikas). It might further be argued that each of the main themes identified by the Survey logically unfold from this one core concept, a teaching which identifies pure consciousness as the source, course and goal of knowledge in Adhyātma, the Self (Ātmā) of everyone and everything; this, Maharishi explains, is the home of pure knowledge, the Veda.

Benefits associated with the experience of pure consciousness effected through the practice of the Transcendental Meditation and TM-Sidhi program include, for individual life, increased creativity (e.g., 55, 149, 201), intelligence and problem solving (e.g., 88, 133, 203) and brainwave coherence (e.g., 37, 38, 99, 185), improved psychological (e.g., 143, 147, 169) and physiological health (e.g., 22, 186, 202), and salutary changes in social relations (e.g., 33, 79, 171), and for society, decreased crime and violence (e.g., 25, 105, 217) and peacelessness (e.g., 68, 145, 250).

In this Survey, the multiple descriptions of the qualities of pure consciousness and how they are associated with these individual and collective outcomes are amply referenced to their source in the Vedic Literature and to modern science, most often physics, or, to be more precise, quantum unified field theories (e.g., References #18 and #20; see also Bibliography 163, 164), and Maharishi’s repeated use of “old and new principles” of life are also instructive.

A corollary theme emerging from the documents is the possibility of individuals rising to gain higher states of consciousness as a result of experiencing pure consciousness. Higher stages of human development, which also feature prominently in the bibliographic research (e.g., 5, 98, 242,

259,280), are severally described by Maharishi as enlightenment, Cosmic Consciousness and Unity Consciousness throughout the Survey (the reader’s attention is especially referred to 219 and 220 in the Bibliography for further reading on this important topic).

Some of the, although by no means the only or most important, features Maharishi associates with a life lived in higher states of consciousness include self-actualisation (e.g., 18, 335), autonomic stability (e.g., 271, 365), and longevity (e.g., 16, 317). A related theme concerns the generation of coherence (or orderliness and harmony) in society by enough individuals practicing the Transcendental Meditation and TM-Sidhi program (via the “Maharishi Effect”), even when practiced at a distance (via the “Extended Maharishi Effect”), which results in a reduction in conflict, violence and war, examples of which have been cited in the Bibliography (e.g., 84, 85, 177, 288).

Another main theme identified by the Survey is Maharishi’s use of the discoveries of modern science to explain and verify the terms, concepts, principles and frameworks of ancient Vedic Science, particularly the nature and character of pure consciousness, but also the structure of the Vedic Literature, in particular Maharishi’s Apaurusheya Bhāsyā of Rik Ved. This theme begins in Reference #1 where Maharishi concludes that Indian philosophy is supported by evidence from modern science (it should be noted when Maharishi refers to “Indian Philosophy” in Reference #1, he appears to be using the phrase in relation to both the six systems of traditional Indian philosophy, including Yoga, Karma Mīmāṃsā and Vedānta, as well as to the wider body of knowledge referenced by Veda and the 36 aspects of Vedic Literature).

Specifically, Maharishi cites the discipline of physics when he parallels electrons with Agni-tatva (i.e., the fire element) and protons with Vayu-tatva (i.e., the air element), two of the so-called Panch-tatvas or five elements identified by the Vedas and by modern ecology as the comprising elements of material creation. Maharishi then goes further than the physical sciences by identifying the source of these elementary particles in Akash-tatva (i.e., the space element), Aham-tatva (i.e., the element of primordial existence), and ultimately in Maha-tatva (the so-called “great” or “big” element), which he describes as the “Reality of existence”. It is perhaps not unreasonable to align this “great element” with pure consciousness, or probably with Brahman itself.

In later documents, this level of creation—the unmanifest level of pure consciousness, pure intelligence, and pure existence (i.e., “self-existent consciousness”, Syvambhu, which “exists on its own” and from which everything else arises)—is referred to as the vacuum state, the least excited state of consciousness, the home of all the laws of nature, Transcendental Consciousness, the unified field, the supersymmetric unified quantum field, and Natural Law throughout the Survey and in the supporting scientific literature (e.g., 163, 164, 165). Moreover, a significant number of documents in the Survey refer to Maharishi’s discussion on precisely this topic with some of the world’s leading scientists and thinkers, including Dr Brian Josephson and Dr E.C.G Sudarshan in References #16, #22, #32 and #33.

A final recurring theme, and perhaps the one of greatest importance, is the “practical” character of Maharishi’s teaching (highlighted in References #1, #2, #6, #8, #12, #15, #26, #35, #53, #57, #61 and #76). Despite addressing profoundly important matters relating to consciousness, knowledge, suffering and the human condition, and the qualities of individual and collective life, Maharishi emphasizes in the first 1957 document (i.e., Reference #1, p. 9) and throughout the Survey that his teaching is practical and only has value if it is systematically applied to life and living; the benefits of such application are easy and natural to achieve, and “the path is straight and entry is free”.

Indeed he specifically stated in the late 1950s that “spiritual development is the birthright of everyone, for it is the unfoldment of the essential nature of the soul, or inner consciousness...Soul is the individual property of everybody. It is the natural and inseparable possession, nay, the very existence, of every man. Everybody has the right to enjoy his own possession. Everybody has the right to enjoy the sat [truth] chit [Being] ānanda [bliss] nature of his own soul. In the most natural manner, everybody has every right to enjoy permanent peace, bliss eternal, which is the nature of his own soul” (Reference #57, p. 195). Thus, Maharishi’s Spiritual Regeneration Movement said in 1959-1960: “The unique feature of this world-wide movement, which distinguishes it completely from other movements of similar aim, is that it offers something of practical value. It brings to the door of the busy worldly man a key to the unfoldment of the higher consciousness—a simple practice of meditation which enables everyone to enjoy peace of mind, inner happiness, increased ability and proper sense of values in all walks of life” (Reference #2, p. 74). As Maharishi declared himself in 1957: “mere talks of peace and fussing over it have no practical value in any field of life” (Reference #1, p. 9).

In this way Maharishi has separated himself from other teachers by saying his view of developing consciousness differs “entirely from the age-old common concept of spirituality, which pleads for detachment as an essential prerequisite

for spiritual development” and thus he encourages a way of life which emphasizes the need for action in the world, both in order to best establish higher states of consciousness as well as to contribute meaningfully to creating a better society and world. This principle could be described as the core ethic of Maharishi’s teaching as encapsulated in this Survey.

Thus, an orientation to “practical”, complete knowledge and its organizing power permeates the Survey, with Maharishi in almost every publication referring to applied areas of life as crucial to the success of his Vedic Science in this generation. Frequently these include bringing to fruition the goals of human endeavour in areas such as education (e.g., 216), health (e.g., 396), business and industry (e.g., 320), government and administration (e.g., 72), and agriculture (e.g., 120), as well as in the modern academic disciplines of physics (e.g., 163), mathematics (e.g., 155), physiology (e.g., 392), and psychology (e.g., 300).

From this we might conclude the final theme to emerge from the Survey is the fulfilment of Maharishi’s practical knowledge in the context of creating an ideal society, world peace and ultimately Heaven on Earth (e.g. 264, 265), a theme which recurs throughout the literature. For example, Maharishi said in 1957 that “under the flash of this unailing light of Guru Dev’s blessing [we stand] to proclaim [the] sure cure for all the miseries and peacefulness of everybody everywhere in the world. This is the one treasure of Adhyatmic Vikas on the basis of which it stands to bring peace and happiness everywhere in everybody’s everyday life” (Reference #1, p. 9). Maharishi goes on in the same context to say that the “gates of heaven are now open for them (i.e., all people) in their life on earth” (p. 33).

In 1996, he again proclaimed that “the practicality of creating supreme quality of life on earth—Heaven on Earth—through Maharishi’s Vedic Science and Technology has been amply verified during the past 39 years of scientific research, which documents the benefits in every aspect of life—physiology, psychology, sociology, and ecology.

It has also been substantially verified by personal experience, and by the authenticity of the ancient, traditional Vedic Literature” (Reference #72, p. 236). In this sense, the concept of creating “peace” in individual and social life by removing stress and relieving suffering, which Maharishi describes as the “nature of life”, is an abiding theme throughout the literature across five decades.

The purpose of creating this annotated historical Survey was to not merely investigate the publications by Maharishi but to provide a systematically informed and coded evaluation of the material extant in the public domain and to cross-reference it with the bibliographic evidence which validates it. It is hoped that such an endeavor will serve as a basis for further reading and analysis, and may thereby prepare the ground for future research (in this sense, the present Survey appears consistent with the aims of the compendium to Maharishi’s translation and commentary on the first six chapters of the Bhagavad Gitā, originally published as a printed book in 1973, cited in Reference #9).

However, this Survey could be more functional: for example, it would benefit from being made available online. In a digital environment, in which the entirety of these documents could be digitised and archived, greater accessibility and searchability would enhance the Survey’s research functionality beyond the current format of selected terms and phrases to include every instance a term or phrase, be it in English, transliteration or Sanskrit, is identified and discussed, and thereby the meaning and context of everything Maharishi wrote may be cited in future scholarship.

Such an initiative might lead to the creation of what could be called a “Maharishi Vedapedia”, an online searchable database of published literature by Maharishi in particular, and of Maharishi Vedic Science more generally. A digital archive of this type could even be coded in such a way as to identify the diagrams, charts and photographs (of which there are literary hundreds of highly original and unique images) that appear throughout these 84 documents as well as those that appear throughout the wider corpus of Maharishi’s knowledge.

A Maharishi Vedapedia would in this way allow scholars to seamlessly explore this rich tapestry of Vedic information and imagery developed by Maharishi, and would thereby enhance the research experience and encourage future scholarship and the advancement of knowledge.

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