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RESEARCH ARTICLE

PRELIMINARY INVESTIGATION OF NATURALLY OCCURRING RADIONUCLIDE IN SOME FIVE LOCALLY MANUFACTURED CEMENT TYPES COMMONLY USED IN KASHMIR VALLEY AS BUILDING MATERIAL

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ABSTRACT

The present study was aimed at the determination of specific activity of locally manufactured and commercially available five cement types used as building material in Kashmir valley, India by using a NaI (Tl) gamma ray spectrometer. The study envisages that the mean values of specific activity concentrations in the different analyzed cement samples were found to vary from 44.4±0.81 to 51.02±2.3 $Bqkg^{-1}$ for ^{226}Ra ; 20.11±3.60 to 36.91±2.9 $Bqkg^{-1}$ for ^{232}Th and 25.29±1.42 to 55.78±2.81 $Bqkg^{-1}$ for ^{40}K , the mean value specific activity for ^{226}Ra in all the investigated cement brand were above the world average of 32 $Bqkg^{-1}$. The radiation hazard indices determined are well below the limits and all the analysed cement brands used in Kashmir valley meet the safety requirement and do not pose any radiological hazard to human health.

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INTRODUCTION

One inescapable feature of life on the earth is exposure to the ionizing radiations. Ionizing radiation of the environment is the most ubiquitous form of exposure therefore determination of health risk of background radiation is of great importance in health physics (UNSCEAR, 2010). The main sources of the background radiation are cosmic and terrestrial radiations. Cosmic radiations include energetic particles produced by spallation reactions in the outer space of the atmosphere which penetrate into the earth's atmosphere and contribute as one of the main sources of background radiation. Interaction of these particles with atmosphere molecules may produce cosmogenic radionucleides. Long half lived radionuclides which were

formed at the time of formation universe have formed terrestrial radionuclides which exist in air, soil, rocks, water building materials. The terrestrial predominant radionuclides, with respect to absorbed dose in human, are ²³²Th and ²³⁸U are head of decay series in which radionucleides of the chain contribute to human exposure and increase total radiation on earth (UNSCEAR, 2000). Studies conducted on natural radioactivity have shown that the presence of potassium (⁴⁰K) and other daughter radionucleides from Thorium (²³²Th) and Uranium (²³⁸U) decay series in various components in the environment result in radiation exposure of the global population (El- Tahir, 2012). The primordial radionucleides are predominant in almost all raw and produced materials widely used in the building industries including; cement, brick, sand, tile, limestone, gypsum and those derived from rocks and soil (El- Tahir, 2012; White, 1981). Natural radiations in building materials related to external and internal

exposure. The external exposure comes from direct terrestrial gamma-rays and internal exposure from inhalation of inert radioactive inert gas Radon (²²²Rn, a daughter product of ²²⁶Ra). The presence of these natural radionucleides in building raw materials depend on geological, geographical conditions and geochemical characteristics of the materials themselves.

Building materials are commonly originated from soils and rocks and also contain the naturally occurring radioactive materials. In order to assesses the radiological risk linking to standards on natural activity in building materials, it is important to study the levels of radiation emitted by them. Cement is commonly used in construction of building both in urban and rural areas in Kashmir valley. Due to its high production rate and widely used by the population deserves special attention. An attempt has been made through this study to report the activity concentrations of natural radionucleides such as ²²⁶Ra, ²³²Th, and ⁴⁰K in some locally manufactured and commercially available cement samples and the associated absorbed dose rate in the ambient air due to these cements.

MATERIALS AND METHODS

Sampling and sample preparation

A total five main types of cement commercially available (ten samples from each cement type) used in building construction in Kashmir valley were collected from different construction sites and shops. These samples were used without any process of homogenization since they are in powder form. The samples were dried in an oven at 125°C for 24 hours to ensure the moisture is completely removed. The samples were weighted, packed in cylindrical geometry, labeled and hermetically sealed in air tight plastic containers. The sealed samples were then stored for four weeks in a safe place to enable them to attain a state of secular equilibrium, where the rate of progeny becomes equal to that of the parent (Ra²²⁶ and Th²³²) (Akkurt *et al.*, 2010).

Radiometric analysis

The radioactivity of Ra^{226} , Th^{232} , and K^{40} in the samples was determined using the gamma-ray spectrometer consisting of a NaI (Tl) detector (crystal size 40.0 mm x 60.0 mm) connected to 1024 channel multichannel analyser (MCA). Before measurement, the system is calibrated using Cs^{137} and Co^{60} radioactive sources produce γ -ray energies of 662 KeV, 1173 KeV and 1332 KeV, respectively.

The spectrum was analysed by Leybold Cassy Lab Multi-Channel Analyser model Pocket- CASSY 559901 (Germany made). The activity of K⁴⁰ was measured directly from 1460.7 (10.7%) KeV photo peak of the gamma ray spectrum. To determine the activity concentration of Ra²²⁶, the average value of gamma ray lines 295.1 (19.2%) and 351.9 (37.1%) KeV from Pb²¹⁴ to 609.3 (46.1%) and 1764.5 (15.9%) KeV gamma rays from Bi²¹⁴ are used. The activity concentration of Th²³² was determined using the average value of gamma rays peaks 238.6 (43.6%) KeV from Pb²¹², 338. 4 (12%), 911.1 (29%) and 968.9 (17.4) KeV from Ac²²⁸, 583.1 (86%) and 2614 KeV from Tl²⁰⁸. Each sample was examined for 7200 seconds. The analysis of results is performed using Microsoft Excel software. The activities for the natural radionucleides were

calculated using the following relation [Beretka and Mathew, 2003]:

$$A(Bqkg^{-1}) = \frac{N}{\gamma \times \varepsilon \times t \times m} \tag{1}$$

Where A is the activity of the radionuclide in $Bqkg^{-1}$, N represents the counts under the most prominent photo peak, calculated from subtracting the respective count rate from the back ground spectrum obtained for the same counting time, ε is the detector efficiency of the specific gamma-ray, γ is the absolute transition probability of gamma decay, ε is the counting time(s) which is 7200 seconds and ε is the mass of the sample.

Assessment of the Radiological Hazards of the materials

The common used radiological hazard index Ra_{eq} is called the radium equivalent activity. It is defined as the weighted sum of activities of the Ra²²⁶, Th²³², and K⁴⁰ radionuclides based on the assumption that 370 $Bq.Kg^{-1}$ of Ra²²⁶, 259 $Bq.Kg^{-1}$ of Th²³² and 4810 $Bq.Kg^{-1}$ of K⁴⁰ produce the same gamma ray dose constant. The index is calculated from the following relation suggested by Beretka and Mathew: (Beretka, 2003)

$$Ra_{eq} = (A_{Th} \times 1.43) + A_{Ra} + (A_K \times 0.077)$$
 (2)

Where A_{Ra} , A_{Th} , and A_K are the specific activities $(BqKg^{-1})$ of Ra²²⁶, Th²³², and K⁴⁰ respectively.

Due to more than one radionuclide contribution to the dose; it is practical to present to present investigation levels in the form of an activity index. The European Commission has proposed in their guidance document the induction of an activity concentration index used to asses safety requirement for building materials. The radiation hazard index used to estimate the level of γ - radiation hazard associated with natural radionucleides is called the representative index I_{γ} , is defined by the following relation: (Miah *et al.*, 1998)

$$I_{\gamma} = \frac{1}{200Bq.Kg^{-1}} A_{Ra} + \frac{1}{300Bq.Kg^{-1}} A_{Th} + \frac{1}{3000Bq.Kg^{-1}} A_{K}$$
 (3)

Where A_{Ra} , A_{Th} , and A_K have the same meaning as in the equation (2).

Values of index $I_{\gamma} \leq 0.5$ corresponds to a dose rate criteria of $0.3~mSv.~y^{-1}$, whereas I_{γ} corresponds to a criteria of $1.0~mSv.~y^{-1}$ (European Commission, 1999). Thus the material with $I_{\gamma} > 6$ should be avoided to use as building material since these values correspond to the dose rates higher than $1.0~mSv.~y^{-1}$ which is highest than recommended values (Miah *et al.*, 1998; European Commission, 1999). Due to radon inhalation originated from building materials (Dragovic *et al.*, 2006). The I_{α} was determined using the following formula:

$$I_{\alpha} = \frac{A_{R\alpha}}{200(Bq.Kg^{-1})} \tag{4}$$

Where A_{Ra} is the specific activities concentration of Ra²²⁶ assumed in equilibrium with ²³⁸ U. The recommended exemption and upper limit of ²²⁶Ra activity concentration in

building materials are 100 and 200 $Bq.Kg^{-1}$, respectively as suggested by many countries in the world [Dragovic et~al., 2006]. These considerations reflected in the I_{α} . The recommended upper limit activity concentration of 226 Ra is 200 $Bq.Kg^{-1}$, for which $I_{\alpha}=1$. A direct connection between radioactivity concentrations of natural radionucleides and their exposure rate is known as the absorbed dose in the air at 1 meter above the ground surface. The mean activity concentrations of Ra²²⁶ (of the U²³⁸ series), Th²³², and K⁴⁰ ($Bqkg^{-1}$) in the lignite and soil samples are used to calculate the absorbed dose rate given using the following formula provided by UNSCEAR (UNSCEAR, 2000) and European Commission (European Commission, 1999). UNSCEAR and the European Commissions have provided the dose conversion coefficients for the standard room centers.

$$D(nGyh^{-1}) = 0.462A_{Ra} + 0.6A_{Th} + 0.042A_{K}$$
(4)

Where D is the absorbed dose rate in $nGyh^{-1}$, A_{Ra} , A_{Th} , and A_{K} are the activity concentration of Ra²²⁶ (U²³⁸), Th²³² and K⁴⁰, respectively. The dose coefficients in the units of $nGyh^{-1}$ per $Bqkg^{-1}$ are taken from the UNSCEAR (2000) report.

The absorbed dose rate in air at 1 meter above the ground surface does not directly provide the radiological risk to which an individual is exposed (Dragovic *et al.*, 2009). The absorbed dose can considered in terms of the Annual Effective Dose Equivalent (E_T) from the indoor terrestrial gamma radiation which is converted from absorbed dose by taking into account two factors, namely the conversion coefficient from the absorbed dose in air to effective dose and the occupancy factor. The Annual Effective Dose Equivalent can be estimated using the following formula (UNSCEAR, 2000):

$$\begin{split} E_T(\mu S v. y^{-1}) &= D(nhh^{-1}) \times 24h \times 365.25 days \times 0.8 \\ &\times 0.7 (S v G y^{-1}) \times 10^{-6} \quad (5) \end{split}$$

To limit the radiation exposure attributable to natural radionucleides in the samples to permissible dose equivalent limit of $1 \, mSv. \, y^{-1}$. External hazard index due emitted gamma rays of the samples is calculated and examined according to the following relation: (Krieger, 1987)

$$H_{ex} = \frac{A_{Ra}}{370} + \frac{A_{Th}}{259} + \frac{A_k}{4810} \le 1 \tag{6}$$

In addition to H_{ex} , radon and its short lived products are also hazardous to the respiratory organs. The H_{in} due to internal exposure to radon and its daughter products is quantified by H_{in} , which is given by the following equation as (UNSCEAR, 2000):

$$H_{in} = \frac{A_{Ra}}{185} + \frac{A_{Th}}{259} + \frac{A_K}{4810} \le 1 \tag{7}$$

Where A_{Ra} , A_{Th} and A_K are the concentration in $Bqkg^{-1}$ of Ra²²⁶, Th²³² and K⁴⁰ respectively.

RESULTS AND DISCUSSION

A total of 50 samples of locally manufactured and commercially available five cement types commonly used as building material in Kashmir Valley, India, were collected, their radioactivity content was analyzed with special emphasis in the radium content of the samples and associated hazards. The activity concentration of ²²⁶Ra, ²³²Th, ⁴⁰K and Ra_{eq} in different of cement types used as building material have been calculated by using NaI (Tl) gamma ray spectrometer and presented in the Table 1.

Table 1. The mean value of activity concentration of the 226Ra and ^{232}Th series and ^{40}K of the studied cement samples

Cement Trade Name	²²⁶ Ra	²³² Th	⁴⁰ K	^{Ra} eq
TCI Max Grade 53	47.29±4.51	20.11±3.60	29.88±4.56	76.28±4.22
TCI Max Grade 43	44.40±0.81	21.59±1.41	25.29±1.42	75.48±1.21
Khyber Grade 53	49.53±1.4	32.43±0.98	56.34±2.43	96.33±1.6
Saifco Grade -53	$43.21 \pm .2.11$	31.78±1.31	55.78±2.81	88.08 ± 2.07
Saifco Grade-43	51.02±2.3	36.91±2.9	42.38±1.32	104.28±2.17

The comparison of the mean values of 226 Ra, 232 Th, 40 K and Ra_{eq} of locally manufactured commercially available cement types of Kashmir Valley with the data published by other countries are presented in the table 2. The radiation hazard indices in the investigated cement samples have been estimated and reported in the table 3. The mean values of specific activity concentrations in the analyzed samples were found to vary from 44.4 ± 0.81 to 51.02 ± 2.3 $Bqkg^{-1}$ for 226 Ra; 20.11 ± 3.60 to 36.91 ± 2.9 $Bqkg^{-1}$ for 232 Th and 25.29 ± 1.42 to 55.78 ± 2.81 $Bqkg^{-1}$ for 40 K.

Table 2. The mean value of concentrations of the natural radionucleides in cement (BqKg⁻¹) reported for different parts of world

Country	Specif	Specific Activity ($Bqkg^{-1}$)			Reference	
	²²⁶ Ra	²³² Th	⁴⁰ K			
Algeria	41	27	422	112	(Amrani and Tahtat)	
Cameroon	24	16.6-47.6	12.5-32.5	53.6-105.9	(Ndontchuenge et al., 2013)	
Egypt	78.00	33.30	37.00	151.00	(El Afifi et al., 2006)	
Brazil	61.70	58.50	564.00	188.80	(Manaca et al., 1999)	
Ghana	35.94	25.44	251.00	90.12	(Kpeglo et al., 2011)	
Italy	38.00	22.00	218.00	92.00	(Rizzo et al., 2001)	
Nigeria	43.80	21.50	71.7	80.10	(Ademola et al., 2008)	
Netherland	27.00	19.00	230.00	71.90	(Ackers et al., 1985)	
Turkey	50	40	324	62-312	(Damla et al., 2010)	
World Average	32	45	420	370	(Ndontchuenge et al., 2013)	
TCI Max Grade 53	47.29±4.51	20.11±3.60	29.88±4.56	76.28 ± 4.22	Current Study	
TCI Max Grade 43	44.40 ± 0.81	21.59±1.41	25.29±1.42	75.48±1.21	Current Study	
Khyber Grade 53	49.53±1.4	32.43±0.98	56.34±2.43	96.33±1.6	Current Study	
Saifco Grade 53	43.21±2.11	31.78±1.31	55.78±2.81	88.08 ± 2.07	Current Study	
Saifco Grade 43	51.02±2.3	36.91 ± 2.9	42.38±1.32	104.28±2.17	Current Study	

The lowest specific activity values were observed in TCI Max Grade 43, whereas the highest values are seen in Saifco Grade 43 cement.

Table 3. The average values of radiation hazard indices of the investigated samples

Cement Trade Name	D (nGy/h)	E_T ($\mu Sv/y$)	H_{ex}	H_{in}	I_{γ}	I_{α}
TCI Max Grade 53	35.25	0.17	0.21	0.34	0.31	0.24
TCI Max Grade 43	34.81	0.17	0.21	0.33	0.30	0.22
Khyber Grade 53	44.83	0.22	0.27	0.40	0.37	0.25
Saifco Grade 53	41.51	0.20	0.25	0.37	0.33	0.22
Saifco Grade 43	47.64	0.23	0.29	0.43	0.39	0.26
World Average	69	0.410	< 1	< 1	1.0	0.5
(Ndontchuenge et al.,						
2013)						

The average specific activity values of ²²⁶Ra, ²³²Th, and ⁴⁰K determined in the cement samples varied from one brand to the another brand. This variation in the activity concentrations of ²²⁶Ra, ²³²Th, and ⁴⁰K in the investigated cement types used as building material in Kashmir Valley may depend upon the Uranium, Thorium and Potassium content under the earth's crust from where the raw materials for a particular brand of cement were obtained. As per United Nations Scientific Committee on Effects of Atomic Radiation (UNSCEAR), the world's mean value of 226 Ra, 232 Th, 40 K and Ra_{eq} specific activity were 32, 45, 420 and 370 $Bqkg^{-1}$ respectively (UNSCEAR, 2000). The mean activity concentration of ²²⁶Ra in this study were found to be higher in the investigated cement brand than the world average. The radium equivalent activity calculated from the studied cement types is lower than the recommended maximum value of 370 $Bqkg^{-1}$, which corresponds to an annual effective dose of 1mSv. This envisages that the investigated cement types are within the recommended safety limit when used as building construction materials. The radiation Hazard indices Hex & Hin, Dose rate in air (nGy/h), Annual effective dose equivalent (μSv/y), and activity concentration indices (I_{γ} and I_{α}) obtained for different cement brands are presented in the table 3. The calculated H_{ex} & H_{in} indices in all the cement brands are less than unity and the dose rate in air and all other hazard indices are below the world average.

Conclusion

A preliminary investigation on naturally occurring radionuclides in locally manufactured and commercially available five cement brands was carried out by using NaI(Tl) gamma ray spectrometer. The study envisages that the mean value of specific activity for ²³²Th and ⁴⁰K in the investigated cement brands are much below the permissible global value by UNSCEAR whereas the mean value specific activity for ²²⁶Ra in all the investigated cement brand were above the world average of 32 Bqkg⁻¹. The radium equivalent activity, dose rate, annual effective dose, external hazard index, internal hazard index and activity concentration indices were calculated to determine the radiological implication implying the use of these cement brands as building materials. The entire analysed cement brands used in Kashmir valley met the safety requirement.

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