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RESEARCH ARTICLE

ETHNOBOTANICAL STUDY OF MEDICINAL PLANTS USED BY VILLAGERS IN AVIDANALLAVIJAYAPURAM (PAPPANADU) VILLAGE OF ORATHANADU (TK), THANJAVUR (DT), TAMILNADU, INDIA

*Regalakshmi, T., Rekha, D., Vasantha, S. and Panneerselvam, A.

Department of Botany and Microbiology, A.V.V.M. Sri Pushpam College (Autonomous), Poondi- 613 503, Thanjavur (Dist), Tamilnadu, India

ARTICLE INFO ABSTRACT An ethnobotanical survey was carried out in the Avidanallavijayapuram (Pappanadu) village of, Article History: Orathanadu (tk), Thanjavur (dt), Tamilnadu, India. Interviews and detailed personal discussions were Received 10th February, 2016 conducted with the herbalist and local people to identify plants and collect the medicinal information Received in revised form for 12 months (from January 2015 to December 2015). The medicinally important plants were 26th March, 2016 botanically identified. Totally 137species of 125 genera belonging to 57 families were reported with Accepted 29th April, 2016 Published online 10th May, 2016 ethno medicinal values. Leaves are the mostly used part to prepare medicine. Generally fresh parts are used. The medicinal plants used by villagers were arranged alphabetically followed by botanical

Key words:

Ethnobotanical, Medicinal plants, Avidanallavijayapuram (Pappanadu) Village, Medicinal uses.

name, family name, local name part used, and medicinal uses.

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INTRODUCTION

Plants are the basis of life on earth and are central to people's livelihoods. The value of medicinal plants to the mankind is very well proven .It is estimated that 70% to 80% of people worldwide rely chiefly on traditional health care system and largely on herbal medicines (Shanley, Luz 2003). Traditional medicinal practices are an important part of the primary health care system in the developing world. (Sheldon, Balick, and Laird, 1997). Herbal medicine are comparatively safer than synthetic drug. Plant- based traditional knowledge has become a recognized tool in search for new source of drugs and neutraceuticals (Sharma and Mujundar, 2003). The ethnobotanical survey can bring out many different clues for the development of drugs to treat human diseases. Herbal medicines are assumed to be great importance in the primary healthcare of individuals and communities in many developing countries (Ghosh, 2003). Scientific investigations of medicinal plants have been initiated in many

*Corresponding author: Regalakshmi,

Department of Botany and Microbiology, A.V.V.M. Sri Pushpam College (Autonomous), Poondi- 613 503, Thanjavur (Dist), Tamilnadu, India.

parts of our country because of their contributions to health care. The tribal and rural people of various parts of India are highly depending on medicinal plant therapy for meeting their health care needs. This is attracting the attention of several botanists and plant scientists who directing vigorous researches towards the discovery or rediscovery of several medicinal plants along with their medicinal remedies for various diseases. In such a way, the present work was carried out to explore the medical remedies of some medicinal plants used by the rural people living in Avidanallavijayapuram (Pappanadu) village, South India. In this paper, we report on the information gathered from Avidanallavijayapuram (Pappanadu) village people on the plants used for treatment of various diseases.

MATERIALS AND METHODS

Study Area

Systematic survey of medicinal plants were conducted in the Avidanallavijayapuram (Pappanadu) village in the orathanadu taluk of Thanjavur District, Tamilnadu, India. Geographically the area of Avidanallavijayapuram (Pappanadu) is lies between 10 47'N latitude and 79 10'E longitude.

Table 1. The list of medicinally important plants used by villagers of Avidanallavijayapuram (pappanadu) village, with their botanical name, family name, Local name, habit, and medicinal uses

S.no	Botanical name	Family	Local name	Habit	Medicinal uses
1.	Abelmoschus esculentus(L.)Moench	Malvaceae	Vendai	Herb	Increasing memory power.
2.	Abutilon indicum (L.)Sweet	Malvaceae	Thuthi	herb	Piles, ulcer, cough, leprosy and jaundice
3.	Acacia nilotica(L.)Delile	Mimosaceae	Velamaram	Tree	wound ulcers, leprosy, leucoderma, small pox, skin diseases, biliousness, burning sensation,
					toothache, leucoderma, dysentery and seminal weakness. The trunk bark is used for cold,
					bronchitis, diarrhoea, dysentery, biliousness, bleeding piles and leucoder
4.	Acalypha indica L.	Euphorbiaceae	Kuppaimeni	herb	Worm infection, burns, piles, cough, skin eruptions and urinary diseases.
5.	Achyranthes aspera L	Amaranthaceae	Nayuruvi	herb	Diarrhea, piles, ear diseases and anaemia.
6.	Adhatoda vasica Nees	Acanthaceae	Adhaihoda	shrub	Cough, fever, tuberculosis, vomiting and leprosy.
7.	Aegle marmelos L.	Rutaceae	Vilvam	Tree	Venereal, piles, diseases, digestive and abdominal disorders.
8.	Aerva lanata (L.) Juss.exSchult.	Amaranthaceae	Poolapoo	herb	Wounds, polyuria, piles, dysuria, cardiac diseases and abdominal disorder.
9.	Albizia lebbeck (L) Benth	Mimosaceae	Vagai	Tree	cough, to treat the eye, flu, gingivitis, lung problems, pectoral problems, is used as a tonic, and is used to treat abdominal tumors
10.	Aloe vera	Teliaceae	Sothu katrazhai	shrub	Leprosy, piles, stomach, eye and mental disorders.
11.	Alternanthera sessilis (L.)R.Br.exDc.	Amaranthaceae	Ponnankannikeerai	herb	Leprosy, night blindness and fever.
12.	Amaranthus viridisL	Amaranthaceae	kupppaikeerai	herb	stop dysentery and inflammation
13.	Andrographis paniculata (Burm.f) Wallich ex Nees	Acanthaceae	Siriyanangai	herb	Liver disorder, malaria fever, worm infestation and skin diseases.
14.	Annona squamosa L.	Annonaceae	Seetha	Tree	Diarrhea, dysentery, cardiac diseases and fever.
15.	Arachis hypogae L.	Fabaceae	veer kadlai	herb	Infantile paralysis.
16.	Areca catechu L.	Arecaceae	Kamugu	Tree	Parasitic diseases, digestive function disorders, and depression
17.	Artocarpus heterophyllus .lam	Moraceae	Pala	Tree	Liver diseases, indigestion, stomachache and cough.
18.	Azadirachta indica.Juss	Meliaceae	Veepamaram	Tree	Worm infestation, digestive disorder, fever, pox, skin eruption, vomiting and abdominal disorder.
19.	Azima tetracantha .lam	Salvadoraceae	sanguillai	Shrub	Cough, cold, bleedinggums, earache, toothache, venerealdiseases, and snake bites
20.	Bambusa arundinacea (Retx.) rexb.	Poaceae	mulmoogil	Tree	Leprosy, wounds, cough, fever, jaundice and anaemia.
21.	Bsella alba L.	Basellaceae	kodikeerai	herb	Ulser, abscesses, skin ailments, insect bites, snake bites.
22.	Boerhavia diffusa L.	Nyctaginaceae	Padarmookirattai	herb	Nasal disorders, jaundice, cardiac diseases and piles.
23.	Boerhavia erecta L.	Nyctaginaceae	mookirattai	herb	Asthma.
24.	Bougainvillea spectabilis willd.	Nyctaginaceae	Kakithapoo	Shrub	Diabetes.
25.	Borassus flabellifer L.	Arecaceae	Panai	Tree	Bleeding, thirst, burning sensation, fever, general debility and cardiac diseases.
26.	Calotropis gigantea R.Br	Asclepiadaceae	erukku	Shrub	Nervous disorders, cough, piles, abdominal disorders, and worm infestation.
27.	Canna indica L	Cannabaceae	Kalvalai	Herb	Diuretic, diaphoretic, stimulant and demulcent; decoction is used in fevers, dropsy and dyspepsia, cordial and vulnerary. earache.
28.	Capsicum annuum L.	Solanaceae	Milagai	Herb	Relief of oral discomfort or toothache, external analgesia, as a digestive aid, in menstrual conditions.
29.	Cardiospermum helicacabum L.	Sapindaceae	Mudakkathan	Climber	Tumors, dermal disorders and piles
30.	Carica papaya L.	Caricaceae	Pappali	Tree	Worm infestation, skin diseases, fever and piles.
31.	Cassia auriculata L	Caesalpiniaceae	avarai	Tree	Malaria fever, chronic wounds, burns and ulcers
32.	Cassia fistula L.	Caesalpiniaceae	Sarakonndrai	Tree	Reduced mutagenecity, insect bites, swelling, rheumatism
33.	Catharanthus roseus (L.) G.Don	Apocynaceae	Nithyakalyani	Shrub	Diabetes, malaria, numerous diseases.
34.	Centalla asiatica (L) Urban	Apiaceae	Vallarai	Herb	Digestive disorder, urinary diseases, cough, fever and mental retardation.
35.	Celosia argentea L.	Amaranthaceae	Kozhipoo	Herb	Ornamental uses.
36.	Cissus quadrangularis L.	Vitaceae	Perandikodi	Climber	Piles, abdominal disorders, diarrhea and dysentery.
37.	Citrus limon Burm.f.	Rutaceae	Elumichai	Tree	Vomiting, eye diseases, dysentery, cough and worm infection.
38.	Citrus aurantium L.	Rutaceae	Narthy	Tree	Regulating fat level.
39.	Clitoria ternatea L	Fabaceae	Sangupoo	Climber	Piles, skin diseases, abdominal disorder and fever.
40.	Cleome visoca Linn	Cleomaceae	Naikaduku	Herb	Indigestion, ear diseases, skin eruption, fever and abdominal diseases,
		cucurbitaceae	Kovai	Climber shrub	Cures fever.

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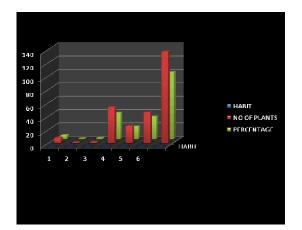
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91.	Ocimum tenuiflorum L.	Lamiaceae	Thulasi	Herb	Fever, mental disorder, digestive disorders, cough and ulcer.
92.	Oryza sativa L.	Poaceae	Nel	Herb	breast cancers, stomach indurations, other tumors, and warts, cough, fever, piles.
93.	Opuntia dillenii Haw.	Cactaceae	Chappathikalli	Shrub	Gonorrhoes, whooping cough, antidote to snake venom, spasmodic cough and expectoration.
94.	Passiflora foetida L.	Passifloraceae	Mupparisavalli	Shrub	Skin diseases.
95.	Pedalium murex L	Pedaliaceae	Yanainerungil	Herb	Cough, diabetes fistula, jaundice, male fertility disorders, snake bite, tooth ache, wound healing
96.	Peltophorum pterocarpum DC	Fabaceae	perungondrai	Tree	Relieve intestinal disorders after pain at childbirth, sprains, bruises and swelling or as a lotion for eye
					troubles, muscular pains and sores
97.	Phoenix sylvestris (L.) Roxb	Arecaceae	Inthupanai	Tree	Toothache and in nervous debility
98.	Phyllanthus acidus Skeel	Phyllanthaceae	Araneli	Tree	Reumatisam, blood purification.
99.	Phyllanthus amarus L.	Euphorbiaceae	Keelanelli	Tree	Jaundice, diabetes, urinary disorders, skin diseases and vomiting.
100.	Phyllanthus emblica L.	Euphorbiaceae	Nelli	Tree	Blood purification
101.	Physalis minima L.	Solanaceae	Sodakuthakali	Herb	Relieve pain (analgesic action).
102.	Pithecellobium dulce (Roxb.) Benth.	Fabaceae	kodukkappuli	Tree	Dysentery, diarrhea, toothache and ulcers.
103.	Plumeria obtusa	Apocynaceae	Perungkalli	Tree	Oedemas
104.	Polvalthia longifolia Sonn	Annonaceae	Nettulingamaram	Tree	Fever
105.	Polycarpaea corymbosa Lam.	Caryophyllaceae	koolamanikeerai	Herb	Antibiotic, ailment
106.		Fabaceae	Pungai	Tree	Colds, coughs, diarrhea, dyspepsia, flatulence, gonorrhea, and leprosy. cleaning gums, teeth, and
	0 0		e		ulcers.
107.	Portulaca grandiflora (Hook) Geesing	Portulaceae	Tablerose	Herb	Externally as a lotion to snake and insect bites, burns, scalds and eczema
108.	Psidium guajava L.	Myrtaceae	Koyya	Tree	Vomiting and urinary disorders.
109.	Punica granatum L.	Punicaceae	Madulam	Tree	Stomach ulcer, increase hemoglobin level and protect cancer.
110.	<i>Quisqualis indica</i> Linn.	Combretaceae	Ilengaramalligai	Creeper	Diarrhoea and fever, abdominalpain, skindiseases
111.	Ricinus communis L.	Euphorbiaceae	Ammanaku	Shrub	Abdominal disorders, piles, worm infection, chest pain, cough and fever.
112.	Rosa alba L .	Rosaceae	Roja	Shrub	Asthma
113.	Ruellia tuberosa L.	Acanthaceae	Vedikkai	Herb	Diuretic, anti-pyretic, analgesic, anti-hypertensive, anthelmentic, abortifacient, emetic, in bladder
					disease, kidney disorder, bronchitis, gonorrhoea and syphilis.
114.		Poaceae	Karumbu	Herb	strengthens stomach, kidneys, heart, eyes, brain and sex organs.
115.	Sansevieria roxburghiana Schult.	Asparagaceae	Marul	Herb	Cough, reumatisum.
116.	Sesamum indicum L.	Pedaliaceae	Ellu	Herb	Wound healing, stomach pain.
117.	Sesbania grandiflora (L.) Poiret	Fabaceae	Agathi	Tree	fever, pain, bronchitis, anemia, tumors, ^[8] colic, jaundice, poisoning. Root used in Rheumatism,
					Expectorant, Painful swelling, Catarrh. ^[9]
118.		Malvaceae	palambasi	Herb	Fever, ear diseases, diarrhea, skin diseases and worm infection.
119.	Solanum surattense (Burm)	Solanaceae	Kandankathiri	Herb	Worm infection, blood disorders, skin diseases, urinary disorders and dysuria.
120.	Solanum melongena L.	Solanaceae	Kathirikai	Herb	Cough vatam and fever.
121.	Solanum nigrum L.	Solanaceae	Manathakkali	Herb	Leprosy, piles, fever, cardiac diseases and vomiting.
122.	Solanum torvum Sw.	Solanaceae	Sundakkai	Shrub	Worm infestation and diarrhea.
123.	Solanum trilobatum L.	Solanaceae	Thuthuvalai	Shrub	Respiratory disorders.
124.		Asteraceae	Kottaikaranthai	Herb	Jaundice, diabetes, mental illnes, fever, cough, skin .diseases
125.	Sphagneticola trilobata	Asteraceae	Mookuthipoo	Herb	infections, indigestion and to treat hepatitis
126.	Syzygium cumini L.	Myrtaceae	Naval	Tree	diabetes
127.	Tabernaemontana divaricata L.	Apocynaceae	Nanthiyarvattam	Shrub	Toothache.
128.	Tamarindus indica L.	Caesalpinaceae	Puliyamaram	Tree	Hypertension, wound healing, abdominal pains, diarrhea, fever and malaria.
129.	Tecoma stans (L) Kunth	Bignoniaceae	Sonnapatti	Shrub	Antidiabetic (hypoglycaemic) and lowering of blood pressure.
130.	Tectona grandis L.f.	Lamiaceae	Thekku	Tree	Leprosy, polyuria, skin diseases, ulcers and worm infestation.
131.	Tephrosia purpurea(L.) Pers	Fabaceae	Kollukkaivelai	Herb	Leprosy, ulcers, asthma, and tumors, as well as diseases of the liver, spleen, heart, and blood. A
	· ·				decoction of the roots is given in dyspepsia, diarrhea, rheumatism, Asthma and urinary disorders.
132.		Malvaceae	Poovarasu	Tree	Cure Ulcer
133.		Zygophyllaceae	Nerungil	Herb	Leprosy, polyuria, skin diseases, ulcers and worm infestation.
134.		Asteraceae	Muriyampachalai	Herb	Dysentery, diarrhea and wounds.
135.		Fabaceae	Ulunthu	Herb	Rheumatism and nervous disorders.
136.	0	Verbenaceae	Nochi	Shrub	Intermittent fever, worm infestation, ear diseases and cough.
137.	Ziziphus jujuba Mill	Rhamnaceae	Elanthai	Shrub	Anxiety and insomnia, and as an appetite stimulant or digestive aid.

 Table 2. Habit wise distribution of plants in the

 Avidanallavijayapuram (Pappanadu) village

S No	Habit	No of plants	Percentage
1	Climber	8	5.8%
2	Climbing shrub	1	0.7%
3	creeper	2	1.4%
4	Herb	54	39.4%
5	Shrub	26	18.97%
6	Tree	46	33.57%
	TOTAL	137	100



The elevation/ altitude of the study area is about 49 meters above sea level. The annual temperature of Orathanadu taluk is 37.63°C. The maximum temperature is 38.50°C during the summer month of April to May. The minimum temperature of 29.72°C recorded during the winter month of Januaryand February. The maximum amount of rainfall received by the block is 321.2mm. Avidanallavijayapuram is surrounded by Thiruvonam Taluk towards west, Pattukkottai Taluk towards South, Madukkur Taluk towards East, Karambakudi Taluk towards west Pattukkottai, Peravurani, Nanjikottai, . Thanjavur are the nearby Cities to Avidanallavijayapuram. The major soil types are 4. Cauvery is the major river flowing in the region. The major crops grown in the village are paddy, groundnut, sugarcane, pulses, banana and coconut.

Data Collection

The field survey was conducted in different localities of. Avidanallavijayapuram (pappanadu) village for 12 months from January 2015 to December 2015.The information was collected through interviews and discussion among the herbalist and villagers in their local language (Tamil).The questions regarding medicinal plant, parts used, habit, and local name were recorded from the villagers through oral interview. All the plant specimens available in the study areas were collected for authenticity and the herbarium specimens were prepared by using the methodology of Jain and Rao (1976). The herbarium specimens were identified with the help of the Flora of the Presidency of Madras (Gamble and Fischer, 1915 -1936). The herbarium specimens were prepared for all the plants and deposited at A.V.V.M.SriPushpam college (Autonomous) Poodi, Thanjayur for reference.

RESULTS AND DISCUSSION

The peoples of Avidanallavijayapuram (pappanadu) possess a very rich ethno botanical knowledge. Even to this data, they have been making use of a large number of plants species for various purposes such as medicine, fodder, firewood, timber, food etc. A total of 137 plant species representing 57 families have been reported to be in use among the villager of the study area (Table 1).

Table 3. List of Plants family and No of species

S.no	Family name	No of species
1.	Malvaceae	6
2.	Mimosaceae	2
3.	Moraceae	3
4.	Meliaceae	2
5.	Myrtaceae	3
6.	Molluginaceae	1
0. 7.	Moringaceae	1
8.	Muntingiaceae	1
8. 9.	Musaceae	1
10.	Fabaceae	13
11.	Euphorbiaceae	8
12.	Asteraceae	4
13.	Amaranthaceae	5
14.	Acanthaceae	4
15.	Apocynaceae	5
16.	Anacardiaceae	1
17.	Annonaceae	2
18.	Arecaceae	4
19.	Asclepiadaceae	2
20.	Apiaceae	1
21.	Sapotaceae	2
21.	Salvadoraceae	1
22.	Solanaceae	8
23. 24.		8 1
	Sapindaceae	
25.	Rutaceae	6
26.	Rubiaceae	2
27.	Rhamnaceae	1
28.	Poaceae	4
29.	Pedaliaceae	2
30.	Phyllanthaceae	1
31.	Portulaceae	1
32.	Punicaceae	1
33.	Lamiaceae	4
34.	Teliaceae	1
35.	Basellaceae	1
36.	Bignoniaceae	1
37.	Balsaminaceae	2
38.	Caesalpiniaceae	2
39.	Cannaceae	1
40.		1
	Cactaceae	
41.	Caryophyllaceae	1
42.	Caricaceae	1
43.	Convolvulaceae	3
44.	Cyperaceae	2
45.	Combretaceae	1
46.	Nyctaginaceae	4
47.	Vitaceae	1
48.	Verbenaceae	2
49.	Violaceae	1
50.	Zygophyllaceae	1
51.	Asparagaceae	1
52.	Cleomoceae	1
53.	Lythraceae	1
55. 54.	Cucurbitaceae	5
54. 55.		1
	Rosaceae	
56.	Passifloraceae	1
57.	Boraginaceae	1

Among 137 plant species, 130 plants are wild, 5 plants are cultivated and 4 plants are ornamental. Wild plant species have adapted to very large areas. These plants are highly dominant in the study area. They occur in both disturbed and undisturbed areas such as sacred groves, around the well, road side, temple and cultivated areas. *Delonix regia* is an ornamentally cultivated plant species and highly distributed in all areas. In the present study, 8 cultivated plants were recorded. They are *Arachis hypogea, Sesamum indicum* L., *Saccarum officinarum*,

Oryza sativa L., Musa paradisiaca L Vigna mungo, Zea mays These plants possess high medicinal and economical value. In addition to that, ornamental plants are also recorded. They are, Ixora coccinea, Celosia argentea L. Jasminum sambac, Crossandra nilotica and Rosa indica. These plants are grown for decorative purpose in garden and houses. Among these ornamental species, Rosa indica and Ixora coccinea are economically valuable plant species. In habit wise distribution were tree-46 species, shrubs-27, herbs-54 and climbing shrub-1, Creeper-2, Climber - 8 (Table 2). Similar to the present findings, Muthu et al. (2006) reported that herbs were found to be the most used plants followed by trees, shrubs and climbers. In the present study, Family wise distribution of the medicinal plants shows Fabaceae was the most dominant family, followed bySolanaceae, Euphorbiaceae, Malvaceae, Amaranthaceae, Apocynaceae, Lamiaceae, Asclepiadaceae, Rubiaceae, Asteraceae, Moraceae, Rutaceae, Acanthaceae, Poceae, Cucurbitaceae, Boraginaceae, Arecaceae, Verbenaceae, Liliaceae, Nyctaginaceae, Sapindaceae, Apiaceae, Myrtaceae, Meliaceae, Caesalpinaceae, Vitaceae, Capparaceae, Annonaceae, Caricaceae, Lythraceae, Mimosaceae, Moringaceae, Musaceae, Zygophyllaceae, Rosaceae and Anacardiaceae were recorded. (Table 3) Fabaceae (13species) is the dominant family in this study area followed by Solanaceae, Euphorbiaceae (8species each) and Malvaceae (6 species), Cucurbitaceae, Apocynaceae, and Amaranthaceae (5species each).

Among the different plant parts used for the preparation of medicine, leaves and whole plants were predominantly used, followed by fruits, root, flower, rhizome, stem, bark and latex. They were using this plants to cure diseases like fever ,bone fracture, hair fall, diabetes, cold cough, jaundice, wounds, poisonous bites (snake, scorpion and insect), dental carries, burns, diarrhea, small pox, ulcer, stomach disorders, Blood purification etc., Plants like Azima tetracantha and Boerhavia erecta, and Cardiospermum helicacabum, Delonix elata, Mukia maderaspatana, Leucas aspera, Ocimum tenuiflorum, Ocimum basilicum are mostly used to cure cough and fever diseases. From the discussion with traditional healers of the study area, large number of ailments was found to be treated using plant species. A single plant or groups of plants are used as ingredients to cure a single disease sometimes the healer may use single plant to cure various diseases. For example Azima tetracantha cures Cough, cold, bleeding gums earache, toothache, venereal diseases and snake bites. The ethnomedicinal studies evidently pointed out that, instead of trying to identify the active components and pharmacological actions of plants through massive collection of plants from

natural sources, it is better to start investigating the efficacy of the plant based on their use in folk medicine, since most of the commercially proven drugs used in modern medicine were initially tried in crude form in traditional or folk healing practices (Fabricant and Farnsworth, 2001).

Conclusion

The present study revealed that medicinal plants still play a vital role in the primary health care of people. The number of valuable plant species are found in the Avidanallavijayapuram (pappanadu). Some important medicinal plants needs immediate conservation and their cultivation should be encouraged through which their extinction can be prevented and tribal people may also get low-cost medicine to cure their diseases. If conservation measures are not introduced in the near future there may be a great loss of plant diversity.

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