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# **RESEARCH ARTICLE**

# FORMULATION AND EVALUATION OF TRIPLE LAYERED MATRIX TABLET OF ACECLOFENAC USING GUM ACCACIA AS CORE MATERIAL

## <sup>1,\*</sup>Bisht Tulsi and <sup>2</sup>Rishishwar Poonam

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| ARTICLE INFO   | ABSTRACT   |
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| <i>Article History:</i><br>Received 18 <sup>th</sup> September, 2016<br>Received in revised form<br>07 <sup>th</sup> October, 2016<br>Accepted 23 <sup>rd</sup> November, 2016<br>Published online 30 <sup>th</sup> December, 2016 | The aim of present work was to develop once daily sustained release matrix tablet of aceclofenac by wet granulation technique using gum acacia. Aceclofenac sodium being the newer derivative of diclofenac having short biological half life (4hrs.), so it require more than one dose per day to maintain therapeutic dose. Total four formulations of aceclofenac matrix tablet were prepared using different concentration of gum acacia and evaluated for various parameters like weight variation, hardness, swelling index, friability, percent drug release and various release profile like zero order, |
| Key words:   | <sup>-</sup> first order, higuchi's, and koshemeyrs-peppas studied. All the evaluation parameters met pharmacopeial specifications and through dissolution studies it was concluded that MTX1showed  |
| Matrix,<br>Sustained,<br>Gum Acacia.   | height percent drug release and MTX4 showed lowest percent drug release at the end of 8 hrs. Matrix tablet of aceclofenac was successfully prepared and evaluated and it can be concluded that matrix tablet prepared with gum acacia showed release rate for a prolonged time and can be of great importance for "once daily" tablet to reduce side effects and toxicity related with NSAIDs.   |

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# **INTRODUCTION**

The main objective of this work was to formulate & evaluate multi-layered matrix tablet of aceclofenac to achieve sustained release of drug for a longer period of time, so as to maintain the plasma drug concentration constant for the whole day. It also helps in decreasing the dosing frequency there by increasing patience compliance. Aceclofenac have a very short half life of only 4 hours so it can not maintain the plasma drug concentration at the therapeutic levels for a longer period of time. Now a days gums are widely used natural excipients for conventional and noval dosage forms due to their chemically inert, nontoxic, less expensive and biodegradable nature. (Lachman et al., 1990), (Kamboj et al, 2009) Gum Arabic is also known as acacia gum, made of hardened sap of various species of the acacia tree. Gum Arabic is a complex mixture of glycoprotein polysaccharides collected from two related species namely Acacia Senegal and Acacia seyal (Goswami et al., 2014; Higuchi et al., 1961). The present study aims to develop triple-layer sustained release matrix tablets using hydrophilic natural polymer gum acacia for core matrix and HPMC K-15M, NaCMC and Ethyl cellulose (EC) and PVP-K30 for preparing bottom and top layers.

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# **MATERIALS AND METHODS**

Aceclofenac sodium, Acacia gum and HPMC K-15 were obtained as gift samples from Windlass Pharmaceuticals, Dehradun, Macloides Pharmaceuticals, Baddi (Himanchal Pradesh), Garhwal Traders', Dehradun respectively. EC, Poly vinyl pyrrolidone K -30 (PVP), NaCMC, were of analytical grade.

# Preparation of Matrix Tablets (Semalty M, Bisht T *et al.*, 2012)

# Triple layer matrix tablets were prepared in a three step process as followed

Triple layer matrix tablet is prepared in three steps. First core granules were prepared using aceclofenac sodium with gum acacia. Then the upper layer granules and bottom layer granules were prepared using HPMC K-15 and NaCMC as release retardant layer. 20 mg aceclofenac drug was used in each upper and bottom layer granules and 60 mg drug was used in core layer so that drug from the core granules will be released slowly and produce a sustained effect for 12 hrs.

## Preparation of aceclofenac sodium matrix core granules

Core granules were prepared by wet granulation process using Acacia gum in different ratio with aceclofenac sodium. For formulation lactose was used in different concentration as diluents, PVP-K-30 (3%) was used as binding agent. Magnesium Stearate (5 mg) was incorporated as lubricant and talc (5 mg) was used to improve flow property.

### Preparation of bottom and upper layers granules

The release layer containing HPMC k-15, Na CMC was prepared by wet granulation method. The polymers and 3% PVP-K30 paste were mixed and passed through sieve no. 14 and dried at 50°C for 1 hour.

## Preparation of triple-layered matrix tablet

65 mg of bottom: 100 mg core: 65 upper were compressed in single punch machine, respectively. Initially the volume of the die was adjusted equivalent to total weight of three layer matrix tablet. Then pre-weighed amount of granules equivalent to bottom layer were compressed and upper punch is lifted slightly and core material is placed and compressed and finally upper layer granules were compressed.

## Evaluation of prepared granules: (Lachman et al., 1990)

- Angle of repose
- Tapped density
- Bulk density
- Carr's index
- · Hauser's ratio

## Angle of repose

Determined was Angle of repose by using fixed funnel method. The fixed funnel method employ a that was secured funnel with its at a given tip height (2cm), above the that was placed on a flat horizontal graph paper surface. A tablet blend Granules were carefully poured through the funnel until the apex of the conical pile just the tip touches of the funnel. With r the radius being of the base of the conical pile. Angle of repose was calculated the following equation using.

### $\tan \theta = h/r$

**h** = Height of pile, **r** = Radius of pile &  $\theta$ =Angle of repose

## **Bulk density**

The bulk was determined by density a weighed quantity pouring of tablet blend into graduated cylinder & measuring the height. On the bulk density is the ratio of mass of tablet blend to bulk volume.

## $\mathbf{D}\mathbf{b} = \mathbf{M}/\mathbf{V}\mathbf{b}$

Where, **M** and **Vb** are mass of powder and bulk volume of the powder respectively

## **Tapped Density**

The Tapped is ratio density of mass blend of tablet to volume of tapped tablet blend. Amount tablet Accurately weighed of poured blend in graduated cylinder & height is measured. Allowed to 100tap then was cylinder its own under weight a hard onto surface. The was continued tapping until no further change in height was noted.

### Dt = M / Vt

Where, **M** and **Vt** are mass of powder and tapped volume of the powder respectively.

### Hausner's Ratio

Hausner's ratio the flow measured properties of powder & indicates by ratio the of tapped to bulk density density. The Hausner's ratio was determined by the given formula

### Carr's Index (Compressibility Index)]

The compressibility is the of powder to ability decrease in volume under pressure density using bulk & density the tapped compressibility of powder were determined percentage, is compressibility which given as Carr's index. That is related to indirectly the flow relative rate. Carr's determined compressibility formula index was by the given.

# Evaluation of Aceclofenac Matrix Tablets (Lachman *et al*, 1990; Aulton, 2007)

### Swellingindex

Swelling studies were carried out for assessing the extent of swelling for the different formulations. A matrix, upon contact with an aqueous solution, undergoes wetting which starts from the surface followed by the progression into the inner core of matrix through microscopic pores. The nature of the polymer plays an important role in this swelling process of the matrix tablets. The presence of water in the polymer causes a certain amount of stress, resulting in hydration of the polymer, which starts to swell yielding a gelatinous viscous layer. The percent swelling was determined by the following equation.

### $S\% = Ws - Wd \times 100$

Where, Ws= weight of tablet after swelling Wd= weight of tablet before swelling

## Weight variation

Weight variation test was performed for twenty tablets from each batch and average values were calculated and then sum of individual weight was calculated. Then the difference is calculated to determine.

 $(W_{20}-W_{avg})/W_{20}*100$ Where  $W_{20}$  = Total weight of 20 tablet  $W_{avg} = Avg$  weight of 20 tablet

## Friability test

Friability test was performed using Roche friabilator. Ten tablets were weighed and placed in the friabilator, which was then operated for 25 revolutions per minute. After 100 revolutions the tablets were dusted and reweighed. The percentage friability was determined using formula:

## % Friability = $W_0 - W_t / W_0 \times 100$

Where Wo and Wt are initial and final weight respectively, before and after hundred revolutions

## Drug content

Ten tablets of each formulation were weighed and powdered. The quantity of powder equivalent to 100 mg of aceclofenac was taken in a 100 ml volumetric flask and made up to the volume with pH 6.8 phosphate buffer.

The screw knob was moved forward until the tablet broke and the force required for breaking the tablet was noted.

### **Disintegration test**

Disintegration time is the time taken by a tablet to break up into smaller particles.

#### Various formulations and evaluations tables

Table 1. Composition of matrix tablets using gum acacia and excipients

| Ingredients (mg) | MTX1 | MTX2 | MTX3 | MTX4 |
|------------------|------|------|------|------|
| Drug             | 100  | 100  | 100  | 100  |
| Gum acacia       | 6    | 12   | 18   | 24   |
| HPMC K-15        | 50   | 50   | 50   | 50   |
| NaCMC            | 50   | 50   | 50   | 50   |
| Lactose          | 24   | 18   | 12   | 6    |
| Talc             | qs   | qs   | qs   | qs   |

MTX = matrix tablet of of gum acacia, NaCMC = sodium carboxy method callulates UBMC K 15= hydrawyl method callulates K 1

methyl cellulose, HPMC K-15= hydroxyl propyl methyl cellulose K-15,

PVP-K30 = polyvinyl pyrrolidone-K30

#### Table 2. Evaluations of prepared granules

| Code | Bulk Density<br>(gm/ml) | Tapped<br>Density(gm/ml) | Carr's<br>Index. (%) | Hausner's ratio  | Angle of Repose<br>(θ) AF1 |
|------|-------------------------|--------------------------|----------------------|------------------|----------------------------|
| MTX1 | $0.68 \pm 0.545$        | $0.81 \pm 0.545$         | $16.04 \pm 0.545$    | $1.19 \pm 0.545$ | $27.34 \pm 0.545$          |
| MTX2 | $0.17 \pm 0.545$        | $0.86 \pm 0.325$         | $17.44 \pm 0.545$    | $1.21 \pm 0.545$ | $25.80 \pm 0.545$          |
| MTX3 | $0.73 \pm 0.545$        | $0.90 \pm 0.435$         | $18.89 \pm 0.545$    | $1.23 \pm 0.545$ | $26.59 \pm 0.545$          |
| MTX4 | $0.72 \pm 0.545$        | $0.93 \pm 0.145$         | $22.25 \pm 0.545$    | $1.29 \pm 0.545$ | $24.88 \pm 0.545$          |

 $SD = \pm 5 (n)$ 

#### Table 3. Result of various evaluation parameters

| Formulations   | Avg. wt of tablet(mg)              | Friability(%)                                    | Hardness kg/cm <sup>2</sup> )     | Drug content (%)           | Swelling index (%)   | Thickness (mm)                   |
|----------------|------------------------------------|--|-----------------------------------|----------------------------|----------------------|----------------------------------|
| MTX-1          | $229\pm0.545$                      | 0.754±.015                                       | $5.8 \pm .005$                    | 85.5±2.31%                 | 21±.103              | 5.9±.003                         |
| MTX-2          | $230\pm0.346$                      | $0.984 \pm .032$                                 | $4.2 \pm .000$                    | 78.92±1.62%                | 29.4±.101            | $4.2 \pm .001$                   |
| MTX-3<br>MTX-4 | $227 \pm 0.134$<br>$232 \pm 0.193$ | $0.551 \pm 0.0000000000000000000000000000000000$ | $5.9 \pm 0.01$<br>$4.1 \pm 0.003$ | 81.23±2.54%<br>65.78±3.45% | 36.1±.009<br>42±.023 | $5.2 \pm .003$<br>$5.1 \pm .002$ |

 $\overline{SD} = \pm 5 (n)$ 

### Table 4. Calculation of percent drug release of all the four formulations

| Time |   | MTX 1 | MTX 2 | MTX 3 | MTX 4 |
|------|---|-------|-------|-------|-------|
| 3    | 0 | 9.13  | 8.45  | 6.58  | 5.9   |
| 6    | 0 | 17.95 | 16.08 | 14.21 | 11.83 |
| 12   | 0 | 33.08 | 27.82 | 24.08 | 22.72 |
| 18   | 0 | 47.39 | 41.16 | 37.54 | 35.16 |
| 24   | 0 | 58.32 | 52.21 | 47.62 | 44.22 |
| 30   | 0 | 72.49 | 68.92 | 61.11 | 59.42 |
| 36   | 0 | 87.65 | 78.14 | 72.53 | 68.12 |
| 42   | 0 | 94.36 | 84.86 | 82.14 | 79.08 |
| 48   | 0 | 97.78 | 95.4  | 87.25 | 85.72 |

The contents were agitated in a magnetic stirrer at 37°C for 24 hours. At the end of 24 hours content were analyzed spectrophotometrically at 274 nm after suitable dilutions (Table 2).

## Thickness test

Tablet thickness should be controlled within a  $\pm 5\%$  variation of a standard value. Vernier callipers were used to determine the thickness of tablet.

## Hardness test

The tablet's hardness was measured by Monsanto hardness tester. For measuring the hardness tablet to be tested was held between a fixed and a moving jaw of hardness test apparatus (Monsanto) and reading of the indicator is adjusted to zero. The USP disintegration apparatus was used to determine the disintegration time. Matrix tablet of aceclofenac shows the disintegration time between 2-3 hours  $(2.56 \pm 0.35, n = 2)$ .

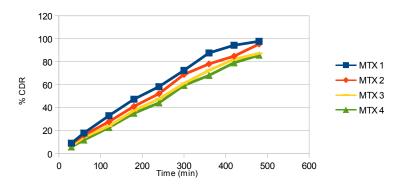
## In-Vitro Drug Release Studies

*In-vitro* dissolution studies prepared tablets were performed in triplicate in a USP XXIII six station dissolution test apparatus (Veego Model No.6 DR, India) at 100 rpm and at  $37^{\circ}C \pm 1^{\circ}C$  using 900 ml of pH 6.8 phosphate buffer as dissolution medium for 8 h. Aliquots of 5 ml were withdrawn at predetermined time intervals and replaced with an equivalent amount of fresh dissolution media maintained at the same temperature. The samples were filtered, diluted suitably and then analyzed by measuring the absorbance at 274 nm by UV spectrometer (Shimadzu UV-1800).

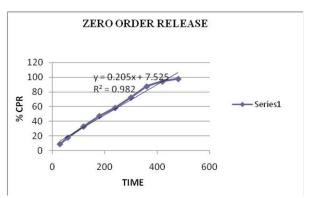
| TIME | CPR           | CPRU         | Log CPRU  | SQRT      | Log T     |
|------|---------------|--------------|-----------|-----------|-----------|
| 30   | 9.135849057   | 90.864150943 | 1.9583926 | 5.4772256 | 1.4771213 |
| 60   | 0 17.95308688 | 82.04691312  | 1.9140622 | 7.7459667 | 1.7781513 |
| 120  | 33.08489908   | 66.915100921 | 1.8255241 | 10.954451 | 2.0791812 |
| 180  | 47.39091049   | 52.609089513 | 1.7210608 | 13.416408 | 2.2552725 |
| 240  | 58.3233699    | 41.676630101 | 1.6198926 | 15.491933 | 2.3802112 |
| 30   | 72.4956165    | 27.504383502 | 1.4394019 | 17.320508 | 2.4771213 |
| 36   | 87.65301009   | 12.346989908 | 1.0915611 | 18.973666 | 2.5563025 |
| 420  | 94.36988153   | 5.630118473  | 0.7505175 | 20.493902 | 2.6232493 |
| 480  | 97.7835498    | 2.2164501975 | 0.345658  | 21.908902 | 2.6812412 |

 Table 5. Calculation of cumulative drug release, percent cumulative drug release, log of cumulative drug release, square root of time and log of time

Various graphical representations of comparative studies

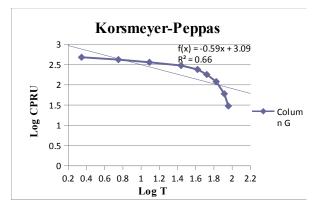


Graph 1. Percent drug release Vs time graph

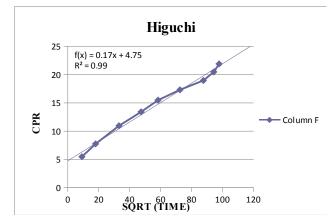


Kinetics study of MTX1 formulation

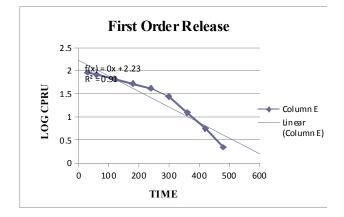
Graph 2. Percent cumulative drug release Vs time (zero order release)



Graph 3. Percent log of cumulative drug release Vs log of time (Korsmeyer-Peppas model)



Graph 4. Percent cumulative drug release Vs square of time (Higuchi model)



Graph 5. Percent log of cumulative drug release Vs time (first order release)

## **RESULTS AND DISCUSSION**

Four different formulations using different concentration of gum acacia were formulated and evaluated. From table 1 and table 2 various conclusions were observed. Flow property of granules was found very well. Average weight of tablet was 230 mg with slight variations. Highest percent friability was found in MTX2 (0.984±.032). Highest amount of drug content was found in MTX1 (85.5±2.31). Thickness of the tablet was within the range. Highest percent drug release of found in MTX1 (97.78) and lowest percent drug release was in case of MTX4 (85.72). The swelling index was found to be increased with the time. The weight gain by tablet was increased proportionally with rate of hydration up to 3 hours. Later on, it was found to be decreasing gradually due to dissolution of outermost gelled layer of tablet into dissolution medium. It was also observed that the swelling index was directly proportional to the gum concentration. The release of drug from Acacia gum based matrix tablet decreases as the gum concentration increases. The delay in the release of drug from the tablet might be due to formation of a more thick gel layer around the matrix of Acacia gum which was also observed during swelling process in the dissolution study at the end of 8 hours. During dissolution study it was observed that the tablets released the drug from matrix after considerable swelling. The order of percent release of drug (at the end of 8 h) was found to be MTX1> MTX2 > MTX3 > MTX4. All the formulations showed a matrix diffusion dependent release and this was confirmed due to linear relationship between the percent drug release and square root of time (Higuchi plots). In Higuchi plot 'r' value was 0.99.

### Conclusion

The physio-chemical investigation showed that triple- layered aceclofenac matrix tablet prepared with Acacia gum showed better solubility and dissolution profile. Thus, it can be concluded that matrix tablet prepared with Acacia gum may be of potential use for improving bio availability and for reducing the GI toxicity of the drug. Matrix tablet may also be developed for other NSAIDS with poor solubility and GI side effect.

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