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## RESEARCH ARTICLE

# MIDDLE EAST RESPIRATORY SYNDROME- CORONAVIRUS - KNOWLEDGE AND ATTITUDE AMONG HEALTH CARE WORKERS IN KING FAHAD CENTRAL HOSPITAL JAZAN CITY OF SAUDI ARABIA 1439 H

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## INTRODUCTION

World Health Organization (2012) announced that a Middle East respiratory disorder (MERS) is a viral respiratory ailment. Corona infection (MERS-CoV) which at first happened in Saudi Arabia (WHO, 2015). In any case, corona infections are a huge group of infections that can bring about ailments running from the basic icy to Severe Acute Respiratory Syndrome (SARS). The MERS indications commonly incorporate fever, hack and shortness of breath. Gastrointestinal manifestations, including looseness of the bowels, have additionally been accounted for. A thirty-six of detailed patients with MERS have passed on. The greater part of human instances of MERS have been come back to human-to-human diseases. Camels are probably going to be a noteworthy store have for MERS-CoV and a creature wellspring of MERS contamination in people. Consequently, a camels transmission of the infection and the route(s) of transmission are huge (WHO, 2015).

Raoul et al., 2013 expressed that obscure coronavirus (CoV) was isolated from the sputum of a patient among the year 2012, in Jeddah, Saudi Arabia, with intense pneumonia and renal failure which later called human coronavirus Erasmus Medical Center (EMC) (Raoul et al., 2013). The way of transmission MERS-CoV not known as of not long ago but rather contemplates in this area demonstrated that the principle wellspring of this infection is the camel (Azhar et al., 2014), which got tainted by African bats in past. While human-to-human, transmission is constrained on account of MERS. As per the present reports the transmission rate is diminishing yet at the same time this is by all accounts broadly introduced in dromedary camels in the Middle East nations, the present report from Agriculture service of Saudi Arabia has led a test on 112 camels and have found that 85% of the creatures conveyed a destructive MERS-CoV, transmission is required to proceed for a drawn out stretch of time in these districts subsequently circumstance is not totally under control. Hence individuals everywhere throughout the world, particularly in

Middle East nations like Saudi Arabia ought to know about MERS, its causes, and indications (Zumlaa *et al.*, 2015). No specific treatment for the MERS-CoV till date, It was suspected that the antiviral medications which target primary protease and papain-like protease of SARS-CoV can be successful for MERS. While those medications are not 100% powerful on MERS (Lei *et al.*, 2014). Health care workers are at high risk to get infection or to become a major source of transmission to hospitalized patients and their colleagues,

## METHODS

This study was a cross-sectional study of a representative sample of health care workers at King Fahad Central Hospital Jazan city of Saudi Arabia. 1439 health care workers at King Fahad Central Hospital Jazan city (physicians, nurses, pharmacist and staff technicians) who signed consent to participate in the study before to answer the questionnaire those who not signed were excluded.

### Sampling

The target population were 1253 which includes; 375 doctors, 709 nurses, 115 staff technicians and 54 pharmacists. The minimum sample size for this study has been decided according to

The following formula;

$$n = \frac{Z^2 \times P \times Q}{D^2}$$

Where:

n: Calculated sample size

Z: The z-value for the selected level of confidence = 1.96.

P: 0.5 to provide the maximum sample size = 50%

Q: (1 - P) = 50%

D: The maximum acceptable error [precision level] = 0.05.

$$n = \frac{1.96^2 \times 0.50 \times 0.50}{0.05^2} = \frac{3.8416 \times 0.25}{0.0025} = 384$$

The estimated sample size was 384 health care workers

A self-administered questionnaire was created both in Arabic and English after a thorough search in the literature based on the most recent available information from the World Health Organization. Data was entered and analyzed using statistical Package for Social Sciences (SPSS) software version 22.0 Descriptive statistics (e.g. Number, percentage) and analytic statistics using Chi Square tests ( $\chi^2$ ) to test for the association and/or the difference between two categorical variables were applied. A p-value less than 0.05 were considered statistically significant. Multivariate analysis: regression analysis was used to adjust for confounding factors. Permission of the King Fahad Central Hospital authorities and research committee in jazan university in was obtained. Also informed consent was obtained from all participants.

## RESULTS

As shown in table 1 which provides socio-demographic data of the sample A total of 384 participants (239 females and 145 male) were participated most of them were aged less or equal 29 years (53.9%), and less than 5% (4.7%) of the participants were equal or more than 50 years or older. More than half of

participants were nurses (56.5%) while physicians, pharmacists and technicians accounted for 29.7, 4.7 and 9.1%, respectively. Regarding years of work experience, about more than one third of them (34.9%) had experience of 3-6 years, nearly half one third (28.6%) less than 3 years and only 14.1% had experience between 7-10 years and 22.4% had more than 10 years of work experience. As shown in table (2). The main source of getting information about MERS was posters and pamphlets (24.2%), Radio and TV (19.3 %). And the least source of knowledge was from newspapers and non-professional magazines and 4.9% from peers. And 3% (3.1%) of the participants reported laypersons. The overall mean knowledge score was  $15.5 \pm 0.08$ . Nearly 81% of the studied sample (80.7%) had good knowledge and the remaining (19.3%) had poor knowledge (Table 4). Poor knowledge was more apparent in response to questions regarding caused of infection (42.7%), incubation time of virus (50.3%), Polymerase Chain Reaction (PCR) can be used to diagnose MERS (25.3%) and used of antibiotics are first line treatment (43%) (Table 3).

**Table 1. Distribution of health care workers at King Fahad Central Hospital Jazan city according to their characteristics in 1439H**

Socio-demographic characteristics	Response	Frequency	%
Age	≤ 29	207	53.9
	30-39	125	32.6
	40-49	33	8.6
	≥ 50	19	4.9
	Total	384	100.0
Gender	Male	145	37.8
	Female	239	62.2
	Total	384	100.0
Profession	Physician	114	29.7
	Pharmacist	18	4.7
	Nurse	217	56.5
	Technical Staff	35	9.1
	Total	384	100.0
Years of Experience	≤ 3	110	28.6
	3-6	134	34.9
	7-10	54	14.1
	≥ 10	86	22.4
Total	384	100.0	

**Table 2. Source of health care workers at King Fahad Central Hospital Jazan city information about MERS Knowledge in 1439H**

Knowledge	Response	Frequency	%
Source of information	Radio & TV	74	19.3
	Seminar and workshops	71	18.5
	Posters and pamphlets	93	24.2
	Peers	19	4.9
	Reference books and articles	72	18.8
	Newspapers and non-professional magazines	43	11.2
	Lay persons	12	3.1
	Total	384	100.0

Table (4) shows that there were significant differences between respondents gender and knowledge of respondents about Mers-COV except with special caution must be taken when person came with symptoms of MERS-COV came from Arabian peninsula (p-value equal 0.010) and knowledge regarding Antibiotic are first line treatment (p-value equal 0.016). However female were significantly more knowledgeable regarding the special caution must be taken when person came with symptoms from Arabian peninsula (93.3 % vs. 82.1 %). While male were significantly more knowledgeable compared to female concerning Antibiotic are first line treatment of Mers-COV (64.8 % vs. 52.3 %) Table (4). Table (5) indicates no significant differences were found between respondents age and their knowledge about Mers-COV (p-value is greater than 0.05).

**Table 3. Knowledge of healthcare workers at King Fahad Central Hospital Jazan city about MERS in 1439H**

Knowledge of MERS	Correct answer N (%)	Incorrect answer N (%)
MERS-CoV is caused by alpha coronavirus	220 (57.3)	164 (42.7)
MERS patients may develop severe acute respiratory illness	368 (95.8)	16 (4.2)
Fever, cough and shortness of breath are hallmark symptoms of MERS	369 (96.1)	15 (3.9)
People with co-morbidity (Diabetes, cancer and other chronic diseases) are more likely to be infected	314 (81.8)	70 (18.2)
Incubation time for virus is 14-28days	191 (49.7)	193 (50.3)
spreads through close contact with infected persons like those to take care of \ or live with	355 (92.4)	29 (7.6)
The main source of MERS virus is plant	352 (91.7)	32 (8.3)
Washing hand with soap and water for at least 30 seconds can help in prevention of transmission of disease	335 (87.2)	49 (12.8)
Vaccination of MERS virus could be available in market	312 (81.3)	72 (18.8)
Polymerase Chain Reaction (PCR) can be used to diagnose MERS	287 (74.7)	97 (25.3)
Special Caution must be taken when person presents with symptoms of MERS from Arabian Peninsula region	342 (89.1)	42 (10.9)
Antibiotics are first line treatment	219 (57.0)	165 (43.0)
MERS can be fatal	361 (94.0)	23 (6.0)

Mean knowledge score = (15.5 ± .08)

**Table 4. Relationship between gender and respondents knowledge about Mers-CoV at King Fahad Central Hospital Jazan city towards MERS in 1439**

Knowledge		Gender		Total	$\chi^2$	P-value
		Male	Female			
MERS-CoV is caused by alpha coronavirus	Correct	79 (54.5%)	141 (59%)	220 (57.3%)	.751	.233
	Incorrect	66 (45.5%)	98 (41%)	164 (42.7%)		
	Total	145 (100%)	239 (100%)	384 (100%)		
MERS patients may develop severe acute respiratory illness	Correct	137(94.5%)	231(96.7%)	368 (95.8%)	1.064	0.302
	Incorrect	8 (5.5%)	8 (3.3%)	16 (4.2%)		
	Total	145(100.0%)	239(100.0%)	384(100.0%)		
Fever, cough and shortness of breath are hallmark symptoms of MERS	Correct	139 (95.9%)	230 (96.2%)	369 (96.1%)	0.033	0.855
	Incorrect	6 (4.1%)	9 (3.8%)	15 (3.9%)		
	Total	145(100.0%)	239 (100.0%)	384 (100.0%)		
People with co-morbidity (Diabetes, cancer and other chronic diseases) are more likely to be infected	Correct	122 (84.1%)	192 (80.3%)	314 (81.8%)	0.876	0.349
	Incorrect	23 (15.9%)	47 (19.7%)	70 (18.2%)		
	Total	145 (100.0%)	239 (100.0%)	384 (100.0%)		
Incubation time for virus is 14-28days	Correct	66 (45.5%)	125 (52.3%)	191 (49.7%)	1.661	0.197
	Incorrect	79 (54.5%)	114 (47.7%)	193 (50.3%)		
	Total	145 (100.0%)	239 (100.0%)	384 (100.0%)		
It spreads through close contact with infected persons like those to take care of \ or live with	Correct	133 (91.7%)	222 (92.9%)	355 (92.4%)	0.175	0.676
	Incorrect	12 (8.3%)	17 (7.1%)	29 (7.6%)		
	Total	145 (100.0%)	239 (100.0%)	384 (100.0%)		
The main source of MERS virus is plant	Correct	132 (91.0%)	220 (92.1%)	352 (91.7%)	0.122	0.727
	Incorrect	13 (9.0%)	19 (7.9%)	32 (8.3%)		
	Total	145 (100.0%)	239 (100.0%)	384 (100.0%)		
Washing hand with soap and water for at least 30 seconds can help in prevention of transmission of disease	Correct	130 (89.7%)	205 (85.8%)	335 (87.2%)	1.221	0.269
	Incorrect	15 (10.3%)	34 (14.2%)	49 (12.8%)		
	Total	145 (100.0%)	239 (100.0%)	384 (100.0%)		
Vaccination of MERS virus could be available in market	Correct	111(76.6%)	201 (84.1%)	312 (81.3%)	3.376	0.066
	Incorrect	34 (23.4%)	38 (15.9%)	72 (18.8%)		
	Total	145 (100.0%)	239 (100.0%)	384 (100.0%)		
Polymerase Chain Reaction (PCR) can be used to diagnose MERS	Correct	109 (75.2%)	178 (74.5%)	287 (74.7%)	0.023	0.879
	Incorrect	36 (24.8%)	61(25.5%)	97 (25.3%)		
	Total	145 (100.0%)	239 (100.0%)	384 (100.0%)		
Special Caution must be taken when person presents with symptoms of MERS from Arabian Peninsula region	Correct	119 (82.1%)	223 (93.3%)	342 (89.1%)	11.697	0.001
	Incorrect	26 (17.9%)	16 (6.7%)	42 (10.9%)		
	Total	145 (100.0%)	239 (100.0%)	384 (100.0%)		
Antibiotics are first line treatment	Correct	94 (64.8%)	125 (52.3%)	219 (57.0%)	5.779	0.016
	Incorrect	51 (35.2%)	114 (47.7%)	165 (43.0%)		
	Total	145 (100.0%)	239 (100.0%)	384 (100.0%)		
MERS can be fatal	Correct	139 (95.9%)	222 (92.9%)	361(94.0%)	1.419	0.234
	Incorrect	6 (4.1%)	17 (7.1%)	23(6.0%)		
	Total	145 (100.0%)	239 (100.0%)	384 (100.0%)		

Table (6) shows that there were significance differences between profession and knowledge of respondents regarding MERS patients may develop severe acute respiratory illness. Table (7), revealed that the mean scores of attitudes of health care workers were (30.5± 2). More than half of health care workers (50.8%) agreed that transmission of MERS-CoV infection can be prevented by using universal precautions given by CDC, WHO etc. And also nearly half (49.2%) thought that Prevalence of MERS can be reduced by active participation of health care worker in hospital infection control program. While 46.6% of them thought that any related information about MERS should be disseminated among peers and other

healthcare workers. More than one third (39.6%) of health care workers thought that MERS patients should be kept in isolation and 42.4% believed that intensive and emergency treatment should be given to diagnosed patients. More than two third of the participants (60.2%) thought that Healthcare workers must get to know all information about MERS and also same proportion thought that gowns, gloves, mask and googles must be used when dealing with MERS patients. The study shows no significance difference were found between health care workers attitudes about MERS and health care workers personal characteristics such as profession, gender, age and experience,  $p > 0.05$ .

**Table 5. Relationship between age and respondents knowledge about Mers-CoV at King Fahad Central HospitalJazan city towards MERS in 1439H**

Knowledge	Response	Age				Total	$\chi^2$	P-value
		less than or equal 29	30-39	40-49	Equal or more than 50			
MERS-CoV is caused by alpha coronavirus	Correct	123 (59.7%)	69 (55.2%)	16 (48.5%)	12 (60%)	220 (57.3%)	1.82	0.61
	Incorrect	83 (40.3%)	56 (44.8%)	17 (51.5%)	8 (40%)	164 (42.7%)		
	Total	206 (100%)	125 (100%)	33 (100%)	20 (100%)	384 (100%)		
MERS patients may develop severe acute respiratory illness	Correct	196 (95.1%)	120(96.0%)	32(97.0%)	20 (100.0%)	368 (95.8%)	1.229	.746
	Incorrect	10 (4.9%)	5(4.0%)	1 (3.0%)	0 (.0%)	16 (4.2%)		
	Total	206 (100%)	125(100%)	33(100%)	20(100%)	384(100%)		
Fever, cough and shortness of breath are hallmark symptoms of MERS	Correct	197(95.6%)	121(96.8%)	32 (97.0%)	19 (95.0%)	369(96.1%)	1.23	0.746
	Incorrect	9 (4.4%)	4 (3.2%)	1 (3.0%)	1 (5.0%)	15 (3.9%)		
	Total	206 (100.0%)	125 (100.0%)	33(100.0%)	20 (100.0%)	384 (100.0%)		
People with co-morbidity (Diabetes, cancer and other chronic diseases) are more likely to be infected	Correct	164(79.6%)	101(80.8%)	30(90.9%)	19(95.0%)	314(81.8%)	0.415	0.937
	Incorrect	42(20.4%)	24(19.2%)	3(9.1%)	1(5.0%)	70(18.2%)		
	Total	206(100.0%)	125(100.0%)	33(100.0%)	20(100.0%)	384(100.0%)		
Incubation time for virus is 14-28day	Correct	106(51.5%)	67(53.6%)	10(30.3%)	8(40.0%)	191(49.7%)	6.734	0.081
	Incorrect	100(48.5%)	58(46.4%)	23(69.7%)	12(60.0%)	193(50.3%)		
	Total	206(100.0%)	125(100.0%)	33(100.0%)	20(100.0%)	384(100.0%)		
It spreads through close contact with infected persons like those to take care of \ or live with	Correct	190(92.2%)	118(94.4%)	29(87.9%)	18(90.0%)	355(92.4%)	1.854	0.603
	Incorrect	16(7.8%)	7(5.6%)	4(12.1%)	2(10.0%)	29(7.6%)		
	Total	206(100.0%)	125(100.0%)	33(100.0%)	20(100.0%)	384(100.0%)		
The main source of MERS virus is plant	Correct	189(91.7%)	117(93.6%)	27(81.8%)	19(95.0%)	352(91.7%)	5.094	0.165
	Incorrect	17(8.3%)	8(6.4%)	6(18.2%)	1(5.0%)	32(8.3%)		
	Total	206(100.0%)	125(100.0%)	33(100.0%)	20(100.0%)	384(100.0%)		
Washing hand with soap and water for at least 30 seconds can help in prevention of transmission of disease	Correct	181(87.9%)	107(85.6%)	31(93.9%)	16(80.0%)	335(87.2%)	2.646	0.449
	Incorrect	25(12.1%)	18(14.4%)	2(6.1%)	4(20.0%)	49(12.8%)		
	Total	206(100.0%)	125(100.0%)	33(100.0%)	20(100.0%)	384(100.0%)		
Vaccination of MERS virus could be available in market	Correct	169(82.0%)	97(77.6%)	29(87.9%)	17(85.0%)	312(81.3%)	2.314	0.510
	Incorrect	37(18.0%)	28(22.4%)	4(12.1%)	3(15.0%)	72(18.8%)		
	Total	206(100.0%)	125(100.0%)	33(100.0%)	20(100.0%)	384(100.0%)		
Polymerase Chain Reaction (PCR) can be used to diagnose MERS	Correct	151(73.3%)	93(74.4%)	26(78.8%)	17(85.0%)	287(74.7%)	1.635	0.651
	Incorrect	55(26.7%)	32(25.6%)	7(21.2%)	3(15.0%)	97(25.3%)		
	Total	206(100.0%)	125(100.0%)	33(100.0%)	20(100.0%)	384(100.0%)		
Special Caution must be taken when person presents with symptoms of MERS from Arabian Peninsula region	Correct	183(88.8%)	110(88.0%)	31(93.9%)	18(90.0%)	342(89.1%)	0.98	0.806
	Incorrect	23(11.2%)	15(12.0%)	2(6.1%)	2(10.0%)	42(10.9%)		
	Total	206(100.0%)	125(100.0%)	33(100.0%)	20(100.0%)	384(100.0%)		
Antibiotics are first line treatment	Correct	122(59.2%)	74(59.2%)	13(39.4%)	10(50.0%)	219(57.0%)	5.236	0.155
	Incorrect	84(40.8%)	51(40.8%)	20(60.6%)	10(50.0%)	165(43.0%)		
	Total	206(100.0%)	125(100.0%)	33(100.0%)	20(100.0%)	384(100.0%)		
MERS can be fatal	Correct	189(91.7%)	121(96.8%)	33(100.0%)	18(90.0%)	361(94.0%)	6.275	0.099
	Incorrect	17(8.3%)	4(3.2%)	0(0%)	2(10.0%)	23(6.0%)		
	Count	206(100.0%)	125(100.0%)	33(100.0%)	20(100.0%)	384(100.0%)		

**Table 6. Relationship between Profession and respondents knowledge about Mers-COV at King Fahad Central Hospital Jazan city towards MERS in 1439 H**

P-value	$\chi^2$	Total	Profession				Response	Knowledge
			Technical Staff	Nurse	Pharmacist	Physician		
.696	1.442	220 (57.3%)	23 (65.7%)	123 (56.7%)	9 (50%)	65 (57%)	Correct	MERS-CoV is caused by alpha coronavirus
		164 (42.7%)	12 (34.3%)	94 (43.3%)	9 (50%)	49 (43%)	Incorrect	
		384 (100%)	35 (100%)	217 (100%)	18 (100%)	114 (100%)	Total	
0.003	14.125	368(95.8%)	30(85.7%)	207(95.4%)	17(94.4%)	114(100.0%)	Correct	MERS patients may develop severe acute respiratory illness
		16(4.2%)	5(14.3%)	10(4.6%)	1 (5.6%)	0 (.0%)	Incorrect	
		384 (100%)	35 (100%)	217 (100%)	18 (100%)	114 (100%)	Total	
0.443	2.681	369(96.1%)	32(91.4%)	209(96.3%)	17(94.4%)	111(97.4%)	Correct	Fever, cough and shortness of breath are hallmark symptoms of MERS
		15(3.9%)	3(8.6%)	8(3.7%)	1(5.6%)	3(2.6%)	Incorrect	
		384 (100%)	35 (100%)	217 (100%)	18 (100%)	114 (100%)	Total	
0.00	18.053	314(81.8%)	24(68.6%)	168(77.4%)	15(83.3%)	107(93.9%)	Correct	People with co-morbidity (Diabetes, cancer and other chronic diseases) are more likely to be infected
		70(18.2%)	11(31.4%)	49(22.6%)	3(16.7%)	7(6.1%)	Incorrect	
		384 (100%)	35 (100%)	217 (100%)	18 (100%)	114 (100%)	Total	
0.015	10.449	191(49.7%)	13(37.1%)	108(49.8%)	15(83.3%)	55(48.2%)	Correct	Incubation time for virus is 14-28days
		193(50.3%)	22(62.9%)	109(50.2%)	3(16.7%)	59(51.8%)	Incorrect	
		384 (100%)	35 (100%)	217 (100%)	18 (100%)	114 (100%)	Total	
0.448	2.653	355(92.4%)	32(91.4%)	197(90.8%)	17(94.4%)	109(95.6%)	Correct	It spreads through close contact with infected persons like those to take care of \ or live with
		29(7.6%)	3(8.6%)	20(9.2%)	1(5.6%)	5(4.4%)	Incorrect	
		384 (100%)	35 (100%)	217 (100%)	18 (100%)	114 (100%)	Total	
0.002	14.997	352(91.7%)	27(77.1%)	197(90.8%)	18(100.0%)	110(96.5%)	Correct	The main source of MERS virus is plant
		32(8.3%)	8(22.9%)	20(9.2%)	0(0%)	4(3.5%)	Incorrect	
		384 (100%)	35 (100%)	217 (100%)	18 (100%)	114 (100%)	Total	
0.840	0.840	335(87.2%)	29(82.9%)	189(87.1%)	16(88.9%)	101(88.6%)	Correct	Washing hand with soap and water for at least 30 seconds can help in prevention of transmission of disease
		49(12.8%)	6(17.1%)	28(12.9%)	2(11.1%)	13(11.4%)	Incorrect	
		384 (100%)	35 (100%)	217 (100%)	18 (100%)	114 (100%)	Total	
0.121	5.812	312(81.3%)	26(74.3%)	184(84.8%)	12(66.7%)	90(78.9%)	Correct	Vaccination of MERS virus could be available in market
		72(18.8%)	9(25.7%)	33(15.2%)	6(33.3%)	24(21.1%)	Incorrect	
		384 (100%)	35 (100%)	217 (100%)	18 (100%)	114 (100%)	Total	
0.000	25.33	287(74.7%)	18(51.4%)	153(70.5%)	14(77.8%)	102(89.5%)	Correct	Polymerase Chain Reaction (PCR) can be used to diagnose MERS
		97(25.3%)	17(48.6%)	64(29.5%)	4(22.2%)	12(10.5%)	Incorrect	
		384 (100%)	35 (100%)	217 (100%)	18 (100%)	114 (100%)	Total	
0.000	27.637	342(89.1%)	25(71.4%)	208(95.9%)	14(77.8%)	95(83.3%)	Correct	Special Caution must be taken when person presents with symptoms of MERS from Arabian Peninsula region
		42(10.9%)	10(28.6%)	9(4.1%)	4(22.2%)	19(16.7%)	Incorrect	
		384 (100%)	35 (100%)	217 (100%)	18 (100%)	114 (100%)	Total	
0.000	58.453	219(57.0%)	13(37.1%)	96(44.2%)	13(72.2%)	97(85.1%)	Correct	Antibiotics are first line treatment
		165(43.0%)	22(62.9%)	121(55.8%)	5(27.8%)	17(14.9%)	Incorrect	
		384 (100%)	35 (100%)	217 (100%)	18 (100%)	114 (100%)	Total	
0.14	5.483	361(94.0%)	33(94.3%)	199(91.7%)	18(100.0%)	111(97.4%)	Correct	MERS can be fatal
		23(6.0%)	2(5.7%)	18(8.3%)	0(0%)	3(2.6%)	Incorrect	
		384 (100%)	35 (100%)	217 (100%)	18 (100%)	114 (100%)	Total	

Table 4.7. Attitude of healthcare workers at King Fahad Central Hospital Jazan city towards MERS in 1439H

		Profession				Total	P-value
		Physician	Pharmacist	Nurse	Technical Staff		
Transmission of MERS-CoV infection can be prevented by using universal precautions given by CDC, WHO etc.	Strongly disagree	7 (6.1%)	0 (0.0%)	5 (2.3%)	1 (2.9%)	13 (3.4%)	0.000*
	Disagree	2 (1.8%)	0 (0.0%)	5 (2.3%)	2 (5.7%)	9 (2.3%)	
	Undecided	4 (3.5%)	2 (11.1%)	10 (4.6%)	10 (28.6%)	26 (6.8%)	
	Agree	61 (53.5%)	8 (44.4%)	114 (52.5%)	12 (34.3%)	195 (50.8%)	
	Strongly agree	40 (35.1%)	8 (44.4%)	83 (38.2%)	10 (28.6%)	141 (36.7%)	
	Total	114 (100.0%)	18 (100.0%)	217 (100.0%)	35 (100.0%)	384 (100.0%)	
Prevalence of MERS can be reduced by active participation of health care worker in hospital infection control program	Strongly disagree	4 (3.5%)	0 (0.0%)	3 (1.4%)	1 (2.9%)	8 (2.1%)	.091
	Disagree	1 (0.9%)	1 (5.6%)	0 (0.0%)	0 (0.0%)	2 (0.5%)	
	Undecided	5 (4.4%)	0 (0.0%)	13 (6%)	5 (14.3%)	23 (6%)	
	Agree	56 (49.1%)	10 (55.6%)	109 (50.2%)	14 (40%)	189 (49.2%)	
	Strongly agree	48 (42.1%)	7 (38.9%)	92 (42.4%)	15 (42.9%)	162 (42.2%)	
	Total	114 (100.0%)	18 (100.0%)	217 (100.0%)	35 (100.0%)	384 (100.0%)	
Any related information about MERS should be disseminated among peers and other healthcare workers	Strongly disagree	4 (3.5%)	0 (0.0%)	5 (2.3%)	0 (0.0%)	9 (2.3%)	0.068
	Disagree	1 (0.9%)	0 (0.0%)	5 (2.3%)	3 (8.6%)	9 (2.3%)	
	Undecided	6 (5.3%)	1 (5.6%)	16 (7.4%)	3 (8.6%)	26 (6.8%)	
	Agree	53 (46.5%)	5 (27.8%)	111 (51.2%)	10 (28.6%)	179 (46.6%)	
	Strongly agree	50 (43.9%)	12 (66.7%)	80 (36.9%)	19 (54.3%)	161 (41.9%)	
	Total	114 (100.0%)	18 (100.0%)	217 (100.0%)	35 (100.0%)	384 (100.0%)	
MERS patients should be kept in isolation	Strongly disagree	2 (1.8%)	0 (0.0%)	2 (0.9%)	0 (0.0%)	4 (1%)	0.106
	Disagree	1 (0.9%)	0 (0.0%)	2 (0.9%)	3 (8.6%)	6 (1.6%)	
	Undecided	9 (7.9%)	3 (16.7%)	12 (5.5%)	2 (5.7%)	26 (6.8%)	
	Agree	49 (43%)	7 (38.9%)	83 (38.2%)	13 (37.1%)	152 (39.6%)	
	Strongly agree	53 (46.5%)	8 (44.4%)	118 (54.4%)	17 (48.6%)	196 (51%)	
	Total	114 (100.0%)	18 (100.0%)	217 (100.0%)	35 (100.0%)	384 (100.0%)	
Intensive and emergency treatment should be given to diagnosed patients	Strongly disagree	3 (2.6%)	0 (0.0%)	2 (0.9%)	0 (0.0%)	5 (1.3%)	0.445
	Disagree	1 (0.9%)	1 (5.6%)	1 (0.5%)	1 (2.9%)	4 (1%)	
	Undecided	8 (7%)	1 (5.6%)	9 (4.1%)	2 (5.7%)	20 (5.2%)	
	Agree	52 (45.6%)	5 (27.8%)	93 (42.9%)	13 (37.1%)	163 (42.4%)	
	Strongly agree	50 (43.9%)	11 (61.1%)	112 (51.6%)	19 (54.3%)	192 (50%)	
	Total	114 (100.0%)	18 (100.0%)	217 (100.0%)	35 (100.0%)	384 (100.0%)	
Healthcare workers must get to know all information about MERS	Strongly disagree	2 (1.8%)	0 (0.0%)	2 (0.9%)	0 (0.0%)	4 (1%)	0.060
	Disagree	0 (0.0%)	1 (5.6%)	4 (1.8%)	0 (0.0%)	5 (1.3%)	
	Undecided	5 (4.4%)	0 (0.0%)	2 (0.9%)	1 (2.9%)	8 (2.1%)	
	Agree	47 (41.2%)	2 (11.1%)	79 (36.4%)	8 (22.9%)	136 (35.4%)	
	Strongly agree	60 (52.6%)	15 (83.3%)	130 (59.9%)	26 (74.3%)	231 (60.2%)	
	Total	114 (100.0%)	18 (100.0%)	217 (100.0%)	35 (100.0%)	384 (100.0%)	
Gowns, gloves, mask and goggles must be used when dealing with MERS patients	Strongly disagree	3 (2.6%)	0 (0.0%)	2 (0.9%)	0 (0.0%)	5 (1.3%)	0.147
	Disagree	1 (0.9%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	1	
	Undecided	3 (2.6%)	0 (0.0%)	2 (0.9%)	1 (2.9%)	6 (1.6%)	
	Agree	48 (42.1%)	3 (16.7%)	79 (36.4%)	7 (20%)	137 (35.7%)	
	Strongly agree	59 (51.8%)	15 (83.3%)	134 (61.8%)	27 (77.1%)	235 (61.2%)	
	Total	114 (100.0%)	18 (100.0%)	217 (100.0%)	35 (100.0%)	384 (100.0%)	

Mean attitudes scores= (30.5± .2); SD=Strongly Disagree; D= Disagree; U=Undecided; SA= Strongly Agree; A=Agree

Table (8): Overall score of knowledge and attitude of workers at King Fahad Central Hospital Jazan city in 1439H

Items	Appropriate / Favorable	inappropriate / unfavorable
Knowledge	80.7	19.3
Attitudes	91.8	8.2

The overall mean attitude score was (30.5 ± 2). Nearly 92% (91.8%) of the studied sample had favorable attitude only 8.2% had unfavorable attitude (Table 4.7). On average, the most favorable attitudes of healthcare providers observed regarding MERS patients should be kept in isolation (9.4%), any related information about MERS should be disseminated among peers and other healthcare workers (11.4%), and Gowns, gloves, mask and goggles must be used when dealing with MERS patients (3.9%) (Table 8).

## DISCUSSION

The findings of this study showed good knowledge and positive attitude of HCWs towards MERS-CoV. Majority of the respondents had gained knowledge about MERS from posters and pamphlets as shown by this study. This may be returned to the a packages of posters and pamphlets that disseminated through primary health care centers to school, societies during the period of apparent of Corona virus in kingdom of Saudi Arabia. This result is however is not supported by study which showed that participants' main source of knowledge about such kind of virus was Television

(Brug *et al.*, 2004). This finding was in agreement with Khan *et al.* (2014) at AlQassim region and another study on healthcare providers to use internet technology to gain access to those documents and also not in agreement with Arda *et al.*, 2011 and Chor *et al.*, 2011. On the other hand, the most number of correct responses were gathered from the question about the symptoms of MERS followed by the question indicated that MERS patients may develop severe acute respiratory illness and knowledge can be fatal. These findings may be due to emphasis by the health authorities on such issues in their awareness program. These results are in line with the findings of other study which showed the good knowledge of health care workers with SARS-CoV (Mohamed *et al.*, 2015). However, with regards to knowledge of symptoms the result of current research (96.1%) is not in line with a study conducted in US (73%) to determine HCWs knowledge of SARS in which a poor knowledge was recorded when asked about symptoms of SARS (Tice *et al.*, 2006). The discrepancy in these results could be explained by a fact that educational campaigns by relevant authorities in Saudi Arabia have focused more on sign and symptoms of MERS which may have enhanced their knowledge in this area of MERS

(<http://www.moh.gov.sa/en/CCC>). In addition, other reasons may be returned to an outbreak of MERS in Saudi Arabia is very recent and there are more talks about it among the healthcare workers and in the community (Bener and Al-Khal, 2004). Another issue that needs to be highlight is the lack of participants' knowledge about the incubation period in human. About 50.3% of them answered it incorrectly. Although, researches have revealed that, the incubation period could be as long as two weeks (WHO MERS-CoV Research Group, 2013; Cauchemez *et al.*, 2014), their knowledge regarding this question was weak. Therefore, it is necessary to reveal this aspect of virus epidemiology to healthcare providers (Lessler *et al.*, 2009). In terms of attitude of healthcare providers towards MERS-CoV infection, it was found to be in the positive range. This may be because MERS-CoV infection is known for healthcare workers with previous experience or exposure to such cases. This might be supported by such hypothesis that described attitude, in general, as the result of either direct experiential or observational learning from the environment and an attitude based upon direct experience appears to be more likely than one based upon indirect experience to have an impact on behavior (Fazio *et al.*, 1982). While other studies in agreement with our study findings showed positive attitude of healthcare workers (Thu *et al.*, 2012). In summary, we are able to identify specific knowledge and attitude gaps to be addressed and the major issues that need emphasis during implementation of future intervention programs to raise awareness and improve capacities of healthcare providers in King Fahad Central Hospital Jazan city of Saudi Arabia. The important implications for the development of coronavirus education and communication strategies suitable for improving the level of knowledge and attitude of healthcare providers about this issue and optimizing prevention programs and future research. The study show that Female were significantly more knowledgeable compared to male concerning special caution when person came with symptoms while male significantly were significantly greater knowledgeable in terms of antibiotics are first line treatment. The finding agreed with other research does not support the association of gender with the knowledge and attitude of healthcare workers (Akpodiete and Isara, 2014). Our study was found no significance difference was found between knowledge and respondent age. The study demonstrated physicians were significantly found more knowledge compared to other health care workers concerning many terms of knowledge (the high knowledge of physicians regarding Mers COV may be returned to the high knowledge obtained from training courses they obtained in the field of diagnosed of MERS COV this agreed with many studies reported significantly the relationship of experience with knowledge and attitude (Tam *et al.*, 2007)

## Conclusion

The study concluded that; health care workers in King Fahad Central Hospital Jazan city of Saudi Arabia showed good knowledge and positive attitudes of HCWs toward MERS; however there is still need for improvement in certain areas like the cause of infection of MERS; incubation time of virus; Polymerase Chain Reaction (PCR) can be used to diagnose MERS and use of antibiotics are first line treatment. Also extensive health education need to be expanded and varied through modern technology and internet. The study recommend strongly establish intervention to improve their knowledge and attitudes towards the infection that will reflect

on the overall health of both healthcare providers and suspected or confirmed cases of coronavirus infection

## Abbreviation

PHCCs	Primary health care centers
KSA	Kingdom of Saudi Arabia
USA	United States of America
OR	Odds ratio
CDC	Centers for Disease Control and Prevention
SPSS	Statistical Package for Social Sciences
$\chi^2$	Chi Square tests
®	Registered mark
No	Number
HCWs	Health care workers
WHO	World Health Organization
MERS cov	Middle East Respiratory Syndrome Coronavirus
EMC	Erasmus Medical Center

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