INTRODUCTION

Financial distress prediction is very important for the companies in this era of globalization. Financial distress could lead a company to bankruptcy if not handled timely. Shum way (2001) describes financial distress as a situation when a company is unable to meet its financial obligations. Financial distress diagnosis is very important for long term survival of the firms. Garman et al. (2004) describe financial distress as an extreme physical or mental stress that includes concerns and fears about financial issues. Goudie (1987) indicates that there are many microeconomic factors of financial distress some of those are mismanagement, high cost and ineffective sales strategy which can lead a firm towards the financial distress. However macroeconomic factors like economic condition, security condition, Government decisions etc. also contribute towards firm distress. It is the one of the difficult tasks for the companies to maintain a required level of financial performance during an era of financial distress. If the financial distress is not diagnosed earlier it could be result in the winding up of company in the future. The study will determine the financial distress effect on financial performance with relevance to Fuel and Energy sector of Pakistan. Financial performance of the companies is usually accessed by measuring the financial ratios. Earlier researchers used a single variable to measure the financial health and to predict the bankruptcy.

A study done by Beaver (1966) shows that bankruptcy could be effectively predicted by using single variable. Later many researchers found that it is not a suitable approach to use a single variable when measuring the financial health of the company. Altman (1968) developed a model known as Z score model that uses multiple variables to study the financial distress. Altman Zscore model is used to see the financial health through various angles. Altman used a combination of five different ratios in his classic model to measure the financial health of the companies. Altman’s Zscore model is considered the most effective method of measuring the financial distress.

Here in this research the financial health of companies is assessed by measuring multiple financial ratios. The model used includes the financial ratios those are Liquidity, Profitability, return on assets, solvency and capital turnover. The combined impact of these financial ratios on financial performance is studied through Altman Z score model or five factor model. The dependent variable used in this research is earnings per share indicate the financial performance. These are the main ratios that are used to measure the financial health and to diagnose financial distress. Earlier researches illustrate a negative association between financial distress and financial performance. A study done by Tan (2012) reveals that the financial distress is negatively related with financial performance. Firms with high leverage show the worst performance during the year.

KEYWORDS

As the research is focused on Pakistani corporate sector so it will be helpful to know about performance of Pakistani companies during financial distress. The study will contribute in the knowledge area by conducting a new research in Pakistani market and will help the upcoming researchers who want to study the Pakistani corporate sector. Dependent variable used in research is EPS that is different from the previous studies in which stock returns were used as measure of financial performance. This study will be helpful for the executives of the company when they are deciding and analyzing about the financial performance during financial distress.

**Literature review**

Many researches are performed in the past to study about the financial distress and its association with the financial performance. All of these studies are done by using different models but they are still helpful for our study. Earlier researches involve prediction of bankruptcy by using the single variable. Beaver (1966) showed that bankruptcy could be effectively predicted by using single variable. Bathoray (1984) also studied and evidenced the effective prediction of bankruptcy by using a single variable. Altman (1968) done multivariate analysis and used many important considerations instead of using one variable in predicting bankruptcy. Altman used a multivariate framework in which he used five different kinds of ratios to effectively predict the bankruptcy. Altman developed a Z score model in which the combined effect of five distinct ratios is measured in diagnosing the financial health of the company. Many more models are developed by other researchers in the past to predict the bankruptcy.

A study done by Kurupp, laswad,and Oylere, (2003) in Newzeland compare the corporate bankruptcy model and liquidation prediction model for analyzing the better prediction model for firm liquidation. The result indicates that the liquidation prediction model was more precise in anticipating the liquidating and continuing companies than corporate bankruptcy. Another study done by Waqas, Hussain and Anees (2014) the traditional zmijewski model applied on the Pakistani manufacturing sector. The data collected of about 8 years from firms listed on Karachi stock exchange. The outcome of the study provide evidence that the zmijewski model is useful for the Pakistani companies in predicting corporate bankruptcy. A study was revealed by Tan (2012) to hit upon the affect of financial distress on firm performance. The study outcome indicates a negative link between financial distress and business performance. A study explored by Pranowo, Achnsi, Manurung and Nuryartono (2010) to examine the corporate financial distress of public companies. Financial distress is represented by Debt coverage ratio. The study shows that increase in current ratio, efficiency and equity ratio is a positive sign because it results in increase the company’s debt coverage ratio. More the leverage less will be the debt coverage ratio hence a negative sign for company. Higher liquidity of the company is a good sign for company.

Altman’s Z score model is used many times by the researchers to know about the financial health of companies. A research done by Rawi (2008) shows that Altman Z score model effectively indicates the bankruptcy in the firm. The model used the five distinct kind of financial ratios to evaluate profitability and risk in current situation and the future for investor lender and creditor point of view. A study hit upon by Choy, Munusamy, Chelliah and Mandari (2011) found that the improvement in stock prices tells about positive performance after distress period whereas decline indicates a negative performance of the companies. A new research conducted by Sheela and Karthikeyan (2012) on pharmaceutical industries in India. The results show that these companies are financially healthy. The period from 2009-2010 remain better for the pharmaceutical industries in India.

Liquidity of the company is calculated through working capital to total asset ratio. A study revealed by Rehman and Nasar (2007) according to that study firm must have an adequate amount of current assets .Current assets must not be in excess and nor should be in deficit. Excess would lead towards more liquidity and hence less profitability. Less working capital would lead to insolvency. A new study done by Shakoor (2012) investigates the association between the working capital and profitability. The numbers of selected companies were 25 from Karachi stock exchange. The outcome of study provides evidence that more the working capital of the company higher the performance. Profitability ratio is calculated through retained earnings to total asset ratio. A study conducted by Martani and Mulyono (2009) in Indonesia by taking samples of 39 manufacturing companies listed on the Indonesia Stock Market. Research shows the result that profitability, turnover and market ratios have significant impact of the stock returns. A research carried out by Taani and Khaled (2011) on Jordanian companies shows that Profitability ratios have a significant impact on performance. Another study by Aguado and Benito (2012) conducted to analyze the determinants of corporate default. The outcome shows that there is a strong link between retained earnings to total assets and corporate default.

Returns on assets are calculated through EBIT to total assets. A study revealed by Taani et al (2011) on Jordanian firms that shows that there is a no impact of total asset turnover on earning per share. Another study conducted by Menaje (2012) depicts a strong link between the EPS and the price of the share, and ROA shows a weak negative link with the price per share. A study was done by Waddock and Graves (1997) to uncover the effect of corporate social performance on financial performance. The variables used were return on equity, return on assets, return on sales, and profitability. The results of the study show that return on assets have a strong and positive association with performance of the firm. A solvency ratio tells us about the market value of equity to total liabilities. A study concealed by Bernstein (1988) the study shows that four kinds of financial ratios include profitability, solvency, capital structure and turnover can be used to know about the performance of the companies. One more study conducted by Eriots, Frangouli, and Neokosmides (2002) shows that leverage and firm performance have a negative relationship because when the companies take more debt to finance their operations they have to pay the borrowing cost that reduces the profitability of the firm. Capital turnover ratio tells us about the how much effectively the company makes use of its assets to produce sales. A study exposed by Kochhar (1997) shows that
the firm strategic assets are financed through equity whereas less strategic assets are financed through debt. This type of financing increases the cost to firm and reduces the profitability. A further study done by Kuntlura, Muppani and Khan (2008) shows that capital turnover measures the effective use of company assets to produce sales. Lower value of firm’s capital turnover depicts the effective use of assets and it results in higher performance of the firm.

There are many researches that were conducted to know about best possible measure of financial performance. Graham, Harvey and Rajopal (2005) made a survey of 400 financial executives and collected the data about usefulness of earning per share, a large number of the financial executives were of the opinion that EPS is the most trusted measure of the financial performance. EPS can be calculated simply and can be well understood easily. A study revealed by Cudia, and Manaligod (2011) on 233 companies in Philippines. The result shows that earning per share is a better measure of companies’ performance. A study by Kootanae, Talari and Babu (2012) exhibit that the Eps significantly affects the market value of the firm, so it is the one of the best measure of performance.

Theoretical framework

The theoretical framework is the pictorial representation of the relationship between independent and dependent variables. Here five independent variables used to study financial distress and one dependent variable that is earning per share shows the financial performance. The model that is derived in the light of previous literature is as follows

**Research Hypothesis**

To know about relationship b/w different variable a hypothesis is used. Five hypotheses are to be researched, so that to discover the association between two variables. Following are the five hypotheses which are developed by using the Altman Zscore model.

Hypotheses (H1): Liquidity has a positive relationship with financial performance.

Hypotheses (H2): Profitability is a positively associated with the financial performance.

Hypotheses (H3): Solvency is positively linked with financial performance.

Hypotheses (H4): Return on assets positively affects the financial performance.

Hypotheses (H5): Financial performance increases with the increase in capital turnover.

**MATERIALS AND METHODS**

Sample and Procedure

All listed Non-Financial Companies at KSE are 579. The sector selected for study is fuel and energy sector. A sample size of 15 companies is selected on the basis of market capitalization. Data collection time period is of six years from 2007-2012. Altman’s classic Zscore model is used to investigate the multiple independent variables. The research uses a quantitative approach. The collected data is analyzed through SPSS model. The ‘Regression Analysis Model’ and ‘Correlation’ are used to analyze and interpret the data. Secondary data is collected from balance sheet analysis done by state bank of Pakistan and also from articles, journals, books, and official websites.

Data is analyzed and interpreted on the basis of results obtained by measuring the five financial ratios. Those ratios are

| X1 | X2 | X3 | X4 | X5 | Overall
|----|----|----|----|----|-------
| Z Score (model) | Working Capital/Total Assets | Retained Earnings/Total Assets | EBIT/Total Assets | Market value Of Equity/Total Liabilities | Net Sales/Total Assets

Individual and combined impact of these ratios is found on performance of the companies that is represented by earnings per share. The results are interpreted and analyzed according to the specific criteria. If the value of

\[ Z \leq 1.80 \]  the firm is in distress zone and will go to bankruptcy

\[ Z > 1.80 \text{ and } < 2.99 \] firm will be in grey zone means there is a likelihood that firm will bankrupt

\[ Z > 2.99 \] the firm will be in safe zone means no bankruptcy

**RESULTS**

<table>
<thead>
<tr>
<th>Variables</th>
<th>Minimum</th>
<th>Maximum</th>
<th>Mean</th>
<th>Std. Deviation</th>
</tr>
</thead>
<tbody>
<tr>
<td>Liquidity</td>
<td>0.00</td>
<td>2.00</td>
<td>.24</td>
<td>.251</td>
</tr>
<tr>
<td>Profitability</td>
<td>0.00</td>
<td>1.00</td>
<td>.07</td>
<td>.134</td>
</tr>
<tr>
<td>Return on assets</td>
<td>0.00</td>
<td>0.50</td>
<td>.10</td>
<td>.102</td>
</tr>
<tr>
<td>Solvency</td>
<td>0.00</td>
<td>5.00</td>
<td>1.01</td>
<td>1.136</td>
</tr>
<tr>
<td>Capital turnover</td>
<td>0.00</td>
<td>6.00</td>
<td>1.49</td>
<td>1.216</td>
</tr>
<tr>
<td>Altman Z score</td>
<td>1.08</td>
<td>7.05</td>
<td>2.8163</td>
<td>1.536</td>
</tr>
<tr>
<td>Earnings per share</td>
<td>0.01</td>
<td>128</td>
<td>15.26</td>
<td>20.91</td>
</tr>
</tbody>
</table>

N=90, Independent variables: Liquidity, Profitability, Return on assets, Solvency, Capital turnover. Dependent variable: EPS
The above Table shows the descriptive statistics of five independent variables and one dependent variable. The liquidity variable has maximum value of 2 the average change is 24% during six years and deviation rate is 25%. The profitability variable has maximum value of 1 the average change is 7% during six years and deviation rate is 13%. The return on assets variable has maximum value of 0.5, the average change is 10% during six years and deviation rate is 11%. The capital turnover variable has maximum value of 6 the average change is 149% during six years and deviation rate is 121%. The z score variable has maximum value of 7, the average change is 281% during six years and deviation rate is 153%.

### Table 2. Correlation Analysis

<table>
<thead>
<tr>
<th>Variables</th>
<th>Liquidity</th>
<th>Profitability</th>
<th>Return On Assets</th>
<th>Solvency</th>
<th>Capital Turnover</th>
<th>Z Score Value</th>
<th>Eps</th>
</tr>
</thead>
<tbody>
<tr>
<td>Liquidity</td>
<td>1</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Profitability</td>
<td>0.161</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>ROA</td>
<td>0.239*</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Solvency</td>
<td>0.305**</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Capital Turnover</td>
<td>0.431**</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Z Score Value</td>
<td>0.252*</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Eps</td>
<td>0.156</td>
<td>0.268*</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

N=90, Independent variables: Liquidity, Profitability, Return on assets, Solvency, Capital turnover. Dependent variable: EPS

* Correlation is significant at the 0.05 level (2-tailed).

** Correlation is significant at the 0.01 level (2-tailed).

The above Table shows that there is a positive relationship between liquidity and earnings per share. The value of correlation is .156 and the value of p using a tailed approach is .143 greater than 0.01 so the relationship is insignificant. There exist a significant positive association between profitability and EPS. The value of Pearson correlation is 268 and the value of correlation using a 2-tailed approach is .011. A strong positive correlation between return on assets and earnings per share and the value of correlation is .678 whereas the value of correlation using a 2-tailed approach is .000. The Table depicts a positive association between solvency and earnings per share. The correlation is .044 and the value using a 2-tailed approach is .682 showing an insignificant relationship between solvency and EPS. The Table exhibits a strong positive association between capital turnover and EPS. The value of correlation is 0.406 and the value using a 2-tailed approach is 0.00. The Table depicts a strong positive association between Z score variable and earnings per share. The value of Pearson correlation is .585 and the value using a 2-tailed approach is <0.01.

### Table 3. Regression Analysis

<table>
<thead>
<tr>
<th>MODEL</th>
<th>F</th>
<th>T</th>
<th>Sig</th>
<th>R square</th>
<th>Adjusted R square</th>
</tr>
</thead>
<tbody>
<tr>
<td>Altman z score</td>
<td>45.759</td>
<td>6.765</td>
<td>0.00</td>
<td>0.342</td>
<td>0.335</td>
</tr>
</tbody>
</table>

N=90, Independent variables: Liquidity, Profitability, Return on assets, Solvency, Capital turnover. Dependent variable: EPS

The regression analysis is suggesting a significant association between the z score and Eps. The value of F (1, 88) =45.759 and the p<0.05 which shows that the Z score model significantly predict the dependent variable earnings per share.

### DISCUSSION

The study investigates the financial distress effect on financial performance. The study is conducted on Fuel and energy sector of Pakistan from 2007-2012. Fuel and Energy sector is playing a fundamental role in economic development of country. The sector performed healthier as a whole whereas companies’ performance varies from one to other and remained fluctuating in previous years. The results depict that 8 out of the 15 companies have shown the distress values and the performance of these companies also declined in that period. The Z score value of 7 companies were remained mostly in the safe zone and their performance is increased in that period. There is a little concern about the future of the companies in this sector. The Fuel and energy sector is a strong industry in the country and serves as a backbone of the growth for the economy. The performance of the companies related to the Fuel and energy sector mostly remain better in the study period.

### Conclusion

The research exhibits that there exists a significant positive association between Z score value showing financial distress and financial performance. Most of the financial measures used in Altman’s Z score model show a significant impact on earnings per share. The liquidity and solvency has a positive relationship with financial performance but not significant whereas profitability is significantly associated with EPS. The
EPS has a strong and significant association with return on assets and capital turnover. The Z score value also shows a strong and significant association with financial performance. The earnings per share of the firm show an increase with the decrease in financial distress whereas the earning per share of the firm shows a decrease with increase in financial distress.

Limitations and future research directions

Study is done only on the sample size of 15 companies selected from Fuel and energy sector. Due to the time and resource constraints the study period is only six years and the only one sector is selected for study, but the study is still helpful for the upcoming researchers who want to target this area. The study provides a better understanding of effects of financial distress on financial performance. Upcoming researchers can study the financial distress impact on financial performance using different approaches. The research is done by using earnings per share as an indicator of financial performance. It is recommended that the future researchers should also use other measures of financial performance such as stock returns, economic value added and return on investment. The study is accomplished on a sample size 15 firms it is recommended that the future researchers should broaden their study sample size so that to obtain the results applicable to larger number of firms. The study conducted by using Z score model consisting of five ratios to measure the financial health. A number of the others models are available that can be used to find out the financial distress. It is recommended to use a seven factor model and logit model or a suitable model should be derived that best fits the Pakistani firms.

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